BMA Medical Book
Awards 2015

Programme and Awards Winners
Thursday 3 September 2015
BMA House, London
Welcome and introduction of the Guest of Honour
Dr Mark Porter, BMA Chairman of Council

Presentation of Awards
Announced by Miss Jacky Berry, BMA Librarian

Presented by
Professor Sir Al Aynsley-Green Kt, BMA president

Presentation of the category awards for the Book Awards

Presentation of the BMA Medical Book Awards special prizes
BMA Illustrated Book Award
BMA Student Textbook Award
BMA Young Authors Award
BMA Council Chair’s Choice Award
BMA President’s Choice Award
Presentation of the BMA Medical Book Reviewer of the Year Award

Presentation of the BMA Medical Book of the Year Award 2015

Address by Guest of Honour
Professor Sir Al Aynsley-Green Kt, BMA president

Closing address
by Dr Andrew Dearden, BMA treasurer

The ceremony will be followed by a buffet reception in the John Snow Room on the ground floor.
Sir Aynsley-Green trained at Guy’s Hospital Medical School, University of London, then as a children’s physician in Oxford and as a paediatric endocrinologist in the Children’s Hospital, University of Zurich, Switzerland. He was Clinical and then University Lecturer in Paediatrics and Fellow of Green College, University of Oxford.

He became James Spence Professor of Child Health and then Head of the School of Clinical Medical Sciences in the University of Newcastle upon Tyne, followed by Nuffield Professor of Child Health and Director of Clinical Research at Great Ormond Street Hospital for Children and the Institute of Child Health, University College London.

He was appointed the first National Clinical Director for Children in the Department of Health in Government in 2000, before becoming the first independent statutory Children’s Commissioner for England from 2005-10.

He is now Professor Emeritus of Child Health at University College London, and Founder of Aynsley-Green Consulting, engaging with governments and organisations worldwide on children, childhood and children’s services.

He has received many national and international indicators of esteem including the James Spence Medal of the Royal College of Paediatrics and Child Health, this being the highest accolade for a British Children’s Physician, and the Andrea Prader Prize of the European Society for Paediatric Endocrinology, this being the highest international award for leadership in and contributions to his specialty.

He was knighted by HM the Queen for his services to children and young people in 2006.

He is President of the British Medical Association from June 2015 until June 2016.
Anaesthesia — the winner of this category will be announced from this shortlist

Accidental Awareness during General Anaesthesia in the United Kingdom and Ireland - Report and Findings

Professor Jaideep J. Pandit and Professor Tim M. Cook and the Royal College of Anaesthetists and the Association of Anaesthetists of Great Britain & Ireland – The Royal College of Anaesthetists, September 2014 ISBN: 9781900936118 currently provided free in hard copy and freely downloadable from the Royal College website

Practicing anaesthetists worldwide; anaesthetic nurses; operating department practitioners; patients who have experienced awareness during anaesthesia and medicolegal experts and lawyers dealing with awareness cases on both sides (plaintiff and defendant)

More than 400 patient reports of accidental awareness during general anaesthesia (AAGA) are analysed. This makes the project the largest ever study worldwide of the topic (almost doubling all cases in the literature since 1950) and the report is arguably the most significant publication on the topic ever produced. The resource explores in detail all aspects of AAGA from causation, risks (patient factors, anaesthetic technique, surgical specialty and logistical care delivery factors) through to patient experiences and longer term psychological consequences. Importantly the resource integrates existing knowledge with new knowledge derived from this project and uses it to update current understanding and make detailed recommendations for research and clinical practice. The resource is produced by a multidisciplinary team of anaesthetists, patients and psychologists. Each chapter is presented in a standard manner and is extensively illustrated and referenced. On one level, the resource sets out to present the results of a major study that in turn sets out to obtain answers to some specific and pragmatic questions, namely: How many patients undergoing surgical anaesthesia spontaneously report accidental awareness during general anaesthesia? How do these patients present: when, to whom and how? To what extent do recognised risk factors feature in the reported cases? What do patient stories tell us about patients’ desires and expectations soon after an episode of AAGA (and do these change with time)? Can strategies for prevention of AAGA be identified from existing knowledge and review of the cohort of patients experiencing AAGA? Can we identify an optimal process for managing cases of explicit awareness and inform a national strategy? On another level, this resource relates to wider question concerning human consciousness so the aims can be seen as much broader. The nature of human consciousness is one of the fundamental questions of biology and anaesthetists have long had the means to suspend, or temporarily abolish consciousness and restore it safely, but the mechanisms by which this is done are empirical. This major report into instances of when general anaesthesia fails to work adds great insight into the nature of anaesthesia and in turn provides lessons about the nature of consciousness. This is especially so since, in up to a fifth of reports, no deficiencies in practice or care could be identified as potentially contributory to the accidental awareness episode. The resource is therefore: (1) a report of a scientific project, (2) a textbook on the broader topic, (3) a reference resource for clinicians, allied health professionals and patients, (4) a research agenda on this topic, set for the foreseeable future, (5) a clear and practical source of advice (containing resources) on how both to prevent AAGA and to manage it when it occurs, (6) a summary benchmark against which practice can be judged (e.g., by clinical governance or the courts). The resource is rich in original contributions. For the first time the incidence of spontaneous reports of accidental awareness during general anaesthesia (AAGA) are delineated. This enables the specialty of anaesthesia to learn the scale of the problem to be addressed. The answer is that it is sufficiently common (especially in the presence of neuromuscular blockade) as to warrant specific recommendations for changes in clinical practice to be made. The resource is the first to quantify the importance of neuromuscular blockade in the genesis of AAGA events and also reveals the poor levels of monitoring of such blockade in patients. For the first time, the timing of AAGA events is defined and this leads to the development of novel strategies for preventing it. The description of patient experiences and psychological consequences drawn from several hundred patients’ reports is unique. The central role is enshrined in patient communication (before anaesthesia or sedation) to manage expectations and provide informed consent, as well as — as a novel recommendation — during anaesthesia if awareness is suspected. In other words, the new advice to anaesthetists is for them to talk to their patients if at any time during anaesthesia they think they might be accidentally awake, rather than administer amnesic drugs (as was the thrust of some previous advice). The resource also recommends open communication with patients after an episode of AAGA, acknowledging the
problem may be real, as an important means to underpin later psychological support. This is an important departure from past practice, where patients were commonly disbelieved as it was assumed by many (anaesthetists, scientists and indeed patients themselves) that general anaesthesia always worked. Perhaps equally importantly, the resource integrates the new findings with existing knowledge to formulate explicit recommendations for both clinical practice and research. This makes it a genuinely unique addition to the existing literature. The recommendations are directed at three levels (national organisations; local institutions and individuals) such that implementation at all these hierarchies of organisation will have a major impact on patient care. Now, the resource’s findings provide a unique and original method by which to prevent AAGA across a range of circumstances, and to manage a case if it arises. Prior to NAP5 only 12 of >300 hospitals in the UK and Ireland had a policy for managing AAGA. The NAPS Psychological Support Pathway provides a standardised form of supportive care to patients which we anticipate will be adopted nationally. The Safe Anaesthesia Liaison Group (consisting of representatives of the profession and the NHS; see http://www.rcoa.ac.uk/salg) is now tasked with the implementation and dissemination of this Pathway and other key recommendations. Together these will drive improvement in the quality of patient care. The (over 100) recommendations for research will form a roadmap for the bulk of academic endeavour in the specialty for years to come.

"It is really relevant to any person delivering anaesthetics. It provides thought-provoking content, relevant education and information which will modify practice for the benefit of patients and, as it is a just published resource providing a new source of niche information, it is really welcome. It is free of charge and accessible as a resource worldwide as it is available on the RCoA website. It definitely will improve care for patients worldwide and must be commended. I will definitely recommend it to students and other healthcare practitioners as well as the primary audience of working anaesthetists."


Pamela E. Macintyre and Stephan A. Schug – CRC Press, December 2014
ISBN: 9781482233490 £44.99

Professionals involved in the management of pain

This book combines evidence-based information about acute pain management with practical guidelines and protocols. It covers the techniques commonly used in acute pain management and the pharmacology of opioids, local anaesthetics, and non-opioid and adjuvant analgesic agents. It discusses management of acute pain in both surgical and nonsurgical acute pain settings, including in patients with spinal cord or burn injuries and selected medical illnesses. The guide includes evidence-based information about management of acute pain in some specific patient groups in which treatment may be more complex, including older patients, opioid-tolerant patients, patients with an addiction disorder, pregnant or lactating patients, patients with obstructive sleep apnea, or patients with renal or hepatic impairment. It also discusses the use of opioids in patients discharged from the hospital that require ongoing management of acute pain. Comprehensive acute pain management no longer means only caring for patients with pain resulting from postoperative and trauma-related causes — it now includes managing patients with acute pain arising from a wide variety of conditions. Acute Pain Management: A Practical Guide provides health professionals with simple and practical information to help them manage patients with acute pain safely and effectively. The book also helps them to identify and manage acute pain in more complex patients, for whom effective treatment can be challenging. In this new edition, chapters have been revised and updated, often extensively, to reflect current knowledge and practice. This resource will undoubtedly be helpful to a variety of professionals in assessing and managing acute pain.

"If the management of acute pain was part of a job plan, or an important learning goal, this would be an excellent book. Additionally, as a quick reference book, both for practical advice and a good amount of theory, it is an easy book to use. The book aims to cover the ‘practical’ aspects of all areas of ‘acute pain management’. This begins with consideration of education for various healthcare professionals, and details assessment, pharmacology, non-pharmacological, and other approaches. Its chapters cover the current evidence base well, and details non-surgical, complex and acute-on-chronic situations comprehensively."
The book is an excellent up-to-date approach to the varying aspects of Acute Pain Management, both in covering a large amount of modern thought and research and placing these in the context of practical advice. Beginning from educating providers and allied carers, to reviewing the wide variety of possible approaches to the problem, covering some aspects of history, and the various non-surgical, complex and acute-on-chronic pain problems that are the hardest to manage and the least well-discussed in texts. There are no clear weaknesses – the coverage of local anaesthesia and blocks are arguably more detailed than needed for this book, but for a non-provider will give a good understanding of their place and limits. This is an excellent book on Acute Pain Management – a review of so many aspects and their practical implementation, and covering many of the difficult and often ‘lesser’ well-covered subjects.”

**Advanced Training in Anaesthesia: The Essential Curriculum**

Jeremy Prout, Tanya Jones and Daniel Martin – Oxford University Press, March 2014
ISBN: 9780199609956 £75

Senior anaesthesia trainees, particularly those taking the Final FRCA examination; consultant and trainee anaesthetists in UK and Ireland; nurse practitioners and anaesthetic practitioners

A curriculum-based guide, Advanced Training in Anaesthesia contains everything candidates need in preparation for taking the Final FRCA exam. This book is ideal for both learning and exam revision, but it also provides a ready source of reference for situations in all specialties and sub-specialities, with knowledge which will continue to apply beyond training. The key aim of Advanced Training in Anaesthesia is to assist candidates in passing the Final FRCA exam. Topics in applied basic science and clinical anaesthesia are presented in a systems-based format, as laid out in the syllabus set by the Royal College of Anaesthetics, allowing for easy navigation and structured learning and revision. The material is divided into easily digestible double-page spreads for quick reference making the text accessible for situations beyond training. The textbook is uniquely mapped to the Final FRCA curriculum and comprehensively covers the whole of the exam syllabus for the Final FRCA. This is unlike other revision books that focus on one part of the exam or anaesthesia textbooks that are not structured with the exam syllabus in mind.

“I think this book is well-structured and covers quite a good range of topics. The text is not too overwhelming, but there is enough to provide a good knowledge base and information. Images and figures supplement the text well. Chapters are not too long. This book covers the curriculum and provides trainees with a nice, very readable reference. It includes very logical sections that is easy to follow. The structure is good with subsections including further reading and a good range of tables, figures and diagrams although the regional anaesthesia section could perhaps have more colour for the images as I feel the black and white and added lines are not that clear.”

**Applied Anatomy for Anaesthesia and Intensive Care**


Trainee and practised anaesthetists and intensive care physicians seeking to develop their anatomical knowledge and procedural skills

Concise textual descriptions of anatomy are integrated with descriptions of procedures that are frequently performed in anaesthesia and intensive care, such as nerve blocks, focussed echo, lung ultrasound, vascular access procedures, and front of neck airway access and chest drainage. The text is supported by over 200 high-quality colour anatomical illustrations, which are correlated with ultrasound, fibre optic and radiological images, allowing the reader to easily interpret nerve block sonoanatomy, airway fibre optic images and important features on CT and MRI scans. Useful mnemonics and easily reproducible sketch diagrams make this an essential resource for anyone studying towards postgraduate examinations in anaesthesia and intensive care medicine.

"In 200 pages this book covers anatomy and anatomy for intravascular and regional anaesthetic techniques. It has a high educational value and is easy to both read and take in the multiple illustrations (all of which are labelled). Its strengths lie in its illustrations and descriptions of the anatomical areas of interest to the practicing anaesthetist/intensivist. It takes less than ten minutes to revise an area of interest. I do not think this book is weak in any area. Many may carp about it trying to be a regional anaesthetic book. I disagree – it is a book on applied anatomy. This is frankly a superb book. It takes the turgid topic of anatomy and shows the application of many interventions relating to those performed by regional anaesthesia specialists and intensive
care physicians. It makes these interventions understandable in a fashion and relationship to the appropriate anatomy that I have never come across before. This book should be owned by every trainee and consultant anaesthetist — they will refer to it repeatedly.”

**Key Clinical Topics in Critical Care**


Trainees in critical care medicine

Key Topics in Critical Care is a comprehensive reference handbook of over 100 succinct, alphabetically ordered topics that together form a comprehensive, easy-access guide for clinical practice in intensive care medicine. All topics are written in a succinct and broadly didactic format, firstly listing key points, before discussing pathologies, problems, investigations, diagnosis and management options. Key Clinical Topics in Critical Care aims to provide trainees with a comprehensive and easy access reference for managing common conditions and clinical issues in intensive care medicine. As the book is aimed primarily at trainees, it is also intended as an effective revision tool for FFICM exam revision. Over 100 succinct topics are presented in alphabetical order which allow rapid and easy access to content. The subject matter is drawn from common conditions, clinical issues, topical literature and recent examination topics to cover the breadth of present practice. All topics are cross referenced to allow easy navigation between related content.

“This revision book fulfils its established criteria. The key topics are covered although in some areas the detail is scanty. This is the nature of such a book. For example, I would personally like to have seen a diagram illustrating pressures seen with a PAFC, although they are uncommonly used nowadays this information is still important for understanding physiology. However, the book achieves its goal of providing a lot of information about a lot of important topics in a short page count and easily digestible chunks. It can be both a revision aid, and an easily accessible bench text. I owned a copy of the original many years ago, and it was an essential aid to on call practice. This has been extended and revised extensively to meet the needs of modern trainees. In addition, it would be useful aide mémoire for consultants, and nurses. It is relatively cheap, and well-bound, so is affordable by both individuals and institutions. It is a good value book, well-made, well-structured, and well-referenced — a revision aid and middle of the night helper!”

**Pharmacology for Anaesthesia and Intensive Care 4th ed.**


Junior and trainee anaesthetists; theatre practitioners, ICU nurses and physicians

This has become the core pharmacology book for the FRCA, covering all the relevant kinetics and dynamics in a compact and easy to navigate format, including clear diagrams and tables. The fourth edition of this market-leading anaesthetic book has been fully updated to include novel oral anticoagulants and neuromuscular reversal agents. Numerous other sections have been expanded or updated to reflect new research and current best practice, and the antibiotics chapter now includes information about commonly encountered pathogens and the drugs used to target them. Basic pharmacological principles, vital to understanding the effects of individual drugs, are dealt with methodically, and the essential physiology is described alongside the relevant pharmacology. This is the core pharmacology book for FRCA revision.

“This is a wonderful book and a must for any trainee in anaesthesia or intensive care medicine, or for anyone who trains them. The book is comprehensive, yet not overly so, compared to others which attempt to target the same market. The text is clear and easy to read and navigating around the book is a doddle. The index is thorough and complete. This is the 4th edition of this wonderful book; each edition builds on the strengths of the previous one. The authors have updated the text to keep up with changes in our understanding of the basic sciences behind pharmacology, and with the drugs which are available to clinicians on the front line (as well as removing outdated agents). The book has been produced to a very high standard and the text reads most fluently as it always has. This remains the key pharmacology book for trainees in anaesthesia and intensive care medicine and it absolutely pitched to perfection for this audience.”
Basic and clinical sciences — the winner of this category will be announced from this shortlist

**Bones and Cartilage: Developmental and Evolutionary Skeletal Biology 2nd ed.**


Biologists, medical researchers, tissue regeneration researchers, evolutionary biologists, developmental biologists, comparative biologists and paleontologists

The 2nd edition of Bones and Cartilage includes the most recent knowledge of molecular, cellular, developmental and evolutionary processes, which are integrated to outline a unified discipline of developmental and evolutionary skeletal biology. Additionally, coverage includes how the molecular and cellular aspects of bones and cartilage differ in different skeletal systems and across species, along with the latest studies and hypotheses of relationships between skeletal cells and the most recent information on coupling between osteocytes and osteoclasts. Bones and Cartilage provides the most in-depth review and synthesis assembled on the topic, across all vertebrates. It examines the function, development and evolution of bone and cartilage as tissues, organs and skeletal systems. It describes how bone and cartilage develop in embryos and are maintained in adults, how bone is repaired when we break a leg, or regenerates when a newt grows a new limb, or a lizard a new tail. No other title contains such an in-depth review of the function, development and evolution of bone and cartilage as tissues, organs and skeletal systems. Bones and Cartilage provides the most in-depth review and synthesis assembled on the topic, across all vertebrates. It examines the function, development and evolution of bone and cartilage as tissues, organs and skeletal systems. It describes how bone and cartilage develop in embryos and are maintained in adults, how bone is repaired when we break a leg, or regenerates when a newt grows a new limb, or a lizard a new tail. No other title contains such an in-depth review of the function, development and evolution of bone and cartilage as tissues, organs and skeletal systems.

“This book offers all you might need on this subject with a good bibliography. I like the approach which is informative and adequate: it is a good clear text which is informative and adequate. It is comprehensive and on its own on the subject although the pace of research will make it out of date quickly.”

**Gray’s Anatomy for Students 3rd ed.**


Medical, dental and osteopathic students

A regional based textbook covering the entire body. Each body region follows the same format: Conceptual Overview, Regional Anatomy, Surface Anatomy and Clinical Cases, with a number of "In the Clinic" boxes throughout the core content. In addition to the textbook the students also have access to self-assessment questions, a surface anatomy tool to help them learn location points and understand the different heart and lung sounds, and additional cases not found in the printed book. One of the key objectives for Gray’s Anatomy for Students is to bring alive the practical applications of anatomical concepts through unique coverage of surface anatomy, correlative diagnostic images, and clinical case studies. With the increasing pressure on anatomical teaching it is essential for the students to use a textbook that engages them, that ensures they understand why a deep understanding of anatomy will be important to them as practicing physicians, but at the same time only presents the core information they need rather than overwhelming them with irrelevant facts. In addition we want Gray’s Anatomy for Students to be the best value for cash-strapped students. For one price they get a printed textbook, and perpetual access to an interactive electronic book that can be used online or offline, on the device of their choice. To ensure the students gets the most from this book the authors list the relevant ancillary material (such as questions, or clinical cases) at the beginning of each chapter so that the students do not have to waste time looking for the added extras. The standout element of this book (and the entire Gray’s family of titles) is the outstanding artwork. Every drawing is clearly labelled, not cluttered, and consistently coloured to help the student remember structures. We believe there is not another gross anatomy text that offers an art program of this quality, or that receives as many positive review from students around the world.

“This is an excellent core textbook to anatomy. The detailed clear text which makes an introduction easy. There are lots of photos and clinical material for in depth discussion. Also a wealth of online material for quick access using tablets or PCs. This is a comprehensive textbook for anatomy. It makes excellent use of multimedia, photo and colour to bring a subject which is hard to teach to vivacious life. It’s a superb textbook throughout: a well-thought-out and high quality publication. Highly
recommended for students of anatomy and even for old hands! The quality of illustrations and editing are truly excellent. The online material makes it really stand out. It is a really good and a strong candidate for best anatomy textbook. Thoroughly recommended for an award.”

**Larsen’s Human Embryology 5th ed.**


Primary market is medical students and the secondary market is graduate students in developmental biology

This edition provides key pedagogical features such as opening summary boxes, colour-coded contents list, superb artwork and excellent clinical content and images, making this an easy-to-navigate student aid that explains difficult concepts and supports visual learners in making embryology relevant to the study of medicine. This thoroughly revised 5th edition offers both clear descriptions and explanations of human embryonic development based on all the most up-to-date scientific discoveries and understanding. Particular attention is paid to the fundamental aspects of molecular mechanisms in development, introducing readers to major families of important developmental molecules. Clinical aspects of development are covered throughout and in detail. First-rate illustrations and Student Consult access, including online animations, complete this essential package. For medical students and clinicians this detailed, and clinically oriented, embryology book follows in Larsen’s tradition of bringing embryology to life and ensuring it is clinically relevant at all times. Teaching everything the student needs for Board Exams, the clinics and more this is a very detailed but extremely readable resource. Unlike Langman’s this is a more complete resource but uses lots of clinical figures, chapter summaries and “In The Clinic” sections to provide relevant content that can be accessed long after the course is over, and the accompanying animations are far superior to anything provided elsewhere.

“I would most certainly recommend this as it’s a good in-depth text with up-to-date information. This book is aimed at comprehensive coverage of the subset and while daunting to some, it is inevitably going to be both a quality textbook as well as a reference text for other with perhaps a lesser interest that someone teaching or studying the field. I make this high score very much on my own knowledge of this field and having taught it for many years to both undergraduates and postgraduates. The text is comprehensive up-to-date and provides a depth of knowledge which would I suspect attract a reader who perhaps wanted to refresh or broaden their knowledge. Additionally, access to Student Consult opens the door to videos and further information, which I think will be invaluable for a reader.”

**Medical Sciences 2nd ed.**


Medical students and students on biomedical courses needing to understand how the basic sciences and clinical medicine integrate

An integrated approach to teaching basic sciences and clinical medicine has meant that medical students have been driven to a range of basic science textbooks to find relevant information. Medical Sciences does the integration for the student. In just one book, the diverse branches of medical science are synthesised into the appropriate systems of the human body, making this an invaluable aid to approaching the basics of medicine within in a clinical context. Now in its 2nd edition it has managed to make its mark from scratch as a brand new, highly illustrated medical textbook. New to this edition are: Eleven new contributors; Completely new chapters on Biochemistry and cell biology, Genetics, The nervous system, Bones, muscle and skin, Endocrine and reproductive systems, The cardiovascular system, The renal system and Diet and nutrition; Completely revised and updated throughout with over 35 new illustrations; and Expanded embryology sections with several new illustrations. Key features are: Highly illustrated with clear, full-colour line drawings and colour photos; Information boxes throughout, giving more specific detail of research findings, drug mechanisms, etc; and Clinical boxes throughout, demonstrating the clinical relevance of the science. The objective is to contextualise the basic sciences essential to medicine in a clinical context to ensure the learner understands the basis of medicine and the importance of the underpinning science. The approach also works for students in adjacent courses such as biomedical science and even pharmacy. Despite its relative newness it is now a core text for medicine, and also features on recommended reading lists across a variety of courses other than medicine, such as dentistry, pharmacy, podiatry and biomedical science. This was the first (and is still the only) medical textbook
aiming seriously, ne novo, to meet the student need to really understand the sciences basic to medicine within a clinical context for properly integrated learning. It is innovative, holistic and entirely conceived to address current learning and understanding needs.

“This book fills a gap in the market for a text that integrates basic sciences across disciplines and organ systems. The last time a text did anything similar with the same degree of success was the Oxford Companion to Medical Studies in the 1970s. The book is targeted at medical students and the content is aimed to appeal to them. The level of the content has been well-judged and the book would be a good reference source providing adequate detail for understanding the scientific basis of medicine. The book avoids extraneous and unnecessary detail, which makes it particularly suited to the mastery of core concepts. There are occasions where students will want to consult a more specialised text, but this book contains most of what I would expect students to know in the early years of their programme. Significant omissions in this respect are the social sciences and psychology. The book is likely to be useful in later years, too, but as a supplement to other texts giving information on the management of specific diseases. The text is clear, accessible and consistent in style. The images are of good quality and make a positive contribution to the text. The book is well-produced and attractively laid out. There have been many improvements since the first edition; the revisions, the new chapters and the increase in embryology are all to be welcomed. I have identified a few places where I think the text could be improved or clarified, but the overall quality is excellent.”

Netter’s Anatomy Coloring Book 2nd ed.
ISBN: 9780323187985 $19.95

Medical students

This colouring book contains illustrations traced from the well-known Atlas of Human Anatomy by Frank H. Netter, MD – an atlas used by many medical students worldwide. The illustrations are accompanied by brief text and colouring suggestions and each section ends with review questions. The eBook companion included exercises completed by other students that can be used as an answer key or guide. The colouring book encourages active learning and enables a fun and relaxing study of anatomy as the student thinks about the direction of the muscle striations, the branching of nerves and vessels, and the spatial relationships of various structures. The colouring book is also a great companion to the Atlas of Human Anatomy because students can highlight and colour just the structures which they want to study – some students have found these line drawings very useful for creating their own notebooks, study tools, and presentations for class. Most anatomy colouring books are for lower-level study. The content in this colouring book is for medical students. For example, the tables that accompany the colouring exercises are detailed to the level of a typical medical gross anatomy course. Why would a colouring book be useful to medical students? First year medical students often talk about the difficulty of having to learn an enormous amount of information and a whole new vocabulary in a short amount of time – this is especially true in anatomy. They also have the challenge of finding time to relax without feeling guilty about not studying – his colouring book can be a useful way to change up a study regimen that can be more relaxing and enjoyable – and maybe even more memorable when eliciting muscle memory and an active tactile experience.

“I think this is a fantastic book. While is does not mirror the chapters in Netter’s Clinical Anatomy, which I thought may have been useful for students, if provides a great method to learn anatomy, and is well-linked to Netter’s Atlas. I personally enjoyed using an anatomy colouring in book, this is of a higher standard with great clear images and additionally the 3D anatomy resource, so I would definitely recommend it to students. It is well-laid out, has fantastic images as well as links to another two key anatomy textbooks in the series, and an opportunity to use 3D anatomy site. It would definitely help me if I was revising my anatomy! Perhaps would have been nice if mirrored the chapter structure of Netter’s Human Atlas and clinical anatomy book so students could work through same chapters at same time, but not essential – book is still very good. I think this is an excellent anatomy resource for students and one I certainly would have wanted on my book shelf as an undergraduate. I think it is good that it exists in a series with an Atlas and a Clinical anatomy textbook and also provides access to online 3D images.”
Primary Immunodeficiency Disorders: A Historic and Scientific Perspective

ISBN: 9780124071797 £51.84

Students, scientists and practitioners in immunology, immunodeficiency; professionals in medicine, and historians of science

This book covers the discoveries in primary immunodeficiency from historical and advancement perspectives. As the history of science has developed as a professional intellectual discipline, it has had and will continue to have an important role in defining science and its place in our culture. Such definitions should be based on as much information as possible. Scientists can learn much about the nature of their discipline by becoming aware of the concepts of science which are derived from the careful analysis of its history. In the last 60 years much has been learned about primary immunodeficiency. In this book, the discoverers of different syndromes write about the way they arrived to their discoveries and what they have learned from this to develop future techniques. The key role of history here is characterising the complexities of how science changes. It is well-known that the first successful trials both in bone marrow transplantation (Gatti 1968) and gene therapy (Fischer 2000) were done in children with immunodeficiency and these authors tell their story. This book emphasises how much was learned about the normal immune response through those ‘rare experiments of nature’. All this important information is summarised for the future generations as long as the people who are the founders of the field are still able to tell their experiences. Researchers in the medical field often have a poor understanding of the way we arrived where we are in research. The result of this lack of knowledge is often missing important points about a disease, and missing out on how to approach new diseases. Since such historical knowledge can assist greatly by showing how it was done in the past, learning from the successes and failures, so that it can be done better in the future. Primary Immunodeficiency provides an understanding of the process going from clinical problem to lab and back to the clinic, based on historical experiences. Giving a better historical context for the diseases managed and researched is absolutely filling an unmet need. Knowledge and understanding of the history of science can enable future practitioners of science better to anticipate and respond to the challenges of rapid globalisation and be better prepared to mold our future. Students can become acquainted with the key institutions, formative episodes, and accomplishments of their fields, a process that can contribute to the formation of professional identity in ways that are probably more effective than simply learning and replicating the contents of science textbooks and laboratory routines. Never before we have found the personal history of the discoverers in this type of context in one comprehensive cover. The book also: facilitates communication among physicians and other investigators concerned with immunological and inflammatory diseases; summarises for the first time all the known facts from 60 years of primary immunodeficiency research, and teaches how an important field in medicine was established; provides stimulating discussions on developing new medical therapies; and highlights the importance of studying humans to understand mechanisms of disease that affect humans.

“This is an excellent primer for clinical and basic science students wishing to learn about how the understanding of the immune system has developed over many decades leading to dramatic improvements such as intravenous immunoglobulin and bone marrow transplantation. At first glance, and quickly skimming through it, the book appeared to be rather dull. However, once I actually started reading the book, I was gripped by the rare sense of excitement and energy that characterised the way the early pioneers developed the science of immunology and how immune deficiency syndromes as experiments of nature stimulated progress. The early chapters, describing what it was like to work with the giants in the field in the 1950s and 60s, were especially enjoyable. Many chapters start with clinical case descriptions of the first patients with particular immunodeficiency syndromes and then go on to describe how the underlying genetic and immunological defects were discovered, telling a fascinating story both about the disease and about the personalities of the individuals who led the investigations. In the end I really enjoyed reading this book which opened my eyes to an area that is becoming increasingly important in the advent of biologic agents which deplete whole lymphocyte populations such as B cells with the risk of hypogammaglobulinemia.”
Basis of medicine — the winner of this category will be announced from this shortlist

Being Mortal: Illness, Medicine and What Matters in the End

Atul Gawande – Profile Books, October 2015

General audience

In Being Mortal, Gawande examines his experiences as a surgeon, as he confronts the realities of aging and dying in his patients and in his family, as well as the limits of what he can do. And he emerges with a story that crosses the globe and history, exploring questions that range from the curious to the profound: What happens to people’s teeth as they get old? Did human beings really commit senecide, the sacrifice of the elderly? Why do the aged so dread nursing homes and hospitals? How should someone give another person the dreadful news that they will die? This is a story told only as Atul Gawande can – penetrating people’s lives and also the systems that have evolved to govern our mortality. Those systems, he observes, routinely fail to serve — or even acknowledge — people’s needs and priorities beyond mere survival. And the consequences are devastating lives, families, and even whole economies. But, as he reveals, it doesn’t have to be this way. Atul Gawande has delivered an engrossing tale of science, history and remarkable characters in the vein of Oliver Sacks.

“I would definitely recommend this to anyone who wanted to learn more about the subjects of getting old and becoming infirm. It should be read by anyone interested in the subject of terminal illness and dying. This book is a must; its greatest strength is its universal appeal. It certainly meets the needs of its intended audience but goes far beyond this. We all, at some time or other, have contact with the ageing and infirm. His book is about the modern experience of mortality, about what it is like to grow old and die. Its objective is to show how medicine has changed the experience and how it has not. It outlines where our ideas about how to deal with our finitude have got the reality wrong. Its intended readership is all those who have any contact at all with those who are old, infirm and need care. This includes all grades involved in healthcare, whatever their role. It also includes the families and friends of those who grow old. So this means nearly all of us. I recommend this as a book to be read by all. These objectives are very well-supported by Gwande’s own experiences in medical practice, by many case histories of patients he has known and treated over the years and by his own family experience. His family come from an Indian background and so some of his thoughts on family care are very different from those in the West. They are equally important and intriguing. In particular, he outlines some of the experimental approaches in care homes and hospices in the USA where the staff have tried to improve the lot of its patients by introducing animals, plants and in-house child care for the carers so that children are around. He has noted the greatly improved attitude of mind of those approaching their last days by these simple methods. Never before has aging been such an important subject, as our aging population increases alarmingly and so much more care is needed. Most books on terminal care are written solely from a medical point of view. Gwande approaches the problem head on, realising that the systems we have put in place are manifestly failing. In this book he points out that it does not have to be this way. The ultimate goal is not a good death but a good life — all the way to the very end. There is an excellent ‘notes on sources’ at the end which I found most informative and have been encouraged to look up some of the original references. The text and the footnotes are mostly up-to-date, although naturally some of the case histories go back over the years. Gawande uses much of his own experience with patients he has treated in the past. He also draws on his family experiences particularly when his own father, a distinguished surgeon, becomes ill and paralysed. Other material comes from his experience in American care homes and hospices where the staff have worked out ways to make the experience of dying better for their patients. This material proves to be most effective in getting over the message. This book will help us to treat them more compassionately. I have certainly much enjoyed reading it. It will be of help to me in my advancing years. I look forward to reading it again in a few months’ time! This is a most unusual book written on a most important subject and is a must for everyone to read. It should certainly be short-listed.”


Students at all levels

Doing a Literature Review in Health and Social Care 3rd Edition is essential reading for students at all levels within the health and social care field
Scholars and academics of the social history of medicine; the medical profession and professional bodies; general readers interested in Victorian England, poverty and welfare in British society

The 19th century business of anatomy was lucrative. In a Victorian underworld commercial body dealers bought dead paupers from asylums, infirmaries and workhouses. They sold the nameless and friendless on to teaching hospitals and medical students for dissection. Corpses travelled in dead boxes on railway trains to get fresh cadavers quickly to trainee doctors; others were bought in the street where they died. For the first time, all the suppliers paid in petty cash along this human supply chain are rediscovered, and their financial profiteering in bodies and body parts. Heart-rendering human stories lost in the archives are brought back to life. We encounter servants, prostitutes, and the labouring poor, down on their financial luck, who supplied the dissection table. Dying for Victorian Medicine celebrates the contribution of thousands of forgotten human faces who lived and died in abject poverty, and in so doing, created a better medical future for everyone today. This ground-breaking book rediscovers the business of anatomy, by bringing to life the lost histories of the poorest that peopled the dissection table in Victorian times.

"This is a very detailed book and, although Dr Hurren says in the conclusion that other contributions on the subject are needed, Dying for Victorian Medicine must certainly be, if not the final word on the subject, certainly an extremely significant one. Many times during the book Dr Hurren refers to new information, new findings and new insights. It is obvious that much painstaking research has gone into finding the information in this book and collating it to tell the story of Victorian anatomy from the points of view of the authorities, the doctors, and the dead paupers, in a way never attempted before. This is an outstanding study of the impact the anatomy trade had on the Victorian poor. There are some excellent, if often poignant, cameos of 19th century life. The anatomy school in a domestic dwelling which the neighbours managed to have shut down due to the appalling smell! Named poor families ignorant of the fact that accepting a pauper funeral from the authorities meant agreeing to dissection and dismemberment. Many fascinating facts too.

How much poor relief you got in London: 7s 3d if you lived in the West End, only 2s 6d if in the East. Also that excess paperwork is not a modern phenomenon. It took 12 certificates for each body to be certified for dissection in the mid-19th century. In between these gems however is a lot of legal and statistical information which is challenging reading. However if you persevere the reward is an unparalleled understanding of death and dissection in the Victorian age. This is an exceptional, thoroughly researched book, though challenging to read straight through. It is an excellent reference book for those interested in the subject with many notes to encourage further study. This book celebrates the contribution of thousands of Victorian paupers whose bodies were sold for dissection, and thereby furthered the cause of medicine. It aims to follow-on from a book written by another author 20 years ago that first highlighted the effect on the poor of the Anatomy

Dying for Victorian Medicine: English Anatomy and its Trade in the Dead Poor, c.1834 – 1929


and a useful text for anyone new to reviewing and appraising evidence. This bestselling book is a step-by-step guide to doing a literature review in health and social care. It is vital reading for all those undertaking their undergraduate or postgraduate dissertation or any research module which involves a literature review. The book provides a practical guide to doing a literature review from start to finish. This 3rd edition includes: Even more examples of real life research scenarios; more emphasis on how to ask the right question; New and updated advice on following a clear search strategy; Expanded guide to using a range of critical appraisal tools; and more coverage of how to write up your results. This text is a step-by-step guide to doing a literature review in health and social care and it provides a practical guide to doing a literature review from start to finish. Useful examples and key questions will help to keep the reader on track. With this book as your guide, developing a literature review need not be a daunting or overwhelming task. This deceptively small book provides a comprehensive, user-friendly, step-by-step guide to the development of a literature review. Key strengths are the clarity of expression and the logical flow of information. Chapters match the stages of a literature review, from start to finish. It is a key text in this area on the market (over 30,000 copies sold).

“I have already recommended to several colleagues and will continue to do so. The book is subtitled as ‘a practical guide’ and it certainly is very pragmatic and concise, whilst managing to provide trenchant discussion throughout. This is a very concise and pragmatic text; very useful for any healthcare professional undertaking a literature review. It is especially well-suited to paperback format”
Act of 1832, and to restore the identities of some of the corpses sold. Another stated aim is to look at the ‘economy of supply’ of bodies at four different medical schools, both in London and the provinces. This book includes a deal of social history, as well as the history of medical training in that era, especially as regards anatomy and dissection. It will therefore be of great interest to both social history scholars, the medical profession, and general readers interested in Victorian history, all of which are quoted as its intended readership. There are 44 pages of notes at the end of the book, followed by a select bibliography of primary, secondary, and unpublished research. There are one or two figures in the book that have had to be extrapolated because of missing data, but these are rare and Dr. Hurren has made very conservative logical estimates for them. A great number of sources have been used to gather the data for this book. Many appear never before to have been used in this way to bring together statistics and examples of personal stories. She uses everything from official records to personal diaries and petty cash accounts. The combination is very effective in fulfilling the book’s objectives. The writing style and tone are clear though it is not an easy book to read straight through. Reading the first chapter I felt it was perhaps more of a reference/research book to dip into rather than ‘read’. Yet, as I got further into the book learning about the Victorian dissection rooms and medical training, I found it easier going. So, in summary, this book gives many facts and figures about the anatomy trade – both legal and questionable transactions. It also however quotes many personal stories that have been winkled out from the archives. It is this two-pronged approach that helps fulfil the aims of information gathering to provide statistics while not losing sight of the human costs.”

Gene Jockeys: Life Science and the Rise of Biotech Enterprise


Biologists and biology students; lawyers and intellectual property scholars, businesspeople in the pharmaceuticals sector; health policy scholars, and medical practitioners, and also at scholars in history and philosophy of science.

This book gives a factually reliable account of the early history of genetic engineering (a zone of apocryphal stories and myths) as well as perspective on the effects of commercialisation on science. This book traces the science of molecular biology, along with the culture of the field, from the Cold War era of strictly basic research through the transition in the 1970s and 1980s that brought new involvement with commerce – that is, the emergence of modern biotech. It fleshes out this bigger picture with detailed accounts of the competitive efforts by multiple teams to produce five of the first ten recombinant DNA drugs. These chapter-long accounts of ‘cloning races’, followed by clinical development stories and intellectual property struggles, are essentially chronological and document the rapidly changing nature both of the science and the culture in the biotech sector, and the shifting legal and business context. Ultimately the book argues that this flourishing early period was a distinct era in biotechnology, wherein important scientific goals, together with publications and traditional scientific honours, could be pursued simultaneously with profit – but that the conditions allowing this flourishing ended in the early 1990s. The goal of this book was to assemble the first impartial and comprehensive account, based on solid documentary evidence dealing with multiple commercial entities and academic labs, of the emergence of the biotech sector in the 1970s and 1980s. It also aimed not just to reconstruct the lab science involved in multiple competitive efforts to “clone” the genes enabling production of the first recombinant drugs (the chief product of the early biotech sector), but also to relate that story to the parallel events in medicine, law, and finance that enabled and shaped the outcome of these efforts. It aimed, in short, to become the definitive history of early biotech for both life scientists and historians. Previous books on this subject matter are either sponsored corporate histories, journalistic efforts based almost entirely on interviews, or personal reminiscences. Gene Jockeys is the first impartial scholarly (yet accessible) book, based in strong documentary evidence, to chronicle the commercial as well as academic side of recombinant DNA’s early history. It is the first to use evidence submitted in intellectual property litigation as a source of documents speaking to the detailed scientific activities over time in different commercial labs (along with the typical oral history and published literature sources). It is also one of a very few scholarly forays into the broader area of biotech history, an especially challenging field both in terms of technical content and availability of documentary evidence – and the only one to discuss both the lab science and the clinical investigations of recombinant medical products as part of a continuous story.

“This book gives a comprehensive history of biotechnology in medicine. It uses quite interesting sources for its information such as corporate patent litigation papers and also interview...
based information from biologists involved in biotechnology development. Of particular interest was the playoff between the search for knowledge and intellectual reward and the financial incentives in this industry. The book documents the overall benefit of this industry in supporting the development of medicine which would have otherwise taken considerably longer without the financial incentives. The book is suited to those within the industry and provides a comprehensive and often insightful view that would delight those who work within this field day to day. More broadly it offers and insight into a field that is often quite difficult to access otherwise. However, the scope of the book is probably too broad to encompass every medical practitioner and is probably more appropriate for those with particular interest and experience in biotechnology and its history.”

I think you’ll Find It’s A Bit More Complicated Than That: Selected Writings
Ben Goldacre – 4th Estate, October 2014

General audience

In Bad Science, Ben Goldacre hilariously exposed the tricks that quacks and journalists use to distort science. In Bad Pharma, he put the $600 billion global pharmaceutical industry under the microscope. Now the pick of the journalism by one of our wittiest, most indignant and most fearless commentators on the worlds of medicine and science is collected in one volume.

“This book is a collection of some of Goldacre’s writing from his Guardian column. It is divided into cohesive sections depending on the focus of the article, e.g. ‘bid data’ and ‘government statistics’. In common with much of his work, there is an emphasis on poor interpretation and reporting of research and pseudoscience. Goldacre’s writing is clear, logical (and, importantly, witty and engaging), and serves as mini case-studies helping the readers to interpret data and science with a more critical view. It is structured almost like a course in critical appraisal with worked examples, but a wide variety of real-world cases are covered. Goldacre is not trying to rubbish science in these pages. Indeed, this feels like part of his commitment to improve the public’s understanding of it. This book is great to dip in and out of, as the chapters are distinct and concise (generally less than 1000 words long). Indeed, Goldacre himself describes it in the introduction as a ‘toilet book’, although many would be engaged enough to read it in only a few sittings. The text is nicely presented, with figures provided where they illustrate the accompanying text, well-referenced and reasonably priced. Readers who are regular readers of his column will be familiar with the material, but for those who are not, this book is a worthwhile, interesting and educational read that is suitable for any of the general public who feel they would like to be sceptical of what they read, but may not be sure why they have that standpoint! It would also be of interest to those who tend to believe what they read – and I have certain people like that in mind that I will be buying a copy for this Christmas!”

Is Evidence-Based Psychiatry Ethical?
Mona Gupta – Oxford University Press, June 2014

Psychiatrists, bioethicists, and philosophers of medicine and psychiatry

In this ground-breaking book, psychiatrist and ethicist Mona Gupta analyses the basic assumptions of evidence-based medicine (EBM), and critically examines their applicability to psychiatry. Highlighting ethical tensions between psychiatry and EBM, she asks the controversial question – should psychiatrists practice evidence-based medicine at all?

“This is an enjoyable read which is accessible to all with even a mild interest in the topic. I feel that the authors tone and style was its main strength. The narrative is well-told, and the reader led through a series of questions and discussions which lead to larger arguments, and ultimately fulfils the objectives of the book. The easily accessible style meant the book (which is intimidating in its dense text with little illustrations/figures) quickly came to appear to me as more of popular science book, rather than a ‘text book’. The production is a bit ‘bland’ – a weakness which may lead to a smaller audience than it deserves. I would certainly recommend this book for shortlisting. Initially daunted by the title and content matter, I was quickly absorbed into the alternative ethics around EBM that this book poses. A very interesting read – I will be lending to some medical friends.”
**p53: The Gene that Cracked the Cancer Code**


**General audience**

This is a popular science book for a general readership, telling the fascinating story of medical science’s mission to unravel the secrets of the p53 gene. All of us have lurking in our DNA a most remarkable gene, which has a crucial job – it protects us from cancer. Known simply as p53, this gene constantly scans our cells to ensure that they grow and divide without mishap, as part of the routine maintenance of our bodies. If a cell makes a mistake in copying its DNA during the process of division, p53 stops it in its tracks, summoning a repair team before allowing the cell to carry on dividing. If the mistake is irreparable and the rogue cell threatens to grow out of control, p53 commands the cell to commit suicide. Cancer cannot develop unless p53 itself is damaged or prevented from functioning normally. Perhaps unsurprisingly, p53 is the most studied single gene in history. Sue Armstrong’s book tells the story of medical science’s mission to unravel the mysteries of this crucial gene, and to get to the heart of what happens in our cells when they turn cancerous. Through the personal accounts of key researchers, it reveals the fascination of the quest for scientific understanding, as well as the huge excitement of the chase for new cures – the hype, the enthusiasm, the lost opportunities, the blind alleys, and the thrilling breakthroughs.

“I would definitely recommend this book to somebody who wanted to learn more about the subject. It covers aspects in great detail and also focuses on the explaining the history behind the subject making it more memorable for the person. The author really has done a great job in covering important aspects of the subject and I really enjoyed reading this. In terms of knowledge it was great and I was particularly impressed in terms of the depth in which it described the history of cancer. For example the author had looked extensively at research which meant that they were able to tell readers that cancer dates back as far as the dinosaur age. To have known this they would’ve had to have studied the subject in depth. I would recommend it to the layperson wanting to learn more about cancer because of its simplicity and fantastic explanations. The book help me to understand more about the history behind the subject of interest. I consider the book’s main strength to be its informative purpose in explaining to people more about the history behind the subject. Its weaknesses lie in the fact that I would have liked to see have seen more illustrations. However my overall opinion of the book was that it was fantastic. All in all – an excellent book.”

**Research Methods in Health: Investigating Health and Health Services 4th ed.**


**Students and researchers of health and health services; health clinicians and policy-makers**

This bestselling book provides an accessible introduction to the concepts and practicalities of research methods in health and health services. This new edition has been extensively re-worked and expanded and now includes expanded coverage. The book is grounded in the author’s career as a researcher on health and health service issues, and the valuable experience this has provided in meeting the challenges of research on people and organisations in real life settings. This book provides an accessible introduction to the concepts and practicalities of research methods in health and health services. It meets its own high standards in being easy to follow, well indexed and containing interesting examples of approaches. This text truly multidisciplinary in its scope, drawing on a breadth of relevant research from health economics, to epidemiology to psychology which is beyond the scope of most books on research methods. Yet in spite of the wealth of material included it is written and presented in an accessible way so that it will be an invaluable source for those with a background in either qualitative or quantitative research and from students to experienced researchers.

“This is a clear, relatively concise book that fulfils its task very well. I thought it targeted its audience incredibly well. The books assumes nothing yet is never patronising. The principles outlined are applicable over a wide variety of disciplines. I would imagine it would be especially useful in those at the early stages of primary care research. I think it should be on the shelf of every researcher both potential and experienced but it would especially benefit those at the start of their careers. It is light on statistics, gaining funding and writing a paper. Although these subjects can be sourced elsewhere, some of the chapters could have been shortened to include some coverage of these important subjects.”
Severed: A History of Heads Lost and Heads Found


Readers of cross-cultural scientifically and artistically literate storytellers like Richard Holmes, Stephen Jay Gould, Jenny Uglow, Roy Porter and Jonathan Miller

Over the centuries, human heads have decorated our churches, festooned our city walls and filled our museums. Long regarded as objects of fascination and repulsion, they have been props for artists and specimens for laboratory scientists, trophies for soldiers and items of barter. From grave-robbing phrenologists to medical students and enterprising cryonicians, Larson explores the bizarre, often gruesome and confounding history of the severed head. Today, as videos of decapitations circulate online and scientists promise the wealthy among us that our heads may one day live on without our bodies, the severed head is as contentious and compelling as ever, and this exceptional book crosses boundaries and pushes the reader to look anew at our strange, troubled history. Larson reveals the long and far-reaching history of the severed head in our Western culture – from Victorian collectors and phrenologists to modern day medical students and cryogenics. It is a masterful attempt to contextualise the disturbing phenomenon of the severed head in our history. Larson looks at medical, cultural and religious instances of the severed head in our history with expert scholarly integrity. We feel — now more than ever — that good scholarship, myth-busting and rigorous interrogation of the socio-political context of the severed head is urgently needed, and especially in light of the recent Isis beheadings. This is the first history of the severed head which exposes the dark and varied obsessions that the ‘civilised West’ has had with decapitated heads and skulls. It is informative, scholarly, thought-provoking and sensitively-written.

“In explaining the story of the severed head, the book aims to make us look anew at various, often bizarre or macabre, aspects of our history, both ancient and very modern. It states the expected readership as those who like the works of Richard Holmes, Roy Porter etc. and this makes sense. However I think a wide variety of readers would enjoy this; medical, philosophical, historical, social anthropological, indeed anyone with a thirst for general knowledge. The book encourages us to look at heads from many aspects, from what physically happened to them to our feelings about them and their fates. A good example is the part on decapitation videos. There is a good account of why the terrorists use them, and why and how people view the footage and their reaction to it. This is definitely a ‘novel’ book. An original exploration of what the human head means to us, how we have treated it both in the past and the present, and our attitudes towards it; according to where it came from and the situation in which we see it. I would defy anyone, even with excellent wide-ranging knowledge, not to say many times while reading this book ‘well I never knew that!’ There is an excellent bibliography at the back, which appears very accurate. Also the book comes right up-to-date by discussing the recent religiously motivated decapitations shown on the internet, and present day medical student reactions to dissection. There are a plethora of information sources used for this book, most effectively put together to tell the story of various ‘types’ of head, e.g. shrunken, trophy, bone. It goes into great detail on all the various aspects of each ‘type’; scientific, historical, sociological etc. Even subjects most folk know something about already are covered in much greater depth. There are many surprising facts here too. I’m sure after reading this book you could make ‘heads’ your Mastermind specialist subject — and win! This book is very difficult to categorise. There is plenty of history in it, there is also philosophical and moral discussion, there’s medicine and science, sociology and art. Yet it all intertwines to make a uniquely fascinating, if sometimes gruesome, book that explains and expands the subject excellently. A book of interest to a wide range of readers and with many surprising facts and interesting discussions that I really enjoyed. There are some grishly parts, but these are described well without being glorified, so I hope the title doesn’t deter anyone from reading it!”

Surgeon General’s Warning: How Politics Crippled the Nation’s Doctor


Students of health, history of medicine, and public health and general audience

What does it mean to be the nation’s doctor? In this engaging narrative, journalist Mike Stobbe examines the Office of the U.S. Surgeon General, emphasizing that it has always been unique within the federal government in its ability to influence public health. But now, in their efforts to provide leadership in public health policy, surgeons general compete with other high-profile figures such as the secretary of the Department of Health and Human Services and the director of the Centers for Disease Control and Prevention (CDC). Furthermore,
in an era of declining budgets, when public health departments have eliminated tens of thousands of jobs, some argue that a lower-profile and ineffective surgeon general is a waste of money. By tracing stories of how surgeons general like Luther Terry, C. Everett Koop, and Joycelyn Elders created policies and confronted controversy in response to issues like smoking, AIDS, and masturbation, Stobbe highlights how this office is key to shaping the nation’s health and explains why its decline is harming our national well-being. This title seeks to show how the changing role of the surgeon general has shaped health care in the United States. The author examines the history of medicine in the United States through a unique and original viewpoint, the history and impact of those in the US Surgeon General position.

“This is surely the definitive book on the US Surgeon General. It’s extremely well-informed on the personalities and politics and historical context although perhaps less strong on the science, which I would have liked more of. It is thoroughly researched and well-written in an easy-to-read journalistic style that brings to life what might otherwise be a dry topic.”

The Doctor’s Communication Handbook 7th ed.


Doctors at all levels and in all settings and medical students

The 7th edition of The Doctor’s Communication Handbook directly examines a range of aspects of patient communication, including all forms of scenarios for the latest developments in an entirely new communication chapter. This bestselling guide has established itself as the ultimate guide to patient communication for all doctors. It seeks to maximise communication effectiveness and, ultimately, improve patient outcomes. This bestselling book has established itself as the ultimate guide to patient communication for all doctors. Highly respected by many and acclaimed for its light, conversational tone, this completely updated and expanded reference remains a key text for doctors at all levels and in all settings. It has proven invaluable to medical students, particularly candidates sitting the Membership of the Royal College of General Practitioners.

“I think this book deserves to be shortlisted. A really enjoyable read. I would say it was more targeted at junior doctors than medical students but it is well-written and humane. This is the 7th edition which in itself says a lot. It’s written more from an experienced practitioner’s point of view than based on academic research and papers but is no poorer for that. Any quibbles I have are minor and the plus points far outweigh them. I would recommend it (and there are several other similar books that I would definitely not recommend).”

The Unofficial Guide to Medical Research, Audit, and Teaching


Medical students and junior doctors, but also higher trainees, biomedical scientists, nurses, and advanced nurse practitioners

This book covers all of the core skills which would be expected of a junior researcher. These include: Basic science skills such as PCR, using a centrifuge, DNA microarrays, immunohistochemistry, as well as how to record all such activity in a lab notebook; Performing a systematic review, including developing a research question, deciding on search terms, and knowing how to use all of the major online literature databases such as PubMed; Quantitative studies, including choosing the appropriate type of study, and doing the appropriate statistical analysis; Qualitative studies and economic evaluations; Critical appraisal of published literature, including a worked example and checklists for all major types of publications. Uniquely, this book goes beyond the facts of how to do research, and helps empower the reader to know: How to choose the right project for them, including integrated academic career pathways; How to approach a possible mentor to maximise the likelihood of support and guidance; How to disseminate research findings effectively, including not only journal articles, but also research presentations, and more modern forms of communication such; online blogs and twitter; and Audit. This section explores the reasons why audits are done, how audits are done, and then suggests example audits that the reader might perform. It is contextualised within the wider arena of “clinical governance” and therefore other areas such as service evaluation, quality improvement projects, leadership and management are explored. It includes an introduction to teaching. It gives the reader insight into how they might develop their teaching skills, how they might deliver teaching, and how they might contribute to medical education research. The majority of this book has been developed from personal experience
and is rooted in widely accepted knowledge. However, where appropriate resources have been used to ensure what is advocated is evidence based, and up-to-date. Examples include: Up-to-date knowledge on what is expected during the UK Foundation programme (Compendium of Academic Competencies – The Foundation Programme UK) and recent guidelines on quality assessment for research studies (for example the CHEERS statement for economic evaluations). We also utilised a Facebook group of 22,000 students and junior doctors to give us real-time feedback regarding the content of the book, ensuring it was continually updated throughout the production process.

“The book’s strengths are that it tackles three subjects with an abundance of published material in a succinct, informative and practical way. It is well-written and well-illustrated with good use of focused tables, checklists, boxes and ‘Top Tips’ take home messages. Its main strength over and above all that is the fact that chapters can be read for specific purposes without the need to read the whole book. Its weaknesses include the initial inadvertent confusion between audit, clinical governance and quality improvement (the title therefore detracting somewhat from what the actual book covers). It is slightly unclear where chapter 11 fits (is it teaching, research or clinical governance?). For consistency, all chapters may have offered ‘Further reading’ as did chapters 5 and 8. Chapter 3 is quite dry with approximately 20 pages of text on a subject that a lot of students and qualified medical and non-medical staff find difficult to grasp. For completeness in the quality improvement/clinical governance section, some mention of risk management and complaint handling would have added value to what is otherwise a very good book. This is a very useful, well-written and practical book. The 2nd edition I am sure will be even better taking into account the very few loose ends that may need attention.”

Cardiology — the winner of this category will be announced from this shortlist

**Braunwald’s Heart Disease: A Textbook of Cardiovascular Medicine 10th ed.**


**Cardiologists**

This book is ideal for cardiologists who need to keep abreast of rapidly changing scientific foundations, clinical research results, and evidence-based medicine, Braunwald’s Heart Disease is an indispensable source for definitive, state-of-the-art answers on every aspect of contemporary cardiology. It helps readers apply the most recent knowledge in personalised medicine, imaging techniques, pharmacology, interventional cardiology, electrophysiology, and more. It includes the latest diagnostic and imaging techniques and modalities, such as three-dimensional echocardiography, speckle tracking, tissue Doppler, computed tomography, and cardiac magnetic resonance imaging. Brand-new chapters, such as Principles of Cardiovascular Genetics and Biomarkers, Proteomics, Metabolomics, and Personalised Medicine. New and updated guidelines covering Diseases of the Aorta, Peripheral Artery Diseases, Diabetes and the Cardiovascular System, Heart Failure, and Valvular Heart Disease. The latest diagnostic and imaging techniques and modalities, such as three-dimensional echocardiography, speckle tracking, tissue Doppler, computed tomography, and cardiac magnetic resonance imaging. In keeping with the rapid pace of advances in the field of cardiovascular medicine, the Expert Consult eBook is updated frequently with the results of late-breaking clinical trials, reviews of important new research publications, and updates on clinical practice authored by leaders in the field. These online supplements are selected and edited masterfully by Dr. Eugene Braunwald. The robust update program includes Hot off the Press commentary, Late-Breaking Clinical Trials, and Focused Reviews. This edition includes brand-new chapters, such as Principles of Cardiovascular Genetics and Biomarkers, Proteomics, Metabolomics, and Personalised Medicine. It also includes new and updated guidelines covering Diseases of the Aorta, Peripheral Artery Diseases, Diabetes and the Cardiovascular System, Heart Failure, and Valvular Heart Disease.

“Braunwald has previously been regarded as ‘the book’ within this field. It has been a pleasure to
Cardiac Pacing and ICDs 6th ed.


This book discusses all aspects of pacing in an intuitive, easy-to-use way: chapters proceed from pacing basics and indications through initial patient presentation, device implementation, trouble-shooting, and long-term follow-up — an approach that mirrors the clinician’s course of action in treating and managing patients. It aims to offer an accessible, clinically-focused guide to cardiac pacemakers, ICDs and CRTs and includes a clear-headed, authoritative overview from an expert in the field of current devices and best practices for their use treating heart rhythm abnormalities.

“This book discusses all aspects of pacing in a clear manner. It is well-written and each chapter includes an extensive list of references at the end. The illustrations and figures are very good and support the text very well. It is a high quality production which offers an up-to-date and practical guide to this important topic.”

Handbook of Pediatric Cardiovascular Drugs 2nd ed.


Physicians; fellows; residents; nurse practitioners; physician assistants; pharmacists; nurses and other practitioners

This handbook provides the health care practitioner with general clinical and practical guidelines regarding the use of paediatric cardiovascular drugs. It reviews basic paediatric cardiovascular principles and satisfies the need for a pocket reference handbook tailored to meet the daily challenges of practitioners caring for paediatric cardiac patients. It is not intended to provide an extensive review of all cardiovascular medications, but compiles the necessary information required to assist the practitioner involved in the care of paediatric patients with heart disease in their day-to-day practice. With just over half a decade passing since the first edition was published, it remains the only book of its nature to provide health care practitioners with a tool to safely and consistently prescribe and administer cardiovascular drugs in children with cardiac disease.

“This new edition is really impressive because of its handbook format. The subheadings of each drug are really relevant for the reader, and it is really easy-to-use providing information in clinical context. The writing style is really good as it gives all useful subheadings in the way clinicians like to read, understands and apply in clinical context. There are no weakness in this book. In
summary this is a unique handbook of paediatric cardiovascular drugs which is very useful to its intended readership. It has certainly filled a gap in the market as there are no other handbook giving such a useful detailed information about each drug in a format useful for clinicians.”

**Interventions in Structural, Valvular and Congenital Heart Disease 2nd ed.**

ISBN: 9781482215632 £165

Invasive cardiologists

This is a practical guide for the interventional treatment of congenital, valvular, and structural heart disease for invasive cardiologists in the paediatric and adult fields. The book emphasises the practical aspects of procedures and covers other important areas such as indications and patient selection, potential pitfalls, and complications. It includes contributions from a team of expert interventionists throughout the world in an effort to draw together, via the common link of catheter technology, an approach to congenital and structural heart disease that results in a new specialist, the cardiovascular interventionist.

“I believe this a comprehensive textbook that would be valuable to anyone with an interest in structural intervention. It spans patients of all ages and is therefore relevant to both adult and paediatric practitioners. This is an excellent thorough textbook detailing the background, complexities and interventional management of all the congenital lesions that I can fathom. In particular I learned more about the background of intervention, and liked the practical tips for a successful procedure including the use of imaging. The book intends to be a practical guide for the interventionalist. It fulfills its objectives superbly, as each specific lesion encountered by the interventionalist (adult/paediatric), is described well, and then there is a stepwise practice guide in how to manage the lesion including patient selection, pitfalls and complications and technical know-how. The use of imaging is important in intervention, and this has been focused upon in this edition, especially with the sections detailing intracardiac echocardiography (ICE), and ultra ICE. There are a number of other books discussing intervention. The Grossman textbook also describes similar cardiac lesions and suitable interventions – and is likely the largest competitor. There are a number of other textbooks detailing specific interventions such as percutaneous valve implantation. In that respect this book is not unique, but it does bring a number of textbooks together into one text. If the reader is looking for a practical ‘handbook’ then this book is not ideal. With regard to the medical aspect of each structural lesion, the Braunwald textbook of heart disease is comprehensive and also covers some interventional outcome data. This is a field that is dynamically advancing and new technologies developing on almost a daily basis. In that respect, this book could date easily. However, the contributors to this textbook are likely to be at the forefront of new technology, either in its inception, development or research and therefore this book draws together emerging interventions and technologies.”


Student medics and nurses; junior doctors and nurses particularly those on medical wards, A&E; ICU/HDU; paramedics; cardiac technicians; more senior clinicians and nurses

Comprehensive update of this popular, easy-to-read and easy-to-remember practical guide to the ECG as a tool for diagnosis and management. It has a strong clinical emphasis – focusing on correct diagnosis and appropriate action for rapid reference in the emergency department, ward or outpatient setting. The new larger format — allows for presentation of full 12-lead ECG traces throughout.

“This easy-to-use and broad-ranging guide is not really original but of very high quality and easy to read. The excellent summary points make it easy to revise knowledge. The format is larger than most ECG books so the quality of reproduced ECGs is excellent. It is a well above average example of this type of ECG textbook. I would recommend it highly to medical students.”
MCQs for the Cardiology Knowledge Based Assessment


Current and future cardiology trainees, to support training and knowledge and to structure revision for the KBA exam, and all cardiology specialist registrar trainees in Europe and worldwide, who are preparing for national exams
This MCQ preparation book for the KBA in Cardiology exam is mapped exactly to the core curriculum, acting as comprehensive preparation for the Cardiology KBA. It is referenced to the latest guidelines ensures content to ensure that it is fully up-to-date. Features over 260 questions exactly mirroring the format and content of the exam. 11 focused sequences of questions are followed by detailed explanatory answers, which draw in the relevant aspects of the current syllabus, refer you to further reading and provide you with the broad base of knowledge the examiners expect. Written by a team of cardiology registrars and consultants with recent experience of the exam, the format is designed to give you hands-on experience of the level and type of questions you can expect in the real thing. The first MCQ preparation book on the market for the KBA in Cardiology. Covering the whole scope of the syllabus and offering a truly authentic experience of the exam, MCQs for Cardiology Knowledge Based Assessment is the insider’s guide to the KBA, to ensure you gain both the confidence and knowledge to pass.

“It fills an obvious gap in the market; generally excellent and very good value. There is an ebook available also. The DVD could be better quality, maybe the ECGs and ECHO images would benefit from being on the DVD also. I recommend it highly.”

Digital and online resources — the winner of this category will be announced from this shortlist

LWW Health Library for Anesthesiology


Anaesthetists

LWW Health Library for Anesthesiology offers a core collection of content for anesthesiologists in a user-friendly online portal. Users can quickly access gold-standard content and save chapters in PDF format for offline reading. LWW Health Library is Lippincott’s online platform for the delivery of high quality educational and clinical content. From authoritative texts like Clinical Anesthesia and Stoelting’s Pharmacology and Physiology to multimedia resources and teaching and learning tools. It provides resources to integrate into lectures or review sessions and integrates case studies and clinical skill-building into early curriculum; clinically relevant references and tools for medical practice. It offers intelligent search options as well as browse by title, chapter, and topic and semantic search. Easy-to-use navigation tools speed the user to the results they need. The site allows the user to locate and retrieve the content and multimedia resources that optimise teaching and learning. It includes multimedia assets such as hands-on videos, real-world cases to Q&A and step-by-step procedural overviews.

“This package collects LWW’s Anaesthesia resources in an easy-to-use package. It has no flashy tricks but the three offers of text, videos and questions are clearly presented and easy to use. This is a very good training resource covering four specialties. The availability of selected book chapters, videos and self-assessment tests would be an excellent addition to the resources of a teaching hospital or similar.”
**Netter's Dissection Video Modules**

Students in a gross anatomy course

*Full-body human dissection in over 400 video steps, correlated images from Netter’s Atlas of Human Anatomy, and key terms glossary. Instructional video overviews of dissections steps help student prepare for participating in their own dissection labs, or in courses in which there is no dissection component. These videos can supplement the course to give students an understanding of how the prosections in their course were created or could have been created. It could also be used as a way to review after a dissection lab. Anatomy hours are increasingly shortened in many curricula worldwide and this video collection helps provide a resource outside of the dissection lab to help fill-in gaps that are left in cases where students do not have time to participate in every dissection of each region covered in their gross anatomy course and to help them prepare for dissection lab so that more can be accomplished in their short time there. The modules in this collection can be purchased in full, or as individual sections, so that students can purchase just the body region(s) they want to study.*

“The new Student Consult platform combines content from Elsevier, cross-content improved search, rich animation media, and social network features from Inkling. This makes it easy and fun to use. It works across devices and allows on demand purchasing of content.”

**Health and social care — the winner of this category will be announced from this shortlist**

**Evaluating Improvement and Implementation for Health**

Health practitioners; managers; policy advisers and researchers

*Evaluating Improvement and Implementation for Health describes modern evaluation methods in healthcare and policymaking, and challenges some of the assumptions of the evidence based healthcare movement: Are innovations always an improvement? Are they always worth it? Can they be implemented? More importantly, should they be implemented? These are questions with practical consequences and questions which evaluation can answer – if we choose the right methods. This book will help you do just that – match the right evaluation method to the questions being asked. Pragmatic, even-handed and accessible, Evaluating Improvement and Implementation for Health provides an overview of the many different evaluation perspectives and methods used in the health sector. Its practical and multidisciplinary approach shows how to ensure that evaluation results in action. There are many questions with practical consequences and questions which evaluation of health can answer – if we choose the right methods. This book will help you do just that – match the right evaluation method to the questions being asked. This book provides an overview of the many different evaluation perspectives and methods used in the health sector and challenges some of the assumptions of the evidence based healthcare movement. Are innovations always an improvement? Are they always worth it? Can they be implemented? More importantly, should they be implemented? It is a unique text in the way how it challenges some of the assumptions of evidence based healthcare.*

“I would recommend it to the GPSTs doing service improvement projects and a colleague in secondary care is about to borrow it once I have completed this review. The text offers a comprehensive overview of the field of improvement evaluation in health care, taking time to present different perspectives and approaches. It is clearly written and therefore makes a good entry point text for the novice as well as an aide mémoire.
Human Factors in Healthcare: Level 1
Healthcare professionals; medical students and trainees

The book educates the reader about what human factors actually entail, providing an insight into the processes of self-awareness, communication, leadership in a crisis, decision making, co-ordination and situational awareness, as well as how they currently function in these areas and ways they might improve. Through the use of relevant real world healthcare examples and exercises, the book sets out and encourages ways on how to improve the experience of patients and staff across healthcare, in particular focusing on how to improve patient safety. The majority of errors, litigation, and complaints in the health service are due to ‘human factors’, yet the term is still not widely understood and is sometimes used interchangeably to refer to team training or communication skills. All of these aspects are captured in Human Factors in Healthcare and are built into a new framework: the SHEEP model, which breaks down into five key areas: Systems, Human Interaction, Environment, Equipment, and Personal, providing a structured way to focus on adopting ‘safety positive’ behaviours.

“\[I\] would recommend this book to all teams and departments to share within the team for all to learn and develop. It uses real, believable (if not shocking on occasion) examples for the reader to try out, explore and understand the skills, tools and behaviours that lead to safer care for our patients. One practical improvement I would suggest is either a removable ‘SHEEP sheet’ that could be photocopied to allow practice or a weblink to a printable copy. I have enjoyed reading this text. Not only does it inform the reader but gets them to reflect. The approach challenges the reader on many fronts to explore their own beliefs and understand their own and others behaviours. It also provides them with sound examples and tools that they can readily put into everyday practice to help the individual as well as their team as a whole. It is particularly helpful in providing narrative techniques in dealing with challenging situations and challenging behaviours. Overall I believe that this is an excellent introduction to human factors and how understanding this topic will lead to better and safer care.”

Living Well with Dementia: The Importance of the Person and the Environment for Wellbeing
All public and health care professionals, patients, their families and friends

This unique guide provides a much needed overview of dementia care. With a strong focus on the importance of patients and families, it explores the multifaceted meaning behind patient wellbeing and its vital significance in the context of national policy. Adopting a positive, evidence-based approach, the book dispels the bleak outlook on dementia management. Its person-centred ideology considers fundamental areas such as independence, leisure and other activities, and end-of-life care – integrating the NICE quality standard where relevant. It also places great emphasis on patient environment including practical home and ward design, the importance of gardens, and sensory considerations. The objective is to examine the number of people in the UK who currently have dementia and the cost that this places on the health care system. In addition to analysing the scale of this condition, it touches on the experiences of a person with dementia and how this effects their family, friends and those caring for them in an effort to prepare those facing this diagnosis. This unique guide provides a much needed overview of dementia care. Offers a highly practical and unique assimilation of theory and patient-centred practice.

“I would recommend this book 100%. It just makes sense to read. This will appeal to so many professionals going to be involved in the care of the elderly. And anyone who is doing research in this field should go through this book too. It brings together so many aspects of dementia care under one setting: an amalgamation of resources and guidelines. This book is targeted at anyone who is interested in public health, end-of-life care, dementia management and anyone in geriatrics really. It is a contemporary evidence-based textbook which brings together the concept of ‘wellbeing’ in the field of dementia care. This book is a really good read for any clinician who deals with elderly patients as it really opens your eyes to all
the outside factors which play such a massive role in the care of the patient, such as the wellbeing of the carer, the psychological aspects of care, the public health perspective, economic aspects and so on. It also gives really thorough reference lists for every chapter so that it is very easy to go in to read a chapter and then look up the data to support it. It is an adequately easy read, there are many definitions. The layout of the book makes it easier to look up specific chapters without having to read everything before, but it also reads well if you read the whole book. I think this book would work well for anyone who is writing a dissertation, public health, or anyone who is doing a presentation on this topic as it is a very resourceful and complete book. The book really goes through all its objectives in a very clear and thorough manner. It is about the multifaceted approach to dementia care, and how to maintain this wellbeing of the patient, care changes, as does requirements and expectations as the disease progresses. As clinicians there are many things we can take from this book and apply to daily practice. For example, when a patient is seen, it would be worthwhile making sure that the carer/family member is also managing as they found that the ‘psychological health of carers of people with dementia was impaired with social interaction and recreation most affected’. It is also a very good reminder for anyone who already practices well. The thing with dementia care is that, medical textbooks only really cover the types, pathologies, diagnosis and management where, really the contents of the whole of this book comes under a small paragraph as ‘social care/financial care/respite care/end-of-life’. But in reality, it is this whole idea of the wellbeing of the patient and their support network that we are working towards, and it does not stop at diagnosis and sending them away with a few things to take and do. This book opens your eyes how extensive dementia care can be. It is a complete text on the multifaceted approach to wellbeing although order to make it 100% complete, maybe a chapter on the classic dementia signs, symptoms, progression, pathologies, diagnoses, treatments.”

**Seeing Beyond Dementia: A Handbook for Carers with English as a Second Language**


Carers with English as a second language working in care homes, hospitals, hospices, home support or any other supporting environment

*This unique guide is specifically designed for dementia carers with English as a second language.*

It is a concise compendium of current thinking on person-centred dementia care that features sample vocabulary and sentences ideal for working specifically with dementia patients. It focuses on the importance of good day-to-day communication skills and positive interaction between patients and carers during different activities. The goal is to make those with English as a second language more comfortable and effective in their role as a carer for someone with dementia, as communication is a significant part of their responsibility.

“It is obvious from the outset that the book aims to provide carers who have English as a second language with a framework and dialogue to establish communication and meaningful activity with a person with dementia. The content with chapters clearly organised to cover the most challenging aspects of communication with a person with dementia. The self-check sections in each chapter are good for establishing that the text has been understood correctly. The appendix section has some useful links to websites. There is also excellent examples of activities and explanations of significant historical events. The illustrations break up the text, and certainly help the content from looking as daunting as it might do otherwise. The use of ‘text boxes’ are great for drawing the eye to important information. I was not aware of any texts regarding this subject before this book. This is clearly an important topic, and this is a fine book for anyone who wishes to further their understanding.”

The Cities Report


Urban populations and their leaders, at the community, city and national level

The Cities Report is *aimed at raising awareness, stimulating discussion and supporting elevated ambitions to scale-up the AIDS response, starting with improved efficiencies within cities and using their natural advantages to improve effectiveness and mobilize resources for the national AIDS agenda. The readership of this document therefore also includes community leaders, both elected and within civil society and other groupings — such as activists, faith-leaders and support groups — to encourage, inform and empower them to improve and hasten their AIDS response. The report was launched on World AIDS Day, 1 December 2014, and supported the signing of the Paris Declaration on Ending AIDS which drew signatories from 26 cities worldwide. Later that month, the same document*
Programme and Award Winners

(in French) supported another 30 mayors in West Africa who signed the Paris Declaration and pledged to take accelerated action. Further activities are scheduled, with The Cities Report featuring as a key resource in a Fast-Trace Cities agenda. Ending the AIDS epidemic by 2030 is feasible if the world’s major cities act immediately and decisively to fast-track their AIDS responses by 2020. Cities have been at the forefront of the AIDS response since the epidemic began. This report explores the work of community activists, health workers and public officials and the actions that have inspired a global movement to end the AIDS epidemic. The report explores the epidemiology of HIV in cities; examines what some cities are already doing to provide HIV and related health services; highlights the effective innovations and the work of inspiring leaders; and provides support and encouragement to other communities to adopt a fast-track response to ending the AIDS epidemic. Published in an entertaining, magazine-style format which is highly unusual for a public health publication. The Cities Report draws the reader into these serious issues with a compelling mixture of evidence and examples. The report profiles the development of cities and megacities and their growing importance to public health nationally and internationally. It then examines the problems and potential for the AIDS response, while using examples of good practice and urban achievements to demonstrate the opportunity for significantly reducing HIV infections and using cities’ natural advantages to rapidly scale-up HIV awareness, testing, treatment, care and support. Profiles of innovators and urban leaders provide inspiration and insight to support other cities in emulating these results and using the AIDS response for broader urban transformation in related areas including access to health services, reducing violence and improving economic development.

“This report has updated me on the level of progress made in rolling out antiretrovirals and reducing the number of new HIV infections across the world and also in responding to the next challenge to end the AIDS epidemic. I found it to be a very positive publication celebrating success across culturally diverse cities; it looks vibrant with a good use of colour and photography and balances facts with real life stories of community and individual responses to AIDS; it provides much encouragement to tackle the challenges posed by the AIDS epidemic in ways that respect human rights and cultural difference. My one criticism is that personally I would have preferred some more detail on the responses of the 12 cities included as to how changes were implemented but perhaps that is too much to ask from such a publication. Having effectively engaged the reader this should hopefully whet the appetite to research areas of interest further which is certainly in keeping with the stated objectives. This is a great overview of AIDS responses and the international success already achieved in reducing new infections and rolling out antiretrovirals; celebrates community and creativity and innovation; uses positive messages; has an engaging style with an excellent use of real life stories. I enjoyed reading this publication and would recommend to anyone interested in public health particularly relating to HIV and AIDS.”


Ellen Annandale – Polity, August 2014

Upper-level students taking courses in the sociology of health and medicine, in sociology departments as well as on courses in medicine and nursing

An introduction to the sociology of health and medicine, in which Annandale examines the core issues of the discipline and reassesses them in the light of recent developments in health care and social theory. The fully revised edition of this highly respected textbook addresses the most important theoretical and empirical debates in the sociology of health and medicine. Chapter by chapter the book examines important issues such as the complexities surrounding health and identity, health inequalities, and the organization and provision of health care. The book contains substantive new material on globalisation, individualisation, medicalisation, new medical technologies and the sociology of the body, integrated with recent theoretical approaches and evidence in medical sociology. A particular strength of the book is its careful attention to theoretical developments in the field.

“This is an excellent update of a classic text in the field. It is approachable, thorough and well-explained and includes new topic areas on globalisation, medicalisation and society. Overall, an excellent resource for postgraduate and undergraduate students.”
Internal medicine — the winner of this category will be announced from this shortlist

Chronic Renal Disease

Paul L. Kimmel and Mark E. Rosenberg – Elsevier/Academic Press, September 2014
ISBN: 9780124116023 £106.25

Professionals interested in clinical chronic kidney disease from many communities – ranging from medical students, to residents, internists and paediatricians, to renal fellows

Chronic Renal Disease comprehensively investigates the physiology, pathophysiology, treatment, and management of chronic kidney disease (CKD). This translational reference takes an in-depth look at CKD while excluding coverage of dialysis or transplantation, which are both well detailed in other textbooks and references. Chapters in the basic science sections are devoted to the scientific underpinnings of the development and progression of CKD, including consideration of different etiologic factors. Chapters in the treatment and management sections are geared towards the most common problems faced by nephrologists in the management of CKD. Each chapter relates specific illnesses to the CKD framework instead of covering only the specific illness. Readers will learn, for example, how the management of CKD in a patient with diabetic nephropathy differs from that of other CKD patients. Chapters indicate which unique complications the reader needs to be aware of when treating a specific patient or disease. Chronic Renal Disease includes a companion web-based question and answer supplement to each chapter. This is a valuable resource to reinforce the content of the chapters. The questions are multiple-choice, clinically focused and include referenced discussions of answers. The questions can be used for medical student, resident and fellow teaching, preparation for board or maintenance of certification examinations, and clinician teaching or conference preparation. The editors have fulfilled their objective of creating a reference for all who want to know about or increase their knowledge regarding any or all aspects of CKD and the intended readership is wide. The text is beautifully written and the reader can dip in on any page and make sense of almost any randomly selected paragraph, but the complexity of the whole book is of course immense and far beyond the needs or comprehension of the generalist reader of medical student. This is essentially a book for experts. There are almost 150 authors and the 75 chapters cover the history, classification, epidemiology, pathophysiology, complications, fluid balance, systemic illness, therapeutics and special considerations of CKD. No subspecialty or interest is knowingly ignored. Chapter 60 covers the psychiatric aspects of CKD: There is a widespread belief among nephrologists that the renal patient population is more psychiatrically disturbed than either the general population or those of other specialties. However, we suspect that this is based on the wish for a simple explanation as to why clinical management is so frequently fraught with difficulty, especially for dialysis patients I think it is a very impressive book and its (largely American) authorship seems to have been chosen from the top draw of the profession.”

In keeping with the scientific focus of Chronic Renal Disease, all the book chapters are grounded in basic and clinical scientific principles, so the clinical characteristics and therapy of the individual topic under consideration in each chapter can be appreciated as a logical development from previous knowledge. Controversial issues are highlighted and dealt with clearly, directly and emphatically. When there are gaps or deficiencies in the literature, or in our therapeutic knowledge — and there are — these are clearly acknowledged. This is a book for clinicians and scientists, not necessarily the lay public.

“Its strength is its great size and the editorial values that have obviously been imposed. This is not just a random collection of assorted articles: it has surprising stylistic coherence. The stated objective is to be a reference for all who want to know about or increase their knowledge regarding any or all aspects of CKD and the intended readership is wide. The text is beautifully written and the reader can dip in on any page and make sense of almost any randomly selected paragraph, but the complexity of the whole book is of course immense and far beyond the needs or comprehension of the generalist reader of medical student. This is essentially a book for experts. There are almost 150 authors and the 75 chapters cover the history, classification, epidemiology, pathophysiology, complications, fluid balance, systemic illness, therapeutics and special considerations of CKD. No subspecialty or interest is knowingly ignored. Chapter 60 covers the psychiatric aspects of CKD: There is a widespread belief among nephrologists that the renal patient population is more psychiatrically disturbed than either the general population or those of other specialties. However, we suspect that this is based on the wish for a simple explanation as to why clinical management is so frequently fraught with difficulty, especially for dialysis patients I think it is a very impressive book and its (largely American) authorship seems to have been chosen from the top draw of the profession.”
Endosonography 3rd ed.


Gastroenterology fellows and physicians

From diagnostic to therapeutic procedures, Endosonography 3rd Edition is an easy-to-access, highly visual guide covering everything you need to effectively perform EUS, interpret your findings, diagnose accurately, and choose the best treatment course. World-renowned endosonographers help beginners apply endosonography in staging cancers, evaluating chronic pancreatitis, and studying bile duct abnormalities and submucosal lesions. Practicing endosonographers can learn cutting-edge techniques for performing therapeutic interventions such as drainage of pancreatic pseudocysts and EUS-guided anti-tumour therapy. Meticulous updates, electronic access to the fully searchable text, videos detailing various methods and procedures — and more — equip you with a complete overview of all aspects of EUS. For gastroenterologists who need information on the latest EUS techniques and treatments, Endosonography 3rd ed. provides the reader with expert advice from beginner to advanced levels, covering both basic and cutting-edge techniques. It is the most complete and comprehensive product available, brought to you by pioneers in the field, and is the most current title on the market that covers this complex topic. Includes lecture slides, quarterly newsletters updating readers about developments in the field, and nearly 100 videos available electronically.

“This coherent and comprehensive EUS textbook covers the whole spectrum of diagnostic and therapeutic EUS. Moreover, it is an excellent atlas with magnificent images and accompanying videos of normal and pathologic. It is an indispensable book for those learning EUS; those practicing EUS will find a particularly helpful update. This is considerably expanded with new videos and on line material as well as new interventional section. It is the definitive EUS textbook at present, by acknowledged leaders in field, especially with this early and comprehensive update. It’s unlikely to be surpassed in near future.”

Glaucoma 2nd ed.


Ophthalmologists; glaucoma fellows and specialists and optometrists

As the irreversible effects of glaucoma can lead to blindness, there is high demand for early diagnosis and an ongoing need for practitioners to adopt new and evolving medical and surgical treatment options to improve patient outcomes. Glaucoma 2nd edition is the most comprehensive text and online resource in the field delivering expert guidance for the most timely and effective diagnosis and treatment of glaucoma — aimed at specialists, fellows and general ophthalmologists. More than 300 contributors from six continents provide a truly global perspective and explore new approaches in this user friendly reference which has been updated with enhanced images, more spotlights, new videos, and more. The second edition is a complete briefing on every aspect of glaucoma diagnosis and management. It aims to cover everything a glaucoma specialist and trainee will likely face in training and practice. It provides truly global perspective for both developed and developing countries by presenting world-class expertise through advice from over 300 leading specialists across 32 countries in six continents. It gives in-depth guidance on all aspects of adult and paediatric glaucoma with one volume devoted to diagnosis and medical treatment, and another that focuses on surgical techniques.

“It is a great book and, though expensive, I think it is worth it. Nearly all General Ophthalmologists should have a copy of Kanski and I would recommend that this is the equivalent for Glaucoma specialists. This book is a fantastic reference textbook that is comprehensive in its coverage of the current evidence for glaucoma diagnosis, treatment, management and higher level management strategies such as screening, health economies and the difference between cares available in different societies. A really great use has been made of making this available as an App and to view on the internet, as the book is large so not really portable, but with technology you can have access to it via the ereaders. My only criticism would be that there is a variation in the quality of the videos and it would be good if all had a voiceover, or at least some notes on the critical features that they are demonstrating. This is a fantastic reference book that has detailed evidence-based medicine covering all the aspects in management of glaucoma. Yes, it is an
expensive book, but in really is the only book on the market that covers glaucoma management to this detail and for a general Ophthalmologist or Ophthalmology department they would not need any other book for glaucoma once they have this. The book is big, however they have made great use of portable media, so the book can be downloaded onto e-readers.”

Mollison’s Blood Transfusion in Clinical Medicine 12th ed.

Haematologists and transfusionists in practice, and in specialty training

This book is a comprehensive – authored – overview of transfusion as a subject written from the perspective of the transfusionist as both a scientist and expert clinical consultant. Contains extensive practical guidance on indications and performing transfusions. It performs as a reference guide for transfusionists, aims to be comprehensive and provide the user with practical guidance. The authored format ensure that the ‘voice’ of the book is consistent throughout, minimising overlap. An authored text of long standing pedigree, this provides credible and authoritative guidance for transfusionists in practice – a trusted and iconic reference resource.

“This is not a beginner’s text. It is a comprehensive account of transfusion medicine for those with a serious interest in the subject and need for detailed information. It is a comprehensive standard reference work. This has been a standard text for transfusion medicine for decades. The text has been updated and newer subjects such as blood conservation and cell salvage. Cord blood collection and some paediatric issues are covered. Although the book summary refers to a detailed coverage of cord blood transfusion and banking, these subjects could be covered in greater depth and using more recent referenced material. Some practical issues relating to paediatric transfusion could be more clearly covered and indexed, to aid the reader. The text is clear and well-laid out but perhaps lacks some visual appeal. It makes good use of text boxes for clinical scenario. It is very well-referenced but the paucity of more up-to-date references in some areas, which may simply reflect the science available for some aspects of the field. It offers practical guidance including detailed procedural appendices.”

Point-of-Care Ultrasound

Hospitalists/Internal Medicine physicians

For hospitalists and primary care providers who need a comprehensive ‘how-to’ showing them how to use portable ultrasound in their everyday practice. The uses for portable ultrasound machines are growing and hospitalists can now use them for a wide variety of procedures and applications, from diagnosis to treatment. The first product of its kind on the market, this is the only title to include all bedside applications and present the information online and in print. This procedure-based title aims to educate physicians in a non-specialty-specific manner how to use portable ultrasound in everyday practice to make important diagnoses and treatment decisions. Currently, most ultrasound books focus on a particular specialty and are either dense or limited in scope. The first product of its kind on the market, Point-Of-Care Ultrasound is the only title to include all bedside applications and present the information online and in print. It is presented in a colourful and well-designed handbook format and includes more than 60 case studies nearly 300 videos, accessible online.

“A very good guide to POC ultrasound which is an expanding field. This is a useful and affordable guide.”

Rheumatology 6th ed.

Rheumatologists

Stay current in the ever-changing discipline of rheumatology with clear, reliable guidance from Hochberg’s Rheumatology, one of the most respected and trusted sources in the field. Designed to meet the needs of the practicing clinician, this medical reference book provides extensive, authoritative coverage of rheumatic diseases from basic scientific principles to practical points of clinical management in a lucid, logical, user-friendly manner. This comprehensive reference work is designed to meet the needs of the busy clinician by providing extensive, authoritative coverage of rheumatic diseases from basic scientific principles to practical points of clinical management.
This title offers templated content and large-scale images in a stunning, user-friendly design that has never been replicated or challenged by any competitor.

“This is a comprehensive textbook which would be an ideal reference for all rheumatologists and rheumatology trainees. The strengths of this book are the comprehensive coverage of the subject and its high quality production. It would be a very useful addition to the bookshelf of any practising rheumatologist or rheumatology trainee and I was very pleased to review it. Its only weakness is that due to the inherent nature of the time to book publication the references are already three years out-of-date. This is an excellent book.”

The Diabetic Foot


Trainee and practising vascular surgeons, podiatrists, diabetologists and endocrinologists

The book is separated into the main themes of diabetic foot disease, from its epidemiology and natural history, through to the practical organisation of care and the diagnosis and management of neuropathy, peripheral arterial disease, and infection and Charcot disease. Each chapter helpfully provides a brief summary, highlights current controversies and focuses the reader on current and future areas of research. This book was developed with all those who manage patients with diabetes – and specifically, diabetes-related complications of the lower extremity, be they generalists or specialists – in mind. It summarises the current best available evidence on diabetic foot disease for busy clinicians. By bringing together a variety of experts from across the world, it provides a global view of the current management of all aspects of diabetic foot disease. The Diabetic Foot is unique in that the editors and authors reflect the multidisciplinary nature of patient care in this area of clinical practice, but they have also amassed and sifted through the wealth of data now emerging on this topic and provided a clear and concise summary that readers will find easy to access rapidly.

“This is the most comprehensive text on this area that I have seen. There are a number of books on this area but this is most all-embracing that I have seen covering medical, radiological and surgical aspects very well. It is a very well-produced book with excellent illustrations, good colour plates and diagrams. I would recommend it for all trainees in diabetes especially if they have an interest in the management of the diabetic foot or intend to develop a foot clinic.”

The Lung: Development, Ageing and the Environment 2nd ed.


Respiratory, pulmonary, and thoracic scientists and physicians

The lungs are critical to health throughout life, from infancy to senescence. The lung undergoes distinct and unique stages of change throughout its life cycle, starting before birth and continuing through to old age and death. It is now recognised that environmental factors play a significant role during lung development, and that these factors can have different and sometimes persistent consequences when experienced during various stages of life.

The Lung provides an up-to-date account of the normal processes of lung development, growth and aging, followed by a detailed consideration of how environmental factors influence these processes and contribute to the quality of respiratory health. The topics covered in this book serve to provide the reader with a greater understanding of the multifaceted nature of lung development and aging and how the environment we live in influences these processes as well as the quality of respiratory health throughout life. It clearly describes the normal processes of lung development, growth and aging. Coverage includes the effects of the environmental contaminants in the air, water, soil, and diet on lung development, growth and health. It describes genetic factors involved in susceptibility to lung disease. And it discusses respiratory health risk in children. Unique to this book is the presentation of knowledge relating to how early life and environmental factors impact lung development and lung function throughout the life span, including the elderly. It provides an interface between the “normal” and “disease” cluster of chapters, allowing for a natural complement. The interface between different lung diseases affecting the paediatric lung also adds a useful source for comparing how different lung diseases share key pathophysiological features. This same complementarity comes across in the logical line up of chapters dealing with the “normal” paediatric lung. New research, including cell-based strategies for infant lung function, epigenetics, and prenatal alcohol exposure on lung development and function are also included.
“I have no hesitation in recommending this book which would be useful for those with an interest in respiratory medicine, public health and pollution on human lung health. It is authoritative and informative. The information is accurate and up-to-date. The book is written by authors who are predominantly from the North Americas but this does not limit its appeal in the way that it would if it were dealing with day-to-day clinical practice. The literature is drawn from across the world and so is not insular in the way that other American texts are. It is a well-written textbook that would allow an individual to develop an excellent understanding of an increasingly important topic area in human health. In particular the effect of the wider environment, outside of smoking, on the development and raging of the human lung is very timely given that London is currently experiencing yet another episode of high pollution due to human activities. This is a well-written and well-illustrated book which will be of interest not only to those engaged in research in the area of lung development, aging and the environment but is a useful, up-to-date text for clinicians involved in respiratory medicine and for those engaged in the respiratory aspects of public health.”

The Massachusetts Eye and Ear Infirmary Illustrated Manual of Ophthalmology


Ophthalmologist trainees and practitioners; emergency units; optometrists and ophthalmic nurses

The Massachusetts Eye and Ear Infirmary Illustrated Manual of Ophthalmology is the must-have medical reference book for the ever-changing field of ophthalmology. Thoroughly updated to include the latest advances in the field, the 4th edition of this renowned manual features high-quality colour images and an intuitive design for easy comprehension and reference. Ideal for ophthalmic practitioners and allied health professionals alike, this indispensable resource is your comprehensive guide for the speedy diagnosis and treatment of the most common eye disorders. This title provides a comprehensive overview for all common eye disorders, creating an all-in-one resource for speedy diagnosis and treatment. It covers the full spectrum of ophthalmology across 12 distinct sections and subspecialties, and is easily accessible to all levels of readers from allied health to ophthalmic practitioners. Its unique format with concise bulleted text and features key boxes to highlight important “must know” information, and uses over 800 illustrations with unique arrows and labels to pin-point key visual details to help avoid confusion.

“This is an excellent book for medical students, trainees or practicing ophthalmologists who need reminders although it is not a comprehensive coverage of conditions but only simply highlights main facts and touches briefly on background of conditions. It has great high quality images, easy to follow colour-coded chapters and good use of management boxes within chapters. It is an excellent but brief ride through the discipline of ophthalmology.”

Medicine — the winner of this category will be announced from this shortlist

Atlas of Ultrasound-Guided Musculoskeletal Injections


Physicians who deals with joint pain, such as physiatrists, pain medicine physicians, orthopaedic surgeons, rheumatologists, and primary care physicians

This title is a highly visual step by step guide to a wide variety of injections to treat painful conditions. The photography was done by the authors to ensure a consistent high quality presentation. The format of the book is consistent from chapter to chapter, to ensure the reader can find relevant info quickly and also learn these techniques in a consistent manner. Each chapter begins with a high quality anatomical illustration that details the location of the injection and surrounding nerves, vascular structures, and muscles. Then the injection is detailed with patient positioning, injection location, and corresponding ultrasound photographs of the anatomical structures and often the positioning of the needle within these structures. This title was chosen for publication due to the increased interest in the topic by the wide range of physicians noted above. Ultrasound technology has become less expensive and more available over the past five years and thus there has been an explosion in its use by physicians who previously did not use ultrasound. The title is also popular because
it teaches, in a consistent step-by-step manner, how to do key procedures. Having this content in a book format is a very valuable and cost efficient alternative, for physicians who don’t have the time or resources to travel to a medical workshop on the topic. The primary specialty that is interested in this title, Physical Medicine and Rehabilitation, is also a growing specialty, due to the health care movement to place more emphasis on the treatment of painful and degenerative conditions. This title offers the most comprehensive coverage available on this topic. Many of these injections are rare or not well-understood and thus this reference provides valuable info to physicians who are interested in learning these novel techniques. This title is of interest to a number of physician specialties--anyone who treats pain--including physiatrists, pain medicine physicians, primary care physicians, anaesthesiologists, orthopaedic surgeons, and rheumatologists. The authorship is truly an international who’s who of leaders in the field. The lead Authors, Drs Malanga and Mautner, are at the forefront of the techniques and technology and have been teaching workshops on these topics for many years.

“For rheumatologists hoping to start using USS for injections there is no better alternative. This is an excellent and well-needed book, given increasing number of rheumatologists who are going to be performing some form of USS imaging. It includes some personal comments which are always useful for beginners! The resolution of the pictures is excellent especially for the ultrasound images. The exhaustive guidance to individual injections, sufficient even for newcomers to the technique: no other book I know goes thru the topic from the perspective of a rheumatologist (there may be others for radiologists)! It is excellent for the intended audience.”

Basic and Clinical Pharmacology 13th ed.


Medical students, nurse practitioners, physician assistants and students on upper level biology courses

The text is designed to provide a comprehensive, authoritative and readable pharmacology presentation to students. To be as clinically relevant as possible, the book includes sections that specifically address the clinical choice and use of drugs in patients and the monitoring of their effects, and case studies that introduce clinical problems in many chapters. Presented in full colour and enhanced by more than three hundred illustrations, Basic and Clinical Pharmacology features numerous summary tables and diagrams that encapsulate important information.

“There is no doubt that this textbook should be recommended in most institutions where Pharmacy is taught to a BSc level. It would also be of use to medical undergraduate students. The strengths of the book is its clarity of presentation and also that it represents a major revision of the previous editions which brings it into line with modern teaching using integrated curricula. If there are weaknesses, it may be, as mentioned above, really more focussed for pharmacy and medical students and perhaps less accessible for other health care professionals. The previous editions of this publication, Basic and Clinical Pharmacology by Katzung and Trevor, is already widely used by both medical and pharmacy undergraduate students. This new edition represents a major revision both of the material and the way it is presented which is more in line with modern teaching approaches. This means that for both educationalists and students the new edition will greatly enhance the learning experience of the students.”
BMA research grants: supporting medical research careers since 1839

The BMA has a long history of supporting medical research and academic medicine, and is the oldest medical organisation in the world to award grants and prizes to encourage and further medical research. Through the board of science, the BMA champions medical science and its applications, publicises key medical evidence to a wide audience, and influences public health policy for the benefit of both clinicians and patients.

Each year, approximately 10 research grants totalling £500,000 are awarded under the auspices of the board of science, all funded by past bequests to the BMA. The grants fund basic and clinical medical research, covering a diverse range of research topics, from heart disease to neurological disorders to cancer. The grants are awarded to clinical academic doctors and research scientists, and aim to support grant winners in their research aims and career development.

The online application system opens in December and the deadline for submitting application is early March.

Full details of the terms and conditions and application timetables can be found on the BMA website, or by contacting info.sciencegrants@bma.org.uk

www.bma.org.uk/researchgrants

“I can’t overestimate the help that this award gave to the progress of our work. It allowed me to go on and obtain further grants, resulting in two publications and opening many doors for me.”

“This grant has offered me opportunities beyond all of my expectations.”
Deconstructing the OSCE


Medical students, trainee doctors and other health professionals who have to pass an OSCE or similar practical clinical examination as part of their training

Deconstructing the OSCE takes a completely fresh approach to passing the OSCE, teaching readers how to tackle the examination in a new way. This book doesn’t provide checklists of information needed for specific OSCE stations; instead it outlines generic strategies and skills that will lead to success in any OSCE exam regardless of specialty or level. In particular, it explores strategies for overcoming common psychological hurdles and baggage. There are core skills and common psychological hurdles common to all OSCE exam. The author aims to provide readers with a skills toolkit to help them deal with anxiety, psychological baggage, and learn to move on after failure. The book aims to be relevant to all medical trainees and undergraduate students in any specialty and to a resource which can be used throughout one’s training as well as for teaching. The author writes clearly and plainly to identify common hurdles in OSCEs and the chapters are packed full of advice, practical tips and real-life examples. Most importantly, the book contains exercises to help readers put new skills into practice. Readers are directed to further reading to develop their knowledge and skills.

“This book delivers key information which is poorly taught in a clear, succinct manner. It takes a fresh approach to passing the OSCE, teaching readers how to tackle the examination in a new way. Paradoxically, this book doesn’t provide readers with checklists of information needed for specific OSCE stations; instead it focusses on develop key strategies and skills that will enable success in any OSCE regardless of specialty or level. This book offers a unique perspective on the OSCE and getting past the mental barriers required to succeed for students at both undergraduate and post-graduate level. Written by a trained forensic psychiatrist with a research interest in the neurobiology of psychopathy and conduct disorder, this succinct and novel guide provides an enlightening approach to the OSCE exam. As candidates seek to optimise performance, the holistic approach and in-depth guide to OSCE technique, supported by illustrated examples of OSCE ‘stations’ from a range of specialities, pitched to different degrees of difficulty gives the reader a new dimension to enhance their exam ability.

There is no doubt that this unique text fills a gap in the market by making an original and novel contribution in comparison to what is currently available on the market. Whilst there are several texts which consider clinical skills in OSCEs, this nifty little textbook very cleverly dispenses practical advice in an easy to follow manner to increase candidates’ confidence and improve the chance of success in any OSCE scenario -regardless of specialty or level. As well as being useful for those who are new to medical OSCEs, I believe it will be well-received by those who find OSCEs challenging or allied health professionals approaching their first OSCE exams. References are supplied at the end of chapters where relevant and as expected, are reasonably up-to-date for print resources. The introductory chapters set the scene for thinking about the OSCE, putting the exam in context and reducing it to its key ingredients. The author presents OSCEs as an opportunity to demonstrate one’s range of clinical skills. The tone is lively without becoming patronising and is able to acknowledge candidates’ potential frustrations and the limitations of the examination format, while drawing out techniques to use the exam structure to the candidate’s advantage. The workbook supplied as an appendix provides a basic but useful breakdown of the areas to consider within each chapter, although basic. In a nutshell, this book has been very skilfully written by an experienced Psychiatrist, who navigates the reader through to the successful mindset and approach to OSCEs. It challenges your preconceptions and attitude, as well as tackling past failures and mental blocks to OSCEs. Consequently, this book is probably better read sooner rather than later in one’s medical career.”


The authoritative, updated 10th edition of Drugs in Pregnancy and Lactation remains the leading drug reference for treatment of pregnant or breastfeeding patients. Listing nearly 1,200 commonly prescribed drugs taken during pregnancy and lactation, each detailed, in-depth drug monograph offers a summary of known or possible effects on mother, embryo, fetus and nursing infant.

“There is no doubt that this is the ultimate guide to drugs in pregnancy and lactation. Any reader curious to know the current evidence behind
recommendations for a specific drug would gain a valuable insight by reading this book and this book is unrivalled in the depth of its content: One of the biggest challenges in Obstetrics is knowing the risks of any drugs taken by pregnant and breastfeeding patients. Now in its tenth edition, Drugs in Pregnancy and Lactation addresses this crucial issue with a full review of updated evidence. This reference book presents animal and human data on nearly 1,200 commonly prescribed medications. Each monograph effectively summarises the drug’s known or possible effects on not just the mother but embryo, fetus and breastfeeding baby, drawing on a wide range of international findings. Furthermore, for those on the shop floor, this book comes with a unique interactive e-book, which offers the entire contents of the book as well as an updated search tool. Written by a clinical professor of Pharmacy and professor of Obstetrics and Gynaecology, this is a thorough and in-depth reference text which is suitable for Obstetricians, Physicians, nurses, midwives, pharmacists and other allied health professionals working with pregnant and breastfeeding women. The only point to note is that its geographical market is primarily the US but this is an easy hurdle to overcome as many of the actual drug names are used rather than commercial versions. The price of this book varies according to the hard copy or kindle version, but I think it is worth the investment for teams dealing with dispensing medication to pregnant and breastfeeding women. I have not found a more in-depth and thorough reference text considering this important and practical issue in such an amicable manner. In addition to the reference hardback book (which is over 1,500 pages in length), there is an enhanced eBook with searchable text. This includes regular updates integrating important new evidence. Each drug monograph is supported by up-to-date and extensive referencing, including product information and the latest published guidance. Relevant studies are discussed within the text. The supporting e-book includes complete content with enhanced navigation and quarterly updates, along with cross-linked pages and a search tool which pulls results from your notes, the book and even the web. It includes a quick referencing tab to save favourite topics for future use. All relevant evidence is presented in the reference list of each drug monograph, whilst relevant studies are discussed in detail within the text. The most appropriate types of source are drawn upon appropriately, including committee advisory papers and published guidance. What is a unique feature is the fact that some drug reviews have toll free telephone numbers for health care professionals or patients to enrol in observational studies, which increases my respect for the momentum of the book, although I note this is predominantly for those in the US. The writing style is consistent throughout this 1,500 page reference text, with information presented in a uniform manner throughout. This means that once the reader is familiar with the style and format of the book it is extremely easy-to-use time and time again. This is further aided by the introductory instructions provided on how to use the manual. Whilst this 1600 page reference book includes full colour it does not include graphs or illustrations. Clinical boxes are posted regularly throughout with colour pregnancy summaries, forming a helpful punctuation to the text. Illustrations may benefit the text, by breaking up the monotony of text and simplifying written explanations. This 1,500 hardcover authoritative reference book presents information in colour with useful side tabs and its production is high quality throughout. The quality of the paper and binding is excellent, with a low ratio of print to blank space. The fonts used are appropriate, with selective use of clinical boxes and colour. Furthermore, the supporting e-book includes complete content with tablet, smartphone or online access to cross-linked pages and references, together with a highlighting tool. Although there is a lot of cross referencing this 46 page index is extremely thorough yet logically laid out, with each keyword provided with relevant sub-sections. Generic names are shown in bold with the relevant monograph number and appendix page, where each drug is classified by its pharmacological class. The text headed in bold includes both synonyms and trade names. More specifically, the index is accurate and fully comprehensive in its coverage. The cross referencing and choice of headings boosts its usability. There is no doubt that this is the ultimate guide to drugs in pregnancy and lactation. Any reader curious to know the current evidence behind recommendations for a specific drug would gain a valuable insight by reading this book and this book is unrivalled in the depth of its content. The depth of detail considered for over 1000 drugs in this hardback high quality up-to-date text is unmatched. It is an essential reference text for those managing pregnant and breastfeeding women on a day to day basis. Portable texts such as the BNF simply cannot match the insight, references and background which this book is able to provide. The same format is used for each drug monograph making it easy to follow and reliable once the reader is familiar with its format. There are few if any illustrations used to support the text and this may be helpful to its readers, although the clever use of colour and clinical boxes go some way to address this. Whilst the e-book is available online it could still be made more user friendly by improving the search function used within it, but there is no doubt that it is a great asset to the reader.”
Mann’s Pharmacovigilance 3rd ed.


Everyone working within pharmaceutical companies, contract research organisations and medicine regulatory agencies

Mann’s Pharmacovigilance is the definitive reference for the science of detection, assessment, understanding and prevention of the adverse effects of medicines, including vaccines and biologics. Pharmacovigilance is increasingly important in improving drug safety for patients and reducing risk within the practice of pharmaceutical medicine. This new 3rd edition covers the regulatory basis and the practice of pharmacovigilance and spontaneous adverse event reporting throughout the world. It examines signal detection and analysis, including the use of population-based databases and pharmacoepidemiological methodologies to proactively monitor for and assess safety signals. It includes chapters on drug safety practice in specific organ classes, special populations and special products, and new developments in the field. From an international team of expert editors and contributors, Mann’s Pharmacovigilance is a reference for everyone working within pharmaceutical companies, contract research organisations and medicine regulatory agencies, and for all researchers and students of pharmaceutical medicine. There are new chapters and increased Asian coverage on pharmacovigilance both by regulatory market and by system organ classes. Mann’s Pharmacovigilance is the definitive reference for the science of detection, assessment, understanding and prevention of the adverse effects of medicines, including vaccines and biologics. Pharmacovigilance is increasingly important in improving drug safety for patients and reducing risk within the practice of pharmaceutical medicine. This new 3rd edition covers the regulatory basis and the practice of pharmacovigilance and spontaneous adverse event reporting throughout the world. It examines signal detection and analysis, including the use of population-based databases and pharmacoepidemiological methodologies to proactively monitor for and assess safety signals. It includes chapters on drug safety practice in specific organ classes, special populations and special products, and new developments in the field. From an international team of expert editors and contributors, Mann’s Pharmacovigilance is a reference for everyone working within pharmaceutical companies, contract research organisations and medicine regulatory agencies, and for all researchers and students of pharmaceutical medicine.

“...This is an excellent starting book for both newcomers and those already involved in some aspect of pharmacovigilance who wish to broaden their understanding of this subject. The strengths include the overall coverage and logical sequence of chapters especially on monitoring of safety and danger signals. There are few weaknesses other than the paucity of references in the year of publication (2014). This is an unusual book with a very wide coverage of a disparate discipline”


Foundation doctors and final year medical students preparing for the Foundation Programme

The 4th edition of this handbook has been fully updated in line with the latest guidelines and gives foundation doctors practical, step-by-step guidance on everything from neurological to gastroenterological presentations. Emergency presentations are easily identifiable, providing fast access to the information a foundation doctor needs most. This edition also includes a fully revised chapter on pharmacopoeia with references to the British National Formulary, as well as chapters on practical procedures and interpreting results, acting as a guide for surviving on – and off – the wards. The Oxford Handbook for the Foundation Programme provides all the essential information needed during the first two years as a newly qualified doctor. It follows the Foundation Programme curriculum and includes essential clinical information and expert guidance, as well as advice on career planning, practical procedures, prescribing, emergencies and general day-to-day life on the wards. Alongside providing all the essential information needed during the first two years as a newly qualified doctor, the Oxford Handbook for the Foundation Programme is a unique resource for the things they don’t teach at medical school about being a doctor and life on the wards. The authors have drawn on their own experiences and careful research to help foundation doctors understand issues ranging from pay and pension, stress and workplace relations, paperwork, and career development.

“This is a great companion for the foundation years and will serve the vast majority of doctors
well. As a reference textbook one might be better served by a book which is laid out by condition, for example the Oxford Handbook of Medicine, but for final years and foundation the unique symptom-based approach is of real benefit. It covers many of the skills a final year and junior doctor might need including result interpretation and practical procedures, as well as offering tips on how to manage the stress and workload of medical life. It is a very impressive book indeed. The book’s breakdown of presentations by symptom allows fast and easy reference in acute situations, as well as being a good source of revision. It deals with almost all situations a junior doctor might face with brevity and accuracy, and would be of great assistance both on call and when looking up topics for reference. For final year medical students it serves as a concise summary of presentations, investigations and management as well as offering good tips on getting in to and surviving the foundation programme. This is an absolute gem of a book. A well-thought out alternative to the ubiquitous Oxford Handbook of Clinical Medicine that offers an overview of many of the situations and presentations one might face both as a junior doctor and medical student. Categorising by symptom/presentation rather than condition offers an alternative approach from many medical textbooks and chimes with how problems will be encountered on the wards. It gives a good introduction to the foundation programme for medical students, including how to both get on to the programme and succeed within it. For junior doctors it gives a good overview of the assessments required within and some thoughts on next steps. From a non-clinical perspective it gives tips for the new doctor on how to survive medical life, interspersed with occasional humour that does not detract from the text. The question for the panel is perhaps whether this edition improves enough upon the previous edition to warrant a further award, or even how much the concept could be improved upon. A pharmacopoeia is present for common drug doses as well as prescribing cautions/tips. It really is a highly impressive and well-thought out companion to the early years of a medical career, and which I have no hesitation in recommending to all junior doctors looking for a reassuring companion on the wards.”

Oxford Handbook of Clinical Examination and Practical Skills 2nd ed.


The Oxford Handbook of Clinical Examination and Practical Skills 2nd Edition is aimed at medical students and student nurses throughout their clinical years. It will also prove useful to junior doctors and nurse practitioners as a primer. The handbook covers all common examination skills relating to major systems. Each system chapter covers applied anatomy, history, examination, and the presentation of common and important disorders. There is a dedicated chapter on data interpretation, which covers the basics of x-rays, ECGs and other key areas. In addition, the handbook includes the essential procedures that the final year medical student and senior nurse are expected to perform, and the theory, practice, and complications for each. A new chapter on the eyes is included along with sections on body language and non-verbal communication. The handbook aims to be the indispensable quick reference and revision guide for junior doctors and medical students. It is structured to allow rapid reference of key information, and to aid understanding with concise and practical clinical guidance. Fully updated and revised for its second edition, the Oxford Handbook of Clinical Examination and Practical Skills is the only truly comprehensive pocket guide to all aspects of history taking, physical examination, practical procedures, data interpretation, and communication skills. Packed with expert knowledge and practical guidance it gives realistic advice on coping with common situations.

“This is a small book with wipeable cover, easily to carry around and hygienic. It is comprehensive but concise. It is an easy-to-use reference guide with clear summary boxes and supporting illustrations: another top title in the Oxford series. The book is well constructed and broken into clear and easily useable chapters. It has just the right amount of information, with clear pictures and illustrations to support content. The illustrations are very helpful and boxes give good summary reference points. I really like it! I’ll definitely be referring to this one and recommending to my students. Excellent!”
Palliative Care Formulary 5th ed.

Doctors, nurses and pharmacists in all settings who care for patients with advanced cancer or other progressive end-stage disease. In particular, specialists and trainees in palliative medicine

PCF is a comprehensive compendium containing a wealth of essential therapeutic information about drugs used in palliative and hospice care. It is unequalled in its range and depth of information. PCF provides the most authoritative resource for off-label indications for drugs used in palliative care, and includes detailed advice about giving multiple drugs by continuous subcutaneous infusion. It is an essential resource for palliative care and hospice specialists, and all who care for patients with end-stage disease. PCF is an established resource which continues to receive worldwide acclaim, with USA and Canadian versions, along with German, Italian, Japanese and Polish translations. Although written primarily with cancer patients in mind, PCF5 contains specific material relating to several other life-limiting diseases e.g. COPD, congestive heart failure, renal failure, and Parkinson’s disease. PCF also includes a number of Quick Prescribing Guides and Quick Clinical Guides. It aims to provide up-to-date, carefully prepared and well-referenced information for practitioners providing palliative care and to provide practitioners with the required knowledge to use medicines safely and effectively for the relief of symptoms. No other publication embraces the range and depth of information contained in PCF. It is widely referenced in local, regional and national guidelines. It is a recognised core text for the specialty of Palliative Medicine. It is an essential resource for all doctors, nurses and pharmacists in all settings who care for patients with advanced cancer or other progressive end-stage disease. It provides the most authoritative guide to off-label indications or routes for drugs used in palliative care, and deals comprehensively with giving multiple drugs by continuous subcutaneous infusion.

“The PCF is the definitive formulary for all specialist clinicians working in palliative care. It is unlikely many specialists would not use it as part of their practice. The readership is, therefore, very well-targeted and perhaps understated. It is hard to over emphasise the place of the PCF in specialist palliative care practice. The comprehensive coverage of all pharmacological knowledge presented in such an accessible means it acts as a core drug formulary for clinicians and pharmacists. The book is only part if it, online versions, downloadable PDFs and the freely accessible sections of palliativedrugs.com including the bulletin board and policies and procedures section all make access to these resources a must for clinicians and pharmacists in the specialty. Through this means there is a continuous dialogue between editors and readers. I would say it is essential for anyone working in palliative care. Its thoroughness is its main strength; it is hard to find an area that is not covered. The PCF is the definitive text when prescribing in specialist palliative care. I have scored this book highly as it commands so much respect in the specialty. It is not a textbook in its traditional sense but a detailed formulary; so cannot be used as a text for newcomers to the specialty. Having said that is very thoroughly put together and is an unrivalled resource.”

Transcutaneous Electrical Nerve Stimulation (TENS): Research to Support Clinical Practice


Health care professionals including pain specialists, nurses, GPs, physiotherapists, sports therapists, osteopaths, and chiropractors, research investigators and students

Transcutaneous Electrical Nerve Stimulation (TENS) provides guidance on how best to use TENS based on an evaluation of current research evidence, including how it works, and safe and appropriate clinical techniques for many conditions including chronic low back pain, osteoarthritis and cancer pain. Accessibility written, it provides a comprehensive coverage of research issues and findings about TENS. This highly illustrated text includes schematic diagrams to assist reader in practicalities of administering TENS. There are thousands of experimental and clinical research studies published on TENS and related techniques, yet there is uncertainty about the best way to administer TENS in clinical practice. This book provides a comprehensive coverage of research issues and findings about TENS, including discussing what TENS is, how it works, and safe and appropriate clinical techniques for many conditions including chronic low back pain, osteoarthritis and cancer pain. It also offers solutions to the problems faced by researchers when trying to design clinical trials on TENS.

“This is all anyone could wish for if they had an interest in TENS – clinical or research. It is a comprehensive, concise, good collection and summary of very wide range of often confusing and contradictory literature. TENS is a neglected but often very valuable analgesic technique.”
The research is often contradictory and of poor quality but from amongst this massive literature this volume summarises the advantages and opportunities very well. As a monograph it functions at many levels and will interest all, from novice to expert.”

Neurology — the winner of this category will be announced from this shortlist

A Video Atlas of Neuromuscular Disorders

Medical students, neurology residents, neurologists, and neuromuscular specialists

Studies have shown that the attention span has dropped dramatically in the last 20 years due to the dominant role of the digital media in people's communications and acquisition of information. Short and well-edited video clips from real clinic stories supplemented with challenging multiple choice questions, provides an excellent way to bridge the gap between overflow of information and short attention span. The chapters are arranged according the symptoms instead of diseases, yet, diseases are listed in the index if one wants to see all videos relevant to a specific disease. Close to 300 video cases taken directly from a real neuromuscular clinic, illustrating a myriad of disorders and shedding light on their diagnosis, and treatment and giving updates about many of them provides an invaluable approach that should benefit anyone who is interested in neuromuscular disorders which comprises more than 50% of presenting disease to general neurologists and even to GPs. Some rare diseases are also described, giving an opportunity for the new trainees to see them so that they can diagnosed them if they see them again which may not happen very often. By replacing what is often a dry and unengaging descriptive text with vivid illustrative videos, the reader will have more time to face the intellectual challenges of these cases instead of trying to build a mental picture of these cases first. This is the first video atlas in neuromuscular disease. It was preceded by several video atlases in other disciplines such as movement disorders, which were received warmly by the medical community. The book is available online and the titles of the cases are clickable, making search very easy.

“This book and accompanying DVD comprise an excellent resource for learning about the various clinical signs (conveyed via the DVD) and key clinical points (conveyed via the text) pertaining to neuromuscular disease. It is very enjoyable to use. Each video clip contains a clinical sign or signs and the accompanying text has a vignette and then a multiple choice question. It is about as close as one can get to being presented with a patient in clinic, and therefore provokes the same clinical problem solving thought processes. So the major strength is in its format. Furthermore, it is not strictly confined to neuromuscular conditions but also includes those that might present to the neuromuscular specialist e.g. cortocobasal syndrome or oromandibular dystonia, which further increases its utility. This is a great resource for learning about the breadth of conditions that can present to the neuromuscular specialist. The format comprises a DVD containing video clips of individual cases with the accompanying book providing a clinical vignette with a multiple choice question, followed by a list of key clinical points for each clip. It is a joy to use. It should appeal to any trainee in neurology, motivated medical students with an interest in neurology, and neuromuscular specialists who might want to use the book and DVD as a teaching resource. The book is produced to a high standard. Highly recommended.”

Aminoff’s Neurology and General Medicine 5th ed.

Clinical neurologists and general medical practitioners

This landmark resource offers a link between general medical conditions and specific neurologic issues and disorders. General medical conditions addressed include: respiratory and cardiovascular disorders; gastrointestinal track and related disorders; renal and electrolyte disorders; endocrine disorders; cutaneous disorders; bone and joint disease; disorders of the ears, eyes and related systems; haematologic and neoplastic disease; disorders of the genitourinary system and pregnancy; toxic environmental and traumatic disorders; infection, inflammatory and immunologic disorders; sleep and its disorders; psychogenic disorders, and more. Imaging and perioperative care and palliative care are also addressed. Completely revised with new chapters covering metastatic disease, bladder disease, psychogenic disorders, dementia, and pre-operative and post-operative care of patients with neurologic disorders, this new edition continues to be the go-
to reference for both neurologists and GPs. An image bank is available to all purchasers.

“I’m planning to have this in my office for use during neurology on call. This book changes the emphasis of neurology and general medicine, emphasising the former rather than the latter throughout the book. In doing so, it is relatively unique and fills a niche in the market. I’d see this as a practical reference text that I’d use regularly in my clinical practice. This book is unique, practical and well-produced. I think it should be given strong consideration for shortlisting.”

Handbook of Neurologic Music Therapy


Music therapists, as well as clinicians involved in rehabilitation, including, neurologists and neuropsychologists

A landmark text presenting a new and revolutionary model of music in rehabilitation, therapy and medicine that is scientifically validated and clinically tested. Each of the 20 clinical techniques is described in detail with specific exercises, richly illustrated and with background information regarding research and clinical diagnoses.

“I would definitely recommend NMT to colleagues and others who would want to know more about the subject, especially the assessment and therapy sections, but they would have to read the introduction section and the objectives of the authors all the way through in order to get the full value from it. Rather than a book on neurological music therapy being based/rooted purely on Social Sciences, as thought before now, this book is based mostly on the modern concepts and understanding of Clinical Neurosciences, understandably since it is the practitioners of this specialty that are responsible for managing these patients. The focus of this welcome addition to our understanding of Neurologic Music Therapy (NMT) has been stressed in all the Chapters of the Book, with appropriate emphasis depending on the issues being discussed, from its introduction to conclusion! Rather than being prescriptive, the authors being expert practitioners in the field, have very carefully taken the reader/clinician, like myself with little knowledge in Music Therapy, through the Standard Clinical Neurologic ‘Assessment Instruments’ that may predict good therapeutic outcomes for the listed treatment domains. I this quite useful (Chapter Six). As much as I can ascertain, the entry form, acknowledgements, preface, back cover blurb, bibliography and index in NMT have very much contributed in meeting and fulfilling the stated objectives of the authors. The very topic of the book, the in-depth analysis, generous references and the systematic manner the book is written are its strengths. On the other hand, its topic may also be a weakness to those of us who are not musically inclined. This is based on my colleagues’ collective view of the book.”

Movement Disorders: Genetics and Models 2nd ed.


General neurologists, neurologists with subspecialty interest in movement disorders, neuroscientists, rehabilitation physicians, psychologists, and academic veterinarians

This volume covers the entire spectrum of movement disorders with a heavy focus on genetics and genetically-engineered models. Movement disorders research has grown exponentially over the past decade and, increasingly, has become a multidisciplinary science requiring integration of modern tools and concepts from neuroscience, genetics, pharmacology, biochemistry, and animal models. Marked advances have occurred in the genetics of movement disorders and this has driven the development of many new animal and cellular models. The explosion in genetics has served to identify common cellular pathways of dysfunction in Parkinson disease, dystonia, and the hereditary spastic paraplegias. The use of animal models is a key aspect of scientific research in numerous fields of medicine. Movement Disorders, Second Edition vigorously examines the important contributions and application of animal models to the understanding of human movement disorders, and serves as an essential resource for basic neuroscientists engaged in movement disorders research. Academic clinicians, translational researchers and basic scientists are brought together to connect experimental findings made in different animal models to the clinical features, pathophysiology and treatment of human movement disorders. This book serves as the only single source available for accessing integrated and organized current information in the field. It is an essential reference for clinicians, clinician-scientists and bench scientists interested in the study of movement disorders. It introduces the scientific foundations for modern movement disorders research and is completely revised with 20% new material. It provides a comprehensive discussion of genetics
for each type of movement disorder and covers Parkinson’s disease, Huntington’s disease, dystonia, tremors, and tics. It is supported by a video library of movement disorders in patients with associated animal models hosted on a companion website. “This book is very useful for researchers and scientists working in the movement disorder field who would like to enhance their understanding to help in their research. I would recommend this book for clinicians who have interest in movement disorders to improve their understanding and learn about recent advances in the field of genetics and genetic modelling of Movement disorders. This book is also useful to clinicians who would like to improve their understanding of genetic aspects of Various movement disorders. The book strength is about excellent text with complimentary figures and tables to enhance understanding of genetics and genetic modelling of movement disorder in a structured way. I am sure this is a comprehensive resource on the subject of genetics and recent advances in the field of genetics which would help the intended audiences. I have enjoyed reading this book and this book has definitely helped me understand some of the topics very well. The weakness I could suggest is it is too exhaustive for clinicians. This is an excellent resource in the field of movement disorders integrating genetics, animal models with phenology and clinical aspects of movement disorders. The accompanying videos are an excellent resource. I would recommend this book to anyone who would like to understand genetics and recent advances in the genetics of movement disorders. The quality of production is excellent complimenting this valuable reference material in the field of genetics of movement disorders.”

**Neurointerventional Techniques: Tricks of the Trade**


Neurosurgeons, interventional neuroradiologists and interventional neurologists

The book covers step-by-step procedures commonly performed in the interventional operative suite. It includes over 50 procedures as well as important chapters on access points, physiological testing, and pharmacology in the endovascular suite. The book is a guide to endovascular procedures using a step-by-step approach that focuses exclusively on practical details. The book described the current state of the art. It is written by leading experts in neurointerventional practice who detail how to perform each procedure with a strong emphasis on complication avoidance and management. Appendices are rich with information on catheters, presented in an easy-to-access tabular format, as well as important guidance on intraoperative neurophysiologic monitoring as it applies to neurointerventional procedures.

“This book follows a logical structure to endovascular neurosurgery. It starts from Access and safety considerations through an array of neurointerventional pathologies and interventions and culminates in a discussion of physiological testing and pharmacology. Beyond the radiological images, it was pleasing to note the emphasis on anatomy placed with excellent diagrams of approaches to consider. Further, there are discussions of complications and key issues — overall a comprehensive guide to endovascular neurosurgery with a wide target audience; from junior residents/trainees to fellows and specialists in the field who could benefit.”

**Non-Motor Symptoms of Parkinson’s Disease 2nd ed.**


Neurologists, geriatricians, movement disorder specialists, Parkinson’s disease specialist nurses and all trainees.

This new edition summarises the current understanding of non-motor symptoms in Parkinson’s disease and will point the way towards future research. Patients with Parkinson’s disease are known to suffer from motor symptoms of the disease, but they also experience non-motor symptoms that are often present before diagnosis or that inevitably emerge with disease progression. The motor symptoms have been extensively researched, and effective clinical tools for their assessment and treatment have been developed and are readily available. In contrast, researchers have only recently begun to focus on the non-motor symptoms of Parkinson’s disease, which are poorly recognised and inadequately treated by clinicians. This book aims to improve the current understanding of the non-motor symptoms of Parkinson’s disease clinicians and researchers alike. This is the most comprehensive and up-to-date textbook available focussing on the non-motor symptoms of Parkinson’s disease: from the bench to bedside as well as spanning per-motor Parkinson’s disease to advanced motor Parkinson’s disease. “This is a clear, detailed and very readable book
on an under-discussed important subject. It goes into an appropriate level of detail on the subject. It has certainly given me an insight into the subject of non-motor symptoms in Parkinson’s disease. The chapters are appropriately concise and well-organised. This book is a thorough yet very readable text on a difficult subject. It will be useful for Parkinson’s disease specialists but also to other non-super specialists such as general neurologists and geriatricians.”

Obstetrics and gynaecology — the winner of this category will be announced from this shortlist

Clinical Practice Handbook for Safe Abortion


This handbook is oriented to providers who already have the requisite skills and training Necessary to provide safe abortion and/or treat complications of unsafe abortion. The Clinical Practice Handbook for Safe Abortion is intended to facilitate the practical application of the clinical recommendations from the 2nd edition of Safe Abortion: Technical and Policy Guidance for Health Systems (World Health Organization [WHO] 2012).While legal, regulatory, policy and service-delivery contexts may vary from country to country, the recommendations and best practices described in both of these documents aim to enable evidence-based decision-making with respect to safe abortion care. The recommendations and best practices described aim to enable evidence-based decision-making with respect to safe abortion care.

“This is concise, relevant and inviting to use with clear, helpful and accurate content, it uses a concise yet through format, inviting presentation with generous spacing to allow ease of access to information, use of figures and diagrams to summarise information helps to consolidate reader’s knowledge and understanding. A very ‘portable’ design that could easily be used in the clinical setting. This book handles a difficult subject well. It gives clear facts that are well-presented and ordered and the book is very ‘accessible’ to its reader. I would definitely use this book in the clinical setting.”

Crash Course: Obstetrics and Gynaecology 3rd ed.


Undergraduate medical students

Completely revised throughout, the new edition of Crash Course is perfectly tailored to meet your needs by providing everything you need to know in one place. Clearly presented in a tried and trusted, easy-to-use, format, and each book in the series gives complete coverage of the subject in a no-nonsense, user-friendly fashion. Commencing with ‘Learning Objectives’, each chapter guides you succinctly through the topic, giving full coverage of the curriculum whilst avoiding unnecessary and often confusing detail. Each chapter is also supported by a full artwork programme, and features the ever popular ‘Hints and Tips’ boxes as well as other useful aide-mémoires. All volumes contain an up-to-date self-assessment section which allows you to test your knowledge and hone your exam skills. Authored by students or junior doctors — working under close faculty supervision — each volume has been prepared by someone who has recently been in the exam situation and so relates closely to your needs. So whether you need to get out of a fix or aim for distinction Crash Course is for you!

“This is a well-written and structured book which allows the reader to be introduced initial O&G physiology, pathology and clinical practice. It is an ideal text for medical students or doctors about to start their first placement. The layout is friendly and allows clear summary tables promotes easy learning. This is a well-established series which has another good updated edition. I like their simple, clear style. It allows quick reference and also more in-depth learning.”
Practical Obstetrics and Gynaecology Handbook: for O&G Clinicians and General Practitioners 2nd ed.


Medical students, O&G residents, OG specialists, family medicine residents, GPs, nursing residents, nurses and midwives

This best seller practical guide provides an up-to-date and concise account of many obstetric and gynaecological conditions based on evidence-based medicine. The 74 chapters of the book include a variety of topics like menstrual disorders, abnormal PAP smears, gynaecological cancers, endometriosis, fibroids, ovarian cysts, pelvic organ prolapse, voiding abnormalities, sub-fertility, vaginal discharge, STI, contraception, menopause, hormonal replacement therapy, pregnancy and its complications as well as common obstetrics and gynaecology (O&G) investigations, screening for Down syndrome, ultrasound in obstetrics, approach to galactorrhoea, hyperprolactinaemia, prenatal screening for thalassaemia and many more. This book includes the use of flow charts and photographs to simplify the description of investigations and treatments of the various common conditions in obstetrics and gynaecology. This is particularly useful for doctors in the primary healthcare setting as well as OBGYN clinics and wards to aid their day-to-day clinical practice. It is an evidence-based approach to common Obstetrics & Gynaecological problems faced by O&G clinicians and general practitioners in their daily practice and in clinics. It serves as a useful guide-book for medical students, residents and nurses. It is the only book available with current evidence based recommendations and protocols in O&G. It includes a lot of flowcharts, illustrations, photographs and tables that simplify the description of investigations and treatments of the various common conditions in obstetrics and gynaecology. This is particularly useful for doctors in the primary healthcare setting as well as OBGYN clinics and wards to aid their day-to-day clinical practice. It also includes criteria for urgent referrals in case of complex O&G conditions.

“This is a useful reference book and a fantastic educational resource. Multiple papers and NICE guidelines have been condensed and summarised into a readable format with beautiful illustrations, clear diagrams and high quality photographs. The writing style is clear and concise with excellent illustrations, photos and diagrams. It has a sturdy cover, readable font size and good quality paper.

I will recommend this book to local GP trainees. It has a good cover, beautiful illustrations, clear photos, useful diagrams and a good combination of medical and practical advice although as it’s written in Singapore not 100% relevant for UK general practice.”

Uterine Myoma, Myomectomy and Minimally Invasive Treatments


Gynaecologists, endocrinologists, reproductive surgeons and radiologists, and as a starting point for clinicians, young doctors, and students

Covering recent advances in our understanding of myoma behaviour and an overview of the current options for their minimally invasive treatments with endoscopy and new devices, this book brings together all the existing knowledge on uterine myomas, the most common benign tumours in women, including novel treatments being developed on the clinical parterre. This book is devoted to myomas, covering both recent advances in our understanding of their behaviour, and an overview of the current options for their minimally invasive treatments, with endoscopy and new devices. As we learn more about the molecular, genetic and biology of myomas, we will be able to develop more innovative treatments. This book aims to provide a full knowledge on myomas and their well-known problems. It assists specialists, doctors as well as students in quickly and easily understanding the disease so as to provide a better management of women with myomas. Recent research on the genomics and molecular biology of myomas has enabled us to better understand the pathogenesis and pathophysiology of this benign tumour, but more remains to be discovered. In the clinical parterre, novel methods of conservative treatments have been developed to allow many women to keep their reproductive capacity and to save uterus, and more novel treatments are available on the horizon. For this topic, an outstanding group of worldwide experts have come together to provide a detailed discussion of basic research and clinical aspects of myomas.

“This 250 page hardback book considers the theoretical and practical aspects to uterine fibroid management. Written by over 30 internationally renowned contributors, ranging from the USA to Russia, it aims to present an atlas of full current knowledge on myomas and their clinical implications. It is quite appropriately targeted at clinicians in Gynaecology, Radiology, Obstetrics
Programme and Award Winners

and Fertility and will be a useful addition to their libraries. This book begins sensibly with the pathophysiology of fibroids and their inheritance before moving on to clinical diagnosis and management. It comfortably canters through recent advances in our understanding of myoma behaviour and an overview of the options for endoscopic treatment, summarising relevant evidence to support recent advances along the way. There are few specialist titles in this area and this book does provide a clear overview of fibroids which is unrivalled. Although it does not collate the guidance that is available via ACOG, the RCOG or indeed BSGE, it does tackle all of the key issues currently affecting clinicians managing fibroids. Each chapter is supported by an extensive reference list (almost 100 references in one case) which is easy to follow and to refer to. Relevant studies and their supporting results are discussed in the text in detail. Although relevant national guidance e.g. ACOG and RCOG is not referred to in the text, relevant studies and their supporting results are discussed in the text in detail. Controversies and studies supporting different views (e.g. results of systematic reviews) are also discussed. Information is presented in a logical format in a no-nonsense and clear style, holding the reader’s hand through some difficult management decisions. The tone of the book is appropriate for its readers. Controversies and study results are broken down and considered well, with results being presented effectively throughout the book. The illustrations used throughout the book include high resolution photos, line drawings and tables. They are in colour with clear legends. The vast majority of the illustrations support the text well, although could be read alone without referring to the text. In a minority of instances e.g. Fig 15.3, the images can be slightly superfluous. This hardback portable colour atlas is a pleasure to read. All illustrations are beautifully portrayed in a simple yet effective and memorable fashion. It is clear that the overall quality of the book’s production is high, which is in keeping with its contents! This reference book has a ten page index with relevant subsections to each area enclosed. The index is all-inclusive and easy to navigate. This is a well-thought-out and beautifully illustrated atlas on fibroids and minimally invasive surgery. Each chapter addresses a discrete area, in logical order and is complemented by a generous amount of high resolution illustrations. In addition to that, the bulk of each chapter is organised according to the operation’s key steps, making it very easy on readers. In short, this is a unique surgical atlas which I would strongly recommended as a must-have for those interested in complex new technological advances in minimally invasive surgery and myomas. The strengths of this title lies in its step by step approach, clear language and excellent high impact quality of production. The supportive illustrations are of high quality and easy to follow. The main drawback for this title is its cost, making it more likely to be considered by super specialists in this area rather than the generalist Gynaecologist.”

Oncology — the winner of this category will be announced from this shortlist

Bone Marrow Diagnosis: An Illustrated Guide 3rd ed.


Trainee and practicing histopathologists, pathologists and haematologists

The text provides comparisons of the common methods of sample collection, fixation and staining, and a clear description of how to examine a trephine section. Applying a consistent approach, the chapters cover the range of disorders of bone marrow, discussing the clinical features, histopathology of bone marrow and diagnostic problems of each condition. Each chapter closes with a summary of key points and each diagnostic entity is accompanied by high quality images, over 900 in all, showing typical and more unusual examples of histological feature. Bone Marrow Diagnosis, Third Edition, is an essential resource for pathologists and haematologists who need to report bone marrow trephine biopsies. It is a compact text, oriented at diagnosis and comprehensively accompanied by over 900 illustrations.

“This is an excellent book written by experienced authors. It covers the field of bone marrow diagnosis at a level required to inform trainee histopathologists and haematologists; the intended audience. There is also much in this book that will be of use to practicing pathologists. The plates are extensive and illustrate a wide variety of conditions. Common pitfalls and differential diagnoses are covered. I would have no hesitation in recommending this book to my trainees.”
Cancer Theranostics


Academic, medical, and pharmaceutical cancer researchers and graduate students including geneticists, biologists, pharmacologists, and immunologists, as well as oncologists engaged in clinical and translational research.

Aiding researchers seeking to eliminate multi-step procedures, reduce delays in treatment and ease patient care, Cancer Theranostics reviews, assesses, and makes pertinent clinical recommendations on the integration of comprehensive in vitro diagnostics, in vivo molecular imaging, and individualised treatments towards the personalisation of cancer treatment. Cancer Theranostics describes the identification of novel biomarkers to advance molecular diagnostics of cancer. The book encompasses new molecular imaging probes and techniques for early detection of cancer, and describes molecular imaging-guided cancer therapy. Discussion also includes nanoplatforms incorporating both cancer imaging and therapeutic components, as well as clinical translation and future perspectives. This work sets out to support the elimination of multi-step approaches and reduction of delays in treatments through a combination of diagnosis and therapy. It also sets out to bridge the laboratory, clinic, and biotechnology industries to advance biomedical science and improve patient management. This is the only work that rigorously assesses and analyses the rapidly evolving combinatorial diagnosis and therapeutic paradigm for the molecular diagnosis and personalised therapy of cancer.

“This would recommend the book to researchers and professionals interested in the emerging field of cancer theranostics, nanotechnology and personalised medicine. It is a comprehensive textbook on the emerging field of cancer theranostics for the researchers and scientists which bridges the laboratory, diagnostic imaging, molecular imaging, image guided therapies, nanotechnology and personalised medicine for the speedy management of cancer. The book concludes with clinical translation and future perspectives in the emerging field of cancer management. The book is one of the first of its kind, which is designed to meet the demands of this developing subspecialty.”

Diseases of the Breast 5th ed.


Diseases of the Breast is an up-to-date, single-source compilation of important knowledge on breast diseases presented in a form accessible to practicing clinicians. Leading experts summarise the current knowledge of breast diseases including their clinical features, management, and underlying biology and epidemiologies. In addition to covering the malignant forms of breast cancer, benign diseases are also discussed in relation to subsequent breast cancer development. The book reviews all major clinical trials in this area and relates the new information they provide on the early detection and management (surgery, radiation therapy, chemotherapy and hormonal interventions) of breast cancer. Finally, considerable space is devoted to the increasing importance of molecular biology and genetics in this field.

“This is a comprehensive, up-to-date, accurate, evidence based account of the multidisciplinary management of breast diseases. The current edition is an up-to-date volume of an internationally recognised popular single-source multidisciplinary compilation of recent knowledge on the diseases of the breast, which has been very well presented by the distinguished authors. The illustrations, tables and diagrams are clear, easy to understand and extensive reference has been provided. The interactive online eBook can be redeemed for searchable text with regular updates integrating important new evidence. It is a single-source multidisciplinary compilation of factual knowledge for professionals involved in the management of the diseases of the breast. It’s success lie in providing comprehensive clinical trial data in a simple and easy to remember format. The book covers basic topics along with multidisciplinary management options for the benign as well as malignant conditions of the breast. Each topic has been covered in a comprehensive manner including management of breast cancer in special groups and other issues relating to breast cancer survivors. The figures, tables and illustrations provided in each chapter are clear and enhance the visual understanding of the subject. The overall quality of this authoritative book is extremely good.”
Programme and Award Winners

Practical Management of Complex Cancer Pain


Oncologists, chronic pain specialists, anaesthetists, palliative medicine and primary care physicians

The Practical Management of Complex Cancer Pain provides practical advice on advanced pain. The book provides advice on advanced pain management techniques for cancer pains. Emphasis is placed on the suitability and selection of patients for different invasive and complex procedures based on the patient’s history. Case histories provide compressive insight into the complexities of holistic management, with pain being only one of the factors that distress patients and families. The book also covers cancer pain management for patients in a community setting including, the collaboration between pain and palliative medicine. This practical guide to managing complex cancer pain provides accessible guidance for patient selection for different invasive and complex techniques in including advanced pain management techniques for all cancer pains, case histories and suggested pain management plans.

“There is sufficient detail to be a ready-reference to those with specialist expertise needing a dip-in reminder/reference, as well as sufficient high level clear narrative for someone with relatively little prior expertise. Importantly, the book gives an insight across specialist areas for those involved in what should be a more multi-disciplinary area than it may always be. It crosses across specialist areas well, giving those in other specialty areas a clear insight, whilst supporting practice for those in a given specialty area. Each chapter provides both specific information and advice for individual specialties in managing their contribution as well as the perspective of other specialties in contributing to overall management. The structure of each chapter mirrors the aim to be practical, inclusive of patient and family perspectives and the impact of the pain. There is a clear structure of (and with variations of) background, options, discussion including clinical case discussion, advantages and disadvantages, personal / activity impact and conclusions and key learning points, followed by Further Reading options. The chapters are clearly constructed starting with key contextual detail for each treatment or condition and include complex case histories over a timeline include advantages and disadvantages of treatment options. The impact on patients, specialties and systems are covered for most balanced treatment decisions, as well as the detail and statistical outputs of treatment options themselves. The approach of providing great breadth emphasises this book’s aim to work across and between the silos of specialties. This is a short practical guide and I think excellent within the limitations of brevity and size. It’s a book I will absolutely be keeping on my clinic desk.”

The Molecular Basis of Cancer 4th ed.


Oncologists

The Molecular Basis of Cancer arms you with the latest knowledge and cutting-edge advances in the battle against cancer. This thoroughly revised, comprehensive oncology reference explores the scientific basis for our current understanding of malignant transformation and the pathogenesis and treatment of this disease. A team of leading experts thoroughly explains the molecular biologic principles that underlie the diagnostic tests and therapeutic interventions now being used in clinical trials and practice. Detailed descriptions of topics from molecular abnormalities in common cancers to new approaches for cancer therapy equip you to understand and apply the complexities of ongoing research in everyday clinical application. This comprehensive reference describes the molecular biology of cancer and the transformation of the molecular and genetic processes that govern the growth and proliferation of normal cells. The Molecular Basis of Cancer focuses on explaining, rather than simply recounting, the massive acceleration of discoveries and observations that form the basis for understanding these diseases, which until only a decade ago was thought about in primarily descriptive terms. Unlike other information resources in the market, Mendelsohn’s approach and expert advice provides practitioners the tools needed to understand the basic underpinnings of each type of cancer and its therapy. Knowledge of these often complex processes is important for determining the course of malignancy and designing treatment protocols.

“I would recommend this book to professionals interested in enhancing their understanding of the molecular basis of cancer pathogenesis, early diagnosis and treatment particularly scientific basis of molecular agents use. It is a thoroughly updated book, incorporating the recent advances in cancer biology for researchers, clinicians and
trainees in oncology. The topics are well-organised, clearly written with plenty of evidence, references, coloured diagrams and illustrations, which makes the book accessible and engaging to its readers. A revised volume, which beautifully explores the scientific basis of cancer development at cellular level. Detailed description of the molecular mechanism of carcinogenesis, with clear account of epigenetic control of gene expression, complex interactions between the environmental exposures of the cell to cancer causing agents and the alteration of the molecular behaviour of the host cells has been provided. It succeeds in bridging the gap between the laboratory scientists and clinicians who share an interest in applying the knowledge of genetics and molecular biology to the prevention of cancer along with early diagnosis, appropriate treatment particularly targeted therapy selection for optimum outcome. The science behind the molecular basis of the development and management of cancer has been presented in an organised manner with clear, in-depth credible details. It provides researchers, clinicians and advanced trainees comprehensive knowledge and expertise to better understand the molecular mechanisms that govern the functioning and malfunctioning of cancer cells and targeted therapies.

Paediatrics — the winner of this category will be announced from this shortlist

**Neonatal and Infant Dermatology 3rd ed.**


Paediatricians, neonatologists, paediatric dermatologists, and dermatologists

Neonatal and Infant Dermatology is a unique comprehensive and heavily illustrated reference on the dermatologic diseases of newborns and infants. It includes discussions of common and uncommon conditions seen in infants at birth and in the first few months of life. With over 600 superb photographs of normal and abnormal skin conditions including images of rare conditions, this easily accessible resource is essential for paediatricians, neonatologists, and dermatologists as well as other healthcare professionals involved in the diagnosis and treatment of dermatologic diseases in infants and newborns. This handbook allows you to glean all essential, up-to-date, need-to-know information with new chapters on Papulosquamous and Lichenoid Disorders, Acneiform and Sweat-gland disorders and two individual chapters on Vascular Malformations and Vascular Tumours. It includes new, high-quality illustrations and photos that provide even more visual examples of abnormal and normal conditions. This book allows you to expedite effective differential diagnoses with guidance from algorithms, lists, text, boxes and supporting images.

“...I think that the best way to learn about a system is to understand the basic medical science behind it and then to understand how this is disrupted in disease. This book looks at paediatric/neonatal skin from the building blocks upwards in a way that I haven’t seen many postgraduate textbooks do. The photos are really clear and key points are summarised in boxes. The link to the evidence-base is also an excellent way to structure a text— particularly when you have to explain your reasoning and management to parents and children. It also reviews everything from the basic to the fine print and everything in between. It is comprehensive— everything that you are likely to see in clinical practice— and clinically orientated with a clear description of basic medical science to give context (good for explaining why you do what you do). It is also easy to read— a good reference book: with good use of summary boxes and tables. I would have loved to have had this book when I was at medical school or doing my membership. Definitely a textbook I will refer to when faced with a child with a rash in the future”

**Pediatric Gastroenterology: A Color Handbook**


Professional paediatricians and gastroenterologists requiring a reliable summary overview of paediatric gastrointestinal disease and its management

This book aims to explore the entirety of paediatric gastroenterology, including the gastrointestinal tract, liver, pancreas, and associated nutrition, radiographic, and endoscopic considerations and provide a basic overview of paediatric gastrointestinal disease and its management. It presents a highly visual entry-point into the subject, with a multitude of endoscopic, histologic, and radiographic images as well as illustrations and metabolic pathways to convey more easily a better understanding of disease processes. There are
few textbooks which exist in the market that cover the growing field of paediatric gastroenterology. This book fills that niche in a unique manner by including a very large number of colour images representing the spectrum of paediatric gastroenterology disease along with in-detail descriptions. Additionally, this book covers the entirety of the field of paediatric gastroenterology including gastroenterology, hepatology, pancreatology and nutrition.

“This is a well-presented and excellent description of paediatric gastroenterology conditions. It makes excellent photos of images and endoscopy and histology. Each topic is divided into small sections of a few pages which makes it easy to read. It has excellent images and photos, particularly from endoscopy, and numerous photos of excellent quality. As most paediatric gastroenterology in the UK is dealt with by general paediatricians rather than paediatric gastroenterologists, this limits its usefulness for the UK, but it is certainly informative and has many excellent illustrations on both common and rare conditions.”

The Hands-on Guide to Practical Paediatrics


Medical students, junior doctors, early-stage paediatric trainees, GP and A&E trainees

The Hands-on Guide to Practical Paediatrics is the ultimate, practical guide for medical students encountering paediatrics for the first time, junior doctors thinking about working with children, and new paediatric trainees. It’s full of vital information on practical procedures, prescribing for young patients, and communicating with children and young people, as well as guidance on the paediatric training programme and paediatrics as a career. Full of clinical tips, and covering key information on developmental stages, common paediatric emergencies and ethical dilemmas, and child protection, The Hands-on Guide to Practical Paediatrics is also supported by online resources including practice prescribing scenarios and video content at www.wiley.com/go/hogpaediatrics. Whether you are on a paediatrics rotation, working with children as a junior doctor, or considering a career in paediatrics, this approachable, comprehensive and portable guide tells you everything you need to know about managing child patients. The ultimate, practical guide for medical students encountering paediatrics for the first time, junior doctors thinking about working with children, and new paediatric trainees. It includes practical procedures, prescribing, communication skills, clinical tips, the paediatric training programme, and paediatrics as a career. It covers the developmental stages of children, common paediatric emergencies, ethical dilemmas, and child protection. It is supported by a companion website at www.wileyhandsonguides.com/paediatrics featuring prescribing scenarios, videos demonstrating practical procedures, and a downloadable chart containing key values and information.

“I would recommend to someone starting their first paediatric rotation as they will need a more traditional textbook for example to learn about individual conditions. It is concise, readable, up-to-date child protection, easy to carry about and find what you need weaknesses – will need another ‘traditional’ textbook, child protection and career advice is likely to date fairly quickly. This is a comprehensive practical guide which covers all aspects of the job of a paediatric SHO and will be a useful reference for someone new to the job to carry and refer to.”

Visual Diagnosis and Treatment in Pediatrics 3rd ed.


Visual Diagnosis and Treatment in Pediatrics 3rd Edition, is conveniently organised by presenting symptom, providing you a highly practical way to approach your patients. Differential diagnosis tables are presented with colourful clinical photographs for easy comparison. User-friendly and concise, this lavishly illustrated, easy-to-digest resource is designed to improve your everyday approach to visual diagnosis, making identification more efficient and accurate.

“This book will serve as a useful companion on any paediatrician’s reference shelf. The pictures are really useful to teach trainees or students what some of the rare pathology looks like. I believe this book would be invaluable to trainees doing membership exams. The main strengths for the book is that it is colourful with plenty of pictures and succinct summaries at the end of each chapter. The book aims to help with visual diagnostics and it achieves this without a doubt. There are no major weaknesses for this book. Overall I would recommend this book to colleagues without hesitation. I would highly recommend this book for
shortlisting as it is a very good reference guide and although its target audience is paediatricians and students, I feel this would be an excellent resource to most GPs with an interest in paediatrics, particularly the section on skin disorders.”

Pathology — the winner of this category will be announced from this shortlist

Heptinstall’s Pathology of the Kidney 7th ed.


Renal pathologists

Inside the fully updated 7th Edition of this respected two-volume reference, you’ll discover clear pathologic descriptions, appropriate clinical correlations, and extensive discussions on aetiology and pathogenesis—all designed to clarify complex concepts and to facilitate the rapid and accurate diagnosis of renal disease. Detailed descriptions of pathologic manifestations of kidney disease help hone diagnostic skills and broaden therapeutic options. The text features unsurpassed, in-depth coverage of all facets of renal disease — from pathology to aetiology, pathogenesis, demographics, epidemiology, and clinical correlations with presentation, outcomes, and guidance on patient management.

“As unreservedly, every department with renal biopsy pathology practice should have it. This is the latest addition of the iconic, definitive textbook on renal pathology that has dominated this domain for over 49 years and lives up to its promise. It should be on the shelves of every pathology department that deals with renal biopsy samples as well as renal medical units. The book covers all aspect of renal pathology extensively in an authoritative manner.”

Lever’s Histopathology of the Skin 11th ed.


Continuously in publication for more than 65 years, Lever’s Histopathology of the Skin remains your authoritative source for comprehensive coverage of those skin diseases in which histopathology plays an important role in diagnosis. This edition maintains the proven, clinicopathologic classification of cutaneous disease while incorporating a “primer” on pattern-algorithm diagnosis. More than 1,800 full-colour illustrations, including photomicrographs and clinical photographs, help you visualise and make the most of the clinical diagnostic process.

“As a junior reader at this early stage of my career, I found it very enlightening to have important albeit basic concepts explained to me in a non-condescending fashion. I would certainly recommend it to my peers who work at the bench, and definitely my clinical colleagues who are at the bedside. I am not certain that it is comprehensive enough for a senior experienced specialist (given that there are many other similarly authoritative works available on the market), but I feel it works very well for the general pathologist and anyone interested in skin pathology in general. Its strengths are the pattern algorithms outlining inflammatory skin diseases based on the level of the skin involved and the kind of associated inflammation — the section on inflammatory skin conditions is excellent and comprehensive. Another strength is the quality of images that are excellent and highlight the pertinent features on microscopy, and good use of corresponding clinical photographs. I was also impressed by the inclusion of latest staging classifications (AJCC and TNM) for skin tumours within the texts. The textbook is heavy (understandably!) and perhaps it would be better as two volumes: one for inflammatory skin conditions and one for tumours. However this is but a very little quibble! This is an excellent resource for all budding dermatologists and dermatopathologists, which will remain a much-loved and cherished reference text for some time. It has grown from strength to strength and is not resting on its laurels and continues to keep up-to-date with the latest clinical and research developments, in the age of molecular advances and novel treatment discoveries. This is testament to the great passion and determination of the contributors/editors. I do not think this text
can or should be easily dismissed by the senior/junior pathologist. As a resident/junior pathologist, I will certainly be cherishing my copy of Lever’s for many years.”

**Neuropathology of Neurodegenerative Diseases: A Practical Guide**


Medical specialists and specialist medical trainees in the fields of pathology, neuropathology and neurology working with neuropathologic features of neurodegenerative diseases

*This practical guide to the diagnosis of neurodegenerative diseases discusses modern molecular techniques, morphological classification, fundamentals of clinical symptomology, diagnostic pitfalls and immunostaining protocols. It is based on the proteinopathy concept of neurodegenerative disease, which has influenced classification and provides new strategies for therapy. Numerous high-quality images, including histopathology photomicrographs and neuroradiology scans, accompany the description of morphologic alterations and interpretation of immunoreactivities. Diagnostic methods and criteria are placed within recent developments in neuropathology, including the now widespread application of immunohistochemistry. To aid daily practice, the guide includes diagnostic algorithms and offers personal insights from experienced experts in the field. Special focus is given to the way brain tissue should be handled during diagnosis. This is the only practical book on this topic, with diagnostic guidelines."

“...This is an excellent text produced by a group of highly regarded experts in the field. The text is clear, authoritative, accurate and up-to-date. The way the book is set out allows the book to be used as an aid to classification and is highly recommended to any diagnostic neuropathologist. The only slight reservation is that this book contains much advanced data in a relatively short volume, the text, of necessity therefore, assumes a level of prior knowledge that may make it a difficult read for inexperienced readers. I would certainly recommend this book to all of my neuropathology registrars and colleagues. It has been expertly edited by Dr Kovacs. The text forms a bench guide to diagnosis integrating traditional histological, immunohistochemical and molecular methods. The book also includes helpful clinical information and imaging correlations. There are chapters describing macroscopic dissection and sampling of the brain that will be of use not only to neuropathologists but to pathologists in remote centres sampling the brain for subsequent referral. The tables and diagrams are clear and the plates are beautifully produced with near perfect colour balance. The algorithms for diagnosis are particularly helpful, especially in the rapidly changing and evolving fields. This book is highly recommended as a guide to neuropathological assessment of neurodegenerative diseases including the latest genetic and prognostic data.”

**Ocular Pathology 7th ed.**


Ophthalmologists and pathologists

*Comprehensive, yet concise and clinically oriented, the new edition of Ocular Pathology brings you the very latest advances of every aspect of ocular pathology. From updated information on today’s imaging techniques, to the implementation of genetic data to better understand disease, this esteemed medical reference book promises to keep you at the forefront of your field. This classic reference bridges the gap between the clinical and pathology aspects of eye disease – making it user-friendly for the ophthalmology market who have limited pathology experience. A bonus online review tool allows readers to test their knowledge of every disease in the book."

“The only reservation is one of the increasing difficulty to produce a comprehensive volume that is up-to-date at publication, and written by one or two authors, rather than a team. However, this text remains the definitive text for ocular pathology. There are other ophthalmic pathology texts available, that may have a modern feel, better images, are more succinct, or better suited to those such ophthalmology trainees who may need a limited oversight rather than a comprehensive reference. Despite these alternatives, Ocular Pathology maintains its status as the definitive guide to the subject. Being able to look through knowledge that has accumulated over decades will always be key to understanding and managing disease. Clinicians such as myself who will be utilising this book tend to have high levels of knowledge in specific areas, and we also require highly up-to-date information. The book is beginning to struggle to maintain this, and one wonders about consideration of benefit from a multi-author format in its next edition. Whilst this remains a great book, one wonders whether successive editions and online access might not...
have fully succeeded in keeping the book as fresh and up-to-date as might have been possible. Despite this, it remains the definitive guide to clinical ophthalmic pathologists, for those working in or with the field.”

**Odze and Goldblum Surgical Pathology of the GI Tract, Liver, Biliary Tract and Pancreas 3rd ed.**


Surgical pathologists and gastrointestinal pathologists

This book allow you to remain at the forefront of your field with coverage of new molecular and genetic markers in GI neoplasms; updated knowledge on liver and biliary tree pathology; and expanded information on tumours of the ampulla. You can recognise and diagnose any tissue sample under the microscope with help from over 3,000 high-quality colour illustrations. You can also make a comprehensive diagnostic workup with data from ancillary techniques and molecular findings whenever appropriate. It will help you to effectively grasp complex topics and streamline decision-making by using extensive tables, graphs, and flowcharts as well as avoiding diagnostic errors thanks to practical advice on pitfalls in differential diagnosis. This book provides the clinician with the most accurate and up-to-date diagnostic and prognostic indicators, including key molecular aspects of tumour pathology, with access to the latest classification and staging systems available which will allow them to evaluate diagnostically challenging cases using diagnostic algorithms. The updated edition of Surgical Pathology of the GI Tract, Liver, Biliary Tract and Pancreas is designed to act as a one-stop medical reference book for the entire gastrointestinal system, providing exhaustive coverage and equipping readers with all of the necessary tools to make a comprehensive diagnostic workup. A “road map” featured at the beginning of each chapter helps readers to quickly and easily navigate the book. This text includes eight new chapters: Autoimmune Disorders of the GI Tract; Drug Induced Disorders of the GI Tract; Molecular Diagnostics of Tubal Gut Neoplasms; Molecular Diagnostics of the Gallbladder, Extrahepatic Biliary Tree, and Pancreatic Tumours; Tumours of the Ampulla; Molecular Diagnostics of Hepatocellular Neoplasms; Approach to the Liver Biopsy, and Approach to Gastrointestinal Tract Biopsies. It includes coverage of new molecular and genetic markers in GI neoplasms; updated knowledge on liver and biliary tree pathology; and expanded information on tumours of the ampulla. Readers will be able to recognize and diagnose any tissue sample under the microscope with help from over 3000 high-quality colour illustrations.

“All in all this is an outstanding volume which will be of great value to all those whether pathologists, clinicians, radiologists or surgeons involved in the clinical practice of GI and liver disorders. In their Preface to their new third edition of their textbook Odze and Goldblum referred to it as the most ‘comprehensive’, textbook of gastrointestinal and related organs (pathology) worldwide. Not only will this volume continue to be the bible for all pathologists involved in GI and liver disorders but the considerable clinical data — including pathways for correlation with the pathological appearances, will make it of particular value to clinicians whether gastroenterologists, hepatologists or surgeons. The list of contributors are of star quality and although it is invidious to pick out names, I am very familiar with top level persons in liver pathology and I note the inclusion of Neil Theise, Romil Saxena, Elizabeth Brunt, Anthony Demetris and Milton Finegold all of whom over the years I have greatly admired. It is again invidious to single out chapters but having a particular interest in the subject of endocrine tumours in the gastrointestinal tract I found the account of particular value being most informative with first rate illustrations. There is also an excellent account of these tumours in the chapter on tumours of the pancreas. The chapter on inherited metabolic and development disorders of paediatric and adult liver disease brings together clinical diagnostic information on very rare conditions and is a model of presentation which will be very helpful to those who are faced with these conditions. Again having a particular interest I looked in some depth at the chapter on toxin and drug induced disorders of the liver and found it to be first rate in its careful descriptions of the range of lesions that can be encountered. Also, one of the new chapters is on the interpretation of liver biopsies which continues to be of vital importance to the practising Hepatologist and Gastroenterologist. The other chapters have all been updated with a particular emphasis on features that will help the pathologist to differentiate closely related disorders. All in all this is an outstanding volume which will be of great value to all those whether pathologists, clinicians, radiologists or surgeons involved in the clinical practice of GI and liver disorders.”
Robbins and Cotran Pathologic Basis of Disease 9th professional ed.


Practicing pathologists, physicians needing a basic understanding of pathology to diagnose and treat their patients

This book will allow you to stay up-to-date with the latest information in molecular and genetic testing and mechanisms of disease. Consult new Targeted Therapy boxes online that discuss drug therapy for specific diseases. Gain a new perspective in key areas thanks to contributions from new authors at the top of their fields. Expert Consult eBook version included with purchase. Further your understanding with access to a wealth of interactive ancillaries on the Expert Consult site, including pathology case studies and videos and an extensive image collection. A world-class author team headed by Drs. Vinay Kumar, Abul Abbas, and Jon Aster delivers the latest, most essential pathology knowledge in a readable, interesting manner, ensuring optimal understanding of the latest basic science and clinical content. High-quality photographs and full-colour illustrations highlight new information in molecular biology, disease classifications, new drugs and drug therapies, and much more. The uniquely authoritative and readable coverage is ideal for USMLE or specialty board preparation, as well as for course work. This text includes the latest information in molecular and genetic testing and mechanisms of disease and new Targeted Therapy boxes online that discuss drug therapy for specific diseases. The online content on Expert Consult includes pathology case studies and videos and an extensive image collection.

“I would be very happy to recommend this book enthusiastically and without reservation. This book’s strengths lie in its successful revitalisation of a classic text by providing clear, up-to-date and accessible information by contemporary experts and by expanding the clinical context of disease pathogenesis in the new Targeted Therapy sections of the book and in the excellent online content. Disease pathogenesis remains at the core of the book, and is enhanced by the detailed molecular and genetic information in this new edition. This outstanding book has no significant weaknesses. The beautifully produced 9th edition of this classic text maintains the very high standard of previous editions and successfully expands the scope of the book with new detailed molecular and genetic data and a more targeted clinical focus. The core of the book remains disease pathogenesis, which is enhanced by a substantial online content with emphasis on clinical relevance, which is very likely to appeal to a new generation of readers as well as those already familiar with this well-known title.”

Popular medicine — the winner of this category will be announced from this shortlist

Alzheimer’s and other Dementias: Answers at your Fingertips 4th ed.

Dr Alex Bailey – Class Health, September 2014 ISBN: 9781859595527 £19.99

Members of the public who have had a recent diagnosis of dementia and friends or family who are caring for people with dementia

This is a question and answer guide to dementia using questions sourced from real patients and carers. The areas covered include facts about the nature of Alzheimer’s and dementia and what it takes to get a diagnosis, as well as practical considerations regarding day to day living. These Q&A’s cover personal safety, communication, activities and getting help. The book also deals with how dementia affects the carers and their emotional well-being. Further questions concern residential and nursing homes, legal and financial queries plus treatment and research. This book aims to provide clear, compassionate and practical information and support to help people understand and cope with dementia whether they are a patient or a carer. This book is in its fourth edition and has been successfully answering questions about dementia since 1997. Its unique style in answering question posed by people who have already experienced the difficulties of living with dementia can be very recognisable and helpful to new readers. Sadly, the number of people with dementia in the UK continues to rise and this resource is a proven aid to people who experience this devastating condition.

“It is a very good book and without a doubt the main strength of the book is the clarity of the writing. It is authoritative whilst being personable and friendly. I think the tone and style of the book would be quite comforting to those with lots of anxiety or apprehension about dementia. I have certainly learnt a few things that I am sure I would not learn in a medical text book. The sort of useful ‘day to day’ practical things that are usually only learnt by experience. I will be able to better inform
my patients after reading this book. This book is written in an informal style targeted towards people with dementia, their carers and relatives. The language is suitable for the layperson and medical terminology is clearly explained. The book is based on a question and answer style — it can be dipped in and out of or read from cover to cover. I think it very comprehensively covers a wide range of questions that people will have when dealing with the day to day practicalities of dementia. Although written by a doctor, the book is not over medicalised and places a lot of emphasis on sources of community support. There is lot of practical advice in this book which is applicable to patients and their carers. Probably one of the most useful sections is Appendix 1 which has lots of useful addresses of various support groups and organisations. I think this would be a very useful starting point for accessing additional advice. The rest of the book covers a broad range of questions from personal safety to research on dementia. The writing style is very clear personable and down to earth. It is very easy to read with no medical jargon: well written for the lay person. The tone is not overly solemn or inappropriately jovial. I think this is one of the areas in which the book excels.”

Coping with the Psychological Effects of Illness: Strategies to Manage Anxiety and Depression


People having to make psychological adjustment to sudden, severe illness

Illness can have devastating effects on your mental and emotional well-being. Whether it concerns an acute medical episode such as heart attack or stroke, a debilitating illness such as cancer, or a long-term condition such as diabetes, distress is a natural reaction to being unwell. Coping with the Psychological Effects of Illness explores how a physical health condition can affect confidence and self-image, and explores key ways to build resilience during this time of challenge. Written by a team of psychologists with expertise in illness psychology, it offers practical, CBT-based techniques to help deal with a range of psychological difficulties, including anxiety and depression.

“Without a single reservation, this reader would recommend this book with high regards. Not a single fault or flaw can be located within. While the target audience is narrow, but well-defined, this book would be highly recommended and highly encouraged for such a reader. A major strength is the tone and style of writing which encourages the reader to continue delving into the book. Its aims are clearly set out and this reader feels those aims are certainly achieved. The shortness of each chapter enables the reader to pick it up and read in short durations enabling them to pause and reflect on what they have read. This is a highly regarded and highly recommended book. Based on a target audience of those coming to terms with the psychological effects of living with a health condition, this book succeeds greatly in achieving its aims. A true enjoyable and enlightening read enabling the reader to take away with them personal tools and support in coming to terms with their health condition. The brevity of such a book only adds to its exceptional standard. As both a healthcare professional and a person with a chronic health condition, I can truly attest to the success and benefit this book has and will have to its target audience. The authors should be congratulated on succeeding in writing a book that can truly make a difference and help, guide and support those with an acute or chronic health condition. The tone, style and context was of exceptional quality and made this a highly enjoyable read.”

Diagnosing and Treating Chronic Fatigue Syndrome: It’s Mitochondria NOT Hypochondria


People suffering from chronic fatigue, and for their friends and families

Dr Myhill draws on her many years of specialising in chronic fatigue to explain how the energy our bodies and minds need is produced — with the health of our mitochondria as the most fundamental requirement — and what may go wrong with the many complex processes involved. Likening the body to the engine of a car (“drive your car kindly — it will last much longer”) she explains how to put things right, including ‘diet — the fuel in the engine,’ ‘sleep — essential for service and repair’, and ‘detoxification — the oil filters and catalytic converter to keep the engine clean’. She ends by applying an explanation of catastrophe theory that shows why long-term good or bad health behaviour can result in sudden change and why we should not give up in the search for recovery. Dr Myhill’s objective is to communicate what she has learned from over 5,000 CFS patients since 1982. This is a package of treatment and lifestyle change that sufferers — with help from friends, family and health practitioners — can largely take...
charge of themselves, provided they understand the importance of each element and the order in which change must be implemented. Throughout, her discussion of the fundamental role of our mitochondria is supported by her research with John McLaren-Howard of Acumen Laboratory and Dr Norman Booth of Mansfield College Oxford, published in the International Journal of Clinical and Experimental Medicine in 2009, 2012 and 2013. Her ability to make the biochemical complexities of cellular energy production not only comprehensible but entertaining sets her apart from other writing in this subject area.

“As a novice to the subject it definitely helped me to understand the subject more. I have recently recommended the book to two friends of mine who are likely to suffer with the condition however were not so lucky with the services and explanations from their own GPs. I have also visited the author’s website and it is somewhat unfortunate that the availability (not done routinely on NHS) and the costs of the test will likely defer many patients from seeking help. This book can bring them some guidance and understanding of the management. The books strengths are its novelty, clear explanation of the subject from diagnosis to management and supportive undertone to patients reading the book.”

Enjoy your Baby 2nd ed.

Dr Chris Williams with Philip Munroe, Michelle Haring, Ann McCreath and Tara Surr— Five Areas, January 2015 ISBN: 9781906564513 £3

New mothers with a baby until 12 months old, and their partners and supporters

Postnatal depression and more widely tiredness, stress and low mood are common experiences for new mums. The resource is designed to draw on the evidence based cognitive behavioural therapy (CBT) approach. Content has been written by a medic and expert in CBT, who has been involved in various NICE and other reviews. Content is informed by evidence, and also best practice. By working closely with experts in design and illustration to achieve a content that is accessible and also informative, the reader can discover key life skills, in bite size chunks, each one designed to be achievable, and delivered clearly and with humour. The content of this 2nd edition has been updated and revised after feedback on the first version of the book, and work with an expert in postnatal depression. The book is being used in major national projects in Wales (Two in Mind led by Mind Wales) and Canada (led by the Canadian Mental Health Association). This book aims to improve the mother’s mood (low mood and stress) by changing activities, setting up helpful patterns of relating to others and by relating differently to tiredness and upsetting thoughts. It helps build a sense of closeness to their baby through play and reading stories and provides a means of re-establishing adult friendships and relationships. By the end of the 14 things/14 days the aim is the mother feels happier in herself, more confident and relaxed with her baby, and also has communicated more effectively with other key people around her. There exist a number of professionally written resources aimed at practitioners. However texts aimed at mothers are generally not written by experts in psychological therapies, and lack a clear structure and plan to bring about change. The current book spans both needs – it is a text directly aimed at mothers who can obtain and use it themselves. It also is designed as a resource for practitioners to use as part of a guided/supported self-help approach. As such we believe the book is currently unique in the UK setting.

“The tone of the book is encouraging and supportive without being patronising and the writer obviously has a very good understanding of the challenges facing new mothers. The background to the exercises being used is clearly explained and there is a good balance of opportunities for learning new information, self-reflection and self-development. The text is clear and easy to read, split into manageable sections and there is a sense of progression and continuity as the book continues. It is bright and colourful without the images being overwhelming or taking attention away from the text. This book successfully combines information, support and evidence based CBT strategies for new mothers who may be affected by postnatal depression. It adopts an informal and engaging tone with a good balance of information giving, opportunities for self-reflection and interactive exercises with space for the reader to set goals and make plans. It demonstrates a very good understanding of the challenges facing new mothers and is supportive without being patronising. It is well-presented with clear and easy to read text, bright graphics and colours.”
Healthy Eating to Reduce the Risk of Dementia


People with a family history of dementia, those aware of failing memory or with mild cognitive impairment and the ‘worried well’.

The book presents the evidence base for dietary change as a preventive strategy. The first 40 pages provide detailed information to help lay readers evaluate potentially misleading media reports and to make informed choices about the foods, nutrients and dietary patterns that they can adopt. This is followed by 100 recipes selected to reflect dietary patterns, optimum ingredients and cooking methods identified from the evidence as most likely to reduce dementia risk. Each recipe includes information about why it was included (e.g. as a source of polyphenols) together with details of calories, total and saturated fat per serving. The main text is complemented by four appendices: (1) Exercise and dementia; (2) Weighing evidence from studies; (3) Tabulated sources of beneficial foods and amounts of specific components per serving; (4) Key references and a link to a dedicated website (www.surrey.ac.uk/diet-and-dementia) containing all 715 references used to create the book, designed to elaborate on the science-base of the book for interested readers. A grant from a Cardiff-based charity, The Waterloo Foundation, enabled me to employ three ex-students (two registered dietitians and a health writer with the Surrey MSc in Nutritional Medicine) to carry out a literature search and assess the strength of the evidence. The book was the subject of a presentation at the Nutrition Society Winter Meeting at the Royal Society of Medicine on December 9, 2014; the presentation (Rayman et al.) is in press at the Proceedings of the Nutrition Society. This is the first evidence-based cookbook designed to help people eat and prepare foods associated with a reduced risk of dementia in peer-reviewed published research. It is also in line with national and international public health agencies’ commitment to increasing public awareness of risk factors and how these may be reduced by adoption of a healthier lifestyle including improved diet. The book puts research findings into context, making complex science accessible, bridging the gap between academia and the popular press. It provides realistic and honest advice; practical and appealing recipe ideas make dietary adaptation an attractive, cost-effective and easy-to-implement options. The recommended dietary interventions have other health benefits.

Further research is needed to determine the long-term impact of this approach on dementia risk. For each copy sold, the publisher will donate 20p via The Waterloo Foundation to Ty Hapus, a unique respite service for people with dementia based in South Wales. All the royalties from the book will also go to Ty Hap.

“This is a book worth recommending and reading even for those without any risk of developing dementia. This is a book that helps maintain a healthy brain function and therefore reduce the risk of many signs related to dementia. The book’s strengths are definitely the importance of the subject, useful information with an easy to understand language. It is very visual and colourful approach with excellent graphic design that gives the book a high rating. Possibly the only weakness might be to present the evidence in a more visual way, like in tables to make it easy to grasp the data. This is book is so far one of its kind. There are other books that explain dementia on how good sources of food can help brain function, however, this books presents in a very effective way, useful background information and a full explanation of all the nutrients that help the brain to function as its best for longer. This is a book on prevention and it is important because it allows people to take charge of keeping their brain healthier for longer.”


Anyone who struggles with anxiety, fear and worry and finds these emotions having a negative impact on their day-to-day life

A self-help guide using Cognitive Behavioural Therapy techniques. We all know what anxiety feels like: it is an inevitable part of life. For some of us, however, panic attacks, phobias, obsessions or constant worries can have a devastating impact on our self-confidence, our relationships and our general wellbeing. This self-help guide, written by one of the UK’s leading authorities on anxiety, shows you how to use cognitive behavioural therapy techniques to manage your anxieties. A whole range of anxieties and fears are explained, from panic attacks and phobias to obsessive compulsive disorder and generalised anxiety. It includes an introduction to the nature of anxiety and stress and a complete self-help programme with monitoring sheets based on Cognitive Behavioural Therapy. It aims to help the reader learn to master their anxiety
using tried-and-tested CBT techniques, allowing them to take control of their recovery programme. Overcoming self-help guides use clinically proven Cognitive Behavioural Therapy (CBT) techniques to treat long-standing and disabling conditions, both psychological and physical. This is the UK’s market leading self-help book on anxiety, having sold over 115,000 copies across two editions and being selected for the Reading Agency’s ‘Reading Well’ Books on Prescription reading list. This is a book that has directly helped a large number of people in need. This 2nd edition brings the content fully up-to-date and takes account of new research, and clinical guideline changes since the 1st edition was published.

“This is a well-written, easy to read self-help guide which should be invaluable to anyone who wants to try and overcome their anxieties using CBT. It’s also a useful read for health professionals, friends and family who are interested to support someone with anxiety. This is an empowering book which gives the reader the knowledge and the tools to apply Cognitive Behavioural techniques in order to overcome their anxiety. The many practical examples of CBT in action through the book can only give encouragement to those struggling with anxiety. Reading this book gave me a useful insight into the problems faced by people with anxiety and improved my knowledge of how to help those sufferers help themselves by use of CBT. I will certainly include this among my resources to help my patients with anxiety. For a problem as common as anxiety, this practical self-help guide is an excellent, thoughtful resource for those affected. Self-help for anxiety not only empowers the sufferer and enables them to take control of their life again. In so doing, it may also lessen the burden carried by their families, friends and the health care services that support them.”

**Psy-Q : Test your Psychological Intelligence**


General audience

_Psychology is everywhere. Our emotions and desires, the decisions we make on a daily basis – absolutely every aspect of the way we think and feel has been studied by psychologists. Through dozens of interactive puzzles, IQ tests, quizzes, jokes, puns and visual illusions, Ben Ambridge guides us through this wealth of research, showing us how we can better understand ourselves. Debunking tabloid speculation, revisiting old favourites like the Stanford Prison Experiment and unearthing bleeding edge research unknown to the general reader, renowned psychologist Ben Ambridge blows away the received wisdom to reveal to enthusiasts and novices alike the psychology behind our daily lives. With wit and humour aplenty, he explains whether your blue eyes make you more or less trustworthy, how analogies can help cure cancer, whether Rorschach’s famous inkblot tests really work, what your love for heavy metal (or Mozart) says about you, how psychology could help solve the obesity crisis and countless other revealing, entertaining and downright astonishing tests of your Psy-Q._

“If someone wanted a light-hearted, easy to read book to introduce them to interesting and fun concepts about psychology this would be a good read. Although it is another ‘pop science’ type book, I think its subject makes it a nice addition to the market. It makes nice use of pictures and illustrations as part of quizzes and to help explain. This breaks up text nicely, giving the book an interactive feel. Psychology might seem like a daunting subject and this is a nice entry into the market making it an accessible subject to the wider reader.”

**The Bravest Boy I Know**


Children living with HIV — the message is that treatment is available and they can survive and thrive

This book features two delightful eight-year-olds living in Africa: a girl called Kayla and a boy called Kendi. Kendi is living with HIV, but he seems as happy as any other child. The story focuses on their carefree life at school, at home and in the countryside. The book discusses Kendi’s feelings about being unwell sometimes and about his mum’s support when he takes medicine. Kendi is full of dreams and imagination, and has worked out how to deal with the challenges that come with living with HIV. Kayla adores him, describing him as “the bravest boy I know”. This book features two delightful eight-year-olds living in Africa: a girl called Kayla and a boy called Kendi. Kendi is living with HIV, but he seems as happy as any other child. The story focuses on their carefree life at school, at home and in the countryside. The book discusses Kendi’s feelings about being unwell sometimes and about his mum’s support when he takes medicine. Kendi is full of dreams and imagination, and has worked out how to deal with the challenges that come with
Kayla adores him, describing him as "the bravest boy I know". The Bravest Boy I Know is intended to help people understand HIV among children and especially to understand that children bounce back and do well when on treatment. HIV-positive children can go to school, play and live like any other children. The Bravest Boy I Know helps to reduce stigma and foster tolerance, understanding and support for children living with HIV. It is a source of comfort and encouragement for children learning about their disease and for others who are living, playing and interacting with them. There is very little literature for young children living with HIV and their parents, guardians and educators. More than three million children are living with HIV like Kendi, and most acquired it from their mothers during pregnancy, delivery or breastfeeding. Every day, 660 children worldwide acquire HIV; however, in 2011 only one third of children exposed to HIV were tested for the virus within the recommended two months. This book is thus important for raising awareness about HIV among children. The book is accompanied by a discussion guide that provides suggestions on how to use the book and background information about HIV and children, how HIV is acquired, tested for and treated and where to get more information. A factsheet on children and HIV is also available, along with a narrated video of the book.

“This is a unique offering and I can’t find a comparator. Stigma is a huge contributor to high morbidity and mortality in people living with HIV. The book is well-presented and engaging. If used appropriately it could be an important public health tool.”
Programme and Award Winners

a group of trainees studying together, and shared between them.

“The CSA is difficult to teach because there are few comprehensive good source materials. This book meets that gap. As a GP Trainer I found it very helpful and would recommend it to my GP Registrar as a comprehensive source book. The book meets a gap in the market. It has the advantage of being written by CSA examiners so meets the needs of the GP Registrar.”

Differential Diagnosis in Dermatology


GPs or nurses working in primary care

Fully updated and revised, Differential Diagnosis in Dermatology 4th Edition has been greatly expanded and now includes entirely new chapters on specific areas such as mouth, tongue, lip and ear problems, acute erythematous rashes of the trunk and limbs, chronic erythematous rashes and lesions, and non-erythematous lesions. It also now includes an invaluable classification of topical steroids by potency. Chapters are divided into different body areas, and possible diagnosis can be made by reading through the text or looking through the photographs. It takes the reader through the process of diagnosing skin disease, from the basic biology of skin, history taking, describing skin lesions and carrying out special investigations, providing an invaluable resource for enhancing diagnosis and improving patient outcomes. This highly effective guide to dermatological diagnosis in the surgery or clinic, takes the reader through the process of diagnosing skin disease, from the basic biology of skin, history taking, describing skin lesions and carrying out special investigations.

“For other GPs/GP trainees I already have recommended this book as it is something many of us struggle with. It is the one time I have to get my supervisor to stop what he is doing to come and see patients with me (rashes where I am uncertain of the diagnosis) and many of my colleagues agree. A strength is its clarity and ease of use. It; an important topic which many GPs struggle with. There is a good introduction to how to describe rashes and dermatological terminology. It includes just enough information given without being patronising. It makes excellent use of colour photographs encompassing different lesions and skin tones. I wish I’d known about this book earlier on in my career! I think this book should be short-listed for its original and ambitious design to aid GPs with diagnosing skin pathology, an important and relevant area many GP trainees struggle with.”

Oxford Handbook of General Practice


GPs, GPs in training, medical students and allied health professionals working in the community

The Oxford Handbook of General Practice 4th edition covers everything a doctor needs to work in, or manage a GP practice, ensuring readers are always up-to-date with the latest guidelines, the most recent protocols, and cutting-edge clinical information. With concise, bullet-point information the chapters are now colour-coded to ensure the reader can find vital emergency or clinical information without delay. The handbook acts as a practical guide to all aspects of general practice; from vital clinical information, to valuable practical guidance from experienced GPs. Written by GPs for GPs, the handbook contains practical guidance, with clinical and emergency sections clearly marked for rapid access. It also includes web links on the relevant guidelines and online resources. All sections of the handbook have been revised in line with the new clinical guidelines, management practices, the GP Curriculum and changes to the GP Contract.

“This is an excellent summary of general practice. It’s easy-to-use, fits in a bag, and enables a student, new GP or older GP to find the necessary information to support diagnosis and treatment quite easily. It confirmed to me that I was up-to-date across the range of general practice. Its weakness is in missing important changes relating to changes in general practice organisation in the last 12 months. This is an excellent summary of what is necessary to know about general practice but is unfortunately already out of date in some areas relating to GP contract changes.”
Symptom Sorter 5th ed.

All GPs, especially GP trainers and registrars; Nurse Practitioners and A&E nurses

Presenting a multitude of symptoms commonly encountered in primary care, this fully revised and greatly expanded edition features brand new chapters on visual disturbances, hand and wrist pain and abnormal movements. In addition, the text also features carefully revised chapters on thirst, loss of consciousness and coughs in both adults and children. This authoritative guide, updated with the latest clinical evidence and guidance, aims to support GPs and other primary care professionals in making swift, accurate diagnosis through application of a symptom-led approach. Symptom Sorter has excelled in redressing the balance between symptoms and diagnoses to become the essential reference book in primary care.

“I definitely think this book is very helpful to junior doctors doing GP rotations, or medical students. The format is very easy to follow, and I will certainly be using this book after consulting patients, to ensure I have considered the differentials, and ruled out red flags. I really like the way the information is presented in this book, very accessible. It’s a really nice check list for junior doctors to refer to. I do not think more experienced GPs would need to use this book though. There is no information of treatment, but that is not within the scope of this book. Rather, it is an excellent aid to help junior doctors formulate a diagnosis and exclude serious disease. I will definitely be using this book to help me formulate diagnoses and exclude red flags.”

The Bad Doctor.

Anyone who has ever been a patient and wondered what happens behind the GP’s desk

Dr Iwan James: cyclist, doctor, would-be lover, former heavy metal fan and, above all, human being. Weighed down by his responsibilities – from diagnosing personality disorders to deciding who can hold a gun licence – he doubts his ability to make decisions about the lives of others when he may need more than a little help himself. As we begin to investigate Dr James’ own history of OCD, we are reminded by this funny and eloquent graphic novel that doctors are human too. The author’s object was to convey in graphic novel form the life of a GP and the constraints to which such a position of responsibility can have on a doctor’s personal life and those of his patients. Ian Williams looks back at his own history of OCD and the way in which he felt it would have been professional disaster to make it known when he was a student and as a junior doctor. Fictionalising his experience, and bringing it to life with wit and art, was a way of reaching out to others who might share the same history, and to those whose understanding of human nature would be deepened as a result. Creating this book was a way of opening up the discourse about mental illness among health practitioners when in a position of responsibility for other people’s lives. As Iwan cycles around the beautiful Welsh countryside with his friend Arthur, he begins to make some sense of his life and to realise that it’s never too late to seek help. Focusing on the life of a GP may not be unusual in fiction or in TV, but in graphic novel form it is unique. With its origins in the autobiographical comics with which Williams made his name using the pseudonym Thom Ferrier, to protect the anonymity of his patients, the author has created a work of fiction that both informs and liberates: it resonates with those in the health service and all of us who are its users.

“I identify strongly with the protagonist (middle-aged male small town GP) wrestling with the complexities of life, work and how they interface. I am increasingly distanced by the hype on book covers and so I approached this one with caution as it is described as an ‘unputdownable graphic novel...great literature...’ etc. but, for me it was unputdownable and as a result I was nearly late for work this morning. Some of the insights cut to the core of what it means to be a community based GP: e.g. the pillar of the community with syphilis, marital tensions, stress-relief by exercise. Some of the vignettes are brilliant; some examples: the
intimidating personality-disordered PT who hides his colobomata behind menacing shades only seen after suicide. Or the bullish colleague whose veneer of sympathy for our hero’s disclosure of personal turmoil slips as he fears it might invalidate the practice locum cover.”

Psychiatry — the winner of this category will be announced from this shortlist

Essentials of Global Mental Health


Policy makers, administrators, economists and mental health care professionals, and those from the allied professions of sociology, anthropology, international politics and foreign policy

Mental illness accounts directly for 14% of the global burden of disease and significantly more indirectly, and recent reports recognise the need to expand and improve mental health delivery on a global basis, especially in low and middle income countries. This text defines an approach to mental healthcare focused on the provision of evidence-based, cost-effective treatments, founded on the principles of sharing the best information about common problems and achieving international equity in coverage, options and outcomes. The coverage spans a diverse range of topics and defines five priority areas for the field. These embrace the domains of global advocacy, systems of development, research progress, capacity building, and monitoring. The book concludes by defining the steps to achieving equality of care globally. It identifies the five priorities of global mental health, enabling the reader to focus their efforts on those issues most crucial to the global mental health movement and showcases best practices that have been applied and tested, allowing readers to learn from successes and failures of real-life world programs.

“This is an interesting and comprehensive text. Well-written with good explanations and exploration of topics that one would not necessarily think of as being relevant to the field of global mental health. It is comprehensive and well-written but would benefit from graphics and further illustrations. I am not aware of a similar text so represents an important contribution to highlighting the developing field of global mental health.”

Excellence in Dementia Care: Research into Practice 2nd ed.


Those working or volunteering in health and social care, undergraduate and postgraduate students across a range of disciplines in health and social work, and anyone interested in the field of dementia care.

This scholarly yet accessible textbook is the most comprehensive single text in the field of dementia care. Drawn from research evidence, international expertise and good practice guidelines, the book has been crafted alongside people with dementia and their families. Case studies and quotes in every chapter illustrate the realities of living with dementia and bring the theory to life. Fully updated with ten brand new chapters, this landmark textbook has enormous breadth and gives an authoritative overview of dementia care. This text will provide knowledge, encouragement and motivation to a hard-pressed workforce and anyone interested in dementia care, ranging from first-year health and social care students (of any discipline) right through to experienced academics. Drawn from research evidence, international expertise and good practice guidelines, the book has been crafted alongside people with dementia and their families. Case studies and quotes in every chapter illustrate the realities of living with dementia and bring the theory to life. This comprehensive text is a unique achievement. The expertise of researchers, practitioners and academic tutors is brought together in a stimulating, informative and sometimes provocative read.

“I think this is an excellent textbook and will be recommending it to colleagues. This book provides an excellent, broad overview of all aspects of dementia care. Any clinician or researcher in the field is likely to find much that they did not know in the book and there are plenty of suggested sources of further information. Its broad focus and wide range of experts contributing chapters are substantial strengths I am pleased to have been introduced to this book and will start to use it in my teaching and recommend it to trainees and colleagues.”
This is a well-designed and accessible programme of CR for bipolar disorder – all sessions planned out and described – ready to deliver to a client group. I would be interested to co-facilitate such a programme of therapy. The presentation and description of the functional remediation programme for bipolar disorder is very well-done and accessible – such that I feel that as a group facilitator it would not be too arduous a task to get the programme up and running. I think it includes some very good sessions. I already intend to pass the book to our psychologist who is currently putting together a programme of CR for schizophrenia (in the hope that something similar to this programme can begin at my workplace).”

“Helping Kids in Crisis: Managing Psychiatric Emergencies in Children and Adolescents


Practitioners in hospital or community-based settings, including physicians in training, paediatricians who work in practice-based or emergency settings, psychologists, social workers, school psychologists, counsellors and school nurses.

Provides expert guidance to practitioners responding to high-stakes situations, such as children considering or attempting suicide, cutting or injuring themselves purposely, and becoming aggressive or violently destructive. An abundance of case examples of common emergency symptoms or behaviours provides professionals with critical, concrete tools for diagnostic evaluation, risk assessment, decision making, de-escalation, and safety planning. Helping Kids in Crisis: Managing Psychiatric Emergencies in Children and Adolescents is a vital resource for clinicians facing high-risk challenges on the front lines to help them intervene effectively, relieve suffering, and keep their young patients safe. Children experiencing behavioural crises frequently reach critical states in venues that were not designed to respond to or support them – in school, for example, or at home among their highly stressed and confused families. Professionals who provide services to these children must be able to quickly determine threats to safety and initiate interventions to de-escalate behaviours, often with limited resources. The editors and authors have extensive experience and have deftly translated their expertise into this symptom-based guide to help non-psychiatric clinicians more effectively and compassionately care for this challenging population. There is a dearth of available information and resources on emergency psychiatry, particularly for children and adolescents. Helping Kids in Crisis is a timely and sorely needed book.

“This book is essential reading for anyone who may be responsible for helping a child in crisis. Although not targeted at psychiatrists I think that this is essential reading for trainee psychiatrists as managing children in crisis can often be anxiety provoking even to those experienced in acute adult psychiatry. A major strength is the sensible and practical advice from experts in the field. It addresses common misconceptions and myths e.g. ‘talking about suicide might put the idea in their head’ and provides practical suggestions such as...”

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Functional Remediation for Bipolar Disorder


Psychologists, psychiatrists and other healthcare professionals caring for patients with bipolar disorder

Managing the cognitive difficulties experienced in bipolar disorder poses a significant challenge to patients, relatives, researchers and clinicians. This book equips readers with a thorough understanding of these cognitive deficits and, importantly, the usefulness of current treatment approaches, such as remediation, to improve functional recovery. This manual guides readers in the application of the functional remediation programme, providing a collection of materials enabling therapists to run group sessions. The first part focuses on cognitive deficits and their impact on functional recovery. The second part describes the operation of the programme, session by session, with reference to handouts and slides available for download from an accompanying website. Topics covered include memory, attention, and executive functions. The final part describes the efficacy of this programme, particularly the functional improvements seen in participants. This book describes a novel, evidence-based psychological intervention, giving readers the tools they need to implement this effectively. It includes a recommended treatment plan to reduce the impact of cognitive deficits, and maximise functional recovery. Supplementary material, including handouts and session slides for patients and therapists, is available on an accompanying website for download and printing.

“This is a well-designed and accessible programme of CR for bipolar disorder – all sessions planned out and described – ready to deliver to a client group. I would be interested to co-facilitate such a programme of therapy. The presentation and description of the functional remediation programme for bipolar disorder is very well-done and accessible – such that I feel that as a group facilitator it would not be too arduous a task to get the programme up and running. I think it includes some very good sessions. I already intend to pass the book to our psychologist who is currently putting together a programme of CR for schizophrenia (in the hope that something similar to this programme can begin at my workplace).”
risk assessment and empathic listening. A small weakness is that it is an American text so some of the specifics about the health and justice services are different however this is only a small part and easily translatable to the UK setting. This is an excellent resource written by experts in emergency child and adolescent psychiatry that tackles difficult subjects, including aggression and suicidal behaviour, sensitively and practically. It would empower readers (including non-clinicians) to make safe and considered decisions when working with children in crisis.”

Kaplan and Sadock’s Synopsis of Psychiatry: Behavioral Science/Clinical Psychiatry 11th ed.

ISBN: 9781451194340 £59

Psychiatrists

In this best-selling textbook in psychiatry for over 40 years, the reader will find a thorough discussion of both the behavioural sciences and clinical psychiatry. The 11th edition integrates all the DSM-5 criteria and provides a detailed and comprehensive overview of treatment methods for every known mental disorder.

“This is an excellent text for those interested in a comprehensive overview of advances in psychiatry. I feel that this book is particularly strong in the clarity of the writing style. It is targeted at diverse professional groups; physicians, psychiatrists, psychologists, social workers and psychiatric nurses among others. Its goals are to foster professional competence and ensure high quality care. This book acts alas a compendium of new events in psychiatry; providing up-to-date, reliable information for various practitioners. I believe that this book treads the difficult path of detail versus conciseness very well. I believe it is pitched at an appropriate level for its intended audience. This would be an excellent choice for an award: a high quality title I would recommend to my colleagues which is clear, comprehensive and current!”

Psychiatry: Past, Present, and Prospect

Sidney Bloch, Stephen A. Green, and Jeremy Holmes – Oxford University Press, May 2014
ISBN: 9780199638963 £34.99

Psychiatrists and allied mental health professionals, such as psychologists, psychiatric social workers, psychiatric nurses, and occupational therapists, trained and in training; the lay public

Psychiatry: Past, Present, and Prospect brings together perspectives from a group of highly respected psychiatrists, each with decades of experience in clinical practice. The topics covered range from scientific discoveries of all kinds, advances in treatment, and conceptual breakthroughs. The highlights are countered by the field’s negative sides: perennial indecisiveness about the boundaries of psychiatry; the limitations of a narrow approach to human suffering; the retreat from the hope of a de-institutionalised, community-based psychiatry; the divide between biological treatments and psychotherapy; the technical and ethical complexities of psychiatric research; and the low priority given to psychiatry, especially but far from exclusively in less developed countries. The book aims to offer a balanced account of psychiatry’s evolution since the 1950s, as well as its likely prospects in the 21st century. It is full of collected wisdom that will promote the curiosity of mental health professionals about key developments in psychiatry over the past half century. The book will also sensitize the next generation of mental health professionals to the role they might play in advancing the state of knowledge about mental illness and its treatment during the course of their careers and serve as a valuable archival resource for scholars. With contributions from many of the leading figures in world psychiatry, this book represents a unique combined memoir of the highlights and frustrations of more than four decades of clinical practice, teaching and research in psychiatry.

“I would recommend it to a student in the field of medicine wishing to learn about the development of psychiatric therapies and current treatments. The strength of the book lies in its account of the development of psychiatric therapies and its discussion of current treatments. I consider this to be an excellent and very useful book. There are 21 chapters and 28 contributors resulting in a full exposition of each subject. This is a very good book. It contains a wealth of knowledge on the development of psychiatry and on the current practise of this branch of medicine. It is well-written and well-produced. I am sure that I shall refer to it in the future.”
Schizophrenia 2nd ed.

David J. Castle and Peter F. Buckley – Oxford University Press, January 2015

Practitioners in mental health, including psychiatrists and psychiatry trainees, as well as specialist nurses and GPs with an interest in psychiatry

Part of the Oxford Psychiatry Library of pocketbooks, this user-friendly and practical guide will outline the diagnosis, evaluation and treatment of patients with schizophrenia. Co-authored by two global experts on the management of patients with psychosis, this pocketbook will serve as a useful guide for psychiatrists, trainees, psychiatric specialist nurses, and interested GPs. Schizophrenia is one of the most disabling mental illnesses and is also highly prevalent, occurring in approximately 1% of the population and affecting both men and women equally. The disorder has a typical onset of between 15 and 35 years of age and is characterised by impairments in reality, most commonly hallucinations and delusions. It is a highly complex condition and is often confused with other mental disorders such as bipolar disorder. This book aims to help clinicians to diagnosis and treat patients with schizophrenia in their regular practice. The new edition of this pocketbook has been updated to include the new DSM-5 diagnostic criteria on schizophrenia and to reflect new data and include new longitudinal studies on psychiatric and medical co-morbidity, genetic and environmental factors, new drug therapies, adherence and the role of depots, new advances in psychosocial therapies (CBT, ACT, and cognitive remediation) and includes an updated and expanded appendix.

"I would very much recommend this book: it is very good for psych trainees. It is easy to understand and covers everything you need to know really and is interesting. It includes very accessible and easy to understand information, without being too simplistic. It is clear and easy to understand. The tables, e.g. of symptoms, are very good for quick reference or revision. I think the main advantage it's got is its size and how easily accessible the information is. It's good to carry around as a quick reference guide or to get an overview by reading cover to cover.”

The ASAM Principles of Addiction Medicine 5th ed.

ISBN: 9781451173574

Specialists in addiction

This comprehensive reference text dedicates itself to both the science and treatment of addiction. The reader will receive a thorough grounding in both the scientific principles behind the causes of addiction and the practical aspects of clinical care.

"It may not be for the beginner but there was much that I did not know and it's easy to find your way around to authoritative information. It is a comprehensive clinical 'handbook'. There are 1795 pages and 114 chapters arranged in 14 Sections. There are at least 104 editors and contributors seven of whom are not from the Western Hemisphere with four from Australia and three from Europe. I did not come across a reference later than 2013 of which there were a good number. This is quite an achievement It treats each aspect of addiction medicine as an outline of the subject, they are not monographs but that is to be expected by the nature of such an overview of the speciality. It is a handsome volume that treats the subject in an exhaustive way. I am very pleased to have been asked to review and to have to keep it as a valued companion.”
Public health — the winner of this category will be announced from this shortlist

African Health Leaders: Making Change and Claiming the Future

Francis Omaswa and Nigel Crisp — Oxford University Press, August 2014

Policy makers, academics, and students worldwide who have an interest in health improvement and systems, as well as to those with a particular interest in Africa and low and middle income countries

This book demonstrates how, over three generations, African health leaders are creating a distinctive vision of health in Africa. Written by Africans, who have themselves led improvements in their own countries, the book discusses the innovation and leadership that has been involved in tackling everything from HIV to neglected tropical diseases. It addresses key global health issues, informing readers how Africa can contribute to its development, including lessons that other nations can learn from Africa. It is the first book to be written by three generations of African health leaders including Health Ministers of Rwanda, South Africa, and Sierra Leone.

“This is an excellent book for those wanting detail or who already have some background and understanding of the topic. But quite specialist, in-depth and long for those just wanting overview/to learn more and get into the topic from scratch. Its main strength, is the variety of authors from Africa, who have first-hand perspective and insight and all of whose contributions are excellent. Its main weakness is whether the important message of the book will receive sufficient attention that they deserve in this (specialist) book format. “

Birth Defects Surveillance. A Manual for Programme Managers


Programme managers

This manual is intended to serve as a tool for the development, implementation and ongoing improvement of a congenital anomalies surveillance programme, particularly for countries with limited resources. The focus of the manual is on population-based and hospital-based surveillance programmes. Some countries may not find it feasible to begin with the development of a population-based programme. The manual focuses on the methodology needed for the development of both population-based and hospital based surveillance programmes. Further, although many births in predominantly low- and middle-income countries occur outside of hospitals, some countries with limited resources may choose to start with a hospital-based surveillance programme and expand it later into one that is population based. Any country wishing to expand its current hospital-based programme into a population-based programme, or to begin the initial development of a population-based registry, should find this manual helpful in reaching its goal. This manual is a collaborative effort between the World Health Organization (WHO), the National Center on Birth Defects and Developmental Disabilities from the US Centers for Disease Control and Prevention (CDC) and the International Clearinghouse for Birth Defects Surveillance and Research (ICBDSR).

“This book has a clear objective of being a manual for specific purpose, fulfils this objective by a combination of clear layout and methodical approach first to principles behind a programme and then to categorisation of defects. The clear unambiguous text is complemented by excellent use of colour figures and illustrations. I thought this was an excellent manual. It has been kept concise enough to function as a useful manual for a novice programme manager, but is still comprehensive in covering both theoretical and practical aspects of setting up a programme. Its style throughout is fluent but easy to read, with clear definitions both of principles and of specific conditions. The figures and illustrations are used well throughout to complement the text.”
Emerging Infectious Diseases: Clinical Case Studies


Academics and researchers in microbiology, immunology, infectious diseases; medical students; clinicians; laboratory scientists; infection preventionists and public health

More than 30 newly emerged microorganisms and related diseases have been discovered in the past 20 years. Since these infections are so new, even infectious diseases experts and clinical microbiologists need more information. This book covers recently emerged infectious diseases based on real cases and provides comprehensive information including different aspects of the infections. It is written in a ‘teaching’ style, this book is of interest to every medical specialist and student, presents clinical case studies in parallel with the pathogenesis and provides detailed microbiological information on each emerging infection.

“My interest in the subject matter of this book derives from my background in travel health and global health issues. I teach doctors, nurses and medical undergraduates and would unreservedly recommend this book to my students and to my fellow practitioners. This book has many strengths, and only one weakness, the lack of colour illustrations. I consider this to be an outstanding book which I will without doubt be consulting frequently for my own information and in my teaching.”

Encyclopedia of Toxicology 3rd ed.


Toxicologists, pharmacologists, professors and students of pharmacology and toxicology, drug companies, toxicology testing labs, libraries, poison control centres, physicians, pharmacists and other health care professionals, legal and regulatory professionals, and chemists

Encyclopedia of Toxicology, 3rd edition offers authoritative, multidisciplinary, and comprehensive coverage of all facets of toxicology, providing researchers with an easy-to-use reference work covering all of the core areas of toxicology. Thoroughly updated with the latest advances in toxicology, the 3rd edition of this important work contains new information on nanotoxicology, epigenetics, persistent organic pollutants, computational toxicology and bioinformatics, controversial chemicals, and much more. Along with the traditional scientific entries, new articles focus on worldwide initiatives, the potential health and environmental effects of new technologies, and the societal implications of global legal and regulatory issues. Over the past decade, advances in epigenetics, bioinformatics, systems biology, nanotoxicology and computational toxicology are transforming toxicity testing from a system based on whole-animal testing to one founded primarily on in vitro methods that evaluate changes in biologic processes using cells, cell lines or cellular components, preferably of human origin. Encyclopedia of Toxicology Third Edition provides a valuable resource of up-to-date coverage of these ongoing and revolutionary scientific advancements in toxicology, and the corresponding global regulatory and legislative implications. To find the similar breadth and depth of information contained within the Encyclopedia of Toxicology, Third Edition one would have to purchase a variety of both general and highly specific books. Encyclopedia of Toxicology, Third Edition is an easy to use one-stop reference offering high-quality and trusted content by reputable leaders in the field, covering every aspect of toxicology. Led by an international team of domain experts, this title is an invaluable resource to researchers both new to the field and those within particular areas of study needing to quickly get to grips with topics outside their immediate research interests.

“This reference book is comprehensive and has a clear layout and structure throughout. It fits well with existing free online databases. For the list of substances, most of the references are to key online databases, where up-to-date research evidence is collated, rather than directly to the research itself. This is a strength as it allows a synopsis of the toxicology without getting into detailed debate about the merits of the research canon. It also means that the volumes are less susceptible to becoming outdated. Each chapter runs to the same layout and style which makes its use as a reference very easy for the reader. Most illustrations are to show the various chemical structures and formulae being discussed. Other illustrations are well-selected, though there is no single style used throughout (some are coloured some are not), and in at least one case the diagram appeared to be a jpeg copy of a hand drawn diagram. It would be useful to develop a single style for illustration and diagram. This a reference text, not something that would be widely bought and read even by those specialising in toxicology. Having said that, it is very well-done in that the
style and layout is consistent throughout, meaning it manages to make a very complex subject easily accessible as a handbook/reference.”

**Global Health Law**


Public health doctors

*The international community has made great progress in improving global health. But staggering health inequalities between rich and poor still remain, raising fundamental questions of social justice. In a book that systematically defines the burgeoning field of global health law, Lawrence Gostin drives home the need for effective global governance for health and offers a blueprint for reform, based on the principle that the opportunity to live a healthy life is a basic human right.*

“The book is more about global public health than it is about global health law – I wonder whether this is wishful thinking and the author hopes that there will one day be a more co-ordinated legal approach to health, globally. It helpfully describes the various global health institutions and what they do, and the issues which need addressing and which will continue to pose a challenge in the future. The use of short personal stories to illustrate the relevance of this topic to real people is effective. Boxes, tables and diagrams are used to break up what can at times be otherwise rather dense text. Due to the date of publication (March 2014) there is nothing about the global response to the recent Ebola outbreak but there is an interesting chapter on pandemic influenza and a thought-provoking chapter on non-communicable diseases.”

**Health Improvement and Well-Being: Strategies for Action**


Experienced and senior public health professionals as well as masters level students taking courses in public health, health improvement or health promotion

*It is now widely acknowledged that there is more to health than just the absence of illness. This book aims to widen the perspective of health professionals to encompass the concept of well-being across the lifespan. It has been written to introduce students to the theory and practical application of health improvement and well-being in the context of public health, providing global as well as domestic perspectives on key concepts, in particular: Social and health inequalities; Social justice; Political influences and Commissioning, funding and delivery of services. Each chapter defines and provides an outline of theoretical perspectives relevant to each topic, allowing the reader to critically evaluate the accepted wisdom in each of the fields under discussion. Case studies illustrate local and global perspectives and questions throughout the book encourage students to think and reflect on the key points of each chapter and apply theory to practice. With a delicate blend of theory and practice, Health Improvement and Well-Being considers the key influences on health improvement and the best ways to tackle them as a health professional. This book aims to widen the perspective of health professionals to encompass the concept of well-being across the lifespan. It has been written to introduce students to the theory and practical application of health improvement and well-being in the context of public health, providing global as well as domestic perspectives on key concepts. This is a timely investigation of key factors that impact on well-being. It sets out the national and international policy context clearly and makes very good use of case studies and wider evidence to consider effectiveness of interventions. Thinking points and practical exercises encourage the student to apply knowledge to practice throughout.*

“This book has excellent breadth and complexity which is presented very lucidly. It encourages the intended readership to question assumptions about what medicine and healthcare is setting out to achieve, and indeed what our responsibility as a society is to one another in terms of well-being. Very interesting material is presented drawing on a broad awareness of a complex subject. It opens the readers’ eyes to consider wider determinants of health and broad questions about our social and moral obligations to wellbeing as a society.”

**Oxford Desk Reference: Toxicology**


Occupational physicians, specialty trainees and consultants working in acute medicine, critical care, emergency medicine, general medicine, and toxicology
An authoritative reference work, *Oxford Desk Reference: Toxicology* is a key clinical text for trainees and consultants in toxicology, acute medicine, critical care, and emergency medicine. A reader-friendly layout ensures that information is easy to find and assimilate, and topics are self-contained to aid quick diagnosis. This book aims to be the authoritative reference work for clinical toxicology. Contributions from the leading figures in toxicology present the most up-to-date evidence base and current clinical guidelines to ensure the most appropriate patient management. The text outlines key clinical features and potential treatment options in order to help physicians assess the potential severity of the poisoned patient and provide the optimum clinical care. Clinical toxicology is an important problem within the NHS, and overdose and poisoning are one of the most frequent acute medical presentations seen. Patients may be looked after by doctors working in a variety of different departments, for example, emergency departments, general medical wards, and high dependency and intensive care facilities. This reference work provides doctors with up-to-date knowledge of new aspects of toxicology, bringing current guidelines and clinical evidence together into one place. Presented in an easy-to-use double-page spread format, highly bulleted and concise, it’s ideal for quick referral in busy departments.

"From a personal point of view I have found the book’s layout to be excellent. I suspect that most clinicians would commonly find their clinical questions answered from the first eight chapters. I have enjoyed perusing the last eight chapters maybe even more. The authors set out the educational remit of this book together with its intended use as a practical evidence-based reference for the clinical management of poisoned patients. The book is structured logically with the first two chapters providing a strong foundation to the fundamentals governing clinical toxicology followed by an overview of the general principles underpinning effective patient management. Thereafter an overview of the complications frequently encountered through toxicity or, in some cases through idiosyncratic drug reactions, is followed by a series of chapters providing detailed information in regard to poisoning with different drugs, chemicals, toxins and radiation, pretty much in an order that mirrors the frequency of presentation in clinical practice. Monographs for specific drugs/toxins are presented in a style which is pretty much consistent throughout the text, detailing the background, toxikinetics, mechanism of toxicity, clinical features and management. It is for this reason that the text is easy to read and follow and would provide a useful aide both in the clinical management of poisoned patients and as a revision guide for examinations. Supplementary supporting information especially in relation to the legal aspects governing treatment of poisoned patients is highlighted. The poisonings outlined in the texts here, may be much less common but they have given me a good insight into the management principles involved. The radiation toxicology chapter in particular has converted a seemingly complex subject into one that is easily explained and understood. I was impressed by the readability and practicality of this book both in the clinical management of intoxicated patients and as an accessible and understandable reference for students from a variety of discipline."

**Oxford Textbook of Violence Prevention: Epidemiology, Evidence, and Policy**

Peter D. Donnelly and Catherine L. Ward – Oxford University Press, November 2014
ISBN: 9780199678723 £95

Research teams in the field of violence prevention, policy makers, practitioners, and students interested in cross disciplinary approaches to violence prevention research and violence prevention.

"The Oxford Textbook of Violence Prevention brings together an international team of experts to provide an extensive global account of the global mortality and morbidity burden caused by violence through examining the causes of violence, and what can be done to prevent and reduce violence. The textbook analyses how a public health approach can help to prevent violence. This multidisciplinary book tackles interpersonal violence in all its forms. Early chapters describe epidemiology and consequences, followed by chapters that present the current state of the evidence in interventions. Policies for violence reduction are discussed, and finally recommendations are made for researchers, practitioners, and policy-makers. The first book to provide a multidisciplinary global examination of interpersonal violence in all its forms.

"This is a comprehensive and passionately-composed text which offers a new perspective on a complex, interdisciplinary subject. The strength of this book is the passion with which it has been conceived and produced and the wide-reaching approach taken to address multiple facets of the problem and proposed solutions. The addition of one year’s online access is valuable. There are no real weaknesses identified. The cost of £95 is relatively high but given the breadth of perspectives offered and the complexity of editing,
Programme and Award Winners

this seems justified given that this is likely to form a reference text for departmental libraries. This is not an area of my own direct expertise but I feel this volume has helped me to understand the research field, policy approaches and potential solutions. It enabled me to obtain a broad understanding of violence prevention as a non-specialist and made for an accessible and compelling read. I have no hesitation in recommending that it be shortlisted for the awards.”

The Gap Report


This is an information and advocacy document intended to influence and support the work of politicians, including Presidents and Prime Ministers, and health development and finance ministers; health policymakers; field workers; clinicians; epidemiologists; scholars; civil society activists and those representing people at risk of HIV, living with HIV infection and their families and communities – particularly those at elevated risk and those whose needs are overlooked or under-addressed due to fear, ignorance or discrimination.

How do we close the gap between people moving forward and people being left behind in the AIDS response? This was the main question UNAIDS set out to answer in The Gap Report. Launched ahead of the biennial International AIDS Conference in Melbourne, Australia, The Gap Report continues to generate significant discussion about ways to prevent people being excluded or overlooked in the global effort to end the AIDS epidemic. The goal of The Gap Report is to provide the best possible data but also information and analysis about people being left behind. An epidemiology section provides a global overview of the AIDS epidemic with particular emphasis on locations of interest and populations affected. Regional Snapshots provide an update on the state of the AIDS epidemic in each of the major regions of the world. People Left Behind provides a detailed analysis of the issues faced by 12 specific populations (e.g. prisoners, migrants, people aged 50 plus), the impact that these have and the necessary policy responses. Special Features and Analysis provides a call for greater location-specific HIV analysis and programming; vastly expanded access to testing and treatment; and significantly higher investment into HIV: the largest epidemic in living memory. People at higher risk of HIV infection often face multiple issues. Ensuring that no one is left behind means closing the gap between people who can access services and people who can’t; people who are protected and those who are punished. The Gap Report follows the principle that “what gets counted gets done”, by providing data, visibility and policy proposals for all people affected by HIV to be counted and reached effectively. This means going beyond global and national national analyses and focusing on specific locations and populations. The Gap Report supports an accelerated commitment to addressing HIV and ending the AIDS epidemic by 2030. It urges a rapid response by 2015 in order to achieve those ambitious targets. Many of the populations discussed in The Gap Report have not previously been covered in any significant detail as part of a comprehensive analysis. Obtaining quality data was a major challenge for many of the ‘gaps’ discussed and weaving them into a cohesive document broke new ground. As a result of medical research and improved understanding of effective programming and policies (what works, and why), it is increasingly apparent that AIDS could be largely ended as a global epidemic by 2030. Yet this will not occur if communities and certain categories of people continue to be excluded, ignored, persecuted, misunderstood or overlooked. The Gap Report clearly illuminates the significant issues faced by key populations at higher risk of HIV infection and those lacking sufficient access to HIV prevention, testing, treatment, care and support. It demonstrates the impact that this has on people, on communities and on the course of the AIDS epidemic, and it provides specific policy proposals to resolve this in order to meet the ambitious goal of ending the AIDS epidemic by 2030.

“This report offers concise information, necessary for anyone working in this field. I was surprised to learn that ‘the number of children receiving antiretroviral therapy is appalling low’ as I thought that access to ARVs had been greatly increased, thanks largely to the Bill and Melinda Gates Foundation. It includes some horrific statistics, but this book does offer hope that there could be an end to the AIDS epidemic. This book deals with both the successes and the challenges that remain in the battling the AIDS epidemic. It offers up-to-date data on the global AIDS epidemic, which is useful for anyone working in this field. It offers easily accessible information, useful to anyone working within this field. Importantly, it also offers a clear message that hope is in sight, and that we must not give up in the fight to end the AIDS epidemic.”
**Toxic Trauma: A Basic Clinical Guide**

David J. Baker – Springer, April 2014  
ISBN: 9781447155973 £49.99

Clinical toxicologists; public health doctors and emergency medicine doctors

This book provides practical guidance for health professionals in the event of having to manage individual or mass chemical casualties as part of their work in a hospital or pre-hospital emergency service. The text considers the nature and basic science of the hazards faced as well as the practical management of persons exposed to chemicals and toxins. Individual chapters cover the development and classification of chemical toxic agents, how exposure can occur and how medical responders should be involved in its management. There is also consideration of the nature of toxic trauma and the pathophysiological processes involved, together with a systematic approach to early and continuing management supported by specific examples of incidents. It will be a useful resource for consultants and registrars in emergency medicine, clinical toxicology, internal medicine, anaesthesia and intensive care as well as paramedical HAZMAT responders involved in both the management of mass chemical casualties and ensuring safe operating procedures within potentially contaminated areas to prevent secondary casualties from a chemical release. It provides a clinical guide to the practical management of mass chemical exposure/casualties.

“This book is helpful for someone who had no previous knowledge of toxic trauma. The book was slim, easy to read and gave a good overview of toxic trauma. This would be ideal for someone to understand the basic theoretical principles of toxic trauma. The key practice points helpfully summarised each section. Toxic trauma may play an increasing part of front-line clinical work with the spread of terrorism and asymmetric warfare. Recognition and understanding of the principles underlying the noxious agents and the effect on the human body is key to then managing cases. The book provides an easy to read overview, which achieves this objective.”

**Radiology — the winner of this category will be announced from this shortlist**

**Accident and Emergency Radiology: A Survival Guide 3rd ed.**

ISBN: 9780702042324 $56.95

Radiologists

Since it was first published, Accident and Emergency Radiology: A Survival Guide has become the classic in-my-pocket-reference and an indispensable aid to all those who work in the Emergency Department. This book is written primarily for doctors with little or no experience in the accident and emergency department and who are faced with the problem of radiological interpretation when no other help is readily at hand. Step-by-step methods for the assessment of radiographs help to answer the question “these look normal to me, but how can I be sure that I am not overlooking a subtle but important abnormality?” The book is liberally illustrated with high quality, well-annotated radiographs which assist the reader in the interpretation of abnormal/normal radiographic appearances. The focus is on common areas of injury with the emphasis being placed on the detection of those abnormalities that are most commonly overlooked or misinterpreted. Each chapter deals with the basic radiographs required, important anatomy, normal variants, a system for inspecting suggested views, types of injury and ends with a summary of key points.

“I would definitely recommend this book to anyone wanting to learn more about the subject and particularly for those wishing to refresh knowledge or looking for a resource to use for facilitating teaching sessions. The general principles for each topic are outlined in easy, user-friendly format and the ebook format particularly fits into today’s mobile information culture and the way younger and current generation access information and learn. The book builds upon its strength in providing a focused textbook aimed at radiological interpretation in the acute or emergency setting and so meets the needs of its intended (multidisciplinary) audience. I already have a good understanding of the subject but the presentation style, layout, and options available in ebook format have made it easier for me to refresh my knowledge and to facilitate teaching sessions I have with new learners. I believe the authors of this
book and their publishers have done an excellent job in acknowledging the feedback of readers of previous editions and attendees of related courses to produce what is an exciting textbook in its print version but greatly enhanced by electronic version which allows for wide variety of uses by trainers in particular. The electronic version has kept true to the print version and created a learning platform which realistically mimics the current digital imaging systems that modern users access in their day to day working lives. This has been a true success in print and electronic versions and I commend it highly.”

Anatomy in Diagnostic Imaging 3rd ed.


Medical students and radiologists

This atlas shows anatomy applied to diagnostic imaging. The book covers the entire human body and employs all the imaging modalities used in clinical practice; x-ray, CT, MR, PET, ultrasound and scintigraphy. An introductory chapter explains succinctly the essentials of the imaging and examination techniques drawing on the latest technical developments. This 3rd edition is updated with over 250 new images. There are now more than 900 images, all carefully selected in order to be user-friendly and easy-to-read, due to their high quality and the comprehensive anatomical interpretation directly placed alongside every one. It links anatomy and modern diagnostic imaging this atlas is invaluable for radiologists and medical students – it shows you what you are looking at, and what you should expect to be looking at.

"It would be an ideal book for preparation for the FCR Part 1 exams. It is slightly higher priced than Weir and Abrahams, however, the additional benefits of a chapter on physics and the extra clarity of the annotated images make it an excellent choice. In addition it would be a worthy reference book for any radiologist. All of the diagrams in the physics chapter are very clear, and would be very helpful in revision for the FCRR. Associated diagrams for orientation or to explain difficult areas of anatomy are very useful. The radiological images overall are of very good quality. The size of the book is just larger than A4 which makes it more of a reference material, rather than one suitable to be carried around at work. This is a very nice book which would be useful as a reference guide for all radiologists, particularly those preparing for their FCR Part 1 exams:"

Breast Imaging and Pathologic Correlations: A Pattern-Based Approach


Breast radiologists

This atlas illustrates the “how” and “why” of breast imaging, whether via mammography or ultrasound and uses a case-based approach to walk you through a wide range of common and uncommon findings and correlates imaging patterns to pathology, helping you build your pattern recognition skills so you can diagnose breast cases with complete confidence.

"Although there are a number of similar books by eminent breast radiologists, this has an extensive almost exhaustive compilation of cases. It has included relatively new pathological entities such as PASH. The wide range of cases is a big plus and it will tremendously help trainees in breast radiology."

Diagnostic Ultrasound: Musculoskeletal


Practicing radiologists, orthopaedists, rheumatologists and sonographers

Worldwide, ultrasound is the most commonly used cross-sectional imaging modality and has gained an important role in musculoskeletal imaging. One of the main keys to understanding musculoskeletal ultrasound is anatomy, and this has been comprehensively covered in an opening Anatomy part with a particular emphasis placed on aspects pertinent to musculoskeletal ultrasound. The next segment, Diagnoses, deals with ultrasound of specific entities encountered in clinical practice such as discrete soft tissues masses, tendon disorders, entrapment syndromes, and vascular anomalies. Each chapter includes a text description of the ultrasound appearances, followed by about 20-50 images showing the range of typical and atypical ultrasound appearances of these diagnostic entities. The next part looks at clinical scenarios from the perspective of the Differential Diagnoses one should consider when faced with, for example, a hypoechoic muscle mass, and what discriminatory signs are helpful to reach the correct diagnosis. In addition to the well-illustrated Anatomy and Diagnosis sections, this title includes a new Interventional Procedures
section in line with the growing importance of intervention techniques in musculoskeletal ultrasound for diagnosis and treatment. This book aims to improve daily ultrasound practice among radiologists, orthopaedists, rheumatologists, and sonographers. The chapters and images in this book illuminate common, less common, and rare conditions encountered on ultrasounds. It was in the early 1990s that the first high-resolution ultrasound transducers came into clinical use and revolutionised the practice of musculoskeletal radiology. No longer was ultrasound simply used to determine if musculoskeletal lumps were solid or cystic. Twenty years later, the full potential of musculoskeletal ultrasound is being realised. There is now a very good appreciation of the ultrasound appearances of common conditions and most of the less common and rare conditions. This up-to-date knowledge has been incorporated into this comprehensive textbook.

“I would definitely recommend this text. It is an excellent anatomical atlas with descriptions of imaging anatomy and illustrations of optimal probe positioning. It includes a very useful chapter on differential diagnoses. The correlation with clinical, radiographic and cross-sectional appearances is a significant strength as is the detailed, evidence-based interventional procedures section. The text gives a comprehensive review of ultrasound anatomy and pathology, thus providing help to those who are already practicing musculoskeletal ultrasound, as well as a starting point for beginners, irrespective of whether they are radiologists, orthopaedic surgeons, rheumatologists or allied health professionals. The text fulfils its objectives as an aid to daily practice, both with respect to diagnostic and interventional procedures. Common and less common pathologies are discussed with diagnostic checklists, comprehensive differential diagnoses and discriminating imaging features. I believe this book makes a novel contribution. There are several other reference texts on musculoskeletal ultrasound e.g. Bianchi, McNally, however not all achieve a balance between detail and usability. This text is unique comprising not only an excellent imaging atlas, but also chapters relating to diagnoses and differential diagnoses, with easy-to-read text and multiple well-annotated examples. The discussion/illustration of typical and atypical ultrasound appearances for each diagnostic entity is very useful as this reflects real clinical practice. The inclusion of anatomical illustrations, clinical, radiographic and CT/MRI correlation add significant value. The text and ancillary information is current and accurate. This is particularly pertinent to the chapter on interventional procedures with discussion of current therapies such as prolotherapy, autologous blood and PRP injection, with evidence-based discussion and expected patient outcomes.”

**Felson’s Principles of Chest Roentgenology, A Programmed Text 4th ed.**

Lawrence R. Goodman – Elsevier, January 2014

Senior medical students (radiology rotation) and radiology residents

Popular for its easy-to-use format, Felson’s Principles of Chest Roentgenology remains the must-have primer of chest radiology. With the inclusion of the latest imaging approaches and terminology, its unique programmed learning approach — presented in a highly interactive style — demystifies reading and interpreting radiologic images. High-quality images and diagrams are accompanied by multiple-choice review questions to reinforce key concepts. Additional online images plus self-assessment tests help you sharpen your skills and build confidence! To facilitate the understanding of the key principles of chest radiography using a programmed approach to learning. The unique programmed learning approach presents content in an engaging interactive style to demystify the reading and interpreting of radiologic images. Multiple-choice review questions reinforce key concepts and simulate the exam experience for more effective learning. Its easily accessible format organised by both entity and differential diagnosis.

“This book is clearly focussed and written in an engaging, fluent and at times light hearted style: It is short, focussed, clear, and learner-centred. The supplementary online material enriches it considerably. This is the latest edition of a great and practical textbook that blends humour, wit, brevity and clarity both on paper and online. It demystifies a complex yet common investigation for learners young and old. I strongly recommend this.”
Grainger & Allison’s Diagnostic Radiology 6th ed.

ISBN: 9780702042959 $449

Radiologists in training and general diagnostic radiologists in practice

Long recognised as the standard general reference in the field, this completely revised edition of Grainger and Allison’s Diagnostic Radiology provides all the information that a trainee needs to master to successfully take their professional certification examinations as well as providing the practicing radiologist with a refresher on topics that may have been forgotten. Organised along an organ and systems basis, this resource covers all diagnostic imaging modalities in an integrated, correlative fashion and focuses on those topics that really matter to a trainee radiologist in the initial years of training. Organised along an organ and systems basis, Grainger & Allison’s Diagnostic Radiology covers all diagnostic imaging modalities in an integrated correlative fashion and focuses on those topics that really matter to a trainee radiologist in the first three years of training. This book pays special attention to the needs of trainee radiologists preparing for Fellowship examinations and concentrates on those subjects that most general diagnostic radiologists need to know well by providing a compact overview of the current “state of play” of imaging procedures.

“I cannot think of a better general radiology textbook. This is a comprehensive overview of the speciality of radiology with the textbook subdivided into sections covering the major body systems. There’s also a very useful introductory section covering the physical principles underlying the various diagnostic imaging modalities. Although this is a multi-author text book, the editors have ensured that there is a uniform presentation style. All the radiology subspecialties are included and, unlike some other general radiology textbooks, this publication also covers; neuroradiology, paediatric radiology and interventional radiology. The authors have aimed to cover the radiology training syllabus for radiologists in training in; the UK, Australia and New Zealand, mainland Europe and Asian countries. Writing from the perspective of a UK trained radiologist, I consider it definitely to have achieved those aims. The layout is pleasing and the typeface is clear and easy to read. There is judicious use of summary tables. There are other introductory Radiology textbooks but these tend to be aimed at medical students. There are also many text books covering the various radiology sub specialities. This is the currently the only up-to-date textbook covering the core knowledge required to practise as a general radiologist. It covers the entire radiology curriculum. It provides an invaluable resource for radiology trainees but also provides an excellent general reference source for more experienced radiologists. The selected references are up-to-date but are appropriate to the remit of the book and, rather than highlighting original research papers, the authors cite relevant review articles and text books relevant to that topic This book serves to provide a general overview of radiology and the individual section editors (and their co-authors) have managed to distil the current knowledge of the various radiology sub specialities and to present the essential facts. The authors have drawn on personal experience and also reference to peer-reviewed papers. This is the best general radiology textbook that I have encountered. In the era of the internet and e-book many authorities are predicting the demise of the printed textbook. This superb tome gives the lie to that assertion.”

Stoller’s Orthopaedics and Sports Medicine: The Shoulder

David W. Stoller – Wolters Kluwer – Lippincott Williams & Wilkins, December 2014
ISBN: 9781469892986

Radiologists and surgeons

Stoller’s Orthopaedics and Sports Medicine: The Shoulder has compiled over 25 years of trailblazing shoulder research and clinical experience into one comprehensive must have volume. This book will take readers through two decades of the most important developments in shoulder imaging.

“This book is particularly useful for the budding sub-specialty shoulder radiologist, SEM medic or surgeon. This book’s strength is the range of shoulder pathology covered and the explanatory text and technical notes. Its weakness is the weight of such a tome for physical handling and ease of access. The authors relate the imaging to anatomy, pathology and surgery very well visually, mainly, with some explanatory text. A lot of specialist information is gathered into one volume including technical and clinical guidance. The authors reference significant historical and recent texts and research throughout. Great effort has been made to gather useful illustrations from a variety of sources to illuminate the MR imaging as clearly as possible. The writing is concise and bullet points are well-used. The large font size and colour coding are also helpful.”
The Unofficial Guide to Radiology: Chest, Abdominal and Orthopaedic X-Rays, Plus CTs, MRIs and Other Important Modalities


Medical students, but is also applicable to junior doctors, nurses, advanced nurse practitioners, physician associates, radiographers and junior radiology trainees

This book teaches systematic analysis of the three main types of X-rays: chest, abdominal and orthopaedic, with additional chapters looking at the other main radiology tests such as CT, MRI and ultrasound. The content is divided into three areas:

A) The underlying science, legislation, and practical issues surrounding X-rays which gives guidance so the reader is aware of how X-rays are generated, the hazards of radiation and the legislation relevant to medical practitioners, as well as the practical issues of filing in an X-ray request form, and the often feared process of discussing it with a radiologist.

B) A step-by-step guide to interpreting radiological imaging.

C) Over 100 clinical scenarios give the reader the opportunity to practice the skills learnt earlier in the book. The layout of the cases is designed to make the book as relevant to clinical practice as possible: 1. The X-rays are presented in the context of a real life scenario, for example: “A 70 year old man presents with shortness of breath, fever, and lethargy. On examination, he has reduced air entry in the right base with crepitation. Oxygen saturations are 85% on air, and respiratory rate is 20. A chest X-ray has been performed.” 2. A large, high quality anonymised X-ray is provided, which the reader is asked to interpret. 3. Turning over the page reveals a model report, with on image labelling so that the reader is absolutely certain of the findings, for example which line is the nasogastric tube, the central line, and the endotracheal tube. 4. To make the cases more clinically relevant, each scenario contains five clinical and radiology-related multiple-choice questions. 5. Each question has a detailed explanation not just for the correct answer, but for all the incorrect answers as well. The important learning points are further enhanced by having ‘key points’ after each question, and a summary of the overall learning points for each case at the very end. We used the Royal College of Radiologist (RCR) 2012 undergraduate curriculum to structure the content to ensure it is most relevant to medical students and junior doctors. Most of the content is basic radiology or clinical knowledge from the authors’ experience, and therefore there are not reference lists as such at the end of each chapter. In some sections, it has been critical to use up-to-date guidelines and legislation. We developed a radiology image bank using up-to-date guidance from the GMC and the MDU (Medical Defence Union) on how to do this whilst preserving patient autonomy. 329 images were downloaded using a protocol we developed to maximise image quality, and ensure anonymity. We utilised a Facebook group of 21,000 students and junior doctors to give us real-time feedback regarding the content of the book, ensuring it was continually updated throughout the production process. We formed a partnership with a medical illustrator (Peter Gardiner) to illustrate fracture classification systems throughout the orthopaedic chapter. Medical students and junior doctors have the energy, drive, and creativity to contribute to textbook publishing. They are the current users of medical textbooks, and as such are the experts in identifying current student learning needs, and any gaps in the current textbook market. However, through traditional publishing models it is very difficult for such minds to get the opportunity to contribute to textbooks. Our publishing model allows for students and juniors to both lead and significantly revise our textbook throughout the production process. Our standard is literally that anyone who emails us can begin contributing by reviewing textbook material. Based on what they submit, their role can escalate all the way up to editor, as happened with the two of the reviewers on this title. This has meant that we have had the opportunity to ‘grow a textbook’ continually checking in with students to ensure it met their learning needs. Hence, this is the only radiology textbook on the market that offers everything for students in one place: i) a systematic approach to reporting X-rays ii) large high quality images iii) clear on image labelling of pathology and normal findings iv) clinical cases with real X-rays to practise on, followed by clinical and radiological questions, v) all radiological modalities covered in one place vi) discussion of the science behind radiology vii) discussion of how to order X-rays, and discuss things with the ever feared on call radiologist!

"This book is a great resource for medical students and junior doctors wanting to learn more about imaging they frequently encounter and more than fulfils the Royal College of Radiologists’ Undergraduate Radiology Curriculum. The text is comprehensive and well-written and covers all major imaging modalities. Cases and multiple choice questions are then included to test understanding, with full answers given on the next page. I have not come across a text that is as comprehensive a guide to radiology and radiology services for medical students and junior doctors as this. Each chapter first explains the basic physics underpinnings of that particular imaging modality..."
along with principles of imaging safety. Indications are then given with reference to the Royal College of Radiologists’ iRefer guidelines before there is a systematic description of how to assess and report these studies on ward rounds. Numerous labelled examples are given with key points and important learning points highlighted. Cases and multiple choice questions are then included to test understanding, with full answers given on the next page. Other books such as the Lecture Notes of Radiology and Crash Course: Imaging that are also aimed at providing medical students with an overview of various imaging modalities and how to assess for common pathology do not have the same breadth or readability as this text. Working through this book a student would undoubtedly feel more confident and prepared in presenting imaging findings on a ward round and the authors are to be congratulated on their efforts.”

Surgery — the winner of this category will be announced from this shortlist

**Atlas of Operative Maxillofacial Trauma Surgery: Primary Repair of Facial Injuries**


Maxillofacial surgeons and surgical trainees (maxillofacial surgery trainees, but also other related specialties)

*Short note and highly illustrated colour figures, including operative photographs. This book is very visual in describing procedures. It covers all injury patterns encountered in maxillofacial practice, broken down into their component procedures, from the very minor (e.g. placement of bridal wire, manipulation of nasal bones) to major procedures (e.g. raising a coronal flap). Alternative approaches are also described (e.g. transconjunctival, blepharoplasty, tarsal approaches to the orbit), as these are all commonly used alternatives, depending on where you train. This book demonstrates the surgical and non-surgical management of all aspects of maxillofacial trauma. The aim of this book is to help trainees ‘read up’ about an operation beforehand, with the help of detailed explanations of any particular operative procedure, using operative photographs where required, as well as line diagrams or text. This Atlas is focused purely on surgical procedures rather than trauma in general, to give the reader a ‘Master’ of all trades rather than a ‘Jack’, to help the reader understand how and why any particular procedure is undertaken. This is a very useful book for trainees, as there currently is no standard texts for them to use during their training. Because other specialties also require their trainees to have some knowledge and understanding of the management of facial trauma (e.g. plastic surgery and ENT surgery), this book will be useful to them as well. Although it is true these specialties do not manage facial trauma, trauma care is nevertheless a requirement of their training, therefore these groups of trainees also will find the book particularly appealing.*

“This book is an authoritative and novel contribution to the specialty literature: a connoisseur’s delight. Oral and maxillofacial surgery, though something of a Cinderella specialty, has much to offer in the management of multiple-injury surgery and this book is a detailed guide to difficult management and should be available in every trauma unit worldwide. It’s that good. Congratulations on bringing together such an extraordinary and authoritative guide.”

**Disorders of the Hand**


Orthopaedic trainees and consultants specialising in the hand and upper limb

*This volume set describes the techniques and practices for the diagnosis and treatment of various disorders of the hand and wrist. Each condition is discussed in detail and illustrated with images, radiographs and line drawings. It contains contributions from many of the hand surgeons who are at the forefront of this evolving area, in the management of both elective and trauma hand surgery. The four volumes aim to improve care for current patients with hand and wrist complaints, while inspiring surgeons to think in greater detail about treatment options that will provide even better care in the future. To enhance the surgical knowledge and skills of final year trainees right through to consultants in busy hand surgery practices. It also aims to provide clinical pearls and practical tips to improve diagnosis and management of hand disorders and complications. This volume set is the most comprehensive resource currently available and comes at a time when significant advances in the understanding of hand disorders have led to vast improvements in the quality of life for patients. In response to this increase in knowledge and expertise, this book set aims to be the key information source for hand surgeons to find the latest procedures and developments in treating disorders of the hand.*
“This book is up-to-date and easy to read. The subject matter is comprehensively covered for trainees (orthopaedic and plastic) and for general orthopaedic/plastic surgeons. It can be used as a textbook for trainees and not just as a reference book. Some chapters contain clinical pearls and personal views, which are useful to consultants. Some topics e.g. congenital hand surgery are not detailed enough for sub-specialists but contain enough information for general hand surgeons. The book consists of four easily portable volumes, covering the whole gamut of the disorders of the hand and wrist. Each volume can be read on its own. The content is comprehensive and yet not too detailed. The authors are well-known in their chosen subjects and the majority are from the UK. It can be used as a textbook for trainees and not just as a reference book. Some chapters contain clinical pearls and personal views, which are useful to consultants.”

**Global Surgery and Anesthesia Manual: Providing Care in Resource-limited Settings**


Surgeons and anaesthesiologists at all levels interested in global surgery

In 2008, Paul Farmer and Jim Yong Kim described global surgery as the “neglected stepchild” of healthcare, and now leaders from around the world are working to redefine it as a human right through the Lancet Commission on Global Surgery. In order to help advance global surgery and anaesthesia as a public health intervention, providers require a practical, hands-on manual to train and educate them to provide safe and effective surgery and anaesthesia in resource-limited settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings. In an effort to respond to that need, over 140 clinicians from high-, low-, and middle-income countries collaborated to create the Global Surgery and Anaesthesia Manual: Providing Care in Resource-limited Settings.

Filled with expert guidance, decision-making algorithms, and treatment options, it will also serve as an invaluable text for trainees in LMICs as it covers the majority of surgical disease processes that would be encountered in such settings. It focuses on the delivery of surgery and anaesthesia in resource-poor areas and provides contributions from renowned international experts. It supplies hands-on guidance with practical insight and covers epidemiology and ethics surrounding surgical services. It contains sections on anaesthesia, trauma surgery, and non-trauma surgery and includes 620 illustrations to enhance the text.

“It is definitely useful for anyone working in resource-limited countries where it is aimed. In addition, I found a lot of the information useful even to my own consultant practice in the UK, and would definitely recommend it to trainees even here in the UK. I really enjoyed reading the book. It covers all specialties, including obs/gynae, eyes, and ENT as well as general surgery and trauma. Anaesthetics, ITU, and post-operative care is presented simply enough for an orthopaedic surgeon such as me to understand! The book has a limited audience in the UK but definitely recommended for anyone in any country which has basic resources and wants to make the most of them. It is really well-written and aimed at the correct level.”

**Harwood-Nuss’ Clinical Practice of Emergency Medicine 6th ed.**


Emergency medicine specialists

Harwood-Nuss’ Clinical Practice of Emergency Medicine presents a clinically focused and evidence-based summary of this specialty, giving you fast, dependable answers to the clinical questions that arise in your practice. Templated chapters guide you through the clinical presentation, differential diagnosis, evaluation, management, and disposition of a full range of complaints and conditions seen in the ED, with highlighted critical interventions and common pitfalls – all the information you need to provide each patient with optimal care. A unique section on High-Risk Chief Complaints guides you through
the most critical presentations in the ED, such as chest pain, abdominal pain, shortness of breath, and altered mental status, so you can ensure that these patients are stabilised and treated quickly and effectively. A section on Clinical Disposition draws attention to important post-ED management concerns.

“I would thoroughly recommend this book to any trainee in Emergency Medicine as probably the only major textbook they would need. The strength of this book lies in the problem based approach and in the consistent layout of each topic, discussing clinical presentation, differential diagnosis, ED evaluation, ED management and (often omitted in other texts) clear advice on the nature and timing of further care and follow up. The highlighted sections under each topic on ‘Key testing’, ‘Critical interventions’ and ‘Common pitfalls’ are gems. The only weakness from my point of view is the occasional Americanism in spelling and nomenclature. I think this book is an exceptional resource for a challenging and important area of clinical medicine. American texts on Emergency medicine do not always translate well to UK practice but this one provides concise practical advice which would work as well here as in the USA. If its advice were followed there would be fewer medical negligence cases against A&E in the UK!”

Key Notes on Plastic Surgery 2nd ed.


Surgical trainees specialising in plastic surgery

This is the new edition of the concise but comprehensive handbook that should be owned by all surgical trainees specialising in plastic surgery. Taking a pithy systematic approach, Key Notes on Plastic Surgery offers the latest developments within the field in bullet point form and includes key papers for viva voces. It is informed by the current FRCS (Plast) curriculum, making it ideal preparation for the UK exit examination or equivalent international board exam. This is the new edition of the concise but comprehensive handbook that should be owned by all surgical trainees specialising in plastic surgery. It fully covers the entire scope of plastic surgery. It is clearly divided into ten sections with logical subheadings for easy fact-finding Acts as an adjunct to the established longer texts. It includes a brand new chapter on ethics and the law – a compulsory component of the oral examination. Illustrations outline key surgical procedures and relevant anatomy. It is fully revised to include all the latest clinical guidelines, Key Notes on Plastic Surgery is the perfect rapid reference tool for trainees in plastic surgery and dermatologic surgery who require quick, accurate answers.

“I would recommend this book as good revision aid as further information could be obtained by looking at the references at the end of each chapter. I therefore think it will appeal to all surgical trainees. The book’s strengths are that it covers all the essential topics in the Plastic Surgery training syllabus needed for exam purposes. The book is very good in conveying the information in a succinct manner and in bullet points. In this way it would be attractive to the target audience in providing a good understanding. The weaknesses are lack of illustrations and perhaps flow diagrams that might be useful and references to perhaps web links which would ensure that the book does not date so quickly. This book fulfils the needs of the Plastic Surgery trainee learning about the specialty and in particular it covers all the necessary topics essential for Plastic Surgery exams.”

Operative Techniques in Surgery


Residents as well as experienced surgeons

Operative Techniques in Surgery is a new comprehensive, two-volume surgical atlas that helps the reader master a full range of general surgical procedures. Ideal for residents as well as experienced surgeons, it guides the reader step-by-step through each technique using concise, bulleted text, full-colour illustrations, and intraoperative photographs to clarify exactly what to look for and how to proceed.

“I would recommend this book for someone at my level and with more experience. It is well-presented index of surgical techniques that will be very helpful in my future career. It covers a wide range of surgical procedures including modern techniques. Explanations are detailed and gives a logical guide starting with definitions and differentials. This is an excellent book, logical and well-presented. The descriptions have the correct level of detail and focus of difficult aspects of each technique and it includes good illustrations and pictures.”
Practical Procedures in Orthopaedic Trauma Surgery 2nd ed.

Peter V. Giannoudis and Hans-Christoph Pape – Cambridge University Press, February 2014 ISBN: 9780521281195 £70

Surgical trainees in orthopaedics, trauma and general disciplines

This highly illustrated textbook is an essential guide for surgeons in training, providing step-by-step approaches to performing surgical procedures. Practical guidance is given on patient positioning, approach and reduction techniques, which implant to insert, protocols for postoperative mobilisation, possible complications, when the patient should be seen in the outpatient clinic, and whether the implant should be removed. This 2nd edition has been extensively expanded and revised. Additional chapters address fractures of the scapula, fractures around the elbow, around the foot and minimal invasive plate osteosynthesis procedures. All of the other chapters have been expanded and revised to comprehensively cover the range of common trauma procedures performed by surgeons in training. It is written by experts in orthopaedics and trauma, the book includes numerous intraoperative colour photographs to help readers visualise the techniques described. This will be an invaluable resource for all surgical trainees in orthopaedics, trauma, and general disciplines.

“I think this would be an excellent book for someone starting their higher surgical training in trauma and orthopaedics. Its strengths are that every operation is described under general headings, these could be used to concentrate the mind of the trainee in their day-to-day work. It also helps with exams because everything has a logical description such as indications, preparation, surgical approach, post-op management etc. In the preface the term ‘scrub monkeys’ was used. I’m not sure what was meant by this but I think it should have been edited out. First impressions count! But overall this is an excellent book for the orthopaedic middle grade. In the preface the authors state for when the middle grades are on call. A lot of these operations are not for the unsupervised registrar on call, but the book would make a good guide for the middle grade to get the essential points prior to an operation on a trauma list. It would then help them understand the operation better and aid their learning.”

Schwartz’s Principles of Surgery 10th ed.


General surgeons, surgery residents and medical students

International in scope, and written by the world’s foremost practitioners and instructors, this landmark reference logically progresses from basic science principles, including topics such as cells, genomics, and molecular surgery, to clinical areas such as pancreas. Schwartz’s Principles of Surgery 10th Edition, maintains the book’s unmatched coverage of the foundations of surgery while bringing into sharper focus new and emerging technologies.

“This is a very good reference for general surgery. It is also an excellent reference for specialists in pancreatic and obesity surgery, in particular. Sections dealing with endocrine surgery, molecular and genomic surgery, and soft tissue sarcomas are also particularly well-written and well-covered. There are new chapters on important rare topics: leadership training in surgery, robotics, molecular and genomic surgery, surgery for the elderly, ethical considerations for end of life and palliative care, and global surgery. There is novel material in these chapters. There is coverage of non-general surgery topics for residents including neurosurgery, orthopaedic surgery and a fairly extensive chapter on plastic and reconstructive surgery. It is particularly well-suited for exam preparations with its layout of tables and key points and comprehensive coverage. Some sections (such as those dealing with pancreas, spleen and obesity surgery) are outstanding. The video section could have been more comprehensive with inclusion of some more basic and complex procedures but it’s an excellent reference book for medical students and surgical residents. The layout and illustrations are exemplary and should set the standard for surgical textbooks.”
Trainees in emergency medicine

Now fully revised and updated, Textbook of Adult Emergency Medicine provides clear and consistent coverage of this rapidly evolving specialty. Building on the success of previous editions, it covers all the major topics that present to the trainee doctor in the emergency department. It will also prove invaluable to the range of other professionals working in this setting — including nurse specialists and paramedics — who require concise, highly practical guidance, incorporating latest best practice and current guidelines. For the first time this edition now comes with a complete and enhanced electronic version, providing a richer learning experience and making rapid reference easier than ever before, anytime, anywhere.

“I would definitely recommend this book as a core reference book in emergency medicine. I think that the great thing about this book is the width of subject matter. The new edition has sections on subjects relevant to the administration and management of an Emergency Department as well as the clinical management of many presentations. The main weakness is that there is a limit to the depth of coverage for each subject matter though I realise that a balance has to be reached between width and depth. The electronic, downloadable version of this book is also terrific. This makes the book portable — the paper version must weigh around 3 kg — so reading it on a train becomes practical. It also allows the associated videos and links to be accessed directly which is a great boon. This is an excellent book that should form a core reference textbook for the subject of Emergency Medicine.”

Surgical specialties — the winner of this category will be announced from this shortlist

An Introduction to Oral and Maxillofacial Surgery 2nd ed.

David A. Mitchell and Anastasios N. Kanatas — CRC Press, December 2014
ISBN: 9781482248357 £57.99

Trainees in oral and maxillofacial surgery and qualified surgeons undergoing revalidation

This book presents a concise, extensive update of the successful first edition, with input from international contributors. It provides a definitive source of authoritative information for trainees in oral and maxillofacial surgery and qualified surgeons undergoing revalidation. It supplies content aligned with UK Intercollegiate Surgical Curriculum for Oral and Maxillofacial Surgery. It features full-colour photographs and artwork to illustrate key concepts. An Introduction to Oral and Maxillofacial Surgery encompasses the full range of oral and maxillofacial surgery. It also addresses the necessary core competencies for undergraduates and those pursuing basic specialist training. The 2nd edition now includes international perspectives. In the UK, oral and maxillofacial surgery is a unique discipline — the ninth of ten currently recognised surgical specialties — and trainees usually start from a dental qualification before gaining a medical one. In contrast, in Germany practitioners often start from a medical base and then obtain a dental degree while in North America they start from a dental base and may or may not become dually qualified. The book’s initial chapters cater to all approaches of initial training and crucially bring them together in the specialist surgical sections. In chapters where the UK, US, and German perspectives are distinctly different, a section at the end has been added offering a specific perspective. However, where there is general consensus the international views have been integrated into the main body of text. At the end of each chapter, where appropriate, readers will find relevant references and recommendations for further reading. This book can also be considered a definitive and consistently reliable source of information for those following the UK’s Intercollegiate Surgical Curriculum.

“This is a very commendable book on this specialty; giving an excellent introduction and overview of a widely misconstrued surgical discipline. This edition’s commentary from international
perspectives is balanced and successful; providing a unique insight and sets it apart from similar texts. The areas of frustration in reading the text are the areas of detail which seem too basic (i.e. to a singly qualified medic or dentist) and also those areas lacking higher level in-depth discussion. This is a reflection of the scope of the readership and cannot justifiably be a source of criticism of the content. To succinctly and successfully cover areas of undergraduate medicine and dentistry within the same text is challenging and just about works here; allowing the transition into this unique field of practice thereafter.”

**Comprehensive Surgical Management of Congenital Heart Disease 2nd ed.**


ISBN: 9781444112153 £199

Paediatric cardiac surgeons, and other members of the team including paediatric cardiologists

*This resources includes more than 50 operative videos accessible via the ebook as well as new chapters including how to navigate the complex hospital politics of a congenital heart program; how to train as a congenital heart surgeon including visa and licensing challenges for the foreign medical graduate wishing to train in the USA. It has exceptional illustrations by a single artist and the uniformity of approach provided by a single surgical author. It uses an evidence-based approach, including comprehensive support for the recommended procedures. Since the first edition of this book was published in 2004, the management of congenital heart disease has continued to evolve at a rapid pace. Not only have new operations been developed and expanded, such as the intra/extracardiac conduit Fontan and the double root translocation for corrected transposition, but in addition, diagnostic methods — particularly cardiac CT and MRI — have been dramatically transformed. Understanding of the genetic basis of congenital heart disease and the embryology of cardiac development has progressed even more rapidly. What has not changed is that optimal outcomes for children and adults with congenital heart disease can only be achieved by a collaborative team effort. The team includes not only congenital cardiac surgeons but also paediatric cardiac nurses, paediatric cardiologists, perfusion and respiratory technicians, paediatric cardiac intensivists, paediatric cardiac anaesthesiologists, ultrasonographers, and MRI and catheter laboratory technicians. This 2nd edition of Comprehensive Surgical Management of Congenital Heart Disease describes in detail the contemporary practice of...*

Richard A. Jonas and the cardiac team at Children’s National Medical Center in Washington, D.C. The book once again includes numerous beautiful illustrations providing comprehensive and detailed information about intra-operative management of the entire spectrum of congenital heart surgery. In addition, the companion VitalSource ebook contains more than 50 operative videos that have been edited and narrated to highlight the key steps in complex surgical procedures. The book incorporates an evidence-based approach, supported throughout by numerous scientific citations, to explain when and why an operation should be done as well as the risks, benefits, and potential complications.

“I would recommend this book not only to paediatric cardiac surgeons in training — as they need to know more than just surgical technique — but also to paediatric cardiologists who also need to understand more about surgical procedures. This book on surgery for congenital heart disease — as indicated by the title, is indeed a comprehensive work on the subject matter. It provides a ‘rounded’ approach to surgery such as some historical background and landmark procedures as well as surgical information. It has helped me consolidate my knowledge and understanding of surgical procedures. The language is clear, a combination of style and content. I felt that the author’s experience in dealing with the subject over many years, was clearly being transmitted to the reader. When the author refers to landmarks of cardiac surgery (e.g. who did the first operation, who modified the technique), it was almost like reading a novel. I enjoyed it.”

**Cummings Otolaryngology: Head and Neck Surgery 6th ed.**


Otolaryngologists

*Now in its 6th edition, Cummings Otolaryngology remains the world’s most detailed and trusted source for superb guidance on all facets of head and neck surgery. Completely updated with the latest minimally invasive procedures, new clinical photographs, line drawings, and new surgical videos, this latest edition equips you to implement all the newest discoveries, techniques, and technologies that are shaping patient outcomes. Be certain with expert, dependable, accurate answers for every stage of your career from the...*
most comprehensive, multi-disciplinary text in the field! It is a comprehensive reference text – completely revised and updated throughout with new editors. Most updated information on minimally-invasive surgical approaches to the entire skull base, vestibular implants and vestibular management involving intratympanic and physical therapy-based approaches, radiosurgical treatment of posterior fossa and skull base neoplasms, and intraoperative monitoring of cranial nerve and CNS function. It includes the latest treatment options in paediatric care with new chapters on paediatric sleep disorders, paediatric infectious disease, and evaluation and management of the infant airway. It incorporate recent findings about endoscopic, microscopic, laser, surgically-implantable, radiosurgical, neurophysiological monitoring, MR- and CT-imaging, and other timely topics that now define contemporary operative OHNS.

“This book with improve any reader’s knowledge on the subject. Different clinical data are used in this book, predominantly secondary material. It makes for an adequate data source for providing clinical information. This book captures the reader, and explains clinical information well. The illustrations and figures show how to perform clinical examinations and provide qualitative information in a clearer manner. These add to the clarity of the book. I believe this book is a good addition to the library for the above mentioned reasons. The index covers most of the key words surrounding dizziness and vertigo, enabling ease of accessing information throughout the book.”

Dizziness and Vertigo: An Introduction and Practical Guide


Professionals who may manage people with these symptoms, including ENT and head and neck surgeons, otolaryngologists, GPs and internal medicine specialists, neurologists

This book teaches the basic knowledge and practical skills necessary for managing patients with dizziness and vertigo. It discusses clinical assessment of the dizzy patient, diagnosis and management of the condition, surgical options, and psychological complications of vertigo and dizziness. It also explores a host of conditions, including benign paroxysmal positional vertigo, Meniere’s disease, hyperventilation syndrome, and superior semi-circular canal dehiscence. Case studies are included to supplement the text. Vertigo and Dizziness: An Introduction and Practical Guide describes the basic knowledge and practical skills necessary for managing patients presenting with the common symptoms of dizziness and vertigo. It provides practitioners with a comprehensive overview of these conditions, steps for diagnosing patients, and various treatment options.

Orthopaedic Trauma: The Stanmore and Royal London Guide.


Orthopaedic surgeons at all levels, especially trainees preparing for FRCS (Tr & Orth)

This is the companion volume to Basic Orthopaedic Science: The Stanmore Guide and Operative Orthopaedics: The Stanmore Guide. It contains numerous high-quality colour line diagrams and clinical photographs to explain difficult concepts. It includes self-assessment exercises comprising common “viva voce” and multiple-choice questions at the end of each chapter to enhance learning. It also Incorporates “Key Facts” boxes that highlight the main learning points in each chapter. It consists of expert chapters written by practising orthopaedic surgeons from centres of worldwide renown. Orthopaedic Trauma: The Stanmore and Royal London Guide is a definitive and practical guide to musculoskeletal trauma surgery with an emphasis on the techniques employed and the reasoning behind them. Written with the needs of trainees in orthopaedic surgery in mind, this comprehensive book systematically covers all aspects of trauma of the upper limb, lower limb, and spine, with separate sections on paediatric trauma. Many chapters include detailed descriptions of the initial
diagnosis and management of common injuries as well as the consent process, theatre set-up, and surgical approach required for operative treatment. The book also features sections on topics such as polytrauma, pelvic trauma, and resuscitation, enabling the reader to learn safe, evidence-based approaches. Information on complications, key references, viva and multiple-choice questions to test understanding of concepts covered are included in each chapter, allowing the book to be used both as a practical guide to the treatment of patients and as a preparation tool for postgraduate orthopaedic examinations.

“This book is primarily targeted at orthopaedic trainees and especially those studying for the Fellowship of the Royal College of Surgeons (FRCS) exam. Its focus is orthopaedic trauma and describes itself as a companion to the Stanmore Basic Science book. Although there is some overlap in topics such as ‘fracture healing’ the two books are distinctly different and do indeed complement each other. The book covers the relevant topics for the FRCS well and although it is not exhaustive it is accurately focussed and does not waffle, which is essential when preparing for exams. There is a gap in the market for this book and although the information contained within can be acquired from other sources, this book helps draw a lot of current evidence and guidelines together into an easy to read format. The bibliography contains a mixture of essential classic papers that every orthopaedic surgeon should have read and know. It also has a few more recent papers that help to justify the current rationale of the latest British Orthopaedic Association Standards for Trauma (BOAST). Although the sources of information are good, a slight personal criticism is that when evidence is quoted in the text, it is not directly linked to its reference and there is just a listed bibliography. For example in Chapter 5, fragility fractures, “Direct medical costs of fragility fractures to the UK healthcare economy will potentially reach £2.2 billion by 2020...” When looking through the bibliography for this chapter it is not possible to identify which source was used for this quote. There is a mixture of prose and bullet points which work effectively to summarise and deliver the information. The illustrations are excellent and have a consistent style throughout the book and look like they have all been specifically drawn for this book. There are also an excellent selection of radiographs which look like someone has painstakingly worked to find the best examples to demonstrate each condition. The book is a paperback and although these can get damaged from day to day transport in your bag, it does mean that it is much lighter to carry. This is therefore not a criticism as trainees studying for the exams will need to keep this to hand to read in between theatre cases etc. The index is very thorough and accurate. Like its sister book the Stanmore Basic Sciences, this is of equal quality and I’m sure will soon become part of the trainee orthopaedic surgeons reading list. I feel that any book that you would naturally buy to further your studies is surely deserving of recognition of its quality. There is a huge amount of relevant information that is correlated with current UK guidance and clinical practise. Although easy to read each chapter, it can also be used as a reference book for example, classifications etc.”


Interpret musculoskeletal images with confidence with Orthopedic Radiology: A Practical Approach. This trusted radiology reference has established itself as an ideal comprehensive source of guidance for radiologists and orthopaedists at every level of training. You can effectively interpret a full range of findings with the aid of more than 4,000 outstanding illustrations that encompass conventional radiography, ultrasound, CT, dual-energy CT, PET-CT, and all other diagnostic imaging modalities used to evaluate musculoskeletal disorders, including numerous examples of 3-D imaging. You can master the latest trends in orthopaedic radiology including the increasing emphasis on ultrasonography and MRI over other methods that expose patients to higher levels of radiation. You can choose the best imaging approach for each patient with discussions of each technique’s accuracy, speed, and cost. You can apply a state-of-the-art knowledge of magnetic resonance imaging interpretation with advanced guidance from renowned musculoskeletal MRI authorities. You can find the information you need quickly and easily thanks to informative diagrams and schematics, and a quick-reference, high-yield format, including “Practical Points” summaries at the end of each chapter for quick review. Now with the print edition, enjoy the bundled interactive eBook edition, offering tablet, smartphone, or online access to: complete content with enhanced navigation; a powerful search that pulls results from content in the book, your notes, and even the web Cross-linked pages, references, and more for easy navigation; highlighting tool for easier reference of key content throughout the text; ability to take and share notes with friends and colleagues; and quick reference tabbing to save your favourite content for future use.
“As an imaging reference text, the key should always be the reproduction of the relevant images. The clarity, contrast, and choice of images is fantastic throughout. Historical films are beautifully portrayed, and more modern modalities brought to life in all their glory. This is a fast moving area, with new imaging modalities and sequences emerging regularly. This book is a solid overview, and successfully covers the entirety of orthopaedics and trauma, enabling a clear understanding of the relevant options. The comprehensive further reading section then enables more in-depth study on any particular area. The highlight as a text for daily use has to be the Practical Points. These simple summaries are to be applauded, enabling a rapid update on any topic, ideal for the ward round! Complex category data is well-tabulated, with easy access of required information. In summary, this is an excellent book, with an easy reading style that covers the breadth of the orthopaedic world, and will satisfy all but the most specialised of clinicians. I am delighted to have reviewed this book, I just need to ensure my trainees do not ‘borrow’ such a wonderful resource! As reference texts go, this is as pleasant a read as I have experienced. The images draw you in and, whilst maintaining a breadth and appeal to a wide audience, there is more than enough detail to entice the narrowest of specialists.”

**Vascular and Endovascular Surgery at a Glance.**

ISBN: 9781118496039 £27.99

Medical students, Foundation Programme Doctors, particularly those working in surgery, core surgical trainees. Also, junior surgical registrars, Medical doctors involved in medical diseases commonly associated with vascular surgery, Nurses, physiotherapists and occupational therapists that work in vascular disease

Vascular Surgery at a Glance continues the At a Glance series style and ethos, i.e., ‘bite size’ topics displayed on a double page spread with plain language explanations of all the common, and not so common, vascular subjects. As with previous At a Glance books there are pictures, illustrations and other aide-mémoires. Each chapter focuses on understanding the relevant concepts and basic principles of vascular disease and surgery, with additional factual information once this is achieved. This is not a ‘cardiovascular’ book, i.e. it does not concern itself with cardiac disease, which is a whole other subject covered extensively elsewhere.

Furthermore, this book forms a curriculum backbone for any specialist at all levels who has an on-going commitment to vascular disease management and medical education. This is the only concise, accessible introduction to this rapidly expanding specialty area. Highly illustrated and supported by a companion website containing self-assessment, Vascular and Endovascular Surgery at a Glance available in a variety of digital formats – perfect for use within a clinical setting. For medical students, time spent on surgical rotations has diminished over recent years resulting in reduced exposure to all of the surgical specialties. However vascular surgery is particularly poorly experienced by students as some deaneries tend to consider it a ‘postgraduate’ specialty. This could not be further from reality: peripheral vascular disease is extremely common, especially with the ever-increasing elderly population, and of all the places in the body to have vascular disease, there, surprisingly carries the worst prognosis. The evidence for the management of vascular disease is currently amongst some of the most scientifically tested and rigid of current best published evidence in medicine, including, but not limited to its medical management which is of interest to a wide population of doctors, nurses and wider healthcare professionals and not just surgeons. The book serves as an excellent source of information and management guidelines for other specialties that see vascular disease often, but are not formally trained in its management including GPs, emergency medicine practitioners, physicians, intensive care practitioners, nurses, physiotherapists, dieticians and paramedics.

“I would recommend it unreservedly. The book is well-laid out and easily accessible. It has clearly been written by clinicians with good experience in the specialty. The diagrams are clear and the text follows easily. This book is written for the target audience in mind. The objectives are clear. I am not familiar with the market but would be very surprised if this book didn’t become a must-have for any budding surgeons out there. I think this is an excellent book and wish I had benefitted from this as a student!”
The BMA’s ethics department provides a wide range of dedicated services and products designed to support doctors in their professional lives

These include the following:

**Ethics advice service**
We offer a dedicated individual ethical advice service for doctors, responding via First Point of Contact or directly. We receive enquiries on a wide and varied range of topics, including confidentiality, consent, child protection and the provision of treatment to patients lacking the capacity to consent to specific interventions.

**Publishing advice and guidance**
The advice service is supported by written advice and guidance covering all areas of ethics in medicine. In addition to our main ethics handbook, Medical Ethics Today, we produce a number of short tool kits on specific issues such as the Mental Capacity Act and consent.

**Providing training**
We also seek to promote good practice by giving talks and training sessions to groups of doctors and medical students. The topic and format of these sessions depend on the needs of the audience and the wishes of the organisers but most are on core topics, such as confidentiality, mental capacity and consent and many involve facilitated case-based discussions.

**Monitoring and influencing medical law**
In order to provide accurate and up-to-date advice to doctors, we monitor developments in medical law, both statute and case (judge made) law across the UK. We also seek to influence the development of statutory law to ensure it reflects the highest standards of medical professionalism.

**Campaigning for changes in public policy**
We seek to influence public policy, through a combination of published reports, talks, lobbying, media work and liaison with other organisations.
Are you interested in medical publishing and would like to take part in the reviewing process?

All entries are individually reviewed and appraised by doctors and educators who are interested in medical publishing. Reviewers can stipulate the topic, level and number of books they wish to review. We welcome reviewers with specialist interests.

Preliminary reviewing takes place during March and April. Reviewers complete a structured appraisal form and are asked to consider accuracy, currency, originality, book production quality and whether the title meets the needs of its audience.

Reviewers are assessed by two simple criteria: length of the review and meeting the deadline. These assessments are used to determine allocations in future years. Reviewers are able to keep the books which they appraise.

If you would like to volunteer then go to [http://bma.org.uk/librarybookcomp](http://bma.org.uk/librarybookcomp) and follow the link on the right.
Special events and meetings at BMA House

A spectacular grade II listed building which was designed by Sir Edwin Lutyens, and has been the home to the British Medical Association since 1925.

Designed to preserve and restore the best of the old traditional designs, but bringing in modern integrated facilities has resulted in flexible spaces to cater for many Events.

Located only a few minutes walk from Kings Cross, St Pancras, Euston and Russell Square stations the fantastic Central London location provides easy access around London, the rest of the UK and with Europe via Eurostar.

BMA House offers a wide range of flexible spaces to cater for events including Conferences, Meetings, AGMs, Product Launches and Exhibitions.

Rooms vary from the traditional and elegant to the more modern, contemporary design. Rooms differ in size too and can accommodate versatile seating layouts to include theatre, cabaret, classroom, boardroom and open spaces for exhibitions. Capacities range from small meeting rooms for four to conferences for 300.

Audio visual equipment in the rooms is high tech including complimentary high speed wifi and is supported by knowledgeable and helpful technicians. Most rooms benefit from natural daylight, and air conditioning.

Look at our website for further details of rooms and special offers.
The BMA International Department: tackling “information poverty”

The availability of relevant and reliable health information is a prerequisite for a fully-functioning health system. Without it, health professionals cannot deliver effective, safe and timely healthcare. Patients and other service users also require appropriately-targeted health information in order to make decisions about their own care and the care of those for whom they are responsible. As health information needs change over time, the medical research and publishing communities must keep pace and continue to produce resources which are fit for purpose.

In low- and middle-income countries (LMICs) lack of access to information remains a major barrier to evidence-based health care in developing countries. The consequences are devastating. Tens of thousands of women, children and men die every day, often because the mother, family caregiver or health worker does not have access to the information and knowledge they need, when they need it, to make appropriate decisions and save lives. Most of these deaths could have been prevented by simple interventions, often available locally.

The BMA International Department is working with external stakeholders both to address the root causes of the crisis and to provide direct assistance to organisations in LMICs where access to reliable and relevant health information is limited or non-existent.

Healthcare Information for All (HIFA)

Since 2008, we have provided strategic and financial support to Healthcare Information for All (HIFA), a global multi-disciplinary network of over 14,000 individuals from 172 countries, working in collaboration with the World Health Organization and more than 260 health and development organisations worldwide towards a shared vision:

“A world where every person and every health worker will have access to the healthcare information they need to protect their own health and the health of those for whom they are responsible.”

HIFA harnesses the unique experiential knowledge of members to build a global picture of health information needs and develop strategies for meeting them. The BMA’s 2015 Annual Representative Meeting gave unanimous support to HIFA and urges the UK government to prioritise support for initiatives that improve the availability and use of health information.

Contact Martin Carroll, Deputy Head, International Department, mcarroll@bma.org.uk

BMA Information Fund

For nearly ten years, the BMA Information Fund has provided books and other learning resources to health-focused organisations in LMICs and other areas of need. Working with the charity Teaching Aids at Low Cost (TALC), we invite and consider applications for assistance from the Fund on an annual basis. In 2014, Ethiopia, Bangladesh, Mali, Nepal, Yemen and Somaliland were among the countries which received donations from the Fund.

More information and details of how to apply: [http://bma.org.uk/working-for-change/international-affairs/information-fund](http://bma.org.uk/working-for-change/international-affairs/information-fund)
Contact Arthy Santhakumar, Senior Research Officer, International Department asanthakumar@bma.org.uk