



The BMA is getting ready to ballot junior doctors, starting around 9 January.

**It's time to get ballot ready.
Ensure you're up to date with ARCP.**

Address

Ensure the BMA has your up-to-date details to make sure you can vote.

Re-join and recruit

Sign up to be a pay activist and help us build our membership.

Cash

Exception report. Pick up locum work if you can/ save money where possible.

Portfolio

Submit excess work-based placed assessments and sign off your colleagues in support.

If we stick together, work together, we can win together.



#BMABallotReady