Programme

9.30 – 10am REGISTRATION AND REFRESHMENTS

10 – 10.05am Welcome
Dr Carmen Soto, BMA MASC women in academic medicine group chair

10.05 – 10.20am Networking session

10.20 – 10.30am Introduction
Dr Chaand Nagpaul, BMA council chair

10.30 – 11.15am Influencing policy: the implications of the Deech report on legislation and influencing opportunities for women in academic medicine
Professor Dame Jane Dacre, Royal College of Physicians president

11.15 – 11.30am REFRESHMENTS

11.30am – 12.15pm Panel discussion: Progress for women in academic medicine and future steps
Panellists to include:
− Dr Henrietta Bowden-Jones, Medical Women’s Federation president
− Professor Dame Jane Dacre

12.15 – 1.05pm Discussion groups: first opportunity to attend one of the following discussion groups:

− Appraisal
  What you need to prepare for in your appraisal and what you should be expecting from your assessor.
  Dr Mary McCarthy, UEMO vice president and BMA women in academic medicine group member

− Leadership and management
  How to advance your career and utilise the leadership opportunities available to you in your workplace.
  Dr Emma Vaux, Royal College of Physicians senior censor and vice president, education and training

− Self-care in academic medicine
  How to maintain positive self-care in the workplace and your personal life.
  Dr Blandina Blackburn, BMA occupational medicine committee member

− Returning to practice after a career break
  Returning to work after a career break or maternity leave and an opportunity to network with attendees who have had similar experiences.

− Working with the media and getting your press release noticed
  The skills required to succeed in getting the media to notice and communicate your work to stakeholders you are aiming to influence.
  Abi Rimmer, BMJ news reporter and careers editor

Continued/
– Podcast training
  Advice on how to prepare for a podcast, different formats to think about and considering the audience you are speaking to.
  Duncan Jarvies, BMJ podcast producer
– Confident communication
  A session brought to you by “The Confidence People” designed to help you gain confidence, communicate with clarity and focus, develop your own voice and style and get messages across with assurance, flair and dynamism. It will cover preparation, voice and body language and dealing with nerves.
  Ros Adler and Lea Seller, The Confidence People
– Focus group on the Gender Pay Gap review
  An opportunity to feed into and be updated on, the work by the BMA on the Gender Pay Gap review in the medical profession.
  Dr Hannah Barham-Brown, BMA junior doctors committee deputy co-chair

1.05 – 1.50pm  
**LUNCH**

1.50 – 2.35pm  
Influencing policy: making a difference to clinical guidelines
Dr Zoe Picton-Howell, University of York associate lecturer and Dr Emily Harrop, Helen and Douglas House Hospices consultant in paediatric palliative care

2.35 – 3.25pm  
Discussion groups: second opportunity to attend one of the above sessions.

3.25 – 3.45pm  
**REFRESHMENTS**

3.45 – 4.30pm  
Influencing policy at undergraduate and postgraduate level
Professor Simone Buitendijk, Imperial College London vice provost (education)

4.30 – 4.40pm  
Reflections on the day and summing up

4.40pm  
**NETWORKING DRINKS RECEPTION AND CLOSE**