BMA Medical Book Awards

Awards 2019

Programme and awards winners

Tuesday 3 September 2019
BMA House, London
These awards are organised by the BMA library but draw upon the knowledge and skills of BMA members to assess the books, and BMA committee members to draw up the short lists.

586 books and other resources were submitted to the 2019 Awards.

This programme has information about the work and training of other BMA bodies and committees such as the board of science which commissions research in public health and seeks to promote standards in medical education, or our research awards programme which has a long tradition of supporting medical research.

About 400 volunteer judges provided the structured reviews, in many cases in detail, which provide the clinical credibility for the Awards. The BMA reviewer of the year award recognises their voluntary work.

Each resource is sent to a health professional with a specialist interest in the topic who uses a structured appraisal form to appraise each book. The preliminary evaluations in each category are reviewed by short listing panels. Their main criteria in making recommendations for awards are applicability to audience, production quality and originality.

The BMA represents all UK doctors and BMA members use their expertise to evaluate the books. Some BMA committees have a clear professional remit such as the medical ethics committee or international committee, but the BMA craft committees, which deal with contractual matters, are also concerned with education and training and many of them have been represented.

The shortlists for most of the categories are drawn up by committee chairs or members of the major BMA professional or craft committees. The organisers wish to thank:

Dr Eleanor Checkley  
Dr Selwyn D’Costa  
Professor Peter Dangerfield  
Dr Shree Datta  
Dr Zoe Greaves  
Dr Lucy Kennedy-Cocker  
Professor Dame Parveen Kumar  
Dr Helena McKeown  
Dr Kitty Mohan  
Dr Kevin O’Kane  
Dr Maureen Quigley  
Dr Nathalie Rodrigues McCullough  
Dr Lisa Rampersad  
Dr Alex Sirker  
Dr Carmen Soto  
Dr Anne Thorpe  
Dr Richard Vautrey  
Dr Gary Wannan  
Dr Tim Yates

The final judging panel of the shortlisted books included the chair of the BMA representative body, Dr Helena McKeown, the chair of BMA council, Dr Chaand Nagpaul, the deputy chair of BMA council, Dr David Wrigley, the BMA treasurer, Dr Kevin O’Kane, the chair of the BMA board of science, Professor Dame Parveen Kumar, the interim BMA library manager, Ms Marie Montague, and the BMA president, Professor Raanan Gillon. This panel chose the first prize in each category and the special awards.
Buffet supper

Pulled lamb shoulder, pea, spinach & faro wheat risotto, mint salsa verdi

Thai yellow curry with crispy tofu, shiitake mushrooms & green beans (Vegan)

Fragrant brown rice and quinoa pilaf (Vegan)

Wellbeing salad with sweet potato, quinoa, broccoli and toasted seeds (Vegan)

Chocolate & black bean brownie with raspberries (Vegan)

Wine and drinks

Goleta Sauvignon Blanc, Valle Central, Chile,
Rocca Sangiovese, Puglia, Italy, 2017

Juices and water
Tea and coffee
Professor Raanan Gillon FRCP (Lond), Hon DSc (Oxon)

Raanan Gillon is president of the BMA for the 2019-2020 session. He is a hybrid of retired GP and academic medical ethicist. He is emeritus professor of medical ethics at Imperial College London, where he still does some teaching; mainly tutoring, on the medical school’s medical ethics and law course, and also on the Imperial College one-week intensive course in medical ethics (aimed primarily at practising doctors) which he has directed since he started it in 1983.

He is past chairman and now president of the Institute of Medical Ethics. He was editor of the Journal of Medical Ethics for 20 years and a part-time NHS GP for 28 years.

He has published extensively on medical ethics and his book Philosophical Medical Ethics is in its thirteenth print, with a second edition in (perhaps) ‘very prolonged gestation’. He was senior editor of, and contributor to, the massive and prize-winning multi-author textbook, Principles of Health Care Ethics.

In 1999, he was co-recipient with Alastair Campbell (the medical ethicist, not the political aide) of the American Hastings Center Beecher award for contributions to ethics and the life sciences. He is an enthusiastic proponent of ‘the four principles approach’ both for medical ethics and for ethics in general.

He has had a career-long association with the BMA, both as a member for well over 50 years, and as member of several of its committees including the joint management committee of the Journal of Medical Ethics, the medical ethics committee, the international committee and as a BMA delegate at the CPME (the Standing Committee of European Doctors).
The BMA’s ethics and human rights department provides a wide range of dedicated services and products designed to support doctors in their professional lives. These include the following.

**Ethics advice service**
We offer a dedicated individual ethical advice service for doctors, responding via the BMA’s telephone advice service (First Point of Contact) or directly. We receive enquiries on a wide and varied range of topics, including confidentiality, consent, child protection and the provision of treatment to patients lacking the capacity to consent to specific interventions.

**Publishing advice and guidance**
The advice service is supported by written advice and guidance covering all areas of ethics in medicine. In addition to our main ethics handbook, Medical Ethics Today, we produce a number of short tool kits on specific issues such as the Mental Capacity Act and consent, as well as guidance aimed at certain groups of doctors, in a format that meets their specific needs. All of our website resources are publicly accessible.

We supplement this by providing some talks and training sessions to groups of doctors and medical students on various issues related to medical ethics and law.

**Monitoring and influencing medical law**
In order to provide accurate and up-to-date advice to doctors, we monitor developments in medical law, both statute and case (judge-made) law across the UK. We also seek to influence the development of statutory law to ensure it reflects the highest standards of medical professionalism.

**Campaigning for changes in public policy**
We seek to influence public policy, through a combination of published reports, talks, lobbying, media work and liaison with other organisations.

**Human rights**
We defend and speak out about human rights in health care. We conduct letter-writing campaigns in response to evidence of abuses of health-related human rights such as breaches of medical neutrality. We respond to cases where doctors are involved, either as perpetrators or victims of human rights abuses. We are an active member of the World Medical Association and participate in the drafting of WMA statements relevant to human rights. We also produce in-depth reports addressing areas of tension in health-related human rights.
Order of business

Welcome and introduction of the guest of honour
BMA council chair, Chaand Nagpaul

Announcement of the Awards
Chair of the BMA women in academic medicine group, Carmen Soto

Presentation of BMA Medical Book Awards
BMA president, Professor Raanan Gillon

Presentation of the category awards

Presentation of the BMA Medical Book Awards special prizes
BMA student textbook award
BMA young author’s award
BMA president’s choice award
BMA council chair’s choice award

Presentation of the BMA medical book reviewer of the year award

Presentation of the BMA medical book of the year award

Address by
BMA president, Professor Raanan Gillon

Closing address
BMA representative body chair, Helena McKeown

The ceremony is followed by a buffet reception in the Lutyens Suite on the ground floor.
Anaesthesia


Trainee, resident and qualified anaesthetists and critical care doctors. Intensive care nurses, perioperative physicians

A comprehensive resource in alphabetical A-Z format of the relevant aspects of pharmacology, physiology, anatomy, physics, statistics, medicine, surgery, general anaesthetic practice, intensive care, equipment, and the history of anaesthesia and intensive care.

'This is seen as one of the essential texts for anyone in the disciplines of critical care, anaesthesia and perioperative medicine. It has stood the test of time and continues to be at the top of the list. It has been appropriately updated and maintains its top spot being edited by practicing clinicians. This book has helped, and continues to help, trainees and trainers alike, and was a welcome accompaniment for my examining during a recent fellowship examination!'


Anaesthesiologists and non-cardiac subspecialists

Patients with cardiac conditions routinely present for noncardiac surgeries, requiring special protocols for perioperative assessment and management by the anaesthesiologist. This book provides current, easily accessible information in this complex area, ideal for general anaesthesiologists and non-cardiac subspecialists. From preoperative assessment through postoperative care, this practical reference covers all perioperative approaches to today’s patients with cardiac conditions.

'This book is very informative. Patients with cardiac conditions present for elective operations. This book guides the anaesthetist to the current best practice. It is very practical, and the information is easy to find. Its strengths in particular are the clear diagrams and the flow charts which are easy to follow.'

Core Topics in Anaesthesia and Perioperative Care of the Morbidly Obese Surgical Patient.


An essential read for healthcare providers across all disciplines, this book is a comprehensive guide to the perioperative management of the obese patient. Providing practical guidance on specific aspects of physiology, pharmacology and anaesthetic technique, it addresses the increasing prevalence of obese patients in elective and emergency settings and the need for a definitive text on the perioperative care for these patients. The content is mapped to the Royal College of Anaesthetists learning matrices.

'This book clearly states its aims and objectives and the targeted readership. For those wishing to learn about the perioperative care of the obese patient, this book excels in achieving those aims and objectives. Multiple chapters are arranged logically to provide a clear flow to the book. It is detailed with up-to-date resources used to inform the readership.'


Residents, fellows, practitioners in the ICU/nurses working in the ICU

For nearly 40 years, Oh’s Intensive Care Manual has been the quick reference of choice for ICU physicians at all levels of experience. The revised 8th edition maintains this tradition of excellence, providing fast access to practical information needed every day in today’s intensive care unit. This bestselling manual covers all aspects of intensive care in sufficient detail for daily practice while keeping you up-to-date with the latest innovations in the field.

‘In their preface the authors state, ‘If clinicians can reach for it in the early hours of the morning, easily locate the information they require and feel either guided or reassured, it will have served its purpose’. The book does indeed fulfill this aim and remains the ultimate must-have reference text for intensive care clinicians. It is an excellent comprehensive book in intensive care medicine.’
The Patient liaison group (PLG) was established in 2004 to provide a formal mechanism by which patients are represented within the BMA.

The PLG acts as an internal reference group and provides the BMA with an informed patient view on matters of interest to the medical profession and to patients. It works to inform BMA policy by ensuring that the patient voice is represented on matters being addressed by the BMA. It also highlights areas of patient concern to the BMA.

PLG members come from a range of backgrounds and draw on their knowledge and experience as patients, carers, advocates or professionals working in a range of health-related fields.

The group has seats for eleven lay members and five doctor members who work on a voluntary basis.

For the past fifteen years, the group has provided the patient perspective on a number of issues ranging from seven days services, to raising concerns about patient safety.

It has produced patient focused resources on a number of topics ranging from self-care to toolkits for doctors on patient involvement.

The PLG has also held patient orientated symposiums including ‘Brexit means… what for patients?’ and ‘What does the digitalisation of the NHS mean for patients?’

The group works alongside BMA committees on behalf of patients, with representation on key committees including the BMA council. PLG is also active in contributing to BMA consultations on matters requiring a patient perspective.

The full mission statement and links to PLG resources can be found at: https://www.bma.org.uk/collective-voice/committees/patient-liaison-group
The Committee on community care (CCC) is a multi-branch of practice group which includes GPs, specialists in elderly medicine, psychiatry and paediatrics, those working in public health and community medicine, palliative care and doctors in training. The committee also co-opts members with particular expertise in aspects of community and social care.

The main responsibilities of the committee include monitoring policy and service trends in community care, advising on resolving problems at the interface of primary/secondary care and social care, identifying unmet needs of care, and promoting new approaches to care.

Over the last 12 months the committee has focused on the following key areas: its principles for delivering effective community care, social care, mental health and monitoring the transition of more care being delivered in the community.

Dr Ivan Camphor, CCC chair, has been a GP on the Wirral since 1993 with a special interest in Surgery and Ear, Nose and Throat. Ivan was Honorary Secretary of Wirral Local Medical Committee 2000 – 2006 before joining Mid Mersey Local Medical Committee as Medical Secretary in 2009. He has also been a member of the General Practitioners Committee (GPC) since 2014. Alongside this Ivan is a Trustee for Mid Mersey Age UK. His vision is for doctors to be at the forefront of making community care patient-centred, integrated, and of high quality.


Anaesthesia residents and nurse anaesthesia (CRNA and SRNA) and anaesthesia assistants

Pharmacology and physiology are the foundation of every anaesthesia provider’s training and clinical competency. This book delivers the information you need in pharmacology, physiology, and molecular-cellular biology, keeping you current with contemporary training and practice. This thoroughly updated edition is your one-stop, comprehensive overview of physiology, and rational anaesthetic drug selection and administration, perfect for study, review, and successful practice.

‘I think that the eBook is what makes this book particularly successful and user friendly. It allows the learner to access information when they need it or when they have an unexpected moment for revision. I am an early career trainee and found the text accessible and understandable. Pharmacology and Physiology for Anesthesia makes a useful reference text, whether just starting anaesthetics training or preparing for exams. The stated aim of this textbook is to bridge the gap between introductory texts and comprehensive reference books and is aimed at trainee anaesthetists, intensivists, and pain practitioners. As someone in the early stages of training, I found the text useful for revision of material learned in medical school (eg basic principles of pharmacology, physiology of the major organ systems, immunity and infection, haemostasis, and homeostasis). This then leads nicely into topics specific to anaesthetics (eg pharmacology of commonly used drugs, anatomy and imaging, physics) which are probably new territory for the trainee. I found the eBook particularly helpful as I can access the book when not at home.’

Quick Draw Anatomy for Anaesthetists.


Anaesthetist trainees, trainers and consultants.

Quick Draw Anatomy for Anaesthetists uses the anatomy syllabus for the Fellow of the Royal College of Anaesthetists (FRCA) examinations. The Contents is divided into sections from head and neck down to lower limb. Each section has between two and nine chapters. Each chapter provides an easy way to learn that area of anatomy, either explaining the vital points necessary for understanding, or using a step by step approach to create a simplified, labelled diagram.

‘I thoroughly enjoyed reading and learning from this book and have recommended it to my colleagues already. Unlike other anaesthetic books, it is small and has been simplified to make it ‘doable’, so when I started reading it, I was confident that I could complete it, which I often think is a big part of the challenge! The FRCA exams seem so overwhelming so it is really enlightening to find a book that doesn’t fill me with dread, and that is actually manageable and can be completed in a reasonable amount of time. It is so easy to pick up and check things, and the illustrations and drawing instructions have allowed me to do my own drawings and learn how to label them. I am very much a visual learner and so this book has been a game changer for me. It has simplified topics that I used to dread learning and talking about, and I have already used teaching sessions at work to show off my new drawing abilities!’

Basic and clinical sciences


Medical students, junior doctors (including those studying for MRCS).

Now in its fourteenth edition, Clinical Anatomy is the definitive text offering medical students, postgraduate trainees and junior doctors the anatomical information they need to succeed in a clinical setting. The authors provide an accessible, comprehensive, and detailed exploration of anatomy, specifically designed for students and trainees at all levels. Revised and updated, the fourteenth edition contains more information about the nervous system as well as medical images, diagrams and photographs that are overlaid with anatomical illustrations, revealing detailed surface anatomy. This edition puts greater emphasis on clinical relevance and contains more content for non-surgical trainees and offers a variety of illustrative clinical scenario case studies. It contains many more medical images and diagrams such as CT and MRI and presents expanded information on the nervous system.

‘This book is easy to read with clear and accurate illustrations. The flash cards were very useful. It is an excellent, well-structured book with fantastic illustrations. The clinical features boxes are a great feature.’
Gardner and Sutherland’s Chromosome Abnormalities and Genetic Counseling, 5th edition.


Genetics professionals

Even as classic cytogenetics has given way to molecular karyotyping, and as new deletion and duplication syndromes are identified almost every day, the fundamental role of the genetics clinic remains mostly unchanged. Genetic counsellors and medical geneticists explain the ‘unexplainable,’ helping families understand why abnormalities occur and whether they’re likely to occur again. Chromosome Abnormalities and Genetic Counseling is the genetics professional’s definitive guide to navigating chromosome disorders and the clinical questions of the families they impact. Combining a primer on these disorders with the most current approach to their best clinical approaches, this classic text is more than just a reference; it is a guide to how to think about these disorders, even as our technical understanding of them continues to evolve. Completely updated and still infused with the warmth and voice that have made it essential reading for professionals across medical genetics, this edition of Chromosome Abnormalities and Genetic Counseling represents a leap forward in clinical understanding and communication.

‘I am a consultant in clinical genetics and an older version of this book really helped me to get to grips with the field when I was a trainee. You can ‘dip in’ at required sections and find sufficient detail to answer a clinical question. The comprehensive coverage of cytogenetics is a real strength. The distilled wisdom of the authors adds real value to this work, and one has complete faith that the correct data, interpretation and anecdotes are being drawn upon. This is an excellent book and a vital piece of work for clinical geneticists and counsellors.’

Human Reproductive and Prenatal Genetics.

Peter CK Leung and Jie Qiao – Academic Press, August 2018 ISBN: 9780128135709 $225

The audience spans the clinical and translational (research) spectrum, and includes active researchers, basic and translational scientists, clinicians, and students in the areas of human genetics, genomics, reproductive medicine, gynaecology, obstetrics, andrology, embryology, endocrinology, bioinformatics, prenatal testing, and genetic testing.

The volume spans the largest topics in human reproductive genetics, with an in-depth analysis of the genetic control underlying the development of the reproductive tracts and gametogenesis, the genetics of fertilisation and implantation, female infertility and male infertility, as well as genetic and epigenetic issues in assisted reproduction. This is followed by a detailed examination of the genetics and epigenetics of the placenta in normal and abnormal pregnancy, preimplantation genetic diagnosis and screening, as well as prenatal genetic counselling and related medico-legal and ethical issues. Where readers wish to go deeper, a range of global specialists have contributed chapters on the genetics of fertilisation and implantation, including recent discoveries in transcriptomics, uterine transplantation, and in vitro culture of the human embryo for the study of post-implantation development; central aspects of female and male infertility genetics; genetic and epigenetic issues in assisted reproduction; intergenerational effects on fetal programming; and preimplantation genetic diagnosis and cutting-edge advances in non-invasive prenatal screening (NIPT).

‘I would strongly recommend this book to its intended audience (ie researchers, clinicians and students). I found the illustrations to be excellent and they helped me to understand subjects in which I have no expertise. This is one of the book’s strongest points in my opinion. This must have been an editorial nightmare to produce and the two editors must not only take great credit for that but for also getting the book published with some references in the year of publication. The overall quality of the book is excellent as I would expect from the publishing house.’

Human Molecular Genetics, 5th edition.


Students of human molecular genetics and genomics.

This popular, informative and accessible textbook has been carefully crafted over successive editions to provide an authoritative introduction to the molecular aspects of human genetics, genomics and cell biology.

‘The content of the book is fantastic with very detailed and up-to-date information on genetics. This would be a useful resource for those undertaking a BSc or masters in genetics or for expanding on a genetic topic for an essay or for clarifying some more complex theories.’
The availability of relevant and reliable health information is a prerequisite for a fully-functioning health system. Without it, health professionals cannot deliver effective, safe and timely healthcare. Patients and other service users also require appropriately targeted health information in order to make decisions about their own care and the care of those for whom they are responsible. As health information needs change over time, the medical research and publishing communities must keep pace and continue to produce resources which are fit for purpose.

In low- and middle-income countries (LMICs), lack of access to accurate and up-to-date information remains a major barrier to evidence-based health care. The consequences of this “information poverty” are devastating. Tens of thousands of women, children and men die every day, often because health workers and family caregivers do not have access to the information and knowledge they need, when they need it, to make appropriate decisions and save lives. The majority of these deaths can be prevented through simple interventions, often available locally.

Healthcare Information for All (HIFA)
Since 2008, we have supported Healthcare Information for All (HIFA), a global multi-disciplinary network of over 19,000 individuals from 180 countries, working in collaboration with the World Health Organization and more than 330 health and development organisations worldwide towards a shared vision: “A world where every person and every health worker will have access to the healthcare information they need to protect their own health and the health of those for whom they are responsible.”

HIFA harnesses the unique experiential knowledge of members to build a global picture of health information needs and develop strategies for meeting them. The BMA’s 2015 Annual Representative Meeting gave unanimous support to HIFA and urges the UK government to prioritise support for initiatives that improve the availability and use of health information.

More information: http://www.hifa.org/
Contact: Martin Davies, head of international and immigration, mdavies@bma.org.uk

BMA Information Fund
Since 2004, the BMA Information Fund has provided books and other learning resources to health-focused not-for-profit organisations in LMICs and other areas of need. Working with the charity Health Books International (formerly Teaching-aids at Low Cost), we invite and consider applications for assistance from the Fund on an annual basis. In 2018, Nepal, Sierra Leone, Uganda and Eswatini were among the countries which received donations from the Fund.

More information and details of how to apply: www.bma.org.uk/informationfund

Contact: Arielle Nylander, senior policy advisor, international and immigration department ANylander@bma.org.uk

The BMA international department is working with external stakeholders both to address the root causes of this crisis and to provide direct assistance to organisations in LMICs where access to reliable and relevant health information is limited or non-existent.
The BMA consultants committee

The BMA UK consultants committee (CC) is the only body that represents all consultants in the UK. It deals with all matters affecting consultants, whether or not they are BMA members. In addition to negotiating national terms and conditions, the UK CC takes an interest in all matters concerning the professional lives of consultants.

UK CC engages in a range of work relevant to the wider health and care system. The committee is contributing to the BMA’s work on medical associate professionals and is participating in work looking at the primary-secondary care interface. Through its elected specialty leads, CC liaises with medical royal colleges and specialty associations, representing the views of CC on key issues for consultants and serving as vital links on specialty-specific issues.

A significant part of CC’s recent work has been campaigning for more pension flexibility.

UK CC will soon be leading the review of the local clinical excellence awards (LCEAs) process. LCEAs recognise and reward NHS consultants in England who perform over and above the standard expected of their role.

The committee produces regular newsletters to keep consultants up to date on the latest contractual and professional issues, along with other materials to educate consultants about the terms and conditions in their contracts. It conducts regular surveys of consultants to identify the key issues facing its membership, and to help direct future decisions.

UK CC has created a job planning app, Dr Diary, offered as a key member benefit to help members keep track of their work as part of the job planning process. The committee has also been looking at ways to strengthen local negotiating committees and allow them to fulfil their important role in advocating for consultants locally.
Living machines: A handbook of research in biomimetics and biohybrid systems.


Undergraduate and postgraduate students of biomimetic and biohybrid technologies. Researchers in the areas of computational modelling and engineering including artificial intelligence, machine learning, artificial life, bio robotics, neurorobotics, and human-machine interfaces.

Contemporary research in the field of robotics attempts to harness the versatility and sustainability of living organisms. By exploiting those natural principles, scientists hope to render a renewable, adaptable, and robust class of technology that can help self-repairing, social, and moral, even conscious, machines. This is the realm of robotics that scientists call 'the living machine'. Living Machines can be divided into two entities — biomimetic systems, those that harness the principles discovered in nature and embody them in new artefacts, and biohybrid systems, which couple biological entities with synthetic ones. Living Machines: A handbook of research in biomimetic and biohybrid systems surveys this flourishing area of research. It captures the current state of play and points to the opportunities ahead, addressing such fields as self-organisation and co-operativity, biologically-inspired active materials, self-assembly and self-repair, learning, memory, control architectures and self-regulation, locomotion in air, on land or in water, perception, cognition, control, and communication. In all of these areas, the potential of biomimetics is shown through the construction of a wide range of different biomimetic devices and animal-like robots. Biohybrid systems is a relatively new field, with exciting and largely unknown potential, but one that is probable to shape the future of humanity. Chapters outline current research in areas including brain-machine interfaces (where neurons are connected to microscopic sensors and actuators) and various forms of intelligent prostheses from sensory devices like artificial retinas, to life-like artificial limbs, brain implants, and virtual reality-based rehabilitation approaches.

‘Living Machines is a fascinating overview of the current state of play across many and varied fields engaging in research about biomimetic and biohybrid systems and robotics. It is a brief overview, describing itself as a handbook or manual, with each specialised area only getting a few pages in which to cover or rather indicate the knowledge in that area up to the current day. Living Machines has been nicely structured to give a ‘roadmap’ that guides

the reader around this vast research community, with seven main sections of loosely related topics, each with an introductory chapter. This is a good idea in a book which I feel would predominantly be used as a reference text, with the user dipping into a specific section to fulfil a specific educational need. Some authors have chosen to focus on a specific example, such as in chapter 30, where the topic of ‘Reach, Grasp and Manipulate’ has been illustrated by focusing predominantly on the human hand and how it can inform biomimetic modelling, or chapter 26 entitled ‘Decision making’ which confines itself to considering this process at the cellular level only. Other chapters attempt to give a wider view, and several deal with more esoteric topics such as chapter 37, which focuses on consciousness, a notoriously poorly understood area, and presents philosophical ideas and debates. Overall, a really interesting and challenging text and a worthy contender for this category. It is an excellent book and makes a good attempt to introduce a vast research area in a structured manner. It also attempts to ameliorate the lack of depth in some areas by thorough referencing and signposting to further information. It is beautifully produced.’


Students studying neuroanatomy or neuroscience in medical and health care programs, neurology residents, students in biology or neuroscience programs, and neuroscience researchers.

Neuroanatomy Atlas in Clinical Context is unique in integrating clinical information, correlations, and terminology with neuroanatomical concepts. This authoritative approach, combined with salutary features such as full-colour stained sections, extensive cranial nerve cross-referencing, and systems neurobiology coverage, sustains the legacy of this legendary teaching and learning tool. It offers a wealth of neuroimaging examples, clinical photographs, and full-colour artwork that vividly show how neuroanatomy presents in clinical practice.

‘The beauty of the online material is that it allows you to download the images and information. This is an easy read, full of high quality images and diagrams. I think the atlas of neuroanatomy is a great way to teach and learn about this complex to grasp the subject. The author has made it very easy to understand using a stepwise approach.’
**Snell’s Clinical Anatomy by Regions, 10th edition.**


Students in medical and health care programs including medical (MD and DO), dental, chiropractic, physical therapy, occupational therapy, nurse practitioner, advanced practice nursing, pharmacy, physician assistant.

This new edition of Snell’s Clinical Anatomy by Regions has been completely reorganised to help students confidently navigate body regions from surface to deep structures, integrating basic anatomy, clinical information, surface and radiographic anatomy, as well as developmental anatomy (embryology). Colourful new illustrations and concise bulleted summaries further reinforce understanding of key concepts and equip students to make sound clinical choices.

'It is a must for the student. The layout by regions makes it different to your standard anatomy book. It is detailed enough to be useful but not onerous. It has lots of pictures, diagrams and illustrations which is needed to make sense of anatomy. These are well-produced. It has a clinical bent so that the student is not learning anatomy abstractly to pass an exam, but I believe it will help the reader to visualise and understand the subject in a more structured and practical way. I think this is a good book, very useful and aimed rightly at the student/beginner anatomy audience but useful also to me as a surgeon as a refresher.'

**Basis of medicine**

**Cicely Saunders: A Life and Legacy.**


General readers; hospice and palliative medicine professionals

This is new biography of Cicely Saunders, founder of the first modern hospice, by author David Clark who had unique access to Saunders’ papers and conducted a series of interviews with her before her death. Links for the first time the ideas and practice of Cicely Saunders to the spreading global interest in hospice and palliative care.

'This is a wonderful book that has been clearly well-considered, researched and compiled. The detail and attention given to all aspects of Saunders’ life and career mirrors that of the development of holistic care at the end of life. The book is clearly defined and written making it accessible and easy to read. The style is aligned to palliative care with strong influences, individual narratives and clinical developments. This is also set historically making it more powerful. It has a reflective style – narrative-based and interjected with quotes and comments from interviews. It sees Saunders from child to nurse to medic and ultimately a patient in the hospice she founded. It is a powerful book and encompasses her spiritual and emotional journey also. The accessible and diverse use of sources deepens the book. The author clearly has a respect and understanding of Dame Cicely Saunders and her legacy — I particularly liked his introduction in which he hypothesises about how to refer to her. this is evident through her multifaceted life, roles and characteristics. This is the most human and detailed reflection of Dame Cicely Saunders I have read. This enhances understanding of how palliative care has evolved and inspired a powerful life and legacy reflected through real voices and aired by someone who clearly knew and understood her journey. This book is a wondrous reflection of an inspirational life, career and legacy but it also a personification of the development of a flourishing specialty — palliative care. Each page in dense in text but tells a formative message and influential account. A holistic reflection of an inspirational, aspirational woman who valued humanity and total individualised care. This is the model of care used today.'

**Essential Concepts in Clinical Research: Randomised Controlled Trials and Observational Epidemiology 2nd edition.**


Clinicians and researchers across a range of specialties; postgraduate students.

Based around previously published, peer-reviewed articles from The Lancet, this handbook provides clinicians with helpful tools to critique articles and derive satisfaction, indeed ‘fun,’ from this clinical science. Most importantly it will help them, as more critical and thoughtful consumers of research, become better practitioners.

‘Pleased to see some very important concepts, often given little lip-service at the undergraduate and even graduate level, discussed in this text. Clinical research is more nuanced than simply looking for the randomised controlled trial with the statistically significant p-value but, as busy clinicians this black and white approach is all we feel we have time for. This text starts from the assumption that you have the basics in place and provides challenging food-
BMA Charities

BMA Charities is two charities, the BMA Charities Trust Fund and the Dain Fund, which are independent of the BMA and which provide support for doctors and medical students in the following ways:

Helping medical students
Students studying to be doctors face several challenges, not least the cost of tuition fees. Many students have done a previous degree and then entered medicine later, meaning that they are unable to access a tuition fee loan, and their main source of income is a maintenance loan, which is insufficient to meet their needs.

Helping refugee doctors
When refugees who have a medical qualification come to the UK, they are unable to work as doctors until they have satisfied the GMC requirements for registration, a process which is lengthy, difficult and expensive for them, despite discounts offered by the GMC on some of its exam fees. The BMA Charities Trust Fund can help with these costs. The Dain Fund has supported some unemployed refugee doctors with grants for nursery school fees so that they can attend essential English language classes while their children are educated and looked after.

Helping doctors’ families
Doctors who are not in work, whether because of health problems or for other reasons, may find it impossible to gain enough support from the benefits system. The BMA Charities Trust Fund offers one-off grants for essential items to out of work doctors who are in financial need. Any doctor who is struggling with debt can receive money advice from a licensed money advisor who assists with managing income and outgoings. The Dain Fund helps with the education and support of doctors’ children when there are financial problems in the family. Grants are made for items such as school clothing, essential IT equipment, children’s bedroom furniture, disability equipment and, occasionally, short-term school fees.

The charities, BMA Charities Trust Fund [Charity registration number 219102] and the Dain Fund [Charity registration number 313108] are managed by a single administration:

Ms Marian Flint
BMA Charities, BMA House,
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Are you interested in medical publishing and would like to take part in the reviewing process?

All entries to the BMA Medical Book Awards are individually reviewed and appraised by doctors and educators who are interested in medical publishing. Reviewers can stipulate the topic, level and number of books they wish to review. We welcome reviewers with specialist interests.

Preliminary reviewing takes place during March and April. Reviewers complete a structured appraisal form and are asked to consider accuracy, currency, originality, book production quality and whether the title meets the needs of its audience.

Reviewers are assessed by two simple criteria: length of review and speed. These assessments are used to determine allocations in future years. Reviewers are able to keep the books which they appraise.

If you would like to volunteer then go to bma.org.uk/librarybookcomp and follow the link in the How the awards are judged section.

If you have any specific enquiries then contact Richard Jones, on info bkawards@bma.org.uk
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**Ethics, Conflict and Medical Treatment for Children: From disagreement to dissensus.**


Health professionals, lawyers and medical ethicists

*This book critically examines the ethical questions at the heart of disputes about medical treatment for children. The case of Charlie Gard, which reached global attention in 2017, is used as a springboard to a wider discussion about the rights of parents, the harms of treatment, and the vital issue of limited resources. Other prominent UK and international cases of disagreement and conflict are discussed.*

‘This book uses recent high profile cases to illustrate ethical principles in relation to the difficult ethical situations doctors may find themselves in and considers the impact of the decisions they make. Each chapter is set out in a clear manner which makes it easy for readers to choose the relevant section they wish to focus on.’

**Gene Machine: The Race to Decipher the Secrets of the Ribosome.**


Anyone interested in science, including those interested in understanding what it is that DNA is actually used for, how our current system of life emerged from an ancient world, and the methods people use to look at the structure of molecules and why it is important to know what molecules look like to understand how they work in the cell.

*This book is a personal memoir of the race to discover the structure of the ribosome, an ancient molecule that reads information in our genes to make proteins. Virtually every molecule in every living cell is either made by the ribosome or made by enzymes that are made by it. The ribosome probably emerged from a primordial form of life called the RNA and is probably older than either DNA or proteins – both of which form an essential part of life today. The book also takes a frank look at the sociology of science — what it is like to compete on an exciting project with the setbacks and successes along the way, how scientists behave, and the politics of recognition and prizes. Finally, the book describes a personal voyage, coming to the USA as an immigrant from India at the age of 19, early beginnings at non-elite institutions, having to change fields or expertise several times, and moving to the UK from the USA to stake all on an important project.*

‘This book clearly achieves its objective of what it is like to be in the middle of an exciting scientific race and the tensions between personal advancement and the desire to deepen scientific knowledge. The developing theme of the race to make a major scientific breakthrough comes across clearly and the reader gets a real feel for the race for ‘the prize’.*

**Medical Law and Ethics 7th edition**


The expected audience for this textbook is students and teaching academics alike who wish to gain an insight into the philosophical, social and political context of the legal and ethical elements of medicine.

*This title is thoroughly updated to cover all the latest developments including important case law on mental capacity and euthanasia, the Charlie Gard litigation, the decision of the Supreme Court in Montgomery, and the Court of Appeal in Conway. Medical Law and Ethics sets out to cover the core legal principles, key cases, and statutes that govern medical law alongside the key ethical debates and dilemmas that exist in the field. This resource is a concise text providing discussion of the law and an overview of the ethical perspectives, ensuring that readers are able to fully understand the law and its context. Jonathan Herring's lively and captivating writing style brings this highly topical aspect of law to life, while remaining closely tailored to course requirements, ensuring that this book is the perfect study companion. Other features such as ‘a shock to the system’, ‘public opinion’ and ‘reality check’ introduce further socio-legal discussion and contribute to the lively and engaging manner in which the subject is approached.*

‘This is a book of high quality for its intended audience and would interest anyone with curiosity in medical ethics on account of its clarity and..."
engaging writing style. I would highly recommend this book to any undergraduate student who wishes to get into the basics of medical ethics. It should also be on the reading list of anyone doing LLM or MA in healthcare ethics. This book would be a helpful stepping stone for such readers before moving on to other dedicated texts and would be of help while appraising journal articles. It ought to be available in all hospital libraries.’

**Reproduction: Antiquity to the Present Day.**


*From contraception to cloning and pregnancy to populations, reproduction presents urgent challenges today. This field-defining history synthesises a vast amount of scholarship to take the long view. Spanning the period from antiquity to the present day, the book focuses on the Mediterranean, Western Europe, North America and their empires. It combines history of science, technology and medicine with social, cultural and demographic accounts. Ranging from the most intimate experiences to planetary policy, it tells new stories and revises received ideas. Striking illustrations invite readers to explore artefacts, from an ancient Egyptian fertility figurine to the announcement of the first test-tube baby. Authoritative and accessible, Reproduction offers students and non-specialists an essential starting point and sets fresh agendas for research.*

‘This book takes a deeply academic approach to the topic from ancient Greece and Egypt to the present day. It is independent and unbiased.’

**Shapeshifters: On Medicine & Human Change.**


*This is a book for a wide and general readership of interested, non-expert readers.*

*Unreliable bodies and shifting symptoms are all in a day’s work for a GP. In his years of practising, Gavin Francis has seen it all: the promising law student trapped under the spell of anorexia; the bodybuilder whose use of illegal steroids threatens his fertility; the teenager agonising over the perplexing physical dramas of puberty; and the surprisingly upbeat woman growing a horn in the centre of her forehead. In Shapeshifters he draws on his patients’ bodily transformations, welcome and unwelcome, bringing together case histories and accounts from the history of medicine, art, literature, myth and magic to show how the very essence of being human is change.*

‘This book has not only helped me to understand human change from a historical account of how we came to perceive it, but it has also made me reflect on human behaviour in my patients, thinking about how I can better my practice as a generalist in the community. That is this book’s greatest strength. In a few cases I wanted to know more about the patient being discussed. Did they intentionally not adhere to medical advice thus picking a different path? Mystery is part of human life. I have not read such a captivating book in a very long time – and I read at least a book every week! The narrative is seamless and so engaging; I would recommend anyone to read this book.’

**The Anxiety Epidemic: The Causes of our Modern-Day Anxieties.**


*Anyone who has ever experienced or suffered from anxiety, or who wishes to understand this increasingly prevalent mental health condition.*

*We only need look around us to see anxieties: in the home, the workplace, on social media, and especially in the news. Everyone feels anxious at some time in their lives, but we’re now being told that we feel more anxious than ever before — and for longer than ever. It’s even reported that anxiety is a modern epidemic significant enough to challenge the dominance of depression as the most common mental health problem. Much of this increase has been attributed to changes in lifestyles that have led to more stress and pressure being placed on people: from childhood, to adolescence, to adulthood. But that’s a big claim. Going back over the generations, how anxious were people in 1968 or 1818? Are people just anxious all the time — regardless of what they do or when they lived? Is anxiety an inevitable consequence of simply being alive? The author addresses many important questions about the role of anxiety. What is it good for? What are the unique modern-day causes of our anxieties and stresses? What turns normal everyday anxiety into the disabling disorders that many of us experience — distressing and debilitating conditions such as phobias, social anxiety, panic disorder, obsessive compulsive disorder, pathological worrying and post-traumatic stress disorder?*
The BMA general practitioners committee

The BMA UK general practitioners committee (GPC) represents all GPs across the UK, whether or not they are members of the BMA, from partners, to sessional GPs and trainees. The work of the committee is supported by specific representative subcommittees (for GP trainees, sessional GPs and four national committees) and specific policy groups, as well as a national infrastructure of local medical committees. GPC is recognised as the sole negotiating body for GPs under the GMS contract by the Department of Health and devolved administrations.

In addition to negotiating the GP contract each year, GPC has influence at national level on many key issues for GPs and general practice, championing on behalf of the profession. Working with partners GPC has lead the development of IT changes in practices, resulting in world-leading electronic patient clinical records. The committee has also had a leading role in supporting the development of multidisciplinary working within general practice, most recently with a focus on the wider use of pharmacists working directly with practices, and is championing sustainable working practices through collaborative arrangements.

General practice has been at the heart of the delivery of primary healthcare for decades, and is often described as the cornerstone of the NHS. Over recent years, general practice has faced increasing pressures on the service, including unsustainable workload, a workforce crisis and inadequate resource.

GPC representatives sit on many national and local boards and committees and regularly liaise with key stakeholders to ensure we get the best for all GPs, whether at a local or national level. GPC has played a key role in negotiating with government on the support needed for the profession, and has been successful in securing a number of commitments to sustain and develop the service over the coming years, and will continue to work to ensure a viable and successful future for general practice.

This year GPC England negotiated a contract spanning the next five years. Elements will be introduced throughout the five years — 2019 will focus on building the foundations, creating PCNs and starting to expand the workforce; 2020 onwards will see the workforce increase further, additional funding and services reconfigured (as decided by the networks).

The most substantial changes commenced from April 2019. The changes should provide much needed support and resources for general practice, expanding the workforce, reducing workload, increasing funding, retaining GP and partnership autonomy and ensuring GPs have a leadership role at the centre of primary care.
BMA House is a grade II listed building in central London's fashionable and historic Bloomsbury.

Home to the prestigious British Medical Association, BMA House was designed in 1911 by the famed architect Sir Edwin Lutyens. It has been the Headquarters for the BMA since 1925.

Highly accessible, the venue has a superb location just a short walk from the Eurostar (at nearby St Pancras), as well as Russell Square, Euston and King’s Cross stations. Ideal when you have delegates coming from across the UK.

Offering 23 unique event spaces, including two private outdoor areas, BMA House has the versatility to act as the setting for a wide range of events, including conferences, dinners, private parties, receptions and weddings.

Conferences and meetings
BMA House is a favourite for conferencing, boasting an impressive range of larger rooms suitable for lectures, presentations and talks.

Conference spaces include the magnificent Great Hall (maximum capacity 294 conference-style) and the Council Chamber (fixed capacity for 97) which comes equipped with features such as an electronic voting system and individual laptop and microphone connections for delegates.

There are also 11 different purpose-built meeting rooms, the largest of which can accommodate up to 65 people in board room style.

Event spaces are fitted with state of the art audio visual technology as well as free wifi for all standard requirements. A team of friendly and very knowledgeable in-house technicians are also on hand to offer guidance and support for any event.

Corporate parties and dinners
Adorned with high ceilings and magnificent decorative features, BMA House provides an opulent setting for both corporate and private events. BMA House boasts five different event spaces each suited for private parties, as well as outdoor entertainment facilities and a creative in house catering team.

The venue can tailor for any event; from private dinners and cocktail parties, summer soirées and barbeques, to Christmas parties and stylish evening receptions. With capacities ranging from 20 to 320, this historical central London venue is ideal for both intimate gatherings and larger scale corporate affairs.

Summer and outdoor parties
Ideal for summer parties and outdoor events, BMA House offers two beautiful and peaceful outdoor spaces, namely The Courtyard and Garden; a remarkable asset given its central London location. Built on the foundations of the house where Charles Dickens wrote classics such as Bleak House and Great Expectations, the Garden is a picturesque secret spot located to the side of BMA House. With a capacity of 90, it is suited for reception drinks, barbecues and cocktail parties. Surrounded on three sides by the majestic walls of BMA House, and on one side by an ornate iron gate, The Courtyard is a glamorous location for a reception or standing buffet. Perfect for larger scale outdoor events, given it has
a capacity of 320.

**A dedicated planning team**
When you organise an event at BMA House, you will have the assistance of an in-house events team, which encompasses catering, audio visual support and the services of a dedicated event planner who will work with you from concept to fruition of your event.

Menus are created by our in-house caterers who have a focus on British produce and healthy eating. They have created seasonal menus which are notable for their innovative design, stunning presentation and high quality ingredients. BMA House has been accredited with a gold rating under the Green Tourism Scheme due to its dedication to placing sustainable and ethical practices at its forefront.

**Weddings**
The historic BMA House is an idyllic location for weddings. The venue holds a wedding licence for four of its feature rooms: Great Hall, Snow room, Paget room and The Prince’s Room, all of which retain many of their original listed features. BMA House can easily accommodate large weddings; the Great Hall has a maximum capacity of 200 for a ceremony and wedding breakfast. However, it is also ideal for smaller, more intimate ceremonies and receptions; The Prince’s Room has, for example, a maximum capacity of 60 for a ceremony. BMA House is also a fabulous location to hold a private outdoors drinks and canapé reception. In addition to its splendid interiors, The Courtyard and Garden, both provide a stunning setting for wedding photographs and pre-dinner drinks.

BMA House was the host venue for Nike’s Athlete Hospitality programme during the Olympics 2012 featuring 4,000+ shoe boxes!

**Visitors have included**
Princess Anne, Boris Johnson, Sir Mo Farah and Lesley Garrett

**Ingredients are sourced locally and sustainably wherever possible and supportive of Fairtrade tea and coffee growers. In addition, all food waste is composted and all glass bottles recycled.**

**If you would like a guided tour of our building to discuss any plans you have for meetings and events please email or phone and we will be delighted to help you.**

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Get in touch and let us assist you
Call 020 7874 7020 or visit www.bmahouse.org.uk

BMA House, Tavistock Square, London, WC1H 9JP.
'Realistic, well-presented summary of common anxieties and how they may present. It is well-illustrated with good practical examples. It is a straightforward book for its intended target audience.'

**The Breakthrough: immunotherapy and the race to cure cancer.**


This is a popular science title for a general audience. It will particularly interest anyone who has been affected by cancer.

New York Times bestselling author Charles Graeber tells the astonishing story of the group of scientists working on a code that can enable the human immune system to fight — and perhaps even cure — cancer. For decades, scientists have puzzled over one of medicine’s greatest mysteries: why doesn’t our immune system fight cancer the way it does other diseases? The answer is a series of tricks that cancer has developed to turn off normal immune responses — tricks that scientists have only recently discovered, and now are learning to defeat. We are in the midst of a revolution in our understanding of cancer and how to beat it. Ground-breaking, riveting, and expertly told, The Breakthrough is the story of the game-changing and Nobel Prize-winning scientific discoveries that unleash our natural ability to recognise and defeat cancer, as told through the experiences of the patients, physicians, and immunotherapy researchers who are on the front lines. This is the incredible true story of the race to find a cure, and the definitive account of a historic moment in medical science.

'This book has been a fantastic aid for better understanding of immunotherapy. It was very interesting to read and made me realise how little I knew about the subject and just how far the subject has come. It amazed me how much it had been studied and how effective some of the therapies are. It is a tricky subject to make simple and interesting but I think this was done very effectively.'

**The Disordered Mind: What Unusual Brains Tell Us About Ourselves.**


Readers of popular science, particularly those who wish to gain a better understanding of the brain, one of our most confounding and intriguing organs.

Neurological and psychiatric disorders have long been regarded as fundamentally different, depending on whether they appear to affect the brain or the mind. In reality, the brain and mind are inseparable. Both types of disorder can affect every aspect of brain function, from perception, action, memory and emotion, to empathy, social interaction, attention and consciousness. It is easy to view brain disorders as simply tragic or frightening. But studying where these functions go wrong provides a window on the workings of the healthy brain and makes it more probable that scientists and clinicians will manage to develop effective treatments or preventative strategies. The Disordered Mind explains how the processes of the brain that give rise to the mind can become disordered, resulting in the devastating diseases that haunt humankind. Understanding the biology of brain disorders is part of the continuous attempt of each generation of scientists to understand human thought and human action in new terms.

'This book certainly meets the needs of its intended audience and I would recommend it to anyone. It has certainly helped me to understand the subject. It is a must-read!'

**The End of Epidemics: the looming threat to humanity and how to stop it.**


This is a book for the general reader interested in global issues, as well as scientists, doctors, nurses, or policymakers

AIDS. Ebola. Bird flu. SARS. These and other epidemics have wiped out millions of lives and cost the global economy billions of dollars. Experts predict that the next big epidemic is just around the corner. But are we prepared for it? And could we actually prevent it? Somewhere out there, a super virus is boiling up in the bloodstream of a bird, bat, monkey, or pig, preparing to jump to a human being. This as-yet-undetected germ has the potential to kill more than 300 million people and reduce global GDP by 5-10%. That risk makes the threat posed by
ISIS, a ground war, a massive climate event, or even the dropping of a nuclear bomb on a major city pale by comparison. The author tells the stories of the heroes, past and present, who’ve succeeded in their fights to stop the spread of illness and death. He explains the science and the politics of combating epidemics. And he provides a detailed seven-part plan showing exactly how world leaders, health professionals, the business community, media, and ordinary citizens can work together to prevent epidemics, saving millions of lives.

‘This text offers a compelling insight into the history of infectious disease and how today’s global threat has emerged. It paints a vivid and sometimes alarming picture of the complexities involved in effectively combating epidemics, and how a sustained international response is required to avert catastrophe.’

The NHS at 70: a living history.


This book is designed to appeal to everyone who uses the NHS – staff and patients alike.

It traces the history of our health service from Victorian times to the current day, dealing with politics, changing health care systems and major events and discoveries in health care that have occurred over the last 70 years. Woven through the book are ‘my NHS stories’, personal accounts from staff and patients, which bring the history to life.

‘Obviously, as a medical student in the 70s and a GP from the 80s onwards, I understood much of the subject well already, and indeed identified with some of the contributors. Of special interest was the fact that in its first year ‘demand for the NHS exceeded all predictions.’ So, nothing new now then! nearer the end the book talks about what the future could hold for the NHS and I think this will give many pause for thought. But its main strength as a history of the NHS for a wide audience lies in its interesting mix of facts and personal stories, well-illustrated and set out. It really is, as it says on the front cover, A living history.’

Cardiology

Braunwald’s Heart Disease: A Textbook of Cardiovascular Medicine, 2-Volume Set 11th edition.


Cardiologists, cardiology fellows/trainees, Internal medicine physicians

Trusted by generations of cardiologists for the latest, most reliable guidance in the field, Braunwald’s Heart Disease, 11th Edition, remains your #1 source of information on rapidly changing clinical science, clinical and transitional research, and evidence-based medicine. This award-winning text has been completely updated, providing a superior multimedia reference for every aspect of this fast-changing field, including new material about almost every topic in cardiology.

‘This is an extremely well-written and beautifully produced book. It covers the breadth of cardiology in an accessible way and makes great use of diagrams, figures and illustrations throughout. Despite the changing nature of cardiology, it is written in a way that remains relevant and brings together research and clinical practice. The e-book and video images are clear and make this a portable resource. These strengths enable the book to be a resource for all clinicians in cardiology.’

Crash Course Cardiology 5th edition.


Medical Students; nursing/allied health students and professionals

A winning formula now for more than 20 years, each Crash Course series volume has been fine-tuned and fully updated — with an improved full-colour layout. Especially written by senior students or junior doctors — those who understand what is essential for exam success — with all information thoroughly checked and quality assured by expert faculty advisers, the result are books which exactly meet student needs. Each chapter guides readers succinctly through the full range of curriculum topics, integrating clinical considerations with the relevant basic science and avoiding unnecessary or confusing detail. A range of text boxes help readers get the hints, tips and key points they need fast! A fully revised self-assessment section matching the latest exam formats is included to check understanding and aid exam preparation.
Women in academic medicine group

The past decades have seen great advances in increasing diversity in the medical workforce, particularly with regards to gender equality. Women now make up more than half of graduates from British medical schools, yet this diversity is not reflected in academic career pathways – particularly in more senior academic positions.

The women in academic medicine (WAM) group was established by the BMA’s medical academic staff committee (MASC).

It was established to consider how best to tackle the relative lack of women in academic medicine compared with medicine as a whole, and the absence of comparable career progression. Over the past decade, the group has played an important role in gathering evidence and raising awareness of the issues that women face when pursuing a career in academic medicine, influencing policy within the BMA and at a national level. The group also provides a forum for women to meet and support each other through the very successful bi-annual conferences, and through building strong links with other groups.

The group holds a unique position within the BMA, representing women in academic medicine from all disciplines and welcoming members from medical students at the beginning of their careers through to established academics in senior positions. As chair of the WAM group, I am very proud to be part of a group which continues to empower female academics and celebrate their significant contribution to medical research.

Dr Carmen Soto
Chair, Women in academic medicine group
info.masc@bma.org.uk
The accompanying enhanced, downloadable eBook completes this invaluable learning package.

‘This is a clear concise text with a good explanation of terms. It is a very good book in an authoritative series. It is useful for junior doctors but also GPs wishing to refresh on this subject.’

**Critical Heart Disease in Infants and Children, 3rd edition.**


Cardiologists

Now in brilliant full colour and reflecting recent significant changes in the field, Critical Heart Disease in Infants and Children, 3rd Edition, keeps you abreast of the skills and knowledge required to safely care for children with congenital and acquired heart disease in the ICU. Paediatric intensivists, cardiologists, cardiac surgeons, and anaesthesiologists from leading centres around the world provide a well-rounded perspective on basic scientific principles, medical and pharmacologic treatments, surgical techniques, and equipment.

‘This is a high quality text which allows the reader to explore complex anatomical and physiological pathologies clearly. Great use of images, illustrations and videos.’

**Introduction to Basic Cardiac Dysrhythmias 5th edition.**


This book is designed for use by the spectrum of emergency medical services staff and other healthcare professionals.

Introduction to Basic Cardiac Dysrhythmias, Fifth Edition, uses clear, accessible language to explain how the heart functions and how to interpret ECGs. It provides users with the critical knowledge needed to interpret dysrhythmias and determine the appropriate treatment. The Fifth Edition includes content on basic 12-lead ECG interpretation and real-life ECG strips to show each concept. It includes a variety of review tools, including 200 additional practice rhythm strips, 22 case studies, and perforated review flashcards, as well as numerous review quizzes with a variety of question formats, as well as dysrhythmia practice strips and crossword puzzles.

‘This book is excellent for medical students, and junior UK doctors alike. There are various ECGs out there – but this books succinctly takes the user through each step of the way through to the various tracings as well as providing exercises for the users to do.’

**Textbook of Clinical Echocardiography 6th edition.**


Cardiology fellows, practicing cardiologists, cardiac sonography students/anaesthesiologists, primary care physicians, emergency medicine physicians

Today’s echocardiography continues to be a low-cost, minimal-risk procedure with the potential to yield a vast amount of detailed, precise anatomic and physiologic information. Textbook of Clinical Echocardiography, 6th Edition, clearly outlines how to master the core principles of echocardiographic imaging to make an initial diagnosis and integrate this data in clinical decision making for patients with a wide range of cardiovascular diseases. Ideal for cardiology fellows, medicine residents, and cardiac sonography students, this bestselling text teaches all the essential elements of ultrasound physics, tomographic and 3D anatomy, image acquisition, advanced imaging modalities, and application in specific disease categories — all with a practical, problem-based approach.

‘The text photos are linked with video loops (so essential in cardiac imaging with echo as most of your acquisitions are moving loops) — ahead of the curve for most echo textbooks. This book maintains its position as one of the standard bearers for physicians’ training in echocardiography — whether cardiology specialty registrars/ fellows, cardiac physiologists, or anaesthetic fellows learning echo. It maintains a good balance of depth/ conciseness/ summary boxes, as well as excellent images and now, video loop links.’
The ESC Textbook of Cardiovascular Medicine, 3rd edition.


All cardiologists in training and practice.

This new, third edition of The ESC Textbook of Cardiovascular Medicine is a ground-breaking initiative from the European Society of Cardiology that transforms reference publishing in cardiovascular medicine to better serve the changing needs of the global cardiology community. Providing the background information behind clinical practice and the ESC Clinical Practice Guidelines, this publication is an invaluable resource for cardiologists across the world. Coverage of the complete field of cardiovascular medicine from basic research through to the clinic. Encyclopaedic resource aligned with European gold standard training curriculum. Richly illustrated and linked to the online resource ESC CardioMed with multimedia.

‘The entire textbook is online – including references and additional images and videos. The images and videos are of high quality and the reference lists are comprehensive. This is a phenomenal textbook. It is aimed at cardiologists in training, as well as those in practice, and aims to provide a contemporary and comprehensive overview of the subject. At more than 3,000 pages, never mind the additional online references and images, it is arguably the most contemporaneous and comprehensive textbook of cardiology. It appears to cover all subjects, in some depth, and each chapter is written and edited by recognised experts in the field. The real strength of this book is the depth of the articles and the use of a broad range of up-to-date scientific references. It’s surprisingly easy to read most chapters. They are generally clear and concise. The sheer number of illustrations is excellent. It’s not an anatomy book, driven by its images, but there are plenty of images, tables and charts. The great strengths of this book are: 1. It is as contemporaneous as a cardiology textbook can be. 2. It is comprehensive. 3. It has been written by excellent authors who are recognised authorities in the field. 4. It is supported by online images / videos / references. It’s a great textbook, and arguably the gold standard for a general cardiology textbook.”

Health and social care

DOPESICK: Dealers, Doctors and the Drug Company that Addicted America.

Beth Macy – Head of Zeus, August 2018 ISBN: 9781788549370 £20

Those with an interest in healthcare policy and the administration of prescription medications, be they medical professionals or lay people

‘Very well-researched, at times movingly written. There are paragraphs and pages that will leave you gasping from shock and disbelief over, and over, and over again. The reader will be left enraged and aghast at the depths of deception by the pharmaceutical industry, the extent of regulatory and public health failure, the scale of the epidemic and that at every step of the way there were evidence-based warning calls from those on the front line, that were dismissed and ignored. The most riveting sections, early in the book, that were devoted to the high level business and marketing decisions by the pharmaceutical company that fuelled the crisis, pushing, what could be argued looking from the outside in, deeply clinically inappropriate opiate prescriptions. Excellent piece of investigative journalism. This is essential reading for doctors, medical students and allied healthcare professionals, not only to understand the opioid addiction we see now, but to understand how a toxic combination of business decisions taken by companies huge and small, gaps in regulation, distortion of studies and data, and clinical overload can negatively impact on our practice of medicine and cause serious and widespread problems for people for whom we are entrusted to care. This book helps provide a framework to understand how, in the age of evidence-based medicine and the rise of very clever and targeted advertising, manipulation and distortion, it takes much more than critically appraising a study to find scientific truth.”

Emergency Birth in the Community.


Healthcare professionals who may need to support the birth of a baby. It will be especially useful for GPs, paramedics and nurses who are not regularly present at birth and therefore lack confidence in this crucial area of care. It is also a handy pocket guide for midwives.
The book covers assessment of the pregnant woman through to management of normal birth and time critical complications. It is a practical guide for busy professionals with demanding clinical roles. Emergency Birth in the Community is packed with photographs, illustrations and key tips. Eight pull out pocket-size cards, with step-by-step actions on assisting with different presentations, are included. The text has been written by Amanda Mansfield, consultant midwife at the London Ambulance Service and member of the Royal College of Midwives. The guidance is peer-reviewed and recommended by the Joint Royal Colleges Ambulance Liaison Committee and includes a foreword from Edward Morris of the Royal College of Gynaecologists.

‘This pocket book reference covers all aspects of community birth for those who do not routinely come across this in their day-to-day work eg GPs or paramedics. It includes useful overview flowcharts which provide easy to access summaries of what to do in emergency scenarios.’

Escaping Wars and Waves: Encounters with Syrian Refugees.


The general public, those interested in refugee stories, current affairs, graphic reportage and illustration, and the growing numbers of health practitioners and providers who are interested in the field of graphic medicine.

Escaping Wars and Waves is an unnervingly close and poignant look at the lives of those affected by the Syrian war and the mental health team who tended to them. While on assignment between 2013 and 2017, often for Médecins Sans Frontières (Doctors Without Borders), Olivier Kugler interviewed and photographed Syrian refugees and their caregivers in camps, on the road, and in provisional housing in Iraqi Kurdistan, Greece, France, Switzerland, and England. Escaping Wars and Waves is the astonishing result of that record keeping — a graphic novel that brings to life the improvised living conditions of the refugees, along with the stories of how they survived. Kugler captures the chaotic energy of the camps through movement-filled drawings, based on the photos he took in the field, that depict figures, locations, and seemingly random details that take on their own resonance. He also gives precedence to the voices of the refugees themselves by incorporating excerpts from his many interviews and portraits sketched from thousands of reference photos. What emerges is a complicated and intense narrative of loss, sadness, fear, and hope and an indelible impression of the refugees as individual humans with their own stories, rather than a faceless mass.

‘This presents an unemotional account of the extraordinary lives of refugees who are escaping war. It presents realities of living in a matter-of-fact way which is striking, shocking and sympathetic. Its strengths for me were: 1. an unusual presentation and format for this sort of information 2. presentation of extraordinary information as if it were ordinary 3. as a document relating the realities of trying to escape war and trying to live away from what is familiar 4. presentation of information which is shocking without particularly emphasising the emotional impact or making emotive comment.’

Justice for Children and Families: A Developmental Perspective.

Edited by Mike Shaw and Sue Bailey – Cambridge University Press, August 2018 ISBN: 9781108457699 £29.99

Practitioners of social science, law, social work, psychology, paediatrics, psychotherapy, psychiatry and public health alike.

Children come into the world completely helpless and require well-functioning families and schools to meet their needs, protect their interests and nurture their potential. This book argues that healthy child-development depends on values, ideas and structures that promote justice for children and families. Fairness: allowing fair distribution of resources, so that every child and family have the best possible chance to reach their potential. Protection: resources for families, neighbourhoods and schools to help protect and encourage their children, alongside the means to intervene, should this protection fail. Autonomy: encouraging children’s voice and participation in decision-making at a level commensurate with their maturity. Authored by leading experts in the field, the book is comprised of short, highly readable chapters with an interdisciplinary appeal.

‘This book includes some interesting terms with respect to children — they are citizens in the making not citizens of the future; their capacity is evolving. Health promotion strategies focusing on poverty and exposure to adverse childhood events. Highlighting the prominent organisations eg WHO, ONS and CDC with up-to-date statistics helps sell the themes in the book. It begins to shift a focus of services that are now reactive in their approach to a more active one. I would recommend this as a bookshelf-must for any professional working with children and their parents whether it be in the health service, education, social care or voluntary or third sector. It is a good start to instilling curiosity in
the next generation of professionals to continue the excellent work now being done to assist a forgotten about population of extremely vulnerable children and their families.’

**The MeeTwo Teenage Mental Help Handbook.**

Suzi Godson – MeeTwo Education, October 2018
ISBN: 9781916495999 £12

Teenagers and secondary school students, but of great interest to parents and teachers.

The MeeTwo Teenage Mental Help Handbook combines young people’s personal mental health stories with a complete illustrated self-help directory which lists the best support groups, helplines, apps, books, media, self-help and community activities. The directory gives young people the tools to help themselves and, because it is in book form, young people can serendipitously discover resources. The handbook also includes a series of interviews with some of the top mental health experts in the UK including Sir Simon Wessely, Sarah-Jayne Blakemore, Sir Richard Layard, Henrietta Bowden Jones, Professor David Gunnell and Sir Anthony Seldon. The book has been published by the makers of The MeeTwo app, an NHS approved mental help app for teenagers.

‘The strengths are the openness of the content and being unafraid to broach complex topics of self-harm and LGBT+. The use of memes, photos and pictures as well as short articles would appeal more to a teenager than a conventional text-heavy tome. The content is very open with respect to people’s personal stories. It covers a wide range of topics that are very current with respect to young people and mental health/gender issues. The personal stories would resonate with young people with similar problems. The expert pages are not written in a patronising tone and so I think come across as informative and non-judgmental.’

**Internal medicine**

**Anemia: Pathophysiology, Diagnosis, and Management.**

Edited by Edward J Benz, Jr, Nancy Berliner and Fred J Schiffman – Cambridge University Press, May 2018
ISBN: 9780521514262 £64.99

This heavily-illustrated book is essential reading for haematologists and oncologists. In providing a pathophysiologic context, it is also of interest to nurse practitioners, physician assistants and medical students in the field. This book provides access to an online version on Cambridge Core, which can be accessed via the code printed on the inside of the cover.

‘The book is excellent in that it covers the pathophysiology as well as the diagnosis and management. This is so important in the understanding of anaemia and also means that this book will appeal to the audience targeted (medical students, nursing staff, haematologists and oncologists, and also those involved in general medicine). The illustrations are very hard to pass by without stopping to look at them, even when intending just to dip into the book for a particular topic. It was refreshing to be able to brush up on the topics and to look at the figures. I really liked this book. Anaemia is a complex topic as it is multifactorial, and it is a pleasure to find a book that covers this topic well.’

**Clinical Gastrointestinal Endoscopy, 3rd edition.**

Vinay Chandrasekhara, B Joseph Elmunzer, Mouen A Khashab and V Raman Muthusamy – Elsevier, March 2018

Gastroenterologists

Now thoroughly up-to-date in print and online, Clinical Gastrointestinal Endoscopy, 3rd Edition ensures that you stay current with the latest technology and techniques in GI endoscopy. An all-new editorial team, newly updated videos and images, and a reorganised format make this reference an easy-to-use source of reliable information on a full range of topics, including anatomy, pathophysiology, and therapeutic management options, in addition to the latest GI procedures and technologies.

‘It is up-to-date, comprehensive, and clearly written with high quality illustrations. It covers topics by considering non-endoscopic alternatives as well and therefore provides useful context; this is different to many endoscopy textbooks which may simply


Rheumatologists in training and in practice and researchers in clinical immunology

For more than 50 years, Dubois’ Lupus Erythematosus and Related Syndromes has been recognised internationally as the go-to clinical reference on lupus and other connective tissue diseases. From basic scientific principles to practical points of clinical management, the updated 9th Edition provides extensive, authoritative coverage of SLE (systemic lupus erythematosus) and its related diseases in a logical, clearly written, user-friendly manner. It’s an ideal resource for rheumatologists and internal medicine practitioners who need a comprehensive clinical reference on all aspects of SLE, connective tissue diseases, and the antiphospholipid syndromes.

This is a large textbook that is not really portable so the digital version, which I mostly used for this review is excellent. It was easy to download to my laptop and to my tablet so I could access the book while on the go. The major strength of this book is the comprehensive information provided on SLE. The writing style is clear and the consistent ‘house’ style with colour coded headings in each chapter make for an attractive presentation. Chapter 33 on the cutaneous manifestations of lupus was enjoyable and the illustrations were very good. This is an outstanding textbook on an uncommon disease that has been produced to a high standard.'

Essentials of Clinical Pulmonology.


Respiratory physicians in training and in practice. The wider respiratory support team with an interest in specialist respiratory care of patients, including anaesthetists, intensivists, general physicians and paediatricians

Concise yet comprehensive, this textbook of clinical pulmonology provides pulmonologists and respiratory disease physicians with all the key information that they need to know to manage the patient through the diagnosis and treatment journeys.

The main strengths of the book are the extremely lucid text, excellent diagrams and clinicopathological images, case scenarios and
self-assessment questions. The diseases have been covered in sufficient depth to allow general respiratory physician to diagnose and treat all common conditions. Subjects such as embryology and developmental lung disease have been covered well. Moreover, even areas that some might consider outside the remit of a respiratory textbook are put into context, eg heart failure, rhinosinusitis, cardiac sarcoidosis, respiratory complications of haematological disease and neuromuscular disease. The treatments described are up-to-date and will enable readers to understand the use of newer therapies like anti-fibrotic drugs for treating idiopathic pulmonary fibrosis. I found some parts of the text around imaging techniques especially helpful eg technical factors involved in the quality of radiographic images and how to interpret them, the principles of VQ Spect etc. Scientific principles behind the development of various diseases eg asthma and pulmonary fibrosis are addressed in enough depth to whet the appetites of budding researchers. The few weeks I have spent with this book have been invaluable in learning more about various techniques and treatments and the clinical case scenarios and self-assessment questions have made it easy to consolidate my knowledge. This is an outstanding textbook of pulmonology. There are existing textbooks of pulmonology available on the market but none that have incorporated the lucidity of style and use of effective diagrams and clinicopathological images to such an excellent degree while still remaining sufficiently brief and beautifully readable as to allow the reader to cover all the material without feeling overwhelmed.’

**Foundations in Respiratory Medicine.**


This book meets the need for a resource that covers the core knowledge required to pass the SCE (specialty certificate examination), which includes the broad field of respiratory medicine. This book is also highly applicable to core medical trainees sitting their MRCP examinations. The format is ideal for effective exam revision with individual chapters covering the key points of each condition in sufficient (but not excessive) detail. Examples of imaging (CXR, CT, PET-CT) are used to illustrate cases and descriptions of modern respiratory intervention such as the EBUS/EUS-guided sampling and medical thoracoscopy is included in this essential exam resource.

This book is a comprehensive resource to approach the diagnosis and treatment of respiratory conditions. It bridges the gap between the required core knowledge and the emerging areas where new investigative techniques and treatments are already impacting on everyday clinical practice. Common conditions such as lung cancer, asthma, COPD, respiratory infection, and thromboembolic disease are dealt with in detail as well as more specialist areas such as interstitial lung disease, pulmonary hypertension, sleep and ventilatory failure. The authors are all practising specialists in their subject areas and discuss underlying physiological mechanisms, clinical approaches, evidence-based guidelines, and areas of uncertainty for each topic. The chapters are well-illustrated by high quality multimodality imaging and show examples of classic and unusual conditions with descriptive legends. The format is ideal for postgraduate and doctors who are completing their training in respiratory medicine.

‘Excellent main test book for the SCE with minimal supporting materials required such as mainly BTS/ NICE guidelines. It fits in the bag easily so is mobile. It includes a thorough explanation of concepts so not just tick boxing curriculum areas. Concise, yet comprehensive and detailed. This is an excellent resource for specialist trainees at the start and closer to the time that they embark on the SCE. It covers all key areas and focuses on explanations for difficult concepts too providing a balanced approach to grey areas and appraisal of the literature. I would recommend it.’

**Gastroenterological Endoscopy 3rd edition.**


Internal medicine residents, fellows, physicians, endoscopists.

The primary focus in this new edition is on that most important tool in the gastroenterologist’s armamentarium, the endoscope, which enables diagnosing (directly [visually] and also indirectly via biopsies obtained during the procedure). Many therapeutic procedures can be performed as well, by various means (laser ablation, mucosal resection, electrocautery, etc).

‘Well-written and illustrated. It will make a good companion for trainees and experienced endoscopists.’
The BMA Library was set up in 1888 by the then editor of the British Medical Journal, Ernest Hart, with the help of Spencer Honeyman, who became the first librarian in 1893.

Today, in line with the BMA’s commitment ‘to put members at the centre of everything we do’, the BMA Library offers a full range of technology-based services to members from all branches of practice and medical students across the UK. It specialises in current clinical practice, medical ethics, career development and education. The service provides expert information to both BMA members and BMA/BMJ staff. Access is available to electronic resources including journal articles, databases and ebooks. The enquiry service offers a quick response to member and staff queries.

The unique strength of the BMA Library service lies in its customised, adaptive and integrated nature which makes it one of the top benefits of membership and underlies its recognised value as a member recruitment and retention tool. It is also committed to supporting the work of all BMA departments through the special staff collection.

The BMA Library organises and hosts the prestigious BMA Medical Book Awards and the BMA Patient Information Awards, which are recognised by publishers and patient information groups for their acknowledgment of high standards in medical publishing and high quality in patient information.

Contact the BMA Library at BMA-library@bma.org.uk


Nephrologists, internists, nurse practitioners, physician assistants, and other healthcare professionals who care for early-stage CKD patients.

Shares the evidence-based expertise of cardiologists, endocrinologists, general internists, and nephrologists, focusing on the care of non-dialysis CKD (chronic kidney disease) patients in stages 1–5.

‘How can a digital version in more than 30 languages not be good? Thorough in the breadth of topics addressed, yet concise in its advice, evidence-based, easy to use, relevant. Perfect for day-to-day management of patients in a multitude of settings. It fills in a number of gaps and has had an impact on my patients as well as colleagues. I want to convey how much I enjoyed this book and how firmly I believe that it is a key resource for managing patients with CKD. In the age of internet and information overload, it is hard to be novel, yet it is even harder to be appropriately thorough on a complex topic without becoming boring or causing an information overload. I felt this book provided the perfect balance on the topic of CKD management and, for that reason, when someone asks – ‘where do I start?’, I will happily loan them this handbook.’

Lookingbill and Marks’ Principles of Dermatology, 6th edition.


Dermatologists

Intuitively organised by appearance rather than aetiology, Lookingbill and Marks’ Principles of Dermatology, 6th Edition is a concise, abundantly illustrated everyday reference for dermatologic diagnosis and therapy. It offers expert guidance and overviews of essential information in dermatology, including key points, clinical pearls, differential diagnosis, and tables of first- and second-line treatments. Superb clinical photographs, full-colour histopathology images, and corresponding cross-sectional line diagrams provide details on cause and condition.

‘Main strengths are that it approaches dermatology issues in a real-life format ie the problem you see and then explains the relevant differentials and management of these. It is very informative and easy to read.’


Endocrine consultants, registrars, associate specialists, and clinical assistants, as well as those from other disciplines who share endocrine clinics including endocrine surgeons, oncologists, gynaecologists, and paediatricians.

A practical textbook, the resource provides easy access to evidence-based materials for quick consultation. It comprehensively covers the vast spectrum of endocrine disorders in one convenient, accessible volume. Each chapter includes the process of diagnosis, investigation, and management, as well as information for patients. The 21 chapters are organised by endocrine glands, disorders and syndromes and there are sections on the involvement of hormones in other specialties including endocrine oncology. The continuity from childhood to adolescent and adult endocrinology as well as the needs of older patients is explored in specific sections. The book is designed so that each subject forms a self-contained topic in its own right. Topics are presented in a consistent and easy-to-read format.

‘This is an excellent book for its selected audience. The smaller size of this book is much more manageable than most textbooks on endocrinology while still covering all the important topics. Its strengths are: 1. The way the huge topic of endocrinology has been broken down into manageable chunks. Although the book has 21 chapters, each is broken down further so there are actually 139 bite sized chapters. 2. Lots of references to online tools eg FRAX, conversion tables for different units from different labs. 3. References to patient support groups. 4. Lots of very up-to-date genetic data. 5. Diagrams for patients. 6. Handy book size. 7. Lots of helpful diagrams, particularly for physiology sections. 8. Very practical approach. I will certainly recommend this to my colleagues and trainees.’


Junior general medical trainees (eg UK FY and CMT grades); medical and nursing and allied health professionals training in rheumatology and musculoskeletal medicine; GPs.
The Oxford Handbook of Rheumatology 4th edition provides full details of paediatric and adult rheumatic diseases and includes new chapters on rare conditions and hereditary disorders. It is organised by specific diseases, and pragmatic information on diagnosing patients is supported with illustrations and colour plates.

‘This book is very well written, clear and aimed at junior doctors. I used an earlier version of the book to revise for my rheumatology SCE exam. It was a great tool and a good reference book. Its clarity and conciseness are major strengths. There are no other small pocket-sized reference rheumatology books aimed at this readership. It is educational and fills a gap in the market.’

**Practical Diabetes Care 4th edition.**


Diabetologists and endocrinologists of all levels, especially trainees (foundation docs, registrars, etc); diabetes specialist nurses; GPs with interest in diabetes; trainees in the following specialties also find this book useful: cardiology, nephrology, ophthalmology, pulmonary medicine. Also, emergency medicine physicians.

Practical Diabetes Care 4th edition provides hospital staff treating diabetic patients with an easy to navigate, clear and convenient guide covering all aspects in the field. It offers a wholly clinical approach to diabetes and its treatment. Covering all of the practical aspects of all major aspects of Type 1 and Type 2 diabetes, it also includes the very latest in clinical research and trial results. Structured in a problem-orientated way, it focuses on the areas of maximum anxiety for health-professionals treating patients with diabetes, for example, hyperglycaemic emergencies, and multiple complications.

‘This book is an up-to-date analysis of current research and is practical as well as advising on ideal practice. Content is detailed but boxed practice points allows the clinician to check practice as well as read more details when necessary; the practical management of patients is described as well as ideal treatments and targets. It can be used as a reference or dipped into for rapid advice. It also covers the wider aspects of diabetes — hypertension, lipids, lifestyle and psychology.’

**Medicine**

**Clinical Pharmacy and Therapeutics, 6th edition.**


Students of medicine and pharmacy.

From practical pharmakinetics, drug interactions, adverse reactions, pharmacoeconomics through drugs used in the life stages (neonates, paediatrics, geriatrics) and therapeutics by disease type — covering the full range and including mental health.

‘Strengths: — breadth of information included — accessibility; a lot of information in a manageable sized book — readability; despite outward appearances, this is easy to read with lots of interesting details and case studies. This is not a visually appealing book but once you open it there is a wealth of interesting information. The online content is also useful.’

**Crash Course Metabolism and Nutrition, 5th edition.**


Medical students; nursing/allied health students and professionals

A winning formula now for more than 20 years, each Crash Course series volume has been fine-tuned and fully updated — with an improved full-colour layout. Especially written by senior students or junior doctors — those who understand what is essential for exam success — with all information thoroughly checked and quality assured by expert faculty advisers, the result are books which exactly meet student needs and they know they can trust. Each chapter guides readers succinctly through the full range of curriculum topics, integrating clinical considerations with the relevant basic science and avoiding unnecessary or confusing detail. A range of text boxes help readers get the hints, tips and key points they need fast! A fully revised self-assessment section matching the latest exam formats is included to check understanding and aid exam preparation. The accompanying enhanced, downloadable eBook completes this invaluable learning package. Series volumes have been honed to meet the requirements of today’s medical students, although the range of other health students and professionals who need rapid access to the essentials of metabolism and nutrition will also love the unique approach of Crash Course.

‘This book will help medical students achieve its
stated goal of passing exams in large part thanks to the self-assessment case-based questions that approximate medical school exam questions. The sections which outline common history/examination findings of metabolic disorders are also very useful, as are the various diagrams and pathway illustrations. It is a good summary and includes useful self-assessment exercises.’

**Davidson’s Principles and Practice of Medicine, 23rd edition.**


Medical students; junior doctors; MRCP candidates; nurses or nurse practitioners; physician assistants.

*The textbook starts by describing the fundamentals of genetics, immunology, infectious diseases and population health, and discusses the core principles of clinical decision-making and good prescribing. In a new second section on emergency and critical care medicine there are chapters which encompass poisoning, envenomation and environmental medicine, and a chapter on acute medicine and critical illness. The main third section covers the major medical specialties, each thoroughly revised and brought fully up-to-date. New chapters on maternal and adolescent or transition medicine and medical ophthalmology have been included.*

‘This is very well-known didactic textbook on general medicine which has been brought up-to-date in terms of contents and presentation having lots of colour illustrations and a free electronic copy. It does not cover anything in huge detail but is a good starter text for medical students and nurses. As we all get narrowed down in our specialties it can also act as a reassuring and up-to-date reminder of the subjects outside our little clinical world. It faces competition from a number of electronic resources as a reference including UpToDate and medmd. As an ophthalmologist I would not read it cover to cover, but I will keep it to hand!’

**Macleod’s Clinical Examination, 14th edition.**


Medical students training to be effective doctors; established doctors studying for postgraduate examinations including MRCP (UK) PACES; nurse practitioners in primary and secondary care involved in patient assessment and management; paramedics and ambulance workers who are required to know how to examine patients and take a history from them.

*This book’s content is conceived to assist clinicians develop the consultation skills which they will require to employ to elicit a clear patient history, and the practical skills they will need to use to detect clinical signs of disease. Where possible the physical basis of clinical signs is explained to aid understanding. The book then proceeds to help the reader formulate a differential diagnosis from the information gained and what logical initial investigations should be considered. The clinical examination of patients is the keystone of medical practice and the ability to take a history and elicit the relevant physician signs is a fundamental requirement of all medical students in their final examinations. Macleod’s Clinical Examination shows how to carry out a competent and professional clinical examination and is designed to teach students these essential attributes and to manage them appropriately. This book attempts to explain some difficult concepts in a clear, concise and well-illustrated format. The clarity of writing is fundamental to making this book a success; the editors work hard at explaining things in easy-to-understand ways. By breaking things down into small chunks, they have produced a book that should be easy for the student to dip in and out of. The book’s reputation and therefore contribution has always been its clarity in the descriptive text and the quality of the illustrations and accompanying video materials.*

‘Macleods clinical examination has to be one of the essential books for medical education. Clear concise descriptions and colourful illustrations guide the student through a wide range of examinations. One of the best things about this book is the pictures, illustrating clinical signs. The book is clearly set out and well-organised, allowing students to dip in and out, as a reminder or quick revision of a specific area. It also explains the formation of differential diagnoses and the potential investigations. It’s easily accessible, with clear explanations and complementary diagrams. This book would be suitable for medical students, as well as foundation and core trainee level doctors.’
Medicine in a Minute.

This book is aimed at the undergraduate medical market. It’s written for current medical students, by authors who have recently graduated so know and understand the needs of today’s medical student.

The book covers the fundamentals of clinical medicine at the undergraduate level. It is written and laid out in a style that enables students to study and understand the material in a time-efficient manner. It comprises twelve chapters, each one covering one of the major fields of undergraduate medicine. Each chapter is presented in a consistent format. All material is linked to the latest national guidelines and evidence. The book features numerous line drawings and colour photographs as well as three different types of coloured box: Pro-tips; Exam Essentials; Why? – all of these are designed to help the reader’s understanding of the subject. The book also benefits from stepwise plans for investigations and management of medical conditions. These stepwise plans really help the reader understand the various stages required when diagnosing and treating a condition and are very much in line with the way medicine is increasingly taught.

‘I think this book’s strengths are that it provides a ‘one-stop’ learning and revision course for the whole of internal medicine which should appeal to its main target audience (medical students). It uses a wide range of highly pertinent visual material and has a very digestible full colour format with a logical and consistent layout. It makes good use of bullet points and colour coded leaning points and is written in an easily assimilated style. It seems well-produced overall and reasonably robust. I think this book is extremely well-targeted at its intended readership. The target audience is clearly undergraduate medical students although I believe the book would also be relevant for junior doctors, nurses, physician’s assistants and even GPs after a good refresher course. I really like the way the book seamlessly bridges the theoretical aspects of anatomy, physiology, pharmacology, and biochemistry and takes the reader right up to stepwise management of important conditions. I would unreservedly recommend this book to any medical student and indeed anyone else who wanted to learn more about internal medicine including junior doctors, nurses, physicians’ assistants. I would have loved a book like this when I was a medical student.’

Oxford Handbook of Geriatric Medicine, 3rd edition.

This book is essential reading for F1 and F2 doctors, as well as core and specialist trainees in geriatric medicine and general internal medicine, clinical medical students, clinical assistants and other non-consultant career grade hospital doctors. It will also be useful to GPs, specialist nurses, and doctors working outside geriatric medicine who manage older people.

The Oxford Handbook of Geriatric Medicine 3rd edition is an accessible, hands-on guide to the care of the older patient, providing guidance on ethical and clinical problems and practical advice framed in clinical vignettes.

‘The book gives a very good overview of the main and most common areas of elderly care. It is targeted at a good level; not too simplified and not too complex and therefore suits a wide range of different health care professionals. It has a really good, user-friendly layout and covers a wide range of conditions in a simplified way.’

Psychosocial Issues in Palliative Care: A community based approach for life limiting illness, 3rd edition.

Anyone working within the field of palliative care, within hospitals and the community – this includes those from the fields of medicine, nursing, social work, chaplaincy, counselling, primary care, and mental health. Patients and carers will also find this an accessible text that enables them to learn more about psychosocial problems and how to deal with them.

This new edition examines the current provision of psychosocial support, considering the community approaches of psychosocial care, the role of volunteers in supporting psychosocial needs, and the needs of the frail elderly. Caring for terminally ill patients and their families is challenging. Patients with life limiting illness require the skills of many professionals but also the support of their community. While most clinicians are comfortable in assessing a broad range of physical problems, it is often the psychosocial issues that prove the most complex. This fully-updated and expanded edition takes a comprehensive look at current practice and provision of psychosocial support as applied to a
The Board of science has remained a consistent, strong voice for positive change, to address key population health challenges, such as women’s health, antimicrobial resistance and genomic medicine.

Sanitary products
One of our key achievements this year has been successful campaigning to make sanitary products freely and readily available for all patients. Since being raised as a concern at the ARM last year, the Board has responded by undertaking extensive research into the poor provision of sanitary products in hospitals. In January 2019 we published the results of a series of freedom of information requests from across the UK, which highlighted shortcomings in the provision of sanitary products to inpatients. This was accompanied by letters to NHS England and NHS Wales expressing our concerns in this area.

The published data received widespread media coverage, and in March 2019 NHS England and NHS Wales announced they would be providing free sanitary products to all inpatients. We have been delighted to see the ripple effect of this sea-change – including the Government’s March announcement that it would be convening a taskforce of experts from all sectors to ensure that we end period poverty in the UK. This builds on the Government’s March announcement that the Department for Education would be tackling period poverty by offering free sanitary products to all pupils at secondary schools and colleges in England; which was also updated to include primary schools in England. Similar pledges have been announced in Wales.

Antibiotic resistance
Following a symposium on antimicrobial resistance hosted by the Board in May 2018 to raise awareness of this issue, we are continuing to engage with the Department of Health and Social Care and other stakeholders on the development of the next five-year strategy on antimicrobial resistance. We submitted evidence to the Health and Social Care Committee’s recent inquiry into antimicrobial resistance which published its report in October 2018 and reflected a number of the BMA’s concerns, including the overuse of antimicrobials in animals, which was raised as a specific issue at last year’s ARM.

In January 2019, the Government released its new five-year action plan: Tackling antimicrobial resistance 2019-2024. In March 2019 we published a short briefing highlighting the steps required if the ambitions in this action plan are to be realised. This included the need to substantially reduce antimicrobial use in farming and will be used as the basis for future lobbying.
Autism spectrum disorders
In April 2019, we published work on autism, relating to two ARM resolutions, which the papers and accompanying web content take forward: one on waiting times for diagnosis for starting an autism diagnostic assessment and one on education, health and care plans in England (the mechanism for identifying what additional support is required). This is intended to provide the foundation for future work and lobbying on this issue, for example influencing the upcoming autism strategy.

Discussion events

Genomics
In February 2019, we hosted a very successful discussion event on realising the full potential of genomic medicine. The purpose of the event was to focus on the impact of genomics on healthcare delivery and work together to inform the priorities for the BMA and its key stakeholders moving forward. External participants included representatives from Genomics England, the Office for Life Sciences, Genetic Alliance UK, Health Education England, Royal College of Pathologists, Royal College of Nursing and the Nuffield Council on Bioethics.

A write up from the event will be published in the summer and follow up conversations have been planned between the BMA, Mark Caulfield, Chief Scientist at Genomics England and Dame Sue Hill, previous Chief Scientific Adviser for England.

Adversity and trauma in childhood
In May, we also hosted a discussion event on adversity and trauma in childhood, which directly resulted from members passing an ARM resolution for us to engage on this important issue. The purpose of the event was to focus on the impact of adverse childhood experiences on health, how to address this in clinical practice and to consider the support that healthcare professionals require to ensure effective care. Speakers included Dr Marc Bush, director of evidence and policy at YoungMinds and Dr Pauline Craig, head of population health, NHS Health Scotland.
range of palliative care patients. Written by experts from around the world, and including multiple case study examples, this highly practical text examines current literature and evidence to show the best research-based practice in psychosocial care.

“This book is written by, and edited by, expert contributors in the psychosocial field. Case studies bring the subject to life as well as providing practical advice on palliative patients’ psychosocial care. Chapters include interesting and very important subjects including dignity, communities and marginalised patients. Despite having been involved in palliative care for more than 20 years I found this book thought-provoking and I have learnt from reading it.”

**Travel Medicine, 4th edition.**


Travel medicine specialists – physicians, nurses, and other health care professionals who provide medical care and advice to travellers, expatriates, and migrants / infectious disease, primary care, general medicine

Today’s travel medicine includes not only tourism and business travellers, but also incorporates volunteerism, medical care, migration, ecotourism, and more. Travel Medicine, 4th Edition, reflects all of these changes in the field while keeping you up-to-date with new vaccines and newly proposed regimens, pre-travel advice and post-travel screening, and all travel-related illnesses – for a one-stop, authoritative reference on all aspects of travel medicine. The care of special groups such as pregnant women, paediatric travellers, immigrants, VFR travellers, diabetics, and immunocompromised hosts will be discussed. Recent developments and advances in travellers’ diarrhoea, immunisations, malaria medications, and emerging infectious diseases will also be highlighted as well as emerging topics on war and refugee health. It includes new chapters to assist your care of specific populations such as those engaging in ecotourism or military travel, as well as the VIP traveller. A new chapter on pre-travel considerations for non-vaccine preventable travel infections has also been added. This book provides information on new influenza and shingles vaccines, microbiome and drug resistance, Zika and the pregnant or breastfeeding traveller, the Viagra effect and increase in STIs, refugees and immigrants, and much more. It covers new methods of prevention of dengue virus, Zika virus, chikungunya virus, Middle Eastern respiratory syndrome, sleeping sickness, and avian flu. It includes new illustrations and numerous new tables and boxes provide visual guidance and make reference quick and easy.

“The strength of this book lies in its wide coverage of travel health issues and the wide variety of experts who have written about them. There is a need for a comprehensive reference book on travel health. Most of the information required by travel health advisers is readily available online but some still prefer the printed page. The book has multiple authors but it has a large degree of uniformity of style which is very clear. Very good use is made of illustrations and figures throughout.”

**Neurology**

**Case Studies in Neuropalliative Care.**


With the growth of unretaliative care as a rapidly-emerging subspecialty in neurology, it is essential that clinicians develop core skills to offer high-quality, patient-centred care. This book captures the essence of palliative care in neurology, highlighting abundant opportunities to incorporate key principles into patients’ management plans. Through a pragmatic, case-based format with suggested references for readers to expand their knowledge on a range of topics, this guide explores didactic opportunities. From patients facing challenging end-of-life decisions, families struggling to determine the treatment intensities, to clinicians leading difficult conversations, these cases are straightforward and relatable. Demonstrating the breadth of palliative care opportunities occurring on the spectrum of neurologic disease, this essential toolkit supports clinicians at all levels, providing assistance for patients who have chronic, progressive, or terminal neurologic diseases. Compelling and thought-provoking, this guide highlights the many opportunities to ease suffering and to improve quality of life.

“There is no doubt that neurologists personally feel and experience some small part of the difficult, open-ended and, in many cases, ultimately intractable problems faced by some of their patients. Traditionally, we neurologists have disengaged from patients who have passed a certain point on their disease trajectory towards death. Sometimes that point is marked by a feeling of failure on the part of the clinician. I imagine every clinician wonders whether they could have done more, or done better at that stage, or should have remained in contact for longer, perhaps when our skills are no longer matched to the patient’s needs. The challenge is that community palliative care,
for all the wonders that it works and the good the teams do, has historically been focused on cancer patient needs. Services for the neurology patient, with a few disease-specific exceptions (like MND) remain patchy. This book is a step towards helping neurologists support their patients, relatives and carers at least one further step down the road. The book brilliantly covers, in a case-based manner, many familiar scenarios. These include supporting families with patients who are cognitively in decline, shifting the goals of care along the disease trajectory, and applying palliative care principles to intractable pain. Each is concise, in many cases we will reflect on our patients and find them emotionally engaging. They offer recipes for how to handle those situations, recognising that, in reality, there are no miraculous outcomes or perfect deaths. This book highlights that there are abundant opportunities for neurologists to use their expertise to support their patients in the later stages of their problems. As well as a manual for care, the familiar and accessible cases are deeply thought-provoking and so a tool for reflection. I will be using these cases regularly for my own benefit and for teaching colleagues.’

Common Pitfalls in Epilepsy: Case-Based Learning.

Dieter Schmidt, William O Tatum, and Steven Schachter – Cambridge University Press, June 2018

ISBN: 9780521279770 £44.99

Containing detailed coverage of psychiatric, social and family issues — and authored by world experts in epilepsy management — this text is invaluable for neurologists, internists, family practitioners and advanced medical students.

Epilepsy is among the most frequently encountered of neurological disorders, yet its diagnosis and management is fraught with pitfalls. Issues surrounding differential diagnosis, seizure type, underlying causes, EEG interpretations, treatment options and prognoses can often trip-up clinicians. Common Epilepsy Pitfalls: Case-Based Learning, is a comprehensive guide to anticipating and managing the pitfalls in the diagnosis and management of epilepsy. Real-life cases are presented along with pragmatic recommendations for courses of action that guide the reader through accurate and effective epilepsy diagnosis and treatment. Cases have been chosen to answer key questions such as: the first seizure — is it epilepsy? Which drug? When should stopping treatment be considered? What to do in an epileptic emergency?

‘This is a very practical approach to difficult topics in epilepsy. The case reviews included are very representative of the respective chapters and help really put things into a clinical context. This is an excellent resource for the neurology registrar preparing for exams or starting on an epilepsy firm! The case studies were very well-chosen. We can now avoid mistakes on tricky topics in epilepsy care!’


Neurologists, neuropathologists; pathologists; geneticists

Developmental Neuropathology, 2nd edition offers in-depth chapter coverage of brain development; chromosomal changes; malformations; secondary malformations and destructive pathologies; developmental vascular disorders; acquired metabolic and exogenous toxins; metabolic disorders; Rett syndrome and autism; and infectious diseases.

‘This is a tremendous read. It isn’t presented in a novel way, but in an efficient way that is easy and enjoyable to consume. There is no doubt that physicians forget what pathology they learned as they plough through the clinical cases. The relationship between pathologist and physician has loosened to the point of non-existence in a generation and that shared language has been largely lost. It is too easy to forget that doctors are scientists, and the patients suffer the consequences of real pathology, they aren’t just acting. This book is a fascinating journey through the conditions we name but have become detached from their pathological correlates: the scientific truth of the conditions and so the mechanisms of their treatment. Each of the 43 chapters deals with a single condition or set of closely related pathologies, some rarer and some (relatively) more common. The narratives benefit enormously from a description of the clinical correlates in each case. Who knew that browsing the chapter on neuronal ceroid lipofuscinosis, a condition I have never encountered, would be so engrossing? Mesial temporal sclerosis, in contrast, is fairly common in the epilepsy clinic. The discussion of the pathology restores the clinicopathological correlation and its significance. In this respect, it will support rich clinical discussions between physician and pathologist that are at the core of good clinical care, especially for the more obscure conditions.’


Neurologists

Perfect for anyone considering or training in this challenging specialty, Principles of Neurological Surgery, 4th Edition provides a clear, superbly illustrated introduction to all aspects of neurosurgery from general principles to specific techniques. Thorough updates from leading authors ensure that you’ll stay abreast of the latest advances in every area of neurosurgery, including pre- and postoperative patient care, neuroradiology, paediatric neurosurgery, neurovascular surgery, trauma surgery, spine surgery, oncology, pituitary adenomas, cranial base neurosurgery, image-guided neurosurgery, treatment of pain, epilepsy surgery, and much more.

‘There are excellent high-quality videos with emphasis on anatomy and radiology and surgical techniques. Strengths: 1) easy to read with good size, evenly spaced text. 2) diagrams/tables supplement the text helping understanding of complex concepts. 3) the videos allow one to appreciate neurosurgical procedures/approaches. 4) A comprehensive overview. 5) Key messages of chapters highlighted. This is an excellent overview of a growing specialty, that is worth recognition.’

Transient Ischemic Attack and Stroke: Diagnosis, Investigation and Treatment, 2nd edition.


This book will be essential to neurologists, geriatricians, stroke physicians, allied health workers and all others with an interest in stroke

‘The structural organisation of the book is its strength. The book has covered the various aspects of stroke including epidemiology, pathophysiology, diagnosis, prognosis and management in a comprehensive manner. This second edition has been extensively overhauled and covers various aspects of transient ischemic attack and stroke in a comprehensive manner. This book would serve as a handy resource for healthcare professionals who manage stroke in their day-to-day practice.’

Treatable and Potentially Preventable Dementias.


Family physicians, psychiatrists, internists, geriatricians and neurologists

The first comprehensive and authoritative book covering the basis for the joint prevention of stroke and the management, delay, or prevention of some dementias. Engaging with the concept of cerebrovascular disease as asymptomatic, with overwhelming evidence that major dementias involve a vascular component, ranging from 60% in rontotemporal dementia to 80% in Alzheimer disease – doubling the chances of silent brain pathology manifesting as dementia. Beginning with a review of the basics, describing typical patients and presentations and providing clear guidelines in diagnoses, management, and prevention, this vital guide is invaluable for physicians dealing with cognitive impairments. This book provides a new, coherent and promising approach, filling the gap between what is known and what is applied, offering a great opportunity for appropriate interventions and treatments that make a difference. Improving outcomes, beginning now, it fills a niche, tackling the overwhelming evidence that dementia involves a vascular component.

‘This is a good introduction and overview of the subject and seems to have the intention of reminding the field that vascular disease is important. This excellent book is timely and novel. Its message is very important, and the authors/editors are to be congratulated on successfully integrating their message of the importance of vascular factors in cognitive impairment with the current dementia prevention agenda.’
Obstetrics and gynaecology


Medical students

The objectives of this book are to relieve and demystify the difficulties faced by students and trainees approaching clinical O&G. The team achieves it by utilising all the possible ways into the difficult areas (videos, tips, self-assessment, on-call scenario guidance and advice) to make the subject as straightforward and stress-free as possible. It aims to be a mentor and guide. O&G is a notoriously difficult and stressful area for medical students. Consequently, there is a lot of material available aimed at students, but what this book does better is to distil the expertise of known experts in their field into manageable amounts (with more material online) and ensure that it bridges the gap between undergraduate and trainee-level knowledge needs. 10 videos cover essential issues from on-call scenarios to fetal medicine. Zika, FGM are covered too, and coverage of mental health issues is expanded. There is also self-assessment provided so students can test their understanding.

‘This book’s main strength is its engaging style — it covers a good depth of O&G in an accessible way, and keeps the reader interested throughout the chapters. The way the book is organised allows the reader to dip into chapters as needed around clinical cases/learning objectives. The self-assessment and section on ‘on calls’ are also useful. This book is very well-written — it is engaging, colourful and a pleasure to read. It meets the need of its target audience, but also remains useful to junior doctors starting their training in O&G.’


Obstetric/gynaecological trainees and qualified physicians, as well as clinical fellows in these fields. Obstetric/gynaecological nurses/allied health professionals

Divided into clear sections explaining everything from the basic science, all aspects of obstetric and gynaecological management, through to governance issues, ethics, and law, this edition has a revised structure designed to help the learning experience for trainees and early career clinicians, covering all core topics in the MRCOG exam and mirroring the career progression of the practicing physician.

‘Strengths are the quality of the authors and the summary boxes allowing a vast specialty to have the essential components to be covered in one text. This is an excellent text, easily readable which thoroughly covers all aspects and areas within obstetrics and gynaecology. It is essential reading for trainees in the specialty and a very useful reference text for specialty doctors and consultants. The quality of authors included is excellent.’

Medicolegal Issues in Obstetrics and Gynaecology.


This is relevant to all obstetricians and gynaecologists and is also hugely valuable for solicitors when deciding if there has been a breach of duty in the clinical care provided and if this has fallen below a reasonable standard before deciding whether to take forwards a case to litigation.

The UK is experiencing a dramatic increase in medico-legal claims. The four main reasons for litigation are: accountability, the need for an explanation, concern with standards of care and compensation. But the decision to take legal action is determined not only by the original injury, but failure to provide information, an explanation and an apology. Insensitive handling of an injury and poor communication after the original incident increases the risk of litigation and erodes the patient-doctor relationship. Doctors almost never deliberately cause harm to patients, but increasingly claims are being prosecuted successfully. Medicine has always been an imperfect science and as humans we will make mistakes. Whereas the principle of ‘Six Sigma’ can be applied to certain areas of medical practice, surgery involves so many variables that it would be impossible to apply those principles. It is also true that a single failure rarely leads to harm but in complex systems, which is what surgery involves it is usually the Swiss Cheese model of accident causation that results in suffering for the patient. Unfortunately, this is what often results in successful litigation. The aim of this book is to highlight minimum standards relating to the management of different conditions in the practice of obstetrics and gynaecology. We also highlight clinical governance issues and common causes of litigation. A section on how to avoid litigation is provided in each chapter. This should be of use to clinicians and lawyers alike and raise awareness of how to avoid facing clinical negligence claims in our day-to-day practice.
The book has a comprehensive selection of chapters grouped by topic or subspecialty. It summarizes the legal process and also covers relevant medical topics within obstetrics and gynaecology and the allied specialties, which span across healthcare whether primary or tertiary, state funded or private care. This book is not only for doctors involved in litigation but also presents a useful collection of legal case scenarios, which are important to be aware of and reflect on. As a doctor who has worked in obstetrics and gynaecology, it has given me an excellent basis in the important and often overlooked subject of medico-legal issues.'

**Noninvasive Prenatal Testing (NIPT): Applied Genomics in Prenatal Screening Diagnosis.**


The audience for this title sits in the clinical and translational spectrum, including feto-maternal medicine specialists, obstetricians, medical geneticists, genetic counsellors, human geneticists and translational researchers in biochemistry, pathology, and paediatric medicine; policy makers, hospital administrators, and ethicists

*Chapter contributions from leading international experts in NIPT (non-invasive prenatal testing) provide a thorough, practical examination of the history of NIPT, NIPT laboratory techniques and bioinformatics, NIPT screening and diagnostics for a wide range of disorders and birth defects, optimal approaches for integrating NIPT into clinical practice, quality assurance and standardisation of NIPT, clinical decision support and patient counselling, secondary findings, and next steps in NIPT research. Application of NIPT in early screening for common aneuploidies, fetal chromosome anomalies, autosomal trisomies, fetal blood group typing, and maternal constitutional and acquired copy number variants are also discussed in-depth. With full colour images to enhance concept illustration, as well as detailed descriptions of the benefits (and limitations) of NIPT, this book offers clinicians, researchers, genetic counsellors, and reproductive specialists of all kinds the background information, methodology, and patient counselling aspects essential for using NIPT successfully and ethically in daily practice.*

This resource pulls together experts in the field and a wide range of resources to put the most recent information around NIPT together in one place. It is a very useful resource. It fills a gap in the market by drawing together information which is difficult to obtain online, and for which I can find no other similar textbooks.'

**Pediatric and Adolescent Gynecology: A Problem-Based Approach.**


Pediatric and adolescent gynaecology specialists

*A wide spectrum of conditions needs to be addressed, ranging from simple disorders which respond to basic treatment to complex congenital anomalies with a genetic origin and life-long health consequences. Investigations must be appropriate, and treatment should reduce symptoms and distress whilst optimising gynaecological and reproductive potential. Centred upon a series of common clinical presentations, this book includes stepwise guidance on the initial investigations, management, and treatment options. Guidance is supported by the most up-to-date evidence-base, written by clinicians with dedicated clinical and research experience in PAG (paediatric and adolescent gynaecology).*

I think this is a very helpful resource for senior trainees wishing to expand their practice into PAG or as an update for those already within it. The editorial cohort have credibility being widely recognised experts in field of PAG and this gives the text significant authenticity. It covers a wide range of PAG issues, from basic science, to the common medical issues, as well as associated issues such as safeguarding that make the contents useful to those learning and those updating alike. The clear contents and subdivisions would help people dip in to the bits they needed, rather than read the whole text, if time is a constraint. Emphasis on non-clinical aspects such as safeguarding is very helpful as well as clear information and current data on different clinical conditions. I really liked the level of dignity and humanisation that the authors clearly portray when discussing patients with these different conditions, especially disorders of sex development, which is not always evident in other texts or historically in clinical practice."

**Oncology**

**A Beginner’s Guide to Targeted Cancer Treatments.**


The primary market for this book is those who come into contact with cancer patients, cancer data, or cancer terminology on a daily basis, but have no more than a passing knowledge of cancer cell biology. Eg they may understand what genes
The BMA JDC (junior doctors committee) is formed of representatives from all four nations of the United Kingdom, and works with a variety of agencies from each respective health system to bring forward improvements for all junior doctors. The JDC has a number of different committees at national and local levels, with active and knowledgeable representatives that uphold the interests of juniors and support their peers.

JDC representatives continue to lead the conversation on further reforms regarding improving the provision of education and training, ensuring improved support for doctors to return to training after time out, and to ensure that the foundation programme is a positive experience for doctors in their first steps of their career. Meanwhile, business as usual activities such as helping resolve industrial issues at the local level, and influencing positive changes to the rules that govern postgraduate education continue, with the committee leading the professions’ charge to see improvements to working conditions for all junior doctors, and a demonstrable improvement in patient care.

As a result of negotiations during 2018 and 2019, the JDC was recently able to agree a substantial array of improvements to the 2016 Terms and Conditions of Service in England, that were then approved by eligible members, with an overwhelming 82% in support of approving these changes. This contract provides £90m of investment into junior doctor pay over four years, more paid rest breaks during night shifts, longer periods of rest after any run of night shifts, increased ability to access annual and study leave entitlement and protected time in the work schedule for the activities needed to pass each stage of training. These improvements, and many others besides, represent a huge improvement to pay and conditions for all junior doctors in England.

The JDC is a respected voice for juniors and the profession more widely for championing improved terms and conditions of doctors, including those on training programmes. The JDC has been active in pursuing improvements to work-life balance for trainees; this led to the creation of the Enhancing Junior Doctor’s Working Lives’ group in 2015, where the JDC continues to work with HEE, the GMC (General Medical Council), Academy of Medical Royal colleges, NHS employers and others to take steps towards increasing flexibility and improving non-contractual conditions for trainees.

By keeping in regular contact and building collaborative relationships with the leadership of key organisations such as the GMC, NHS England and the Department of Health and Social Care, the JDC is advancing the needs of the health service and the profession in a diplomatic and effective way that has yielded results. Influencing these organisations and their leaders has resulted in changes of policy, such as the launch of pilots across a number of specialties in England that are trialling wider access to less than full time training, and a renewed focus on mental health concerns for the trainee workforce.

Reforms in England, such as the introduction of a renewed Code of Practice with performance indicators that allow scrutiny of the performance of HEE’s local offices and employers on timely provision of information and rotas to trainees, have been brought into the system as a result of campaigning and action. The JDC has also been able to secure the contractualisation of significant parts of the Code of Practice, that are due to come into effect from August 2020. This scrutiny is now being sought across the four nations, so that all junior doctors will be able to benefit from greater transparency around information that will allow them to have more control over their immediate future.
and DNA are, and know that cancer is caused by DNA damage, but words and phrases such as signal transduction pathways, VEGF, intratumoral heterogeneity and cancer stem cells will mean very little to them. These groups include; nurses (eg research nurses, ward nurses, chemotherapy nurses, clinical nurse specialists, community nurses), medical doctors (eg junior doctors, oncology trainees as a starting point for future study), GPs, surgeons, hospital pharmacists.

Using more than one hundred original illustrations, this accessible handbook covers the biology and mechanisms behind a huge range of targeted drug treatments, including many new immunotherapies. Dr Vickers translates a complex and often overwhelming topic into something digestible and easily understood. She also explains what cancer is, how it behaves and how our understanding of cancer has changed in recent years. The book aims to provide nurses, junior doctors, and trainee doctors with the knowledge of cancer biology and targeted treatments necessary for them to perform effective oncology support.

'This has really helped me to understand the subject. Dr Vickers is gifted as a communicator. The helpful introduction to cancer cell biology was far easier to understand than many textbooks I had to read in the first year of medical school. It is written in everyday language with useful subheadings. It is aimed as a beginner's guide and includes the science behind the clinical subjects but explained very clearly.'

Cancer Prevention and Screening.


Physicians, radiologists, oncologists, researchers, epidemiologists and public health analysts.

Includes thorough but not overwhelming background information on epidemiology, cancer prevention, and cancer screening, for quick reference. It offers the latest information for clinical application of the most recent techniques in prevention and screening of all major and many lesser cancer types. It emphasises the importance of multidisciplinary teamwork in cancer screening and highlights frequent dilemmas and difficulties encountered during cancer screening. This book provides clear-cut clinical strategies for optimal patient education, communication, and compliance with cancer prevention techniques.

'The book is a high quality concise account of cancer prevention and screening. Whilst there are numerous books on cancer prevention, and other textbooks which briefly covers screening, I’m not aware of any single book that covers cancer screening to this extent. This is its key strength, particularly as cancer screening is probably to become more common; especially in developing countries as they get richer. It is commendable that the authors managed to cover so many topics in a book of this size. Although 440 pages, it feels concise, and this is very appealing. Many of the topics are well-known (eg tobacco and other exposures for cancer prevention), but the collation of evidence on most cancer screening tests/programmes into one book is quite novel.'


Oncology physicians, residents, fellows, surgical oncologists, radiation oncologists, radiation oncology residents and fellows, haematologists, oncology advanced practice nurses.

This gold standard text is now updated online for the life of the edition, keeps you up-to-date in this fast-changing field. Every quarter, the eBook will be updated with late-breaking developments in oncology, including new drugs, clinical trials, and more. For ten editions this has been the definitive, standard-setting oncology reference. More than 400 experts explore the most effective strategies for managing every type of cancer by stage of presentation - discussing the role of all appropriate therapeutic modalities as well as combined-modality treatments. This multidisciplinary approach helps readers to face the toughest clinical challenges and provide the best possible care for every cancer patient. This edition is further separated in the market by providing quarterly updates reflecting the late-breaking developments in cancer care throughout the life of edition. It has a focus on immunotherapy throughout and includes new chapters on precision oncology and the microbiome. It provides guidance on managing every type of cancer, while incorporating recent treatment advances and the most effective strategies for managing every type of cancer by stage of presentation.

'This book comes with online access to content which includes the images which are better quality digitally. I imagine it is useful to be able to access anywhere during real-time clinical practice (via computer, tablet, phone etc) as the book itself is too large to be transportable. It is possible to make
notes and create flash cards from the text and other features are in development. It provides high level of detail across the breadth of oncology although on its own would not provide everything a specialist would need to know about individual topics. This book meets the need of being a single resource providing significant detail across the whole breadth of oncology practice and is well-suited to its target audience. It covers the scientific background and practical clinical information. The information is well-structured and it is easy to find a particular topic of interest. It is well-referenced throughout. It would also be a useful resource for those working closely with oncology patients but in allied specialties who need to access detailed information from time to time; this book would easily provide adequate information in this situation without the need to consult multiple resources. The quality of the publication is high.’


All health professionals seeking an accessible update on lymphoma, in particular trainee doctors and specialist nurses working in the field of haematology.

This resource provides a clear overview of the nature of lymphoma and distils the most important aspects of the diagnosis and management of Hodgkin and non-Hodgkin lymphomas, including updates to the WHO classification of lymphoma and the essentials of clinical presentation, biopsy and basic histology.

‘I think this is an excellently produced book, which is pitched at an excellent level in that it is easily accessible for those with less knowledge of the topic but also detailed enough to build on knowledge or for those who already have background knowledge. The structure and layout of the book is clear.’

Paediatrics

Infectious Disease and Pharmacology Neonatology Questions and Controversies.


Paediatricians

Neonatology Questions and Controversies series highlights the most challenging aspects of neonatal care, offering trustworthy guidance on up-to-date diagnostic and treatment options in the field. In each volume, renowned experts address the clinical problems of greatest concern to today’s practitioners, helping you handle difficult practice issues and provide optimal, evidence-based care to every patient.

‘As I progressed through the book, I found useful information about the everyday situations I encounter on the neonatal unit and post-natal ward which will enhance my decision making. This is a useful book to help everyday decisions on the neonatal unit and educate trainees. It is well-organised to make the appropriate information easy to find. I would be interested in reading the rest of the series.’

Nelson Pediatrics Board Review.


Paediatric residents, general paediatricians, specialty paediatricians and family medicine specialists

This highly practical review tool follows the American Board of Pediatrics (ABP) general paediatrics content outline, with topics weighted to correlate with the exam. Must-know information is presented in a way that’s easy to study and remember and is backed by the Nelson family of references. It equips residents and physicians with an efficient, comprehensive system for study, designed specifically to help you perform at your best on the board exam. It presents information in a bulleted, high-yield format, with topics matching ABP content guidelines. This book features more than 600 board-style questions with full, discursive answers online and includes reader-friendly features that promote testing success: tables that show differences between diagnoses, genetic disorders grouped by key features in phenotypic presentation rather than in alphabetical order, and more - all designed to help you recall key information when taking exams.
‘This book is well-presented plus easy to navigate and read. It presents the basic information in a high yield format with lots of bullet points. This is useful for revising for an undergraduate paediatrics assessment or for RCPCH membership exams. The illustrations are good and the production appears to be of high quality. I think it meets the needs of its intended audience. This is a clearly presented and useful book for exam revision.’

**Pediatric Dermatopathology and Dermatology.**


Dermatopathologists and pathologists and of special interest to paediatric dermatologists and general dermatologists

*With a global perspective, skin disorders that affect children world-wide are presented. Thousands of full-colour histopathology slides and clinical photos accompany concise, templated text for each paediatric skin disorder. This is a unique reference highlighting the histopathology and clinical presentation of common and uncommon paediatric skin disorders. The available paediatric pathology references have limited coverage of dermatology while the current dermatopathology titles are limited in paediatrics. This book will provide detailed clinical and pathologic descriptions of common and uncommon paediatric inflammatory skin disorders, tumours, as well as genodermatoses. In addition to the extensive histologic images, the chapters will include clinical photographs to set up an appropriate clinic-pathologic correlation while emphasising the variants of these disorders.*

‘This book is easy to access and use. The illustrations are of a consistently high quality and cover the whole spectrum of conditions. It is a good quality comprehensive dermatology atlas with associated histopathology pictures.’

**The Newborn Lung: Neonatology Questions and Controversies, 3rd edition.**


Paediatricians

*The Neonatology Questions and Controversies series highlights the most challenging aspects of neonatal care, offering trustworthy guidance on up-to-date diagnostic and treatment options in the field. In each volume, renowned experts address the clinical problems of greatest concern to today’s practitioners, helping you handle difficult practice issues and provide optimal, evidence-based care to every patient.*

‘The book’s strength is the focus on respiratory care of the very preterm infant. As the authors mention, more extremely preterm infants are surviving to discharge home and with that, they are surviving with respiratory morbidity. Respiratory disease of prematurity is a controversial and challenging subject, which fits perfectly with the series title and thus the book is attractive to the clinician. As a practising neonatologist working in a centre caring for extremely preterm infants at all times, I found this book increased my knowledge base and gave me guidance on the management of what is one of the most challenging aspects of neonatal critical care. The book is comprehensive but also very readable.’

**Pathology**

**Atlas of Hematopathology: Morphology, Immunophenotype, Cytogenetics, and Molecular Approaches, 2nd edition.**


Residents, fellows, practicing clinicians, and researchers in pathology, haematology and oncology.

*This book offers important information to practicing physicians and those in pathology and haematology training to help them to improve their diagnostic skills. It also functions as a valuable referral book for researchers who work in these and other related areas. This atlas covers histopathology, cytopathology, immunophenotyping, karyotyping, FISH, and DNA/molecular studies, and is updated according to the latest World Health Organization classification of hematopoietic and lymphoid neoplasms. The first six chapters are devoted to normal structure of hematopoietic tissues, principle of immunophenotyping, cytogenetics and molecular genetics, an overview of abnormal bone marrow morphology, and reactive lymphadenopathies. The remaining chapters deal with various types of neoplastic and non-neoplastic hematologic disorders. The atlas contains hundreds of high-quality colour images that mirror the findings that fellows and clinicians encounter in practice. It provides information in a quick, simple and user-friendly manner, attracting those who are in training or are not considered experts in the field.*
BMA Wellbeing support services

The BMA recognises that the medical profession can be a tough environment. We provide several Wellbeing support services to doctors and medical students, aimed at helping them maintain their wellbeing in the face of the various pressures their work may involve.

Two services are available to any doctor or medical student, regardless of BMA membership.

**BMA Counselling** is a confidential telephone counselling service staffed by professional telephone counsellors 24 hours a day, seven days a week. Our counsellors are all members of the British Association for Counselling and Psychotherapy and bound by strict codes of confidentiality and ethical practice.

By seeking constructive and supportive help from the service, doctors and medical students may identify ways of addressing the root causes of their problems, develop strategies to reduce the impact of their consequences and rebuild their self-confidence.

As well as 24/7 access, BMA Counselling offers up to six structured telephone counselling or video counselling sessions.

Our **Peer support** service offers doctors and medical students in distress or difficulty the choice of speaking in confidence to another doctor. It’s confidential peer support with an emotional focus. They are given the details of one of our team, who are experienced in supporting colleagues. Ongoing conversations can be arranged at mutually convenient times.

Our peer support doctors can provide reflective space. They can signpost, if appropriate, to other sources of support.

Our doctors do not provide diagnoses or treatment, it is not an emergency service.

In addition to these two services, approximately six years ago the GMC approached the BMA and asked us to provide some support for doctors going through their fitness to practise procedures. At this time the **Doctor Support Service** was founded.

Based on the model of the Peer support service, we offer confidential emotional support to all doctors going through GMC fitness to practise procedures. BMA membership is still not required but the doctor must be going through an active investigation to use this service.

By providing this service the BMA has supported over 700 doctors going through what can be one of the most stressful times of their career.
'This book’s primary strength continues to be its exhaustive figures and reference images. It has excellent early chapters for the learner and outstanding images with figure legends for the majority of cell morphology and cytogenetics. This book is a key reference text book for FRCPath Examination for haematologists and biomedical scientists. The latest edition only improves this and brings the literature up-to-date. It is an excellent reference book, and an interesting read when learning focused chapters.'

**Diagnostic Pathology: Cytopathology, 2nd edition.**


Pathologists and pathologists in training, as well as interventional radiologists, gastroenterologists, pulmonologists, and surgeons who perform fine-needle aspiration cytology and provide minuscule biopsies to pathologists for diagnosis and molecular testing.

*The book provides an easy-to-use reference designed to enable the pathologist to make the most precise diagnosis possible. Five sections of content cover all aspects of cytology and deliver essential knowledge about gynaecologic, non-gynaecologic exfoliative, and fine-needle aspiration as well as neuropathology squash preparations, ophthalmic cytopathology, quality improvement, instrumentation, immunohistochemistry, and molecular tests as they apply to cytology, cell blocks, and minuscule biopsy specimens. An abundance of high-quality images (almost 1,700) make this an invaluable diagnostic aid for every practicing pathologist, resident, or fellow who works with the ever-smaller tissue samples that are provided for diagnosis and molecular testing. Templated chapters throughout present a consistent delivery of information throughout the entire book. Time-saving reference features include bulleted text, a variety of tables, Key Facts in each chapter, annotated images, and pertinent references.*

*The digital copy of the book is really excellent. The text is bigger, and the images are scanned in to an excellent standard with good resolution even though they are almost full screen. I would probably refer to the images on the digital version to appreciate some of the finer aspects of the cytology such as nuclear irregularities as these are displayed very well. The strengths are that the book can be used as a quick reference atlas by referring to the short one page summaries on the ‘Key Facts’ page which is accompanied by large, well-annotated images which convey the important cytological features. Being up-to-date on the main classification schemes and describing them and going into detail is also excellent as these are the framework for reporting these cases and the book has been useful when reporting the more difficult atypical cases. I think this book is excellent; as a reference you can open the book at any page and have the essentials of what you need to know on one or two pages.*

**Diagnostic Pathology: Pediatric Neoplasms, 2nd edition.**


General and paediatric pathologists in practice and at all levels of training

*This edition covers more than 180 of the most common paediatric diagnoses, covered with more than 2,400 images. The book has been organised and arranged according to organ systems, which provides a comprehensive overview of the diverse field of paediatric pathology. The content has been updated throughout with nomenclature, molecular findings, classifications, and reclassifications. As the field of paediatric and adult pathology has continued to evolve in the era of personalised medicine since the first edition, the list of ancillary studies that provide diagnostic, prognostic, and therapeutic information has expanded.*

*This is a very well-presented and organised book. It is comprehensive in its coverage of paediatric cancer, and benign variants. The lay-out makes it easy to use, so you can quickly get to the section of interest. The information presented seems accurate and is easily digestible. There is a clear focus on diagnosis and this is understandable as it is aimed at pathologists. The editors have chosen to present the information as a series of bullet points, which has the benefit of allowing them to get a lot of information into the text. The only real writing is the figure legends, which are consequently easy to read and informative. As might be expected, this approach actually works better when viewing the book through the Inkling app, where it seems well-suited to swiping between sections. I can imagine that this would be a very useful resource to have available during diagnostic MDT meetings! It very well-designed and laid-out, and very easy to use. It contains an enormous amount of information and a huge number of high quality (and well-annotated) images.*
**Diagnostic Pathology: Placenta, 2nd edition.**

Amy Heerema-McKenney, Edwina J Popek, and Monique E De Paepe — Elsevier, December 2018

Pathologists and placental pathologists’ specialists at all levels of training, including residents and fellows, as well as paediatric pathologists (practicing as well as residents and fellows).

*This is a practical and highly accessible complement to the existing excellent but somewhat more encyclopaedic classic placental pathology literature. The current requests for placental pathology are soaring due partly to demands from obstetricians and to the litigious environment in which they practice, and also due to improved obstetrical care that leads to pregnancies in medically challenging situations. Evaluation of the placenta requires a good understanding of the questions and issues concerning the fetus/infant and the mother. Placental examination often presents an intimidating task for the general surgical pathologist attributed in part to the rather cursory attention devoted to the placenta in most training programs and to the ever-looming medico-legal ramifications. The placenta probably does not deserve its enigmatic reputation. Many of the inflammatory, immune-mediated, or vascular processes seen in the placenta have analogies in other organ systems, such as the lung, liver, or kidney. And, as in these other organs, the placental pathologies have constant — and increasingly better understood — clinical (fetal or maternal) correlates.*

‘This resource takes a thorough but practical approach to the topic, with lots of images and a useful bullet point summary of relevant clinical information. For the topic, this is a clear summary with lots of helpful images and useful clinical information and practical tips.’

**Underwood’s Pathology: A Clinical Approach, 7th edition.**


Medical students and early career histopathologists (FRCPath); Dental undergraduates (BDS); Biomedical scientists (BSc BMedSci)

*This is the revised 7th edition of the leading UK medical student pathology textbook. The book starts with an initial review of general pathology principles and disease mechanisms and moves on to detailed discussions of the pathologic entities associated with each organ system. The book’s structure lends itself well to integrated, systems-based courses and to PBL (Problem Based Learning) – it has a patient symptoms index which sets the content in the context of PBL learning, allowing students to access the content by the means that most suits their learning (whether by organ system or by disease). It offers a different approach from other, more extensive, typically North American authored pathology textbooks or the more concise revision/review products available. It is perfectly tailored to the needs of today’s medical student, as well as an invaluable reference for those moving on to their postgraduate years in medical training.*

‘This book includes a very user-friendly app and website with access to the text and pictures along with additional resources such as video tutorials, assessments and puzzles. These all add to the paper version. This is a great basic pathology book, taking the usual style of a general introduction to pathology principles and then a systematic organ system chapter by chapter. It is everything a medical student would need. There are some great additions, the chapter on ‘how do pathologists help patient care’ is a great idea, exposing all medical students to the specialty. The contributors are well-known mostly UK based pathologists who have an excellent knowledge of the fields and who have integrated the pathology with a good clinical focus. The textbook is up-to-date with the inclusion of the latest molecular pathology advances. This is an excellent textbook, it is a good and thorough update of the previous editions, with a few new ideas.’

**Popular medicine**

**Fallout: A Journey Through the Nuclear Age, From the Atom Bomb to Radioactive Waste.**


For those interested in our nuclear legacy and our plans for the future.

*At a moment when a new generation of power stations and weapons are being developed, Fallout is a measured and fascinating exploration of our most misunderstood energy source and asks: what can we learn from our past mistakes, and what role should nuclear play in our future? The author investigates the greatest nuclear incidents and accidents of the past 80 years by visiting their now iconic landscapes. He tours former power stations and abandoned testing sites in the company of scientists and engineers; and in toxic wastelands, where radioactive wolves now stalk the streets, he witnesses the surprising resilience of nature. As well as the radiological legacy, Pearce also considers...*
BMA equality, inclusion and culture

The BMA’s EIC (equality, inclusion and culture) team works on issues related to the growing diversity of the medical workforce and patient population. We highlight the benefits of creating a more equal and inclusive profession— for doctors and for patient care and represent the views of doctors on these important issues.

We are working to:

– Highlight how equality benefits the medical workforce and patient care, We work with key national stakeholders and local health organisations to promote good practice, tackle barriers to equality and diversity and raise standards for doctors and patients.

– Raise awareness of bullying and harassment and promote workplace cultures where people are treated with dignity and respect. In 2018 we launched our recommendations to key medical and healthcare stakeholders to change workplace cultures, improve support for those who speak out against bullying and harassment, and address poor responses to and resolution of complaints. We’re working alongside allied organisations including Royal Colleges, the GMC, and campaigns such as Civility Saves Lives to ensure our recommendations are implemented at local and national level, to support our members throughout their careers.

– Secure action to address the gender pay gap in medicine, including addressing barriers to women’s progression and improving opportunities for flexible working. We are playing a lead role in the independent national review of the gender pay gap in medicine, bringing the voices of doctors from all areas of medicine to the review and highlighting what needs to change to make medicine a fairer and more equitable profession for all doctors.

– Highlight the problem of differential attainment in medical training which particularly affects IMG and UK BME doctors. We have held high-profile conferences in 2017 and July 2018 to identify how poor access to learning and social support in medical training, including role models and mentors makes the training environment difficult to navigate for many BME and IMG doctors, and we are working with key stakeholders including the GMC to address these issues. We have also called for race discrimination in the NHS to be tackled and are working with the Workforce Race Equality Team to improve support for BME doctors.

– We are working with our members to shape new policy work that champions the valuable role that disabled doctors and medical students bring to the profession and to patient care. We will be challenging training and working practices and providing new guidance on a range of issues to increase our support to disabled doctors and medical students throughout their careers.

– Ensure a more open and supportive culture for LGBT doctors and patients. Our successful collaboration with the Association of LGBT Doctors and Dentists highlighted the barriers LGBT doctors face at work. We have supported the introduction of sexual orientation monitoring by NHS England as part of a range of measures to ensure LGBT people are fully supported and their health needs met by health services and professionals.

Contact
E: info.eic@bma.org.uk
programme and award winners

the psychological impact of these disasters. Amid rumours of state cover-ups, corporate deception, and hushed-up medical epidemics, Pearce expertly weighs the evidence on either side of the argument to disentangle the facts from the fear and reveal the truth about radiation.

‘This book very much increased my knowledge and understanding on this topic. It is accessible, easy to understand, interesting, and covers the breadth of issues from technical processes to emotional responses to disasters. It really evokes the situations, emotions and history of our interaction with the nuclear world.’

Get Tough with Type 2: master your diabetes.


This is a book for people who have type 2 diabetes, especially those with a recent diagnosis, and their families, friends and carers. It is a cutting-edge, evidence-based but practical guide for newly diagnosed and established Type 2 diabetes patients and their families that gives access to the most up-to-date thinking on the condition that has been the author’s specialist area for many years. He shows why carbohydrates are a big part of the problem, what metabolic syndrome really is and why it matters, why cholesterol and blood pressure are at least as important as blood sugar, how to re-set your metabolism and even, in some cases, reverse Type 2, what the latest dietary advice is and which ‘super foods’ really are ‘super’ specifically for Type 2, and what the relationship is between Type 2 and depression, ‘distress’ and ‘burnout’.

‘It’s a fabulous read and I found it stimulated my thoughts as a GP with an interest in diabetes. It outlines the modern approach, which goes against a lot of existing advice. Some motivated patients would love it, but I think health professionals who deal with diabetes would gain a huge amount from reading it.’

Letting Go: how to plan for a good death.


This is a book for the general reader about how to make key health decisions at the end of your life.

Whatever your age, making key decisions about your medical care now can help you maintain your dignity and autonomy for as long as possible. In Letting Go, an expert explains why living well includes planning for life’s end. It is an introduction to the kinds of decisions that we can all face in a medical crisis. It shows us how to start thinking about our end-of-life stage before we get there, and how to make an advanced care plan that will help people make decisions on our behalf. Drawing on many years of experience as an intensive care specialist, and writing with great insight and compassion, the author shows us all how we can do dying better.

‘The book cover and summary encouraged me to read it and the book is well-laid out and easy to follow. It takes an almost taboo subject and opens it up with kindness, understanding and in a way that makes me feel more able to address end-of-life issues with patients, with my family and for myself.’

Living with Bariatric Surgery: Managing Your Mind and Your Weight.


Those considering or undergoing bariatric surgery

Takes the reader through the steps involved in bariatric surgery and helps them prepare psychologically. It aims to guide those considering and undergoing bariatric surgery. There is nothing else on the market that provides an accessible, psychology-informed guide.

‘This short book is packed full of information and practical advice with emphasis on the frequently overlooked psychological challenges surrounding obesity and bariatric surgery. Use of direct patient experience helps to provide a realistic view from preparation pre-surgery to life post-surgery. I can highly recommend this book to anyone considering bariatric surgery, their families, friends and to healthcare professionals supporting them. It is a great resource!’
Menopause: The One-Stop Guide: The best practical guide to understanding and living with the menopause.

Kathy Abernethy – Profile Books, January 2018

Women approaching or experiencing menopause and partners of women going through the menopause.

The menopause is a natural event, but for many women it represents a time of hormonal upheaval and uncomfortable symptoms. Menopause: The One-Stop Guide explains the changes which are occurring and advises on steps one can take to make life easier during this time of change. With clear and sensible information about recognising symptoms, getting help, treatment and staying positive, this guide will help those who are going through menopause, and family members who wish to better understand and offer their support. This book evaluates the best approaches to the menopause and offers women all the information they need to determine whether medication, holistic remedies or other forms of treatment will work best for them and helps them to take charge of their health. Kathy Abernethy is the chair of the British Menopause Society with more than 20 years of clinical experience.

‘The strength of this book is the question and answer format. For example, the author writes: ‘What is HRT?’ and the next couple of pages are spent answering the question. So, information is focused and, with the information being broken into bite-sized chunks, easy to pick up and read over time.’


Both authors are not only doctors, but they have also experienced breast cancer first-hand. The Complete Guide to Breast Cancer brings together all the knowledge they have gathered as patients and as doctors to give you and your family a trusted, thorough and up-to-date source of information. It covers: simple explanations of every breast cancer treatment and how to cope with the emotional burden of breast cancer. It is packed full of all the things the authors wished they’d known when they were diagnosed, and tips on how to cope with surgery, radiotherapy, chemotherapy and beyond, this is the only book you need to read to guide you through your breast cancer diagnosis.

‘Written by two doctors who are breast cancer survivors this book crosses sides of the patient-physician boundary effortlessly. The book starts with the personal experience of the two authors that draws the reader into an intimate personal bond and is also reassuring for the reader who may be charting a difficult territory in their personal lives. The authors carefully and sensitively take the reader round the complete journey from the first diagnosis to the various treatment options, to reconstruction surgery, mental support, sexual intimacy, later family life and relapse. The authors ruthlessly dissected ‘miracle cures’ that prey on patients’ desperation. The text is very readable, informative and manages to break down the complexity of different treatments. The authors even explain the complexities of modern clinical trials and the caveats thereof so that the reader can make informed decisions. The book is comprehensive in its reach, including breast cancer in men, LGBT, secondary cancer etc as well and would be a welcome source for a large readership. Although the authors primarily reflect on their UK experience and aim at UK readers, it would be a useful reading for patients around the world.’

The Inflamed Mind: A radical new approach to depression.


General public

This game-changing book reveals the breakthrough science on the link between depression and inflammation of the body and brain. He explains how and why we now know that mental disorders can have their roots in the immune system and outlines a future revolution in which treatments could be specifically targeted to break the vicious cycle of stress, inflammation and depression. The Inflamed Mind goes far beyond the clinic and the lab, representing a whole new way of looking at how mind, brain and body all work together in a sometimes misguided effort to help us survive in a hostile world. It offers insights into the story of Western medicine, how we have got it wrong as well as right in the past, and how we could start getting to grips with depression and other mental disorders much more effectively in the future.

‘Absolutely fascinating, easy to read and understand. Completely interesting ideas and fills a gap in the market; leaves you wondering why it’s only just been published! I think ultimately this book is a must-read for all doctors, particularly psychiatrists, as well as the general public. It puts forward such an interesting hypothesis and argument that should really be being discussed in a big way.’
The BMA Foundation for Medical Research is a charity that awards grants and prizes for pioneering medical research. The BMA has been awarding research grants since 1839, and was one of the first professional organisations to award scholarships and prizes to encourage and further medical research. Today, approximately 13 research grants totalling just over £845,000 are awarded each year to medical doctors and research scientists, all funded by past bequests to the BMA Foundation. The grants fund basic and clinical medical research, covering a diverse range of research topics, from heart disease to neurological disorders to cancer. The grants are awarded to clinical academic doctors and research scientists, and aim to support grant winners in their research aims and career development.

The impact of BMA Foundation funding has been wide ranging across medicine and healthcare. Research projects supported by the Foundation have led to the discovery of novel mechanisms in complex diseases, opening the door to new and more targeted treatments. This has ultimately raised clinical standards, disease outcomes and improved patient care.

Past winners

‘The rhino-virus studies led to the identification of viruses being a major cause of asthma exacerbation and identification of a defect in interferon-beta production, thereby reducing the innate immune system response to viruses. This discovery has led to the development of inhaled beta-interferon as a new treatment for virus induced exacerbation.’

Prof S Holgate, previous winner of the HC Roscoe grant for research into upper respiratory disease

‘[The grant] obtained scientifically novel and extremely interesting data that has since been published in the highest ranking nephrology journals. Our data is quoted in international policy documents on the management of children with chronic kidney disease.’

Dr Rukshana Shroff, previous winner of the Eyck & Strutt grant for kidney research

‘The project identified for the first time the effects of alcohol on first trimester placental development and also nutrient transfer across the placenta.’

Dr Clare Tower, previous winner of the Harper grant for research into alcohol related diseases

How to apply

The BMA Foundation grants are advertised widely in the British Medical Journal, on the BMA Foundation website www.bmafoundationmr.com, and externally. Details of the grants on offer are made available from September each year. The online application system opens in January, and the deadline for submitting applications is early-March. Grants are available for a maximum period of three years.

Full details can be found on the BMA Foundation website or by contacting
E: researchgrants@bma.org.uk
T: 020 7383 6341
Twitter: @BMAFoundationMR

BMA Foundation for Medical Research

www.bmafoundation.org.uk
Too Many Pills: How Too Much Medicine is Endangering Our Health and What We Can Do About It.


Will appeal to readers interested in knowing more about the benefits and risks of the medicines they are taking.

The number of prescriptions issued by family doctors has soared threefold in just fifteen years with millions now committed to taking a cocktail of half a dozen (or more) different pills to lower the blood pressure and sugar levels, statins, bone strengthening and cardio protective drugs. In Too Many Pills, doctor and writer James Le Fanu examines how this progressive medicalisation of people’s lives now poses a major threat to their health and wellbeing, responsible for a hidden epidemic of drug induced illness, a sharp increase in the number of emergency hospital admissions for serious side effects and implicated in the recently noted decline in life expectancy. The paradoxically harmful, if increasingly well-recognised, consequences of too much medicine are illustrated by the remarkable personal testimony of the readers of James Le Fanu’s weekly medical column, coerced into taking drugs they do not need, debilitated by their adverse effects – and their almost miraculous recovery on discontinuing them. The only solution, he argues, is for the public to take the initiative. His review of the relevant evidence for the efficacy, or otherwise, of commonly prescribed drugs should allow readers of Too Many Pills to ask much more searching questions about the benefits and risks of the medicines they are taking.

‘Well-written. Explains to patients the competing interest for doctors and the pharmaceutical industry working against patients by overmedicalisation. The author covers his arguments fully and suggests the side effects of medication are underplayed and benefits exaggerated. He shows statistics can say one thing which sounds impressive, but the numbers needed to be treated for a benefit can be large. He overcomes the tricky balance between alarming patients and providing good information.’

Primary health care


The intended audience for this resource is GP trainees preparing for the CSA (Clinical Skills Assessment) part of the MRCGP examination. The strategies, tips and clinical consultation frameworks presented within its pages will also help GPs in their daily clinical practice, after they have qualified.

The book is divided into three sections. The first section outlines a practical approach to the CSA, enabling the candidate to successfully complete the case in a 10-minute GP consultation, as well as fulfilling the marking criteria of the MRCGP. The second section addresses more ‘real-life’ GP consultations that often do not fit into a standard medical model of disease, such as dealing with an angry patient, patients refusing emergency treatment, consultations with more than one person and telephone consultations. The author has provided suggested approaches to these cases, with specific tips on how the consultation may need to be adapted, incorporating national guidance where appropriate. The third section identifies symptoms and conditions that candidates might face in the exam and suggests a framework through which the case can be approached. The author has tirelessly searched through the latest evidence and guidelines to provide readers with a set of comprehensive notes detailing what they need to know and, crucially, how to apply this to a 10-minute consultation.

‘Nice writing style with a good overview of exam-marking criteria and a nice consultation structure to score marks. The recommended approach feels very achievable and is a summary/combination of consultation models which is exactly what’s needed. It includes an excellent summary of guidelines as well as nice example phrases to use in the various scenarios. This is a really excellent book; well-written with a ‘no-nonsense’ approach to the CSA exam that helps to instil confidence in the reader!’
Independent Prescribing for Paramedics.


This book is essential reading for all UK paramedics working at an advanced level who are undertaking educational provision to become independent prescribers. It will also be of interest to practitioners working towards advanced practice status and to senior student paramedics who will be interested in further role development once registered with the HCPC.

In 2018, legislation was passed in the UK allowing for paramedics to also undertake training to become independent prescribers. Independent prescribing is now carried out by those paramedics who are practising at an advanced level and have a role in clinical practice for which prescribing is a benefit to patient care. This book has been developed with the College of Paramedics to support training for paramedics to become prescribers. The text begins with a discussion of the history of prescribing, reflecting the fact that this is a watershed moment for paramedics as they take on a more advanced role and higher level of training. It goes on to cover legislation, pharmacokinetics and human factors. Assessment and management of different patient groups is considered, as is clinical governance. Safety is at the forefront of the discussion throughout, with an emphasis on training and the level of experience required to become a prescriber. Case scenarios in every chapter help the reader to apply theory to practice.

‘A timely book with the planned roll-out of paramedics in PCNs with excellent summary of basic prescribing issues. It would also help as a refresher for GP prescribers.’

Primary Care Mental Health, 2nd edition


GPs

About 90% of all patients with mental health problems are managed solely in primary care, including 30-50% of all those with serious mental illness. Primary care plays an increasingly essential role in developing and delivering mental health services, and in the wellbeing of communities. In this book, internationally respected authors provide a conceptual background and practical advice for primary care clinicians and specialist mental health professionals liaising with primary care. Clinical, policy and professional issues, such as working effectively at the interface between services, are addressed, with a key focus on patient and service user experience. This fully updated volume includes chapters on mental health and long-term physical conditions, prison populations, improving access to care and public mental health.

‘I don’t think there are many other books out there which try to address the conundrum that primary care tackles the majority of mental health presentations and day-to-day management of mental health and yet many GPs’ “formal training” in psychiatry was limited to medical school. There is much learnt “on the job” so the book definitely serves a need. This is a good blend of information source historical (providing a useful background) and more recent, providing an up-to-date perspective. This book is an excellent and comprehensive review with a good focus on primary care aspects.’


Primary and secondary healthcare/medical professionals (doctors, GPs, nurses, carers, general staff); medical and healthcare students and lecturers; general transgender community

An accessible, research-based guide to sensitively treating and caring for transgender patients. This guide provides accessible and practical advice on tailoring the social and ethical aspects of practice to the needs of each individual. Beyond setting out how clinical procedures should work for gender reassignment, it explains how to use language and pronouns in a respectful way, provides information on transgender services and resources, and offers insights into the challenges commonly faced by transgender people in medical and social contexts. The number of people seeking transgender referrals has quadrupled in the last decade and practitioners report inaccurate training on how to treat and care for transgender patients. Thus, there is a real need for a research-based book providing practical guidance to healthcare professionals.

‘I really like this book which is one of the best and easiest to read medical texts I’ve found. It’s very informative and answered many questions that I had, and many questions that I didn’t know I had. The text is broken into easy-to-read chunks and well-referenced and includes a nice personal touch at the end.’
Psychiatry


‘Psychiatrists, clinical psychologists, trainees, and specialist nurses; GPs with a special interest in mental health conditions

Addiction, Second Edition offers a clear and succinct overview of the brain science underpinning substance addiction. Focusing on the nature of addiction as a brain disorder, this resource discusses a range of different behavioural traits such as impulsivity and reward dependence and looks at the critical role of kinetic and pharmacological factors.

‘Well-written and concise text about addiction. Clearly laid out chapters with important pharmacological principles. This is a good introduction to complex subject matter.’

Adjustment Disorder.


Clinicians in practice – adult and child/adolescent psychiatrists (consultants and junior doctors), liaison psychiatrists, clinical psychologists, occupational health physicians, military physicians

This book provides concise and comprehensive information on AD (adjustment disorder) and advances a greater understanding and better diagnostic skills among those clinicians working with this group of patients. This accessible and clinically driven book is amplified by up-to-date theoretical information such as exploring the psychobiology of AD, considering the best evidence-based treatments, and touching on the philosophical questions that AD raises, such as whether AD is actually a disease. The chapters follow a natural progression beginning with the history and controversies, through to epidemiology, diagnosis and treatment, then addressing the biology of ADs and concluding with an examination of ADs in special groups such as children and adolescents as well as in medico-legal settings.

‘This book has very much improved my understanding of the complexities of adjustment disorder, particularly in diagnosing it and differentiating it from other affective or stress-related conditions. I feel that it has heightened my view of the importance of AD in clinical practice. It is a very clinical book, speaking to clinicians in our own language, and synthesising research from decades ago to the last few years. This is a solid reference guide for clinicians which explains the disorder, considers the complexities of diagnosis and the pitfalls and tries to give guidance on its management. It seems to me that it fills a distinct gap in the literature and that it could foster improvement in the diagnosis and understanding of AD.’

Narcissism and Its Discontents: Diagnostic Dilemmas and Treatment Strategies With Narcissistic Patients.


Psychoanalysis, psychotherapy, pharmacotherapy, partial hospital, or inpatient, clinicians

Integrating contemporary research with psychoanalytic theory, Narcissism and Its Discontents offers clinicians strategies for dealing with the complex situations that can arise when treating patients with narcissistic personality disorder (NPD). The very act of defining narcissism can be a difficult one, owing to the nature of NPD. This guide recognises the challenge and provides a number of psychoanalytic and psychotherapeutic approaches to adjust treatment to the patient rather than constraining clinician and patient by strictly adhering to a manualised treatment protocol.

‘The book is an interesting read which will be of value to the therapist working with this often misunderstood group of patients. It has definitely helped me to understand the subject more and I look forward to understanding the subject in greater depth.’

Oxford Textbook of Attention Deficit Hyperactivity Disorder.


Child and adolescent psychiatrists, adult psychiatrists, psychiatric trainees, child psychologists, paediatricians, psychiatric nurses, and other mental health professionals.

This authoritative, multidisciplinary text features the latest research developments in the diagnosis, assessment and management of patients with ADHD (attention deficit hyperactivity disorder). Organised into eight key sections, this textbook covers the aetiology, pathophysiology, epidemiology, clinical presentation, comorbidity,
PHMC (Public Health Medicine Committee)

The PHMC discusses all matters affecting public health medicine and public health physicians and is chaired by Dr Peter English.

The main priorities for the committee currently are taking forward and developing actions on the motions that were agreed at its Public Health Medicine Conference on 5 March 2019. Of concern to the committee are:

- Brexit and the harmful impacts leaving the European Union will have on public health
- Ensuring public health specialists within local authorities have their terms and conditions maintained and not reduced
- Public Health departments’ budgets being cut

PHMC also has two subcommittees, the PHMRS (Public Health Medicine Registrars Committee) and the PHMCC (Public Health Medicine Consultative Committee). PHMRS aims to discuss issues of relevance to public health trainees and registrars while PHMCC brings together representatives of the Faculty of Public Health, PHMC, and the Department of Health to discuss issues relating to standards and the practice of public health medicine.

For more information about the work of the committee you can contact the secretariat at info.phmc@bma.org.uk.
clinical assessment and clinical management of ADHD. Individual chapters address key topics, such as the clinical assessment of ADHD in adults and different presentations of ADHD. Chapters contain information on best practice, current diagnostic criteria, including DSM-5 and ICD-11, and key up-to-date references for further reading.

‘All areas of ADHD are comprehensively explored. It certainly would help anyone understand all aspects of ADHD including the challenges of making the diagnosis in adults. This book is unique in that it comprehensively covers all aspects of ADHD. Any professional could find exactly what they required in this book without having to go to a different resource.’


Mental and public health professionals, commissioners of services, nurses and community health visitors.

The Oxford Textbook of Public Mental Health brings together the increasing interest in public mental health and the growing emphasis on the prevention of mental ill health and promotion of wellbeing into a single comprehensive textbook. Comprising international experiences of mental health promotion and mental wellbeing, chapters are supplemented with practical examples and illustrations to provide the most relevant information succinctly. The book is organised into five sections covering: background and general principles; evidence; special groups; interventions and conclusions. This book will serve as an essential resource for mental and public health professionals, as well as for commissioners of services, nurses and community health visitors.

‘Globally relevant with chapters aimed at low and middle income countries as well as high income countries, and authors sourced from across the globe. This book is modern and includes up-to-date topics of interest such as terrorism and internet-based interventions. It is aimed at a clinical audience, with simple, clinically-focused explanation of common public health terms and concepts such as social capital, models of causation and clinical outcome assessments. It is a good introduction to the topic for public health practitioners/trainees; this is necessary as there seem to be few textbooks on this topic. Given the global rise in mental health problems in the general population, this book is a timely addition to the libraries of public health and mental health professionals. It has appeal for practitioners experienced and new to the field as it covers a broad and deep range of topics in a clear and well-explained way. Importantly, it also has a global focus, including chapters provided by and aimed at mental/public health practitioners from a variety of countries.’

Practical Cultural Psychiatry.


Psychiatrists, psychiatry trainees, and other mental health practitioners; GPs and interested medical and psychology undergraduates.

Practical Cultural Psychiatry is a succinct, practical handbook focusing on the clinical impact culture has on mental health disorders. Covering key topics on migration, racism, self-identity, and social networks, this resource offers practical advice on assessing, investigating, and managing psychiatric conditions. The authors place particular focus on how clinicians can approach patients from different cultural backgrounds than their own to promote pathways to care and patient experience. Cultural psychiatry deals with the impact of culture on presentation and management. There is a clear expectation that all those working in the health service will be aware of cultural practice in psychiatry. The clinician needs to be aware of culturally sensitive presentation and diagnosis, which will be affected by cultural factors. Migration, racism, cultural identity, notions of the self and attachment, social networks and epidemiological variations are significant factors in the way patients respond to psychiatric disorders and seek help. The pathways into clinical care and the role of gender, gender roles, gender role expectations, social identity, aspirations and achievement need to be explored.

‘The book’s great strengths are its most respected authors, so it comes with high expectations which I believe it has fulfilled. With more access to social media and travel, the world is not such a big place, therefore as clinicians we must acquaint ourselves with different cultures and behaviours in order to understand our patients as well as ourselves. The book is well targeted towards all both the inexperienced and experienced health professionals. It has helped me to further understand my own cultural identity and how I can relate this knowledge to help my patients. Cultural psychiatry is such an important, but which I previously thought was a neglected field of psychiatry. This book addresses it succinctly.’
The Oxford Handbook of Dialectical Behaviour Therapy.


Clinicians (psychologists, therapists, counsellors, psychiatrists, mental health nurses) and students of clinical psychology and psychiatry

The Oxford Handbook of Dialectical Behaviour Therapy charts the development of DBT (dialectical behaviour therapy) from its early inception to the current cutting edge state of knowledge about the theoretical underpinnings of the treatment and its clinical application across a range of disorders and adaptations to new clinical groups. Experts in the treatment address the current state of the evidence with respect to the efficacy of the treatment, its effectiveness in routine clinical practice and central issues in the clinical and programmatic implementation of the treatment. In sum this volume provides a desk reference for clinicians and academics keen to understand the origins and current state of the science, and the art, of DBT.

'I had a good understanding of DBT, yet the book increased my awareness of its theoretical frameworks. It has clearly improved my understanding of the wide application of DBT including my own clinical area of practice. I think the book will benefit others in my and other clinical areas to similar degree. I found the book very engaging. I have an interest in psychological therapies but at times have found that some books are too theoretical when looking for clinical answers. This book manages to address the needs of those wanting the theory or the practice without compromising on either.'

Public health

Better Value Health Checks: A Practical Guide.


Public health clinicians and managers. Those developing health checks in addition to those considering purchasing or assessing the value of health checks (eg employers for their employees). HR professionals and occupational health professionals. Public and private health care organisations internationally.

This new book explores the practical aspects of setting up and assessing the quality of health checks and is the first to offer tailored support to clinicians and managers involved in enhancing the value of health checks for improving health outcomes, an increasingly essential goal for health services.

'I think the book is a comprehensive, clear and well-argued summary on a complex healthcare issue. I found the book a helpful and well-structured summary text, with good reference content. It is a comprehensive explanation of how to consider value in this area of healthcare. The structure and approach are logical and the pre-sorted references and clear recommendation summary at start and end of chapters makes it very clear. I like its practical and pragmatic focus and clear documentation of some of the key facts for consideration in planning such programmes.'


Policymakers, academics, addiction researchers, health professionals and students interested in drug policy and public health.

Drug Policy and the Public Good is an objective analytical basis on which to build global drug policies. It presents the accumulated scientific knowledge on drug use in relation to policy development on a national and international level.

'I really liked this book. I am aware of the issues but am not an expert in drug policy. As an evidence review it is very accessible and based on evidence rather than opinion. The references are very detailed and thus it is also very useful as a reference book. It is suitable for the expert and the non-expert. It is factual and light on opinions, exactly what is needed for this subject. This is the best book I have been asked to review.'

Essentials of Global Health.


Medical students

From asking ‘what is global health’ through healthcare provision, global health actors, politics, economics and education, law, ethics and human rights, specific global health challenges to the environment. The objectives of this book are
to meet the educational and political needs of medical students interested in global health and teachers who teach it. The student authors seek to set the agenda for what tomorrow’s doctors (in an ever more globally connected health matrix) need and want to know. The book aims to provide an engaged, pragmatic and specifically medical viewpoint of a subject usually the province of healthcare economics and other, drier, approaches to achieving a healthier and more just world. This unique introduction to the essentials of global health has effectively been crowd-sourced; constructed by medical students from all over the world through the help of what was then Medsin (now Students for Global Health) and the International Federation of Medical Students’ Association (IFMSA). The global student and trainee author team identified the key areas to be covered.

“What makes the book interesting is that contributing articles come from young writers from all over the globe and, in many cases, chapters are written by more than one contributor from different countries working together to illustrate a topic. Quotations at the start of each chapter are well-chosen to illustrate the content of the chapter (the quotations are not only from medical people or researchers, but people like Martin Luther King, George Santayana). There are world heat maps giving visual information such as Universal Health Coverage or showing the different intensities with which cigarettes are offered by companies free of charge to minors. The book is informative and instructive, but it also reads like a rallying call to young people to get involved, rise up and challenge global health issues. It described how a group of university students noted that there were no lipid-lowering drugs in the WHO Essential Medicines List. These students triggered a successful campaign to get statins added to that list. Illustrative stories are well-chosen and very pertinent to chapter content. For example, in discussing the harms of alcohol, the authors note that the Danish government changed the law and prohibited people younger than 18 years from purchasing drinks with a percentage of alcohol greater than 17%. Soon after the alcohol industry reduced the strength of its alcohol drinks to 16.5% to maintain sales to young people. A variety of illustrations, figures and photographs make the book very appealing. On one page there will be a photograph and a short report on disabled health activists in Uganda, on another a pictorial representation of the UN’s international human rights, and on another a heat map of the deadliest infections around the world. It is a very comprehensive book which has been able to home in on its stated objective and has clearly identified its target audience. It is aimed mainly at a younger age group, although most readers will find it refreshingly planned and presented. I found its clarity of aims, and that it is written by young people for young people, inspiring and uplifting.'


Clinical and public health practitioners, graduate-level students, and individuals working in response to humanitarian emergencies for government agencies, international agencies, and NGOs.

The fields of global health and global emergency response have attracted increased interest and study. There has been tremendous growth in the educational opportunities around humanitarian emergencies; but educational resources have not yet followed the same growth. This book corrects this trend, offering a comprehensive single resource dedicated to health in humanitarian emergencies. Introducing the public health principles of response to humanitarian emergencies, the text also emphasises the need to coordinate the public health and emergency clinical response within the architecture of the greater response effort. With contributing authors among some of the world’s leading health experts and policy influencers in the field, the content is based on best practices, peer reviewed evidence, and expert consensus.

“This is an ambitious attempt to document current practice in public health, particularly with respect to managing humanitarian crises in low and middle income countries. It is written by authors who are respected by their peers. The referencing is impeccable and offers a wealth of information in itself.’

Managing Epidemics: Key facts about major deadly diseases.

World Health Organization, April 2018 ISBN: 9789241565530 CHF 50

Although primarily intended to help the WHO (World Health Organization) country representatives to respond effectively and rapidly at the very start of an outbreak, this publication is open to a wide readership. This resource is also targeting public health students and health professionals.

“The manual is structured in three parts. Part One ‘Epidemics of the 21st century’ provides vital insights into the main features of the 21st century upsurge and the indispensable elements to manage them. Part Two ‘Be in the know. 10 key facts about
Doctors working in academic medicine perform vital functions for the NHS and healthcare in general. Their roles include a combination of teaching (medical and other healthcare students), research, and specialist clinical care. Medical academic staff contribute at a local, national and international level and are leaders in health improvement.

MASC is the BMA committee that represents all medically qualified teachers and research workers that hold contracts of employment (including honorary contracts) from a university, a medical school, the Medical Research Council or other non-NHS institutions engaged in medical research.

MASC provides the views of medical academics to the Government on the Research Excellence Frameworks, the Teaching Excellence Framework and other aspects of Higher Education and Research. It also is closely monitoring the UK’s exit from the European Union and the impact this will have on medical education and research opportunities and academic employment.

MASC is also active in representing trainees who are working in academic medicine through its JATS (Junior Academic Trainees) subcommittee. All aspects of their careers are carefully monitored, and issues actively pursued.

MASC also has a subcommittee representing the interests of WAM (Women in Academic Medicine) which is actively promoting the important role of women and their contributions to medical academia. Both groups hold conferences devoted to aspects of their activities.

MASC considers and acts upon matters of concern to these groups of doctors. It also advocates on behalf of academic medicine generally and works with employers and others to ensure that there are sufficient incentives to attract and keep doctors in academic medicine.

COMAR (Conference of medical academic representatives) is the BMA’s policy forum for medical academics: doctors engaged in medical research and medical education in higher education institutions, in the NHS and in industry. It welcomes all doctors engaged in this work at all stages of their careers. The next conference will be on Friday 15 May 2020.

Peter Dangerfield, co-chair MASC
15 deadly diseases contains key information about Ebola Virus Disease, Lassa Fever, Crimean-Congo haemorrhagic fever, Yellow Fever, Zika, Chikungunya, Avian and Other Zoonotic Influenza, Seasonal Influenza, Pandemic Influenza, Middle East Respiratory Syndrome, Cholera, Monkeypox, Plague, Leptospirosis and Meningococcal Meningitis. This section provides tips on the interventions required to respond to epidemics of all these diseases.

Part Three ‘Tool boxes’ gives an overview and summarised guidance on some other important topics, including: the role of WHO, the International Coordinating Group, laboratory diagnosis and shipment of infectious diseases substances, and vector control.

‘This is a well-structured and clear book with excellent illustrations that would provide a clear guide to senior PH officials at the start of an incident. It has also the potential for use as teaching materials. I enjoyed reading this book and will retain it as a reference. I hope it will continue to be updated and remain current.’


Healthcare workers treating patients in the clinic and out in the field.

Written by experts in the field, this invaluable source takes a life-course approach to health. Following women from adolescence to motherhood, it covers sexual and reproductive health, HIV, pregnancy, mental health, and much more. Child development is traced from conception through to pregnancy, the newborn period, and into childhood and adolescence, with topics including newborn care, nutrition, infections, and injuries.

‘Excellent book, well-thought through and a comprehensive overview of key life course topics. Good use of quantitative and qualitative data throughout the book, the case studies bring each topic to life. Clear throughout despite different authorship of each chapter. The book brings together the key issues from women’s and children’s health and manages to succinctly cover a range of topics from research to current topics to strategy and policy.’

The British Betrayal of Childhood: Challenging Uncomfortable Truths and Bringing About Change.


A must-read for those engaged in children’s services, policy and parenting in the UK

With provocative insight and based on an illustrious 40-year career in public office, Sir Al Aynsley-Green demands to know why outcomes for the UK’s children for health, education, social care, youth justice and poverty remain among the worst in the developed world. He draws global comparisons and offers astute observations of the realities of being a young person in Britain today, to show how government policies have been shamefully failing children on a grand scale. Prioritising the need to support and inspire all children, including those with disability or disadvantage, and to design services around their needs, Sir Al puts forward a brave and timely alternative for the UK. By building local communities, shifting national attitudes, and confronting barriers between sectors, he presents a fresh and realistic road map that can enable new generations of children to be as healthy, educated, creative and resilient as they can be, equipped with the confidence and skills they need to lead happy and successful lives. Sir Al confronts the obstacles and attitudes faced by young people today with tact, honesty and compassion, to offer his vision of a society in which each and every child is valued.

‘This is a timely and overdue account of everything that is wrong in Britain with the policy and services for children, thus enabling a quick immersion in the subject. It challenges multiple uncomfortable truths about the attitudes to children still prevailing in Britain today. It is a provocative, hard-hitting and passionate narrative by a highly distinguished author, backed by decades of relevant experience.’

Radiology


This resource is aimed at all those who are involved in cardiac imaging, cardiology and emergency medicine

This atlas focuses on research involving coronary artery diseases and anomalies, congestive heart
failure, atherosclerotic plaques and asymptomatic disease, as well as imaging techniques, including preparation, acquisition, and processing, involving the great vessels and carotids, the peripheral vasculature, and coronary and pulmonary veins. The increasing role of CT in the emergency room and in private cardiology practice is also reviewed thoroughly.

‘Easy to read, excellent diagrams and thorough explanations. It is very easy to find the section that you want, and if reporting CT, an easy to use reference. I think this text is a very good source for any radiologist or cardiologist looking to interpret and report cardiac CT. It provides adequate background information, including the sequences used, which is really useful for understanding how cardiac CT works. The diagrams and images are very good quality and allow the reader to understand how to interpret cardiac CT. It is also quite thorough in the relevance of cardiac CT for pathology.’

**Caffey’s Pediatric Diagnostic Imaging, 13th edition.**


Pediatric radiologists, podiatric radiology fellows/trainees/Non-paediatric radiologists; paediatricians

*For more than 70 years, Caffey’s Pediatric Diagnostic Imaging has been the comprehensive, go-to reference that radiologists have relied upon for dependable coverage of all aspects of paediatric imaging. In the 13th Edition, a team of experts to bring you up-to-date with today’s practice standards in radiation effects and safety, as well as in head and neck, neurologic, thoracic, cardiac, gastrointestinal, genitourinary, and musculoskeletal paediatric imaging. This two-volume bestselling reference is a must-have resource for paediatric radiologists, general radiologists, paediatric subspecialists, paediatricians, hospitals, and more – anywhere clinicians need to ensure safe, effective, and up-to-date imaging of children.*

‘Its strengths are that it is a well-established core text already, it has excellent production values, and it is an easy read. Illustrations are of a high standard. It is up-to-date for all modalities. The two volumes make for easier handling. The intended audience will all find it an asset. It’s in its 13th edition and so it’s not an original approach, but that should not detract from the fact it’s an excellent publication overall, very useful for individuals and departments alike.’

**Diagnostic Ultrasound: Musculoskeletal, 2nd edition.**


Radiologists and sonologists at all levels of expertise including fellows and Residents, as well as rheumatologists, orthopaedic surgeons, podiatrists, and sports physicians

*Diagnostic Ultrasound Musculoskeletal 2nd Edition delivers over one hundred chapters of ultrasound anatomy, diagnosis, differential diagnosis, and ultrasound-guided interventional procedures for the entire musculoskeletal system combined with thousands of ultrasound images and four-colour medical illustrations to visually guide the reader and help gain and promote an understanding of specific structures and systems. The book’s four parts provide a musculoskeletal ultrasound diagnostic reference with corresponding images that combine to deliver a comprehensive, point of care reference for diagnostic radiologists and sonologists as well as the secondary audience of rheumatologists, orthopaedic surgeons, podiatrists, and sports physicians with a wide range of experience and value for all levels of experience.*

‘The digital radiology text is a very useful resource and allows the user to search the text and figures with ease. Text can be highlighted for future reference and notes may be added and shared. There is a search bar included to find key words/diagnoses, which is an essential adjunct to the indexing. The book is divided in to clinically-oriented colour-coded sections and chapters which, alongside the subheadings and bulleted formatting, allow the reader to easily locate and understand complex information. There are few other reference texts which also provide such a comprehensive and up-to-date section on interventional procedures. Additionally, the guidance on writing a clear, clinically-relevant ultrasound report is a unique addition. This is an excellent resource for a variety of practitioners.’

**ExpertDDx: Head and Neck, 2nd edition.**


Radiologists at all expertise levels: practicing physicians, fellows, and residents

*With more than 2,600 images, this second edition provides the most probable differential diagnoses based on key imaging findings and clinical information. More than 160 cases help*
the reader understand a broad spectrum of head and neck diseases, classified by specific anatomic location, generic imaging findings, modality-specific findings, and clinically based indications. Diagnoses are arranged as common, less common, and rare but important and show typical and variant manifestations. It covers hot topics such as the role of imaging, new ACR White Paper recommendations on incidental thyroid nodule work-up, new genetic and syndromic diseases, updated info about IgG4-related disease imaging manifestations in the head and neck, and how progressive information on HPV-related head and neck cancer impacts prognosis and treatment.

‘This is probably one of the, if not the, most comprehensive reference text books available on head and neck radiology. The head and neck are a complex region, with unique pathologies and difficult anatomy. The difference between pathologies with very different outcomes can be extremely subtle. This book simplifies this by breaking the head and neck into manageable regions and sub-dividing into anatomically based differentials, generic imaging patterns and clinically based differentials. This makes the topics far less daunting to the reader, and makes everything very clear, simple and straightforward. All of the radiological images are of excellent quality. The pathology is clearly visualised and further enhanced by annotation. This is an exceptional book which is the key reference book for all radiologists reporting or learning about head and neck imaging. Easy to read with exceptionally clear radiological images, it will be on the table/laptops of all H&N radiologists around the world. I’m absolutely delighted to have been sent this book to review!’

**MRI in Practice, 5th edition.**


Radiographers, technologists, radiology residents, radiologists, and other professionals related to imaging, such as medical physicists and nurses.

MRI in Practice **continues to be the number one reference book and study guide for the registry review examination for MRI offered by the American Registry for Radiologic Technologists (ARRT).** This latest edition offers in-depth chapters covering all core areas, including: basic principles, image weighting and contrast, spin and gradient echo pulse sequences, spatial encoding, k-space, protocol optimisation, artefacts, instrumentation, and MRI safety. The leading MRI reference book and study guide. Now with a greater focus on the physics behind MRI. It offers, for the first time, equations and their explanations and scan tips. There are brand new chapters on MRI equipment, vascular imaging and safety. It is presented in full colour, with additional illustrations and high-quality MRI images to aid understanding. It includes refined, updated and expanded content throughout, along with more learning tips and practical applications. MRI in Practice is an important text for radiographers, technologists, radiology residents, radiologists, and other students and professionals working within imaging, including medical physicists and nurses.

‘This was a very good refresher book for me but also one where I learnt additional information, having previously read less detailed books on the topics. The ‘scan tips’ section is very useful and particularly geared to understanding real-world applications of the information, not just to pass exams. It has an excellent writing style: very conversational and easy to read, which is helpful for a subject that is essentially quite complicated.’

**Surgery**

**Acute Abdomen During Pregnancy, 2nd edition.**


Emergency medicine physicians, anaesthesiologists, gynaecologists and obstetricians, surgeons, urologists, interventional radiologists and gastroenterologists.

The book covers all segments and aspects of abdominal pain during pregnancy. It includes surgical, gynaecological, obstetric and urologic causes of the acute abdomen during pregnancy. All chapters are divided into sections: historical perspective, incidence, aetiology, pathophysiology, clinical presentation, diagnosis, differential diagnosis, treatment and prognosis. Part three of the book also includes additional chapters on anaesthesiologic and perioperative considerations, the increased intra-abdominal pressure during pregnancy and acute abdomen-induced preterm labour.

‘I think this book has filled a gap in the market and covers in much depth acute abdomen and its causes, investigations and management in pregnancy. It is a useful resource for surgeons in training and consultants, as the number of patients who are seen in pregnancy are low. It is an excellent resource for the general surgeon who is seeing emergency acute abdominal presentation in pregnancy. Very good diagrams, illustrations and radiological imaging are used. Algorithms used in evaluation of patients are helpful to simplify
procedural decision making and main bullet points are highlighted in boxes. There are colour photos to show diagnostic signs and intra-operative findings. This is an excellent resource into a rare and difficult topic for all clinicians who review pregnant patients with suspected acute abdomen. There are few other books on this topic, and none as comprehensive.’


Emergency and critical care providers

Critical Cases in Electrocardiography emphasises clinically-relevant topics, focusing squarely on situations where interpretation of the ECG contributes to clinical decision-making. This atlas is unique, in that it includes numerous examples of ECG ‘misses’ – cases where the computer algorithm or the clinicians (or both) got the diagnosis wrong. While many textbooks include only smaller, black and white ECG tracings, which do not resemble actual clinical practice, this volume is designed to encourage self-study of the ECG by including full-page tracings in their natural colour. The book focuses on ‘don’t miss’ ECG tracings to help readers advance beyond the stage of ‘competent’ electrocardiographer. Anatomic and electrophysiologic correlations are emphasised throughout the work, helping readers appreciate the anatomic and electrical origins of the ECG abnormalities, rather than relying solely on pattern memorisation.

‘This book was very useful for me to build on my current ECG knowledge. Main strength is the use of real life cases and full size ECGs. It covers ECG ischaemia in a lot of detail.’

Kirk’s Basic Surgical Techniques, 7th edition.


Basic surgical trainees / MRCS candidates

This textbook covers in a clear ‘how-to-do-it’ style a full range of surgical skills and is designed to complement those learnt on courses, in simulation and in active clinical practice. This book has been written to aid the aspiring surgeon in understanding and practising the techniques that underpin basic surgical practice. The basic surgical techniques skill set is broad and encompasses more than simply technical procedures. Manual dexterity is neither the sole nor necessarily the most important quality of a good surgeon. Whilst there are constant developments in the field of surgical practice much of these fundamentals of surgery are little changed. All those choosing to study surgery need to complete a period of basic surgical training. This book was designed to be a straightforward introduction to those at the beginning of their training, focusing on the key issues of surgery such as making and closing an incision, but without going into detail on how to perform specific operations. It tries to be a hands-on ‘how to do it’ text for basic surgical trainees in a changing training environment.

‘The book successfully meets its objectives by integrating clinical knowledge and anatomy with practical surgical techniques to apply to a range of scenarios. The structure and language of the book makes it easily accessible as the book focuses on the needs of someone who wishes to start learning about surgery by providing them with a step by step guide. The accessible to any aspiring surgeon regardless of stage of training. It is a good bridge between methodology and practice which makes it uniquely applicable to its intended audience. Firstly, to provide the reader with a good foundation the chapters are set out in a manner that start at the basics (ie basic use of equipment) and then progress to more complicated matters in later chapters (such as dealing with surgical complications). A good foundation is provided in a range of surgical specialties including orthopaedics, urology, gastro and many more allowing the reader to have a good start not only in general surgery but also in a range of surgical specialties. The book also provides a unique approach in providing knowledge in investigative procedures also such as endoscopy. Another advantage is that more information is given through further reading if the reader wants to explore the content in more detail. There are also key point boxes stating the most salient points, this is good for recapping information.’

Oxford Case Histories in General Surgery.


Important educational tool for those embarking on surgical rotations at final year undergraduate and postgraduate foundation level. It is also an essential reference for the surgical care practitioner and early years core surgical trainee.

Oxford Case Histories in General Surgery covers upper gastrointestinal, hepato-biliary, colorectal, breast, endocrine and emergency surgery. Each section includes clinically relevant images and detailed descriptions of the radiological and
pathological features. The individual case histories outline the key essentials for investigation, diagnosis and management in a wide variety of clinical scenarios.

‘The book has many strengths: it is supported by being part of a lineage of great pedigree, but it upholds the series’ name with its own quality. It is aligned to the ISCP topics, which makes it a good book for a specialty trainee. Each topic is covered in a logical format, with useful case studies, images, questions, answers and suggested further reading. Being a member of the intended audience, having found it genuinely useful, not only do I think I will refer to it again and again, I will look at other books within this series. This book has achieved everything it set out to do, and I have enjoyed reading it.’


Plastic, aesthetic, and reconstructive surgeons and residents

In the first three sections of this book, top experts discuss topics connected with plastic surgery complications including patient dissatisfaction, psychological aspects of cosmetic plastic surgery, legal/safety issues, the management of scars/redo surgery, infections, and wound management. Other sections detail the treatment of specific procedural complications, challenges, secondary surgery, and avoidance of suboptimal outcomes. Experts in their respective subspecialties discuss alternative approaches and considerations in aesthetic plastic surgery, breast surgery, paediatric and craniofacial surgery, reconstructive plastic surgery for head and neck, body and lower extremity, hand and upper extremity and burns.

‘The book’s strength is the use of experts and the clear description of complications that arise and the background in which they occur. It shows to the reader that with some forethought many of the complications can be avoided. The book is excellent for surgeons of all grades in that for more experienced surgeons it will most certainly offer greater insight into the areas of the specialty and, for more junior surgeons, algorithms of management that will help them avoid complications. The book is well-written and illustrated.’

Trauma: Code Red: Companion to the RCSEng Definitive Surgical Trauma Skills Course


General surgeons, trauma surgeons, vascular surgeons, orthopaedic surgeons, qualified and in training

The focus is on thoracic, abdominal and vascular injuries, caused by penetrating trauma, such as a knife, and ballistic trauma caused by guns. This Manual’s aim is to ‘demystify the body’ and show how to control massive blood loss. Interventions, whether they be military or civilian.

‘As a general surgeon with an interest in trauma, this book has proved to be invaluable not only as a reference for my clinical practice but as a teaching resource. Perhaps this excellent book’s greatest strength is the use of appropriate illustrations. This has really set itself up as the definitive text for trauma in the UK. Because of its genesis in the Definitive Surgical Trauma Course, it is flawless in meeting the practical objectives.’

Surgical specialties


Higher surgical trainees preparing for the FRCS examinations; surgical residents preparing for the board exams in specific specialties; surgeons in practice who wish to keep up-to-date with the latest developments and evidence-based practice in their specialty.

The contents of this volume, one in a series of six, provide a contemporary and evidence-based account of this surgical subspecialty that is relevant to surgeons in training as part of their general surgical practice. The objective of this particular volume in the Companion to Specialist Surgical Practice series is to provide a practical reference source that incorporates a contemporary account of recent developments, management issues and operative procedures. This volume shares with the rest of the series the unique approach of ensuring that the content is thoroughly referenced throughout and is supported by evidence-based recommendations wherever it is available. Particular effort goes into distinguishing between strong evidence to support a conclusion, and evidence
suggesting that a recommendation can be reached on the balance of probabilities.

'This book is one out of a series of advanced surgical texts designed for candidates sitting for higher general surgical exams, especially the FRCS. Its consistent and readable style makes it a useful text not only for these higher surgical trainees and consultants, but also for junior doctors embarking on a career in surgery.'

**Hand Surgery: Therapy and Assessment, 2nd edition.**


Designed to work as a revision guide, with clearly organised chapters and headings throughout, and as an aide-memoire for fine detail such as pathology classifications.

*Fully revised and updated, the second edition of Hand Surgery has been broadened to reflect the diverse nature of the specialty, providing more detail on hand therapy and alternatives to hand surgery, whilst maintaining surgical techniques in line with current guidelines.*

'It meets the main objective of being a revision guide as the content is comprehensive and yet concise. It covers the syllabus of hand surgery and would be useful to orthopaedic and plastic trainees and for those intending to take subspecialties in hand surgery. Some topics such as burns, and skin tumours are dealt comprehensively. The book fills a gap in the market. The layout is concise and easy to read. The intended readership is for trainees to use as a revision guide. It should also prove useful to someone who wishes to find concise information on the subject of hand surgery quickly.'

**Imaging in Abdominal Surgery.**


Practicing abdominal/general surgeons, fellows, residents as well as physician’s assistants, advanced registered nurse practitioners and all physicians and medical staff interested in abdominal pathology, diagnosis, and treatment. The chapters include thorough coverage of abdominal radiology. Key topics are included such as imaging evaluation of blunt and penetrating trauma, the ‘acute abdomen,’ and optimal pre- and postoperative evaluation for oesophageal cancer, bariatric, and anti-reflux surgery. Each chapter features a consistent, bulleted format highlighted by abundant multi-modality images of the adult GI tract, all designed for quick reference at the point of care. Attention is given to details about how to choose among different imaging tests in evaluating specific clinical situations, including the strengths and weaknesses of those tests.

*This book is written in an easy flowing style and is amply illustrated with crisp and sharp images. It assumes that the reader has a sound knowledge of clinical anatomy and medicine to understand the text. The style would appeal to all grades of doctors who require clear explanations of X-ray interpretation. The images are plentiful and of a high quality.*

**Imaging in Otolaryngology.**


Otolaryngologists at all expertise levels: clinicians, fellows, and residents, and neurosurgeons in need of an imaging reference at the point of care.

*Imaging in Otolaryngology is a unique reference that provides the tools to quickly master the key points of imaging, all tailored to the needs of today’s otolaryngologist. The image-rich format includes radiographs and detailed captions that are understandable for a general otolaryngologist. Because multiple imaging modalities are employed in otolaryngology, the included images represent the most common imaging modalities used. The clinical material focuses on what to do next. Each of the one- and two-page diagnosis chapters includes Key Facts and images, critical clinical information, definitions and clarifications of unfamiliar radiology jargon, and annotations that details the relevance of what is shown. Because appropriate management of patients with disorders of the ear, nose, and throat require a thorough understanding of the complexity of head and neck anatomy, overview chapters organised by anatomic location are included.*

*The digital resources are exceptional and really make this book a unique resource. I certainly used the digital images and text more on the go and in the hospital setting than the book itself. The book is great for libraries and reference, but the online resources are great for on the go learning.*
Patients and the communities which support them are experts by experience. Including them brings a new dimension to our work and thinking.

Across BMJ as a company, we work with patients and the public to co-produce the research we publish, as well as our critical comment, educational content, and annual events programme.

The BMJ was the first medical journal to be recognised as "Patients Included," and is now leading this movement across medical journals.
Patients and the communities which support them are experts by experience. Including them brings a new dimension to our work and thinking. Across BMJ as a company, we work with patients and the public to co-produce the research we publish, as well as our critical comment, educational content, and annual events programme.

The BMJ was the first medical journal to be recognised as “Patients Included,” and is now leading this movement across medical journals.
Its strengths are: breadth of presentations, clarity of writing, good images, good annotations. This is a uniquely presented and up-to-date book that I will definitely recommend to colleagues in ENT and head and neck radiology.’

**Liu, Volpe, and Galetta’s Neuro-Ophthalmology: Diagnosis and Management, 3rd edition.**


Neuro-ophthalmologists, general ophthalmologists and neurologists

Liu, Volpe, and Galetta’s Neuro-Ophthalmology: Diagnosis and Management, 3rd Edition remains unique in its complete, authoritative coverage of the diagnosis and treatment of neurological disorders affecting the eye. Bridging the gap between a handbook and an encyclopaedic resource, it distils a vast amount of information into a single, concise, superbly illustrated volume. User-friendly and thoroughly up-to-date, this highly renowned reference is a one-stop resource for current information in this area.

‘This is a modernised and up-to-date recent text exploring current thinking on the subject. Good use of videos and coloured images and tables keep the reader engaged and help simplify complex concepts into a digestible form. The video contents on eye movement disorders are very clear and showed various movement patterns almost as clearly as seeing them in the clinic. This adds to the appeal of this book as a comprehensive diagnosis and management reference book on the subject. I believe this updated text will become a must for all trainees wanting to understand this complex and detailed subject more clearly.’

**Migraine Surgery.**


Plastic surgeons, neurosurgeons, neurologists

This book is the definitive guide on migraine surgery from the world’s leading authority. Highlights include: discussion on migraine trigger points including impacted anatomy, detection methods, and trigger point deactivation surgery; and surgical treatment of frontal, temporal, rhinogenic, occipital, auriculotemporal, lesser occipital, and nummular migraines including postoperative care and complications.

‘I like this book very much. Migraine surgery is not well-known and techniques are not very clear. This is a clear insight from an expert in the field. It crosses a large field of plastic surgery and neurosurgery. Migraine surgery provides relief from patients by targeting known causes by specific peripheral nerve compression sites. This book shows clearly the author’s approaches to treating such compression sites and tips and tricks to alleviate the condition. The pictures and diagrams are clear and succinct. These allow any surgeon to follow the steps clearly and effectively to try in their own practice. The chapters are well-divided into conditions and solutions with surgical techniques clearly explained and illustrated. To my knowledge migraine surgery is not well-tackled and this book is a first in the market to do so. This is especially so from a peripheral nerve compression point of view to which plastic surgeons are greatly able to contribute.’

**Oesophagogastric Surgery – A Companion to Specialist Surgical Practice, 6th edition.**


Higher surgical trainees preparing for the FRCS examinations; surgical residents preparing for the board exams in specific specialties; surgeons in practice who wish to keep up-to-date with the latest developments and evidence-based practice in their specialty.

The contents of this volume, one in a series of six, provide a contemporary and evidence-based account of this surgical subspecialty that is relevant to surgeons in training as part of their general surgical practice.

‘I have not used Inkling.com previously, but the tablet/phone app is clear and easy to read, you can add bookmarks and notes. This will be of real benefit for those revising for higher exams on the go. The book’s strengths are built on previous editions which filled an important and large gap in the market. It has not lost any of the style or content that made its predecessors so successful. In fact, when I compared this edition with the second edition, the latest edition is more readable, concise and has an improved layout. It has been fully updated to keep the content contemporary and evidence-based. Excellent latest edition for a superb series of textbooks.’


This is ideal for postgraduate trainees in vascular surgery, aimed at surgical trainees to help them prepare for the FRCS intercollegiate and Board exams. This book will also help candidates preparing for the European and Australian board exams. Practising surgeons will find this title useful for updating their knowledge.

Featuring up-to-date information on current topics in vascular surgery, this is the second edition of Postgraduate Vascular Surgery. With chapters written by experts in their respective fields, the book contains concise information on surgical procedures, diagnosis and management of vascular conditions. Each section includes bullet point summaries, relevant clinical trials, and references for further research, making it the ideal resource for study.

‘The main strengths are the breadth of topics covered in a succinct way. The book is very easy to follow and reads well. The use of bullet points and subheadings is extremely useful in a revision text and lends itself well to the style of exam it is aimed at. The flow of the detail is similar to the line of questioning of a clinical exam. This book without a doubt fulfils the criteria of its objectives.’

Rickham’s Neonatal Surgery.


Surgical residents in training, consultant surgeons, general surgeons with an interest in paediatric surgery, neonatologists, paediatricians, intensive care specialists, and nursing staff.

It provides a detailed guide to neonatal surgery and its related disciplines including: fetal medicine, fetal surgery, radiology, newborn anaesthesia, intensive care, neonatal medicine, medical genetics, pathology, cardiac surgery, and urology.

‘This is a thorough, brief, to-the-point, good coverage of the neonatal surgery spectrum, excellent quality and images. Good combination of evidence-based info and personal / institutional opinion. This is a great textbook: there is good quality throughout, and the images are fantastic.’

Scott-Brown’s Otorhinolaryngology and Head and Neck Surgery, 8th edition.


Trainee ENT surgeons, audiologists and trainee head and neck surgeons, as well as specialists who need detailed, reliable and authoritative information on all aspects of ear, nose and throat disease and treatment.

The three volume set of Scott-Brown’s Otorhinolaryngology 8th edition includes 330 chapters covering the A-Z of ENT surgery. Vol 1, Basic Sciences, Endocrine Surgery, Rhinology. Vol 2, Paediatrics, The Ear, Skull Base. Vol 3, Head and neck Surgery, Plastic Surgery. There is a view that a single textbook, even a multi-volume tome of this size, cannot cover the entire knowledge base of modern clinical practice. The subspecialist will of course need recourse to supplementary reading, and the pace of change shows no sign of slowing down, but there is still a need for a comprehensive working text covering the whole spectrum of our clinical workload.

‘The online version of the entire book is available through an access code via VitalSource Bookshelf. I have personally accessed this resource and it is very simple to use and can be viewed on- or off-line including on a tablet or smartphone – a superb resource for those who have invested in all three volumes, making them accessible on the go. This multi-volume textbook covers the whole spectrum of otolaryngology with new sections on endocrine surgery and aesthetic facial surgery and expanded sections in basic science, skull base and implantation otology. The overall layout is excellent with great clarity afforded by its colour-coded layout. It represents a significant update from the previous edition with most chapters being completely re-written rather than simply updated. Readers should not be in the least bit put off by the size of the three volumes as its overall readability, high quality evidence and relevance to clinical practice today more than justify this. It is a genuine masterpiece on a grand scale with a truly international and cross-specialty approach to its production.’


Surgeons

For more than 60 years, Shackelford's Surgery of the Alimentary Tract has served as the cornerstone reference in this fast-moving field. With comprehensive coverage of all aspects of GI surgery, it offers lavishly illustrated, authoritative guidance on endoscopic, robotic, and minimally invasive procedures, as well as current medical therapies. Each section is edited by a premier authority in GI surgery; chapters reflect key topics and are written by a 'who’s who' of international experts in the field. It's your one-stop resource for proven, systematic approaches to all relevant adult and paediatric GI disorders and operations.

'The digital resource is easy to access and replicates the material contained in the physical book. It is extremely useful to be able to access this kind of reference manual online. It is a vast and detailed book but very interesting and readable. Any GI surgeon would find that this book enhances their knowledge of basic science and clinical practice. This is easily the best book I have been asked to appraise. It is a comprehensive encyclopaedia of GI surgical practice that is enjoyable and easy to read.'
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