Purpose of these pages
In 2005, the BMA’s Representative Body (RB) agreed changes to its constitution aimed at increasing access to the Annual Representative Meeting (ARM). The ARM is one of the BMA’s main policy making bodies and these pages will explain the ways in which members of the Association can obtain seats at the ARM.

The 2018 ARM will be held in Brighton from Monday 25 June to Thursday 28 June inclusive. Registration will open on Sunday 24 June from 3 pm.

Membership of the RB and constitution
There are 560 seats on the RB. 280 of these are allocated to the BMA divisions and another 280 are allocated to the branches of practice (see the list below) as well as to minority groups, overseas branches and others.

The branches of practice are:
(a) academics
(b) armed forces
(c) consultants
(d) general practice
(e) junior doctors
(f) occupational medicine
(g) public health medicine
(h) staff, associate specialists and specialty doctors
(i) members in practice but not covered by (a) to (h) above
(j) medical students
(k) retired members

Routes to the ARM
There are three routes for interested BMA members to use for attendance at the ARM:
1. They can seek one of the 280 seats allocated to BMA divisions.
2. They can apply (via the regional councils in England and BMA national councils in the devolved nations) for division seats which the divisions have been unable to fill.
3. They can seek one of the seats allocated to their branch of practice.

More information about these routes follows:

1. Via BMA divisions:
Nominations are sought from the 173 BMA divisions to fill the 280 seats allocated to divisions throughout the UK. Representatives from divisions are divided into the branch of practice categories set out above.
Divisions must elect their representatives by 22 February (preferably earlier if possible) and must notify the BMA council secretariat of the names of their representative(s) no later than 1 March 2018.

Members interested in obtaining a place at the ARM via their division should notify their division’s honorary secretary of their interest when nominations are being sought. If members are unable to attend the division meeting at which representatives are being elected they should register their interest in writing or by phone or email. The division secretary’s contact details can be found on the division notices sent to members informing them of forthcoming meetings of their division. If members are unable to get in touch with their division secretary they should contact their regional centre (in England) or national office (in Northern Ireland, Scotland and Wales) in the first instance, or the BMA council secretariat on 020 7383 6148 / pbutton@bma.org.uk.

Please adhere to the following bye-laws when electing representatives:

31 (2) In any one year where a division is entitled to elect two representatives, not more than one shall be in the same primary branch of practice as defined in bye-laws 56 (2) 2.2 and 58 (4).

(3) In any one year where a division is entitled to elect three or more representatives not more than two shall be in the same primary branch of practice as defined in bye-laws 56 (2) 2.2 and 58 (4).

N.B Any seats that are unfilled by 1 March will be reallocated by the regional, national councils (see below) once the deadline for notification of division representatives to the BMA council secretariat has passed.

2. Via the regional councils / national councils:
There are ten regional councils in England:

Eastern
East Midlands
London
North east
North west
South central
South east Coast
South west
West Midlands
Yorkshire

There are three national councils:

Northern Ireland
Scotland
Wales

The regional / national council route is available to interested members who have not been able to obtain a place at the ARM via their division, either because the division is inactive or because the
number of places allocated to the division has been filled. It is also available to interested members who have been unable to obtain a place via their branch of practice group (see section 3 below). Those who wish to apply for a seat via the regional or national council, should complete the nomination form which will be made available on the website after 1 March and should be submitted directly to your relevant BMA regional centre. Please do not submit the forms to council secretariat. It will be the responsibility of the appropriate contact at the relevant BMA regional centre to notify the council secretariat of the regional council’s representatives.

Alternatively, a nomination form may be obtained from Pauline Button on 020 7383 6148/pbutton@bma.org.uk. Please apply for one of these seats after 1 March and your nomination will be considered at the regional council meeting which will normally take place shortly after 8th March. National councils will consider nominations at an appropriate meeting of council or its executive, or by electronic means during the same period if no meetings are planned during this time. Members will be notified (by the relevant regional centre staff) shortly after the regional / national council meeting whether their nomination has been successful.

3. Branch of practice seats:
The number of RB seats allocated to the branches of practice and other nominating bodies is 280. The branches of practice are listed in the 'Membership of the RB and constitution' section on page 1 and their seats are either allocated by the annual branch of practice conferences or the branch of practice committees.

The number of seats allocated to each branch of practice reflects the average membership of each group over the previous 12 month period to October, apart from the smaller branch of practice groups where three seats are allocated to each. Members interested in obtaining a place via their branch of practice group should contact the appropriate secretariat below asap. The secretariats will be able to advise on the nominations procedure and deadlines for that branch of practice.

Where possible, please avoid applying for multiple ARM seats from different routes as this will disenfranchise other members. However, in the event that you have gained more than one voting seat please contact the relevant secretariat as soon as possible to release one of the seats.

Contact details for regional centres, national offices and regional coordinators:

North east regional council
Regional coordinator/IRO: Adele Heeley/ 01132618337/ aheeley@bma.org.uk
Secretarial contact: Nikki Heron/ 01132618305/ nheron@bma.org.uk

Yorkshire & Humber regional council
Secretarial contact: Lindsey Carr/ 0113 261 8324/ lcarr@bma.org.uk
Regional coordinator/IRO: Elaine McAvoy/ 01132618302/ emcavoy@bma.org.uk

North west regional council
Secretarial contact: Louise Concepcion/ 01517028404/ lconcepcion@bma.org.uk
Regional coordinator/IRO: Michael Cheetham/ 01132618348/ mcheetham@bma.org.uk
West Midlands regional council
Secretarial contact: Samantha Ewing / 0121 452 7712 / sewing@bma.org.uk
Regional coordinator/IRO: Melanie Sutton / 0121 452 7724 / msutton@bma.org.uk

East Midlands regional council
Secretarial contact: Lindsey Carr / 0113 261 8324 / lcarr@bma.org.uk
Regional coordinator/IRO: Jim Stringer / 0113 261 8300 / jstringer@bma.org.uk

Eastern regional council
Secretarial contact: Lorraine Smith / 02086558809 / lsmith@bma.org.uk
Regional coordinator/IRO: Nigel Mason / 02086558805 / nmason@bma.org.uk

South central regional council
Secretarial contact: Susanne Howard / 0117 945 3128 / SHoward@bma.org.uk
Regional coordinator/IRO: Hugh Townsend / 0208 655 8804 / HTownsend@bma.org.uk

South east coast regional council
Secretarial contact: Denise Kanetti / 0117 945 3111 / dkanetti@bma.org.uk
Regional coordinator/IRO: Hugh Townsend / 0208 655 8804 / HTownsend@bma.org.uk

South west regional council
Secretarial contact: Suzanne Gowers / 020 8655 8812 / sgowers@bma.org.uk
Regional contact: Sean Cusack / 0117 945 3101 / scusack@bma.org.uk

London regional council
Secretarial contact: Emma Bennett / 020 8655 8815 / ebennett@bma.org.uk
Regional coordinator: Andrew Barton / 020 8655 8863 / abarton@bma.org.uk

National offices

Northern Ireland:
(Council)
Regional coordinator cover: Alison Kinnaird / 028 9026 9666 / akinnaird@bma.org.uk
Executive officer contact: Patricia Mills / 028 9026 9666 / pmills@bma.org.uk

Scotland:
(Council)
Secretarial contact: Dominique Maske / 01312473035/dmaske@bma.org.uk
Senior policy executive: Anne Jenkins / 0131 247 3013 / ajenkins@bma.org.uk

Wales:
(Council)
Secretarial contact: Nadia Hughes / 029 2047 4610 / nhughes@bma.org.uk
Regional coordinator: Sarah Miller / 02920474610 / smiller@bma.org.uk
**Branch of practice contacts**

Armed forces doctors should contact Michelle Palmer – **mpalmer@bma.org.uk**

Consultants should contact the honorary secretary of their RC in the first instance. If their places are full contact Holly Senior - **hsenior@bma.org.uk**

GPs should contact Richard Pursand- **rpursad@bma.org.uk**

Junior doctors should contact Karly Jose - **kjose@bma.org.uk**

Medical academics should contact David Cloke - **dcloke@bma.org.uk**

Medical students should contact Jane Saisho and Michelle Palmer - **jsaisho@bma.org.uk** and **mpalmer@bma.org.uk**

Occupational health doctors should contact is Daniel Carry - **dcarry@bma.org.uk**

Public health medicine doctors should contact David Cloke - **dcloke@bma.org.uk**

Retired members should contact Lizzy Dijeh - **ldijeh@bma.org.uk** (please note that nominations for this group are usually sought from those in attendance at the retired members conference which is due to take place on 16 March 2018)

Staff, associate specialists and speciality doctors should contact Jane Saisho- **jsaisho@bma.org.uk**