The following is a helpful list of providers of courses relevant to SAS doctors and dentists’ career progression and professional development. Some of the providers on the list provide generic training courses to SAS doctors whilst other provide more specialty specific training.

The list does not claim to be comprehensive and we would encourage you to contact us with the names of other providers. The list does not also imply approval of the organisation providing these courses by the BMA, and similarly the omission of an organisation from the list does not indicate that their product is less relevant to the needs of SAS Grade Doctors and Dentists.

*Updated August 2014*

<table>
<thead>
<tr>
<th>Name of Company/Organisation</th>
<th>Overview of Courses Offered</th>
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<tbody>
<tr>
<td><strong>Atrainability</strong></td>
<td>Continuing educational and professional development:</td>
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<tr>
<td></td>
<td>• Briefing skills</td>
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<td></td>
<td>• Communication and leadership</td>
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<td>• Teamworking.</td>
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<td><strong>British Medical Association</strong></td>
<td>Career progression:</td>
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<td></td>
<td>• CESR Seminars</td>
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<td>• Various Job planning workshops and seminars</td>
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<td>• Appraisal Seminars</td>
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<td><strong>General skills:</strong></td>
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<tr>
<td></td>
<td>• Leadership</td>
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<tr>
<td></td>
<td>• Communication and negotiating skills</td>
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<tr>
<td></td>
<td>Several courses can be tailor made. Please contact <a href="mailto:rsheret@bma.org.uk">rsheret@bma.org.uk</a> if you would like to commission a BMA course or workshop.</td>
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<tr>
<td><strong>British Medical Journal</strong></td>
<td>Clinical courses:</td>
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<td>• BMJ Learning modules on a range of clinical specialities</td>
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<td>• BMJ Masterclass for Physicians</td>
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<td><strong>Clemorton</strong></td>
<td><strong>Medical Education</strong></td>
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<td>• Train The Trainer</td>
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<td><strong>General skills:</strong></td>
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<td>• Appraisal Skills</td>
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<td>• Communication &amp; Assertiveness</td>
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<td>• Coaching Skills</td>
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<td>• Negotiation Skills</td>
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<td>• Presentation Skills</td>
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</tbody>
</table>
### Management and leadership:
- Introduction To Management
- Essential Management Skills Programme
- Critical Leadership Programme - Leadership transition from SpR to Consultant
- Essential Leadership Programme – Leadership Development for all NHS disciplines

### Core Skills for Healthcare Professionals
- Advanced Communication Skills for Healthcare Professionals
- Assertiveness for Healthcare Professionals
- Coaching Skills for Healthcare Professionals
- Communicating & Influencing with NLP
- Communication Skills for Healthcare Professionals
- Coping with Workplace Conflict
- Cultural Awareness, Equality & Diversity
- Enhanced Communication & Engagement
- Exploring Cross Cultural Communication in Healthcare
- Introduction to Coaching Skills (half day)
- Personal Power and Influence
- Professional Presentations for Healthcare Professionals
- Advanced Coaching Skills
- Advanced Motivational Interviewing
- Being Influential in your Team
- Courageous Conversations
- Developing Resilience: when everything else around you keeps changing!
- Introduction to Motivational interviewing

### Skills for Trainers & Developers in the Healthcare Sector
- Advanced communication skills for healthcare trainers
- Advanced training course design for healthcare trainers
- Clinical Supervision: conversations inviting change
- Delivering Practical Clinical Coaching
- Participative Methods for Healthcare trainers
- The Professional Healthcare Mentor
- Train the Trainer Development Programme for new Educational Supervisors.
- Train the Trainer Update Training: Tips and Tools for Doctors.

### Leading Healthcare Teams
- Appraisal Skills for Medical Appraisers
- Authentic Leadership for Clinicians
- Coaching for SAS Leads
- Leading the Team in Times of Change
- Making Sense of Coaching at Work
- MBTI & Effective Team Working
- Supervision Skills for Clinical Supervisors

### Conference Workshops 1.5 – 2 hours
- Culture in Appraisal
- Introduction to Emotional Intelligence
- Introduction to MBTI
- What is assertiveness?
<table>
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<tr>
<th>Edgecumbe Group</th>
<th>Specific Skills for Doctors</th>
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<tr>
<td></td>
<td>Introduction to Personal Power &amp; Influence</td>
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<td>Coaching Skills for Doctors</td>
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<td>Coaching skills for Educational Supervisors</td>
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<td>Communication Skills for SAS Doctors</td>
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<td></td>
<td>Considering Culture within the Appraisal Process</td>
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<td>Good Practice in Revalidation, Portfolios &amp; PDPs for Doctors (half day)</td>
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<td></td>
<td>Introduction to Teaching Skills for Doctors</td>
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<td>Managing your Appraisal and Revalidation</td>
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<td>Train the Trainer for Doctors</td>
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<td></td>
<td>Understanding the Certificate of Eligibility for Specialist Registration (CESR half day)</td>
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<td>Managing your Job Planning for Doctors (half day)</td>
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<td></td>
<td>Train the Trainer Development Programme for new Educational Supervisors.</td>
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<td>Train the Trainer Update Training: Tips and Tools for Doctors.</td>
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<tr>
<th>Frontier (London Deanery)</th>
<th>Appraisal:</th>
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<td>- Appraiser training</td>
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<td>- Appraisee workshop</td>
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**Management and leadership:**
- Managing concerns about doctors and teams
- Coaching for aspiring or newly appointed clinical leaders
- Skills in influencing, persuasion and negotiation.
- Managing difficult conversations

**Medical Education:**
- Training for educational supervisors

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<thead>
<tr>
<th>ISC Medical</th>
<th>Continuing educational and professional development:</th>
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<tbody>
<tr>
<td></td>
<td>- Coaching and mentoring</td>
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<td>- Language and communication</td>
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<td>- Clinical Leadership and the Educational Supervisor</td>
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<td>- Quality Improvement and the Educational Supervisor</td>
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<td>- Effective Teaching Skills</td>
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<td>- Appraisal Skills</td>
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<td>- Mentoring Skills</td>
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<td>- On-the Job Teaching</td>
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<td>- Workplace Based Assessment</td>
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<td>- Developing and Maintaining a Portfolio</td>
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<tr>
<th>Keele University</th>
<th>Career progression and educational development:</th>
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<td>- Consultant Interview Course</td>
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<td>- Teach the teachers course</td>
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<td>- NHS Issues course</td>
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<th>King’s Fund</th>
<th>Management:</th>
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<tr>
<td></td>
<td>- Clinical Management and leadership course for Specialty Doctors and Associate Specialists</td>
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<th>King’s Fund</th>
<th>Leadership:</th>
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<td>- Leadership for Clinical Commissioning</td>
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<td>- Athena Programme for Executive Women</td>
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<td>- Leadership for Senior Managers</td>
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<td><strong>Layton Learning</strong></td>
<td><strong>General skills:</strong></td>
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<td></td>
<td>- Mastering the Art of Influencing</td>
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<td>- Holding Positive Conversations in Difficult and Conflicting Circumstances</td>
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<td>- Time Management Skills</td>
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<td>- A two day Intensive on Essential Skills in Redesign / Improvement</td>
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<td><strong>Medical Defence Union</strong></td>
<td><strong>Medico legal and communication</strong></td>
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<td>- Medical Ethics and Law Workshops</td>
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<td>- Communication Skills for Doctors Workshops</td>
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<td>- Professional Challenges in Medical Practice Workshops</td>
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<td><strong>Medicology</strong></td>
<td><strong>Leadership:</strong></td>
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<td></td>
<td>- Leadership &amp; Management Fundamentals for SAS Doctors</td>
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<td></td>
<td>- Leadership Masterclass for Healthcare Professionals</td>
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<td></td>
<td>- Insights - Understanding the Evolving Healthcare Landscape</td>
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<td><strong>Miad</strong></td>
<td><strong>Career development and medical education courses including:</strong></td>
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<td>- Career development</td>
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<td>- Negotiating and influencing skills</td>
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<td>- CESR and article 14</td>
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<td>- Advanced communication skills</td>
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<td>- Leading the way</td>
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<td>- Leadership, education and revalidation</td>
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<td>- Managing conflict and influencing skills</td>
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<td>- Career guidance</td>
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<td>- Mentoring and coaching</td>
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<td>- Service improvement and delivery</td>
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<td><strong>Medical Protection Society</strong></td>
<td><strong>Communication and Risk Management:</strong></td>
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<td></td>
<td>- Mastering Your Risk</td>
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<td>- Mastering Adverse Outcomes</td>
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<td>- Mastering Professional Interactions</td>
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<td><strong>E-Learning platform on medicolegal issues:</strong></td>
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<td>- Good medical practice</td>
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<td>- Medical record keeping</td>
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<td><strong>Medical education leadership:</strong></td>
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<td>- Basics for Leadership in Medical Education</td>
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<td>- National Multi-Specialty Conference</td>
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<td>- SAS Tutors Development Day</td>
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<td>- Career Support Skills for Education Supervisors</td>
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<td><strong>Oxford medical</strong></td>
<td><strong>Career development</strong></td>
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<td>- Communication skills</td>
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<td>- Time management</td>
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<td><strong>Teaching courses</strong></td>
<td><strong>Medical Education:</strong></td>
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<td>Teach the Teacher Course</td>
<td>Advanced Teach the Teacher</td>
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<td>Career progression courses:</td>
<td>Educational Supervision</td>
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<td>Teaching Skills for Doctors</td>
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<td>Career progression:</td>
<td><strong>Leadership and management:</strong></td>
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<td>Leadership and Management for Senior Doctors</td>
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<td>Career progression:</td>
<td>Medical Career Appraisal Skills</td>
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<td><strong>Career progression:</strong></td>
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<td>Consultant CV Preparation Service</td>
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<td>360 Degree Appraisal</td>
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<td><strong>Management &amp; leadership:</strong></td>
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<td>Time Management For Doctors</td>
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<td>Effective Communication Skills for Doctors</td>
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<tr>
<th><strong>Radcliffe Learning</strong></th>
<th><strong>Career development:</strong></th>
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<td><strong>Medical Education:</strong></td>
<td>Job Planning</td>
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<td>CESR (previously Article 14)</td>
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<td></td>
<td>Being appointed as a consultant</td>
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<td>Getting the most out of your job</td>
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<td><strong>Leadership and management:</strong></td>
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<td></td>
<td>Raising the SAS profile</td>
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<td>SAS Management &amp; Leadership (various modules)</td>
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<td>Personal Management inc. Time and Stress Management</td>
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<td>How to Influence Managers, Commissioners &amp; Consultants</td>
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<td>Personal Resource Management</td>
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<td>Project Management</td>
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<td><strong>Professional skills:</strong></td>
<td><strong>Supervision, Assessment and Appraisal</strong></td>
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<td>Train the Trainer</td>
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<td>Assertiveness Training</td>
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<td>Running an audit</td>
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<td>Mentoring</td>
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<td>Presentation Skills</td>
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<td>RCP Educational Supervisor accreditation</td>
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<td>Appraisal for revalidation for appraisees</td>
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<td>Effective teaching skills</td>
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<td>Leadership</td>
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<tr>
<td>• Developing leadership skills in your trainees</td>
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<td>• Quality improvement for consultants</td>
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<td>Others</td>
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<td>• Mentoring skills</td>
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<td>• Communication skills</td>
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<td>• Developing and maintain a portfolio including CESR</td>
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<tr>
<th>The Excel Academy</th>
<th>Leadership and management courses:</th>
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<tr>
<td></td>
<td>• Motivational Leadership and Management</td>
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<td>• Power with groups</td>
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The Royal Colleges also offer courses and information for SAS doctors. Find and contact the appropriate royal college for your specialty.

Deaneries also provide training and development for SAS doctors and we would advise that you contact your SAS Tutor or your deanery directly for further information about the courses they offer.

**Many thanks to Oxford Deanery who initiated the directory.**

Courses are promoted here because of their apparent relevance to SAS doctors. The BMA is not responsible for courses run by external providers and their listing on this site is no guarantee of content or quality. For further details about any of the courses listed, please go directly to the relevant organisation.

To request for a course to be added to this list or if you are having difficulty with any of these links, please contact us.