Programme

10 – 10.30am  REGISTRATION AND REFRESHMENTS

10.30am  Chair’s welcome  
Dr Helen Fidler, BMA UK consultants committee

10.45am  Keynote address: ‘Rounded with a sleep’: why we need to talk about fatigue  
Dr Mike Farquhar, Evelina London Children’s Hospital consultant in sleep medicine  
Including questions and answers

11.15am  Working with the Freedom to Speak Up guardians  
Dr Jamie Read, University Hospitals Plymouth NHS Trust Freedom to Speak Up guardian  
Including questions and answers

11.45am  Interactive session on LNC influencing, feedback loops and representing members’ views  
Steve Dent, BMA industrial relations officer  
Hugh Townsend, BMA regional co-ordinator/industrial relations officer

12.45pm  LUNCH AND NETWORKING

1.30pm  Break-out afternoon  
Attendees will have the opportunity to attend three of the following sessions:

- Recycling pension contributions  
  Dr Paul Youngs, BMA consultants committee member  
  Andy Blake, BMA head of specialist member relations  
  Elaine McAvoy, BMA regional co-ordinator/industrial relations officer

- CEA options  
  Robin Harrison, BMA industrial relations officer

- Increasing membership growth and recruiting to your committee  
  Rob Macey, BMA industrial relations manager

- Promoting positive workplaces and handling difficult conversations  
  Dr Marion McNaught, NHS Ayrshire and Arran LNC chair  
  Martyn Ramsay, BMA Scotland senior employment adviser

- Covering rota gaps and protecting members’ rights  
  George Hynds, BMA Northern Ireland assistant secretary  
  Erica Stamp, BMA Cymru Wales head of member relations

- Key skills for LNC chairs  
  Scott Anderson, BMA Scotland assistant secretary  
  Dr Sue Robertson, NHS Dumfries and Galloway and Scottish LNC Forum chair

4.30pm  Closing remarks