

TEN FACTS EVERY JUNIOR DOCTOR SHOULD KNOW NOW

- 1 If you are a junior doctor, the BMA is your union – we are the only voice recognised to negotiate nationally with government and locally with your Trust on your pay and conditions at work
- 2 Junior doctors have been short-changed by the supposedly independent Doctors and Dentists Pay Review Body (DDRB) for years and our pay has now declined by 26% in its real value since 2008
- 3 The BMA is fighting hard for a better deal – we have asked the Government to commit to restoring your pay to its 2008 levels and said we will call a ballot of junior doctors to consider industrial action if they do not agree to our demands by the end of the year
- 4 The BMA is fighting hard for a better deal – however the Government's failure to make any effort to restore junior doctors' pay has left the BMA with no choice but to seek a ballot of junior doctors in England from around 9 January on taking industrial action.
- 5 The BMA already has nearly 50,000 junior doctor members but to make our voice even stronger we need you to join and then to tell your friends and colleagues to join too
- 6 Trade unions like the BMA protect their members at work. Last year our brilliant staff and reps dealt with 21,000 individual cases where employers had not treated junior doctors fairly
- 7 During the height of the COVID crisis it was the BMA that fought for proper PPE and better safety procedures for junior doctors who moved mountains to look after their patients
- 8 To get access to individual advice and representation, you need to join the BMA before not after you have a problem, so don't leave it until it's too late
- 9 Junior doctors can join the BMA at a discounted rate starting from as little as £10 a month
- 10 We don't just want new members, we want active members who want to help the BMA grow stronger and win a better deal for junior doctors – if you want to become a pay campaigner in England sign up today:
**[bma.org.uk/
juniorpaycampaigner](https://bma.org.uk/juniorpaycampaigner)**