BMA sessional GP conference 2023  
Friday 22 September 2023  
BMA House, London  

**Programme**

<table>
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<th>Time</th>
<th>Session</th>
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<td>9.30 – 10am</td>
<td><strong>REGISTRATION AND REFRESHMENTS</strong></td>
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| 10 – 10.10am| **Welcome**  
Dr Mark Steggles, BMA sessional GP committee chair |
| 10.10 – 10.40am| **Keynote presentation: How to say no, set boundaries and deal with pushback**  
Dr Rachel Morris, host of ‘You are not a frog’ podcast, former GP and executive coach and trainer |
| 10.40 – 11.10am| **The gender pay gap: what it is and why it matters for sessional GPs**  
Dr Latifa Patel, BMA chair of RB; Dr Sarah Westerbeek, BMA gender pay gap working group member and Dr Clare Bannon, BMA GPC England deputy chair |
| 11.10 – 11.15am| **Move to breakout rooms**                  |
| 11.15 – 12.10| **BREAKOUT SESSION 1**: choose one from  
- **Know your contract**  
  Dr Veno Suri, BMA sessional GP committee member and Claire Ashley, BMA employment relations delivery manager  
- **Negotiation skills: employment rights, job planning, fees, contract**  
  Dr Ben Molyneux, BMA sessional GP committee member and North East London ICB associate medical director primary care and Evita Syrengela, BMA head of employed doctors  
- **Portfolio working as a GP: what’s new and how to get involved**  
  Dr Pooja Arora, portfolio GP and Dr Samira Anane, portfolio GP and BMA sessional GP committee member  
- **Navigating professional regulation and complaints as a sessional GP**  
  Dr Katie Bramall-Stainer, Cambridgeshire LMCs CEO |
| 12.10 – 12.20pm| **Move between breakout rooms**             |
| 12.20 – 1.15pm| **BREAKOUT SESSION 2**: choose a second session from the list above |
| 1.15pm – 2pm| **LUNCH BREAK**                             |
| 2 – 2.45pm| **Pensions for sessional GPs**  
Dr Krishan Aggarwal, BMA pensions committee deputy chair and sessional GP committee member |
| 2.45 – 3pm| **Open forum**  
Your opportunity to let the sessional GP committee know what’s important to you |
3 – 3.30pm  Workload toolkit

3.30 – 3.45pm  REFRESHMENTS

3.45 – 4.15pm  The future landscape for sessional GPs: respect, reward and retain sessional GPs
Chair: Dr Mark Steggles, BMA sessional GP committee chair
Panellists: Dr Victoria Weeks, Londonwide LMCs medical director; Dr Zoe Norris, GPDF chair; Dr Ben Molyneux, Dr Samira Anane and Dr Bethan Roberts, BMA sessional GP committee members; Dr Richard Fieldhouse, National Association of Sessional GPs chair and Professor Simon Gregory, HEE deputy medical director
(-primary and integrated care)

4.15 – 4.45pm  Panel Q&A

4.45pm  Closing remarks