

## BMA committee mentoring programme

## Mentor application form

Thank you for your interest in becoming a mentor for the BMA committee mentoring programme.

Our goal is to support the medico-political development of members and to give them the skills required to be effective committee members and future leaders. The programme is designed to help committee members set and achieve their goals and realise their full potential through guidance from mentors.

Please complete the form below telling us about yourself, your interest in mentoring, and the skills and knowledge you feel you could pass on to a mentee.

Once you have completed the form, please return it to **mentoring@bma.org.uk**. If you have any questions regarding the mentoring programme or the application process, please do not hesitate to contact us.

By completing this form, you are giving consent to the BMA corporate EDI (equality, diversity and inclusion) team to use the details provided for the sole purpose of mentor-mentee matching.

Your personal information and contact details will remain secure and confidential. They will not be disclosed outside of the corporate EDI team. Once we have matched you to a mentee, we will send you their contact details for you to connect with them, at which point you will be permitted to share your contact details with them. For further information about how the BMA processes personal data, please see our full privacy policy at www.bma.org.uk/about-us/legal-policies/privacy-policy

Name	Click here to enter text.
BMA membership number	Click here to enter text.
Specialty (if applicable)	Click here to enter text.
Primary grade (if applicable)	Click here to enter text.
Location	Click here to enter text.
Please list the BMA committees on which you are currently sitting or have previously sat on and the dates of your membership	Click here to enter text.



## **Mentoring skills list**

Please indicate on a range from 1 to 5 (1 = least and 5 = most) how well-equipped you feel to support a mentee for each area of medico-political leadership.

Building and maintaining relationships		2	3	4	5
Building personal confidence		2	3	4	5
Effectively navigating committee processes		2	3	4	5
Leading others		2	3	4	5
Negotiating and influencing		2	3	4	5
Understanding BMA culture		2	3	4	5

Please provide short responses (around 100 words) for each of the questions below. Please use this section to tell us what you feel you can offer to the mentoring programme and how your experiences, and background can help a mentee in their medico-political career.

What is your experience of BMA committees? What have you learned as a committee member that you feel will be useful to a mentee?	Click here to enter text.
How would you describe your medico-political achievements to date?	Click here to enter text.
What do you believe is important in a mentoring relationship at the BMA?	Click here to enter text.
Is there any other information you feel is relevant to your application?	Click here to enter text.

Yes No

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