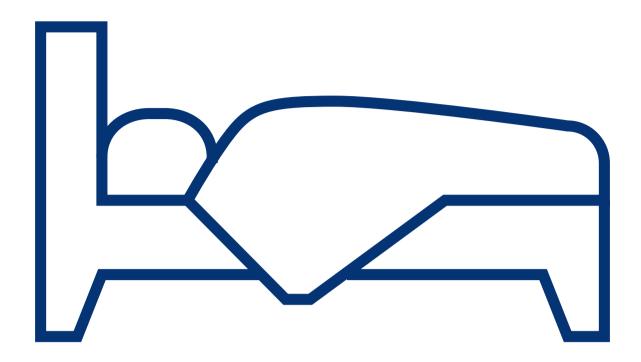






Cymru Wales



NHS Wales fatigue and facilities charter

Addressing the systemic causes of sleep deprivation and fatigue among doctors through:

- Appropriate rostering and rota design
- Timely induction and training
- Sufficient common room or 'mess' space
- Suitable catering provision
- Safe conditions for travel



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