BMA medical book awards 2022

WINNERS ANNOUNCEMENT
The BMA medical book awards take place annually to recognise outstanding contributions to medical literature.

This year, we had over 300 books and other resources submitted to the BMA from publishers around the globe.

The BMA represents all UK doctors and BMA members use their expertise to evaluate the books. BMA medical book awards reviewers have a key role in advising on the quality and suitability of the applications. Over 170 expert reviewers supported the process, providing structured reviews which ensure the clinical credibility of the awards.

The preliminary evaluations in each category are reviewed by awards judging panels. The panels select category winners for their applicability to the target audience, production quality, and originality.

This year’s BMA medical book awards has 15 different categories, the full list and explanation for each category can be found here.
Anaesthesia, critical care, and emergency medicine

Cohen’s Comprehensive Thoracic Anaesthesia
By Edmond Cohen
Published by Elsevier Inc.

Panel comment: “Excellent international and comprehensive work of value to all from medical student to experienced thoracic anaesthetist.”

Basic and clinical sciences and research

Molecular Biology: Principles of Genome Function
By Nancy Craig, Rachel Green, Carol Greider, Gisela Storz, and Cynthia Wolberger
Published by Oxford University Press

Panel comment: “Molecular biology has advanced considerably in the last few years as new techniques of genome study have found public prominence with the Covid pandemic. By concentrating on principles, the authors have managed to produce a valuable text which will inform undergraduates and postgraduates about the field, and could well influence their future curiosity for research in this field.”

General medicine

Fix IT: See and solve the problems of digital healthcare
By Harold Thimbleby
Published by Oxford University Press

Panel comment: “It is such an important book. Our ability to help patients is so reliant on IT and digital solutions. It has the broadest appeal and has achieved something quite impressive. It is not just medically-focused in presenting solutions. A real strength is that it takes examples from outside of healthcare and translates them into healthcare. It should be read by all healthcare staff.”

Good medical practice

Lifeline
By Dr Barry Monk
Published by Beechwood Franklyn

Panel comment: “Lifeline tackles probity at a time when the NHS makes mistake after mistake. It is provocative. It is focused on how we can improve practice. It is useful for healthcare professions, managers, politicians and civil servants which is what makes it important as a book. Read and take heed.”
Hospital specialities

Cosmeceuticals
Edited by Jody Comstock and Michael H. Gold
Published by S. Karger AG
Panel comment: "It is applicable to all health professionals dealing with skin conditions. This book demystifies an area which is not well taught in medical schools. It gives a basic science background as to why individual everyday cosmetics might be useful. It also discusses the reasons why creams, ointments, and other therapies might be used for dermatological conditions. It is clear, well written, and includes many references. It will also be useful for members of the public interested in learning more about the science behind the products they use."

Obstetrics and gynaecology

The EBCOG Postgraduate Textbook of Obstetrics & Gynaecology
Edited by Tahir Mahmood, Charles Savona-Ventura, Ioannis Messinis, Sambit Mukhopadhayay
Published by Cambridge University Press
Panel comment: "This was a very useful trainee textbook for all stages of Obstetrics and Gynaecology training and a very good starting point for trainers and educators in the specialty. It was a very practical general guide into Obstetrics and Gynaecology, with a very thorough breakdown of all the topics without being overwhelming. Very readable book."

Oncology

Problem Solving in Cancer and Fertility
Edited by Eleni M Karapanagiotou, Julia Kopeika, Ruth E Board, Caroline Archer, Melanie C Davies and Janine Mansi
Published by EBN Health (an imprint of Evidence-based Networks Ltd)
Panel comment: "This resource was full of really useful information and examined things from a broad perspective. It addressed some very sensitive issues in an authoritative way. It gives very practical tips to dealing with challenging issues and provided answers to real everyday dilemmas. This resource really fills a gap and a broad range of experts had contributed to it."
To find out more about this book click here.

Paediatrics and child health

Smith’s Recognizable Patterns of Human Malformation
By Kenneth Lyons Jones, MD, Marilyn Crandall Jones, MD and Miguel del Campo, MD, PhD
Published by Elsevier Inc
Panel comment: "While individual conditions are rare, for paediatricians, managing patients with rare diseases is a part of our core work. This reference book is written in a clear, diverse, and accessible fashion, with an excellent range of clinical photographs and diagrams to deliver the key messages in a concise format. This will be a very valuable resource to determine the diagnosis and improve the management of patients with dysmorphology."
**Pathology**

**Gattuso’s Differential Diagnosis in Surgical Pathology**
By Vijaya B. Reddy, Odile David, Daniel J. Spitz, Meryl H. Haber
Published by Elsevier Inc

*Panel comment:*
“**This is a broad-based reference text allowing both doctors in training in Histopathology and established Consultants to take a clear and evidence-based approach to Differential Diagnoses and ultimate diagnosis.”**

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**Popular medicine**

**The Boy Who Wasn’t Short: human stories from the revolution in genetic medicine**
By Edwin Kirk
Published by Scribe

*Panel comment:*
“This is an excellent book that explores the history, ethics, patient stories, and explanations of science in a sensitive and relatable way. It is a very readable book that does not overwhelm the reader with scientific facts. It takes a complicated topic in medicine and makes genetics accessible to a wider audience.”

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**Primary care**

**Positive Medicine: Disrupting the Future of Medical Practice**
By David Beaumont
Published by Oxford University Press

*Panel comment:*
“We found it thought-provoking, challenging conventional thinking without seeking to debunk all conventional wisdom. Every chapter was interesting and different, and the anecdotal style meant the reader was engaged throughout. The book explains how we can help people manage illness and disease, and to enhance their own health. It is a refreshing insight into modern medical thinking.”

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**Psychiatry**

**Suicide Prevention, Stahl’s Handbooks**
By Christine Yu Moutier, Anthony R. Pisani, Stephen M. Stahl
Published by Cambridge University Press

*Panel comment:*
“We really liked this book because it is very clear and accessible, and it focuses on the human impact as well as the clinical aspects of suicide. We particularly liked its focus on instilling hope and considering the whole person rather than simply their symptoms.”
Public health

Handbook of Refugee Health
Edited by Miriam Orcutt, Clare Shortall, Sarah Walpole, Aula Abbara, Sylvia Garry, Rita Issa, Alimuddin Zumla, Ibrahim Abubakar
Published by Taylor & Francis Group

Panel comment:
“This is an interesting and comprehensive resource for academics and policy makers as well as healthcare workers encountering refugees and migrants in humanitarian emergencies and daily clinical practice. The integrated approach allows for local flexibility, and it is particularly helpful that the needs of specific vulnerable groups are addressed, and a wide range of physical and mental disorders covered, along with self-care and development of frontline workers. Sadly, this topic is increasingly relevant, so this is a timely, high-quality text, and hopefully will encourage more effective allocation of resources.”

Special category 2022: COVID-19
Winner

The Contagion Next Time
By Sandro Galea
Published by Oxford University Press

Panel comment:
“The Contagion Next Time looked in depth at the policy context and how COVID-19 exploited the fractures in society. The interdisciplinary approach here, as well as the incremental and intersectoral determinants of the current pandemic (and beyond), with actionable solutions presented in a lucid yet evidence informed manner are all the reasons this is very appealing as a 360-degree on cumulative learning for a better future.”

Special category 2022: COVID-19
Runner-up

Breathtaking: the UK’s human story of Covid
By Rachel Clarke
Published by Little, Brown Book Group/Little, Brown imprint

Panel comment:
“This book demonstrated the deep sense of humanity we have come to expect from Rachel Clarke, as well as placing her experiences within a broader context. Breathtaking brings home a poignant living account of what the practice and ‘art’ of socially adaptive medicine is when faced with some of humanity’s greatest challenges and balances resilience with human vulnerability, empathy, and realism.”

Surgery and surgical specialties

Basic Urological Sciences
Edited by Karl Pang, Nadir Osman, James Catto, Christopher Chapple
Published by CRC Press

Panel comment:
“Basic Urological Sciences has been highlighted as the “must have” text for the urological community, with relevant, easily digestible information – a once in a generation text, that fills an identified gap in that provision.”
BMA medical book of the year 2022 award and runner-up

**BMA medical book of the year award for 2022 – Winner**

**Handbook of Refugee Health**
For Healthcare Professionals and Humanitarians Providing Care to Forced Migrants

Edited by Miriam Orcutt, Clare Shortall, Sarah Walpole, Aula Abbara, Sylvia Garry, Rita Issa, Alimuddin Zumla, Ibrahim Abubakar

Published by Taylor & Francis Group
To find out more about this book click [here](#).

**BMA medical book of the year award for 2022 – Runner-up**

**Fix IT: See and solve the problems of digital healthcare**

By Harold Thimbleby
Published by Oxford University Press
To find out more about this book click [here](#).
Read what our 2021 winners had to say on the impact of winning a BMA medical book award

“It takes a lot of sacrifice and discipline for doctors to devote themselves to writing projects. It is, therefore, particularly meaningful to recognize their work when others find it helpful and interesting.”

Marcia Glass, winner of the 2021 ‘Anaesthesia, critical care and emergency medicine’ category

“It was a particular honour to be recognised as a BMA medical book award winner on this occasion. Firstly, for all the usual reasons as someone who has been so invested in generating a book which you hope will be useful to clinicians, it is truly affirming to have a selection of your peers recognise the value of your ‘midnight-oil burning’ output in this way... Producing the Oxford Handbook of Palliative Care is a significant task on top of full clinical workloads and has implications for family time and other commitments, so having affirmation from the BMA in this way, at this time means a great deal.”

Max Watson, winner of the 2021 ‘Hospital medicine’ category

“It took nearly 6 years for the book to finally be published but trainees have benefitted from having a clinically oriented video based platform on how to perform important surgical operations. It gives us great satisfaction that we have contributed to the training of future obstetricians and gynaecologists.”

Wai Yoong, Abha Govind, and Wasim Lodhi, winner of the 2021 ‘Obstetrics and gynaecology’ category

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