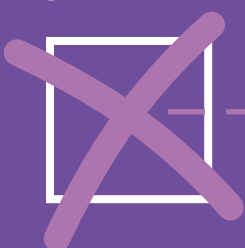


The value of your regional JDC vote

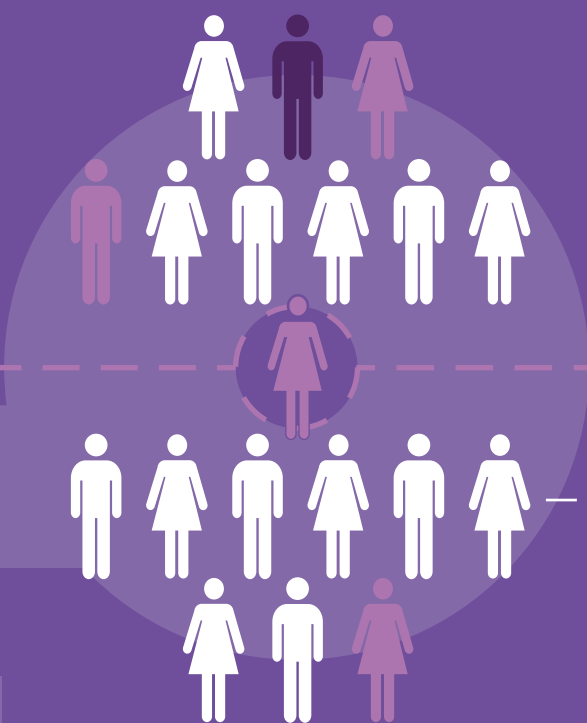
This is where it starts



You place
your vote



Your regional JDC



- Committee chair
- Committee reps
(numbers vary by region size)

Junior Doctors Committee (JDC)



The JDC stands up for the rights of all junior doctors on education, training and contractual issues.

Your regional committee is the voice of junior doctors living and working in your region - they represent you locally, regionally and nationally and send representatives to the main JDC.

Local influence

- **Regional BMA policy**
Junior doctors forum
Regional councils
- **Training**
Local HEE offices
- **Workplace influence**
LNC forums