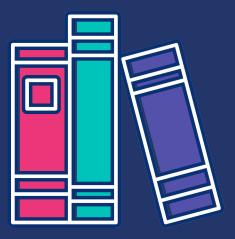


10 MUST-HAVE APPS FOR MEDICAL STUDENTS









Being a medical student isn't an easy feat, let alone revising for exams in the middle of a pandemic.

Recently, life has been anything but ordinary. Many medical students are still **struggling to stick to a healthy routine**, especially when it comes to balancing all the facets of their daily life.

If you've been struggling, you're not alone. There are many distractions being thrown your way that divert you from goals such as academic achievements, a healthier lifestyle, and taking care of your mental health. However, there are many resources available to you to help you.

Specifically, there are dozens of mobile application revision resources. Our mobiles are a vital part of our day to day lives, so it makes sense that you should be able to use them to excel academically with apps.

We have compiled 10 must-have apps for medical students, so you don't have to waste valuable time searching for tools that will make preparing for exams, while balancing the rest of your life, even easier.







Evernote: For Note Taking

We all know as a medical student you're taking hundreds of pages of notes: handwritten, on your mobile, on your tablet or laptop, even on your mobile phone.

Evernote syncs notes across all devices. You can easily search through your notes to find specific sections, or snap and upload your handwritten notes.









Soundnote: For Recording Information

After so many lectures being recorded during virtual learning, focusing and retaining information in a face-to-face lecture might be difficult for several of us. But this **memory aid app** allows you to record your lectures and relisten to them on your own time. You can also type and draw diagrams from the lecture and upload it into the app.







Any.do: For Organising

During uni, you're busier than you've ever been, and with the days blending together thanks to multiple lockdowns keeping on top of everything can feel strenuous. There is a lot to remember: exams, lectures, revising, working out, weekly shop, cleaning the flat, paying the bills, and your friend's Zoom party. This app is **the busy student's friend**. Create tasks, to-do lists, team sheets, and sync across all devices.







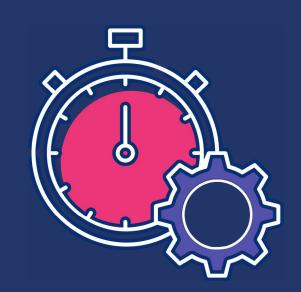


Brainscape: For Revising

Flashcards are a great revision prompt but carrying them around can be annoying. Brainscape allows you to create virtual **flashcards**, making revision quick, fun and convenient. Easily track your progress, bookmark flashcards, and share your results.







Exam Countdown: For Time Management

Exam revision can be all-consuming. Many people struggle with where to start and how much revision time they need. Exam Countdown is a **time-saving app** that will help you schedule your exams and block out revision time.

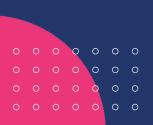




Eponyms: For Eponyms

With over 8000 medical eponyms, having them all searchable on this handy **app** is a medical student's dream.











PEPID: For in-depth medical and drug information

This app **helps you with Differential Diagnosis and Drug Interactions**, and it is shareable with your fellow medical students.









Medscape: For boosting medical knowledge

Keeping up to date on the latest medical news is vital to your career. This app is a **virtual medical encyclopaedia** in the palm of your hand, and you can participate in forums and live conversations.









MDCal: For Calculations

Used by millions of doctors and medical students worldwide, this is the **ultimate app for medical equations**, **algorithms and guidelines**.







HeadSpace: For meditation and mindfulness

Keeping a healthy mind is vital when under stress. This **mindfulness app** helps you relax with stressreducing, sleep-inducing programmes.





Make the most of all of the revision resources available

Hopefully, our 10 must-have apps for medical students will make your life easier and your revision more effective.

More study guides, tips and tricks, can be found in our ultimate guide:

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- \Box , Weekly study tips from students and doctors
- \Box , Apps and reading lists for every year and topic
- ☑ In-depth help from doctors on the right learning method for you

Download it now

