**List of Shifts Expected to go to work on “Christmas Day Cover” Strike Days:**
- Long day on-call shifts
- Twilight/late shifts
- Night shifts
- NROC shifts
- Shifts that are normal working 8-5 and then have an on-call component afterwards
- Ambulatory emergency care/same day emergency care shifts
- Psychiatry place of safety/section 136 shifts
- Locum on-call shifts
- A&E shifts

**Minimum Safe Staffing**
- Minimum safe staffing will vary between departments.
- Minimum staffing is the lowest of Christmas Day/bank holiday/weekend staffing levels
- BMA Local Negotiating Committees (LNCs) may have made agreements on safe staffing levels with trusts and departments which should be honored

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**“Christmas Day Cover” Strikes**
- Joint action with Consultant
- Wednesday 20th September
- Monday to Wednesday 2nd to 4th October

**Full Walkout Strikes**
- Junior Doctor action only
- Thursday 21st and Friday 22nd September

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**GO TO WORK**

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**STRIKE**

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**If too many doctors turn up**
If you turn up for your ‘minimum staffing’ shift to find more doctors have attended work than required to meet minimum staffing, provided the other doctors can and will cover the entirety your shift and duties between them, then you can join the strike.

Unless we have agreed a process locally for notifying the Trust, contact your immediate consultant/supervisor to make them aware that you intend to strike as minimum staffing levels has been exceeded. Ensure you have given a safe handover of any patients before leaving. You need to comfortable/confident that there are sufficient doctors to meet the minimum staffing level required and that they are able to cover the duties and duration of your shift prior to departing.

If you experience any difficulty, please contact your rep / the BMA for support.