## **JUNIOR DOCTORS**

## FIVE PRIORITIES FOR WELLBEING AT WORK



On-call designated parking spaces



Self-directed learning time (SDT or SPA) commensurate to the needs of each individual



The right to work from home to undertake portfolio and self-directed learning time (SDT or SPA)



Mess, rest facilities and lockers should be included in all hospitals including any new hospital builds



Access to an out-of-hours menu 24/7 that includes a hot meal and cold snacks for staff

You told us about the specific things that would make the most difference to your everyday working lives.

Find out more about how we are leading your campaign to bring change.



