In your area:
South East Coast

Supporting you locally
2019-20
Our mission:
We look after doctors so they can look after you.

Our values:

Expert
We are an indispensable source of credible information, guidance and support throughout doctors’ professional lives.

Committed
We are committed to all doctors and place them at the heart of every decision we make.

Reliable
We are doctors’ first port of call because we are trusted and dependable.

Challenging
We are unafraid to challenge effectively on behalf of all doctors.

Leading
We are an influential leader in supporting the profession and improving the health of our nation.
Welcome to BMA south east coast

The BMA has many regional structures, representatives and staff who are here to help and represent you. This pamphlet is aimed at both those considering getting involved at a local level and those with issues that they would like to raise. We hope that it will help to demystify our structures and to clearly signpost you to your local representatives.

Local BMA staff from the member relations directorate are here to assist you.

**Member employment relations** staff (Senior/ Employment Advisors) will generally deal with individual queries and employment issues, **Local member engagement relations** staff (Regional Co-ordinators and Industrial Relations Officers/ Managers) deal with collective issues and support LNCs and **Specialist member relations** deal with pensions queries and provide the employer advisory service.

BMA structures work together in the region and we have tried to explain more about each over the next few pages.
The diagram below is a simplified version of our current structures. Reporting structures may vary. Individual members can get directly involved in any of these local structures (green and blue boxes).

For individual employment issues please contact us on:
0300 123 1233 (Telephone lines are open between 8am and 8pm Monday to Friday and 9am to 5pm Saturday, excluding bank holidays. Webchat is open 8am to 8pm Monday to Friday and 9am to 5pm Saturday, excluding UK bank holidays.) [www.bma.org.uk/contact-bma](http://www.bma.org.uk/contact-bma)
Your regional council

BMA regional councils operate in England. Regional councils are open to all BMA members and provide a forum for discussing matters of regional interest and issues affecting the profession across all branches of practice. There are ten regional councils in England:

- East Midlands
- Eastern
- London
- North East
- North Western
- South Central
- South East Coast
- South West
- West Midlands
- Yorkshire and Humber

The South East Coast Regional Council provides a focus for BMA activity at a regional level, delivering BMA policy and providing a communication link between the region and the BMA UK council. The SECRC brings together all BMA members across the South East Coast to discuss issues affecting the profession. You can raise issues with the SECRC via email: htownsend@bma.org.uk

### Representing you at a local level

Doctors and medical students are also represented through branch of practice committees, divisions, and our network of LNCs and LMCs.

Committees meet regularly to consider issues affecting the medical profession and patient healthcare in the south east coast area and are supported by BMA staff from the members’ relations directorate.

Every BMA member in the south east coast region belongs to one of 11 local divisions, which represent members in all disciplines geographically. Each active division has a secretary, a chair and other executive committee members. BMA divisions submit policy ‘motions’ to the ARM (annual representative meeting) which, if passed, become national BMA policy.

We have also established a network of LNCs (local negotiating committees) in trusts throughout the region. These committees ensure that the voice of the medical profession is heard by management in the workplace. Your representatives make sure that the interests of doctors are protected in negotiations on terms and conditions of service through these LNCs.

Representatives of all local LNCs meet at the regional LNC Forum to discuss all local issues and to share best practice.

LMCs represent GPs and practice teams in their negotiations with decision makers and stakeholders from health and local government to get the best services for patients.

LMCs contribute to the wider activities of the BMA in the region but are not BMA committees, rather they are independent statutory bodies. Members of the LMC are elected by local GPs.
Representing branches of practice

Working across the South Eastern region, there are branch of practice committees that feed in local members’ comments and views to the national branch of practice committees.

**Regional consultants committees**
These are the representative bodies for all consultants in SEC area. Two RCC members are elected to the UK consultants committee and provide an important link between the national body and the BMA locally.

The RCCs also provide a source of expert advice regionally for directors of public health, the deaneries, regional advisory committees on clinical excellence awards, ‘Trusts, STPs/ICSs and local authorities.

**Southern Regional Consultants Committee**
Chair: Dr Sarah Jones

**Regional SAS committees**
These are the representative bodies for all SAS doctors in the South East Coast area. Regional SASC members are elected to the UK SAS committee and provide an important link between the national body and the BMA locally.

**Southern Regional SAS Committee**
Co-Chairs: Dr Adrian Simoes and Dr Umesh Rastogi

**Regional junior doctor committees**
These committees are the voice of junior doctors living and working in the South East Coast area – they represent members locally and send representatives to the main junior doctors committee.

**South Thames Regional Junior Doctors Committee**
Chair: Dr Yanushi Wijeyeratne

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You can contact all regional committees/representatives care of the BMA south east centre:
T 020 8655 8839
E inbox.southeastcentre@bma.org.uk
Divisions

All BMA members are allocated to a local division. Divisions provide an opportunity for members to discuss issues that impact on all branches of practice and to debate local matters with other members in the area.

If you are actively involved with your division, don’t miss out on the D circulars, which contain important information about upcoming events such as the ARM (Annual Representative Meeting). You can also download our support guide on our website for honorary secretaries describing what divisions can do.

Honorary secretaries
- Aldershot, Farnham & Frimley: Dr Jane Orr*
- Brighton & Hove: Dr Vivek Kaul
- Dartford, Gravesham & Medway: Dr Davendar Banker
- Eastern Kent: Dr Jim Appleyard
- East Sussex: Dr Hugh Nicholson
- Maidstone and Tunbridge Wells: Vacancy
- Mid Surrey (including Kingston & Esher): Dr Peter Ward*
- East Surrey: Vacancy
- Guildford: Vacancy
- West Sussex: Vacancy
- Woking & Chertsey: Vacancy

For more information please contact:
Nikki Heron
E nheron@bma.org.uk
T 0113 261 8325

bma.org.uk/divisions

* part of division is in the BMA south central/ BMA London region
In your area: South East Coast

LMCs (local medical committees)

Local medical committees (LMCs) are independent, self-financing bodies statutorily recognised by successive NHS Acts as the sole professional organisation representing GPs and their practices. They represent the interests of all NHS GPs; pastorally supporting and advising individual GPs and representing GPs and their practices as providers within their local Clinical Commissioning Group. They interact and work with, and through, the General Practitioners Committee. They are not regional BMA offices.

There are two LMC conferences per year. One is a UK conference and the other is an England LMC conference.

Locally, LMCs hold various social and educational events throughout the year.

LMC contacts

Kent LMC
8 Roebuck Business Park, Ashford Road, Harrietsham, Kent ME17 1AB
T 01622 851197
F 01622 851198
E info@kentlmc.org
www.kentlmc.org.uk

Surrey and Sussex LMC
The White House, 18 Church Road, Leatherhead, Surrey KT22 8BB
T 01372 389270
F 01372 389271
E julius.parker@sslmcso.uk
www.sslmcso.uk
LNCs (local negotiating committees)

LNCs (local negotiating committees) are made up of elected local representatives who negotiate — and have the authority to make collective agreements — with local management on behalf of medical and dental staff of all grades.

**LNC committee chairs:**

**Sussex**
- Brighton and Sussex University Hospitals NHS Trust — Dr Andrew Corner
- East Sussex Healthcare NHS Trust — Dr Andrew Corner
- Western Sussex Hospitals NHS Foundation Trust — Dr Sean McHale
- Sussex Partnership NHS Trust — Dr Sabine Munzinger
- Sussex Community NHS Foundation Trust — Dr Hisham Daghestani
- Queen Victoria Hospital NHS Foundation Trust — Dr Kenneth Sneddon

**Surrey**
- Surrey & Sussex Healthcare NHS Trust — Dr Ajay Pankhania
- Ashford & St Peters Hospitals NHS Foundation Trust — Dr Jillian Pritchard
- Frimley Health NHS Foundation Trust — Dr Ram Moorthy
- Epsom & St Helier NHS Foundation Trust — Dr Dwynwen Roberts

**Kent**
- Kent & Medway Partnership NHS Trust — Dr Adam Kasparek
- Dartford & Gravesham NHS Foundation Trust — Dr Selwyn D’Costa
- Kent Community Healthcare NHS Trust — Dr Mun-Yee Tung
- East Kent Hospitals NHS University Foundation Trust — Dr Ritoo Kapoor
- Maidstone & Tunbridge Wells NHS Foundation Trust — Dr Paul Donaldson
- Medway NHS Foundation Trust — Dr Shaumik Adhya

For more information please contact:
South East & Eastern Centre
E [inbox.southeastcentre@bma.org.uk](mailto:inbox.southeastcentre@bma.org.uk)
T 020 8655 8839
Offices and facilities in your area

Our regional centre is located in East Croydon, from where we represent over 20,000 members.

**Hugh Townsend**  
Regional Co-ordinator – South east coast  
T 020 8655 8804  
M 07768 577 948  
E htownsend@bma.org.uk

**Regional centre office location**  
Southern centre  
6th floor  
Knollys House  
17 Addiscombe Road  
Croydon CR0 6SR  
T 020 8655 8839

**Centre coordinator**  
Lorraine Smith  
T 020 8655 8839  
E lsmith@bma.org.uk

**BMA headquarters**  
BMA House  
Tavistock Square  
London WC1H 9JP  
T 020 7387 4499

Members are welcome to use the members’ lounge, library and a range of facilities at BMA House. For more information call 020 7387 4499.

**Video conference facilities**  
You can join most of our meetings by Skype. A link will be provided for each meeting on the agenda.

**More information**  
If you have any questions, or would like more information about being a BMA representative, get in touch with Hugh Townsend on 020 8655 8804 / htownsend@bma.org.uk
**Industrial relations support**

We employ a team of experienced and specialist staff to support members in all branches of practice. Industrial Relations Officers (IROs) support LNCs, provide advice on terms and conditions of service and take up collective issues on our members’ behalf with employers.

We also undertake detailed negotiations and consultations with government and NHS employers, making sure that the voice of the medical profession is heard, and that doctors’ views are effectively communicated at every level.

These are the Industrial Relations Officers (IROs) for the South Eastern region, with the employers they cover:

- Cathy Taylor  
  T 0117 945 3109  
  E ctaylor@bma.org.uk
  - Ashford & St Peters NHS Trust  
  - Brighton & Sussex NHS Trust  
  - Queen Victoria NHS Trust  
  - Royal Surrey NHS Foundation Trust  
  - Surrey & Borders Partnership NHS Foundation Trust

- Rob Macey (Industrial Relations Manager)  
  T 020 8655 8826  
  E rmacey@bma.org.uk
  - Sussex Community NHS Foundation Trust  
  - Western Sussex Hospitals NHS Foundation Trust

- James Steen (Regional Co-ordinator and Industrial Relations Officer)  
  T 02086558870  
  E JSteen@bma.org.uk
  - Sussex Partnership NHS Foundation Trust  
  - Frimley Health NHS Foundation Trust

For individual employment issues please contact us on: **0300 123 1233** (8.30am – 6pm, Mon – Fri)  
Or Book a call (Mon – Fri, 8am – 9pm, Sat 9am – 5pm) Email support@bma.org.uk Webchat Talk to an adviser (8am – 9pm Mon – Fri, 9am – 5pm Sat, excluding UK bank holidays)  
**www.bma.org.uk/contact-bma**
Hugh Townsend
T 020 8655 8804
E htownsend@bma.org.uk
– East Kent Hospitals University NHS Foundation Trust
– Kent & Medway NHS & Social Care Partnership NHS Trust
– Kent Community Health NHS Foundation Trust

Muchie Shamuyarira
T 020 8655 8842
E mshamuyarira@bma.org.uk
– Medway NHS Foundation Trust
– Dartford and Gravesham NHS Foundation Trust
– Medway Community Healthcare NHS Trust

Ruth Baird
T 020 8655 8803
E rbaird@bma.org.uk
– East Sussex Healthcare NHS Trust
– Epsom St Helier University Hospital NHS Trust
– Maidstone & Tunbridge Wells NHS Trust
– Surrey & Sussex Healthcare NHS Trust
South east coast online community

The BMA wants to engage with its members in their locality as well as nationally. To do this we have set up several communication channels including regular newsletters and online communities.

There is a new community for the south east coast which is a platform to share thoughts, ideas and comments.

This forum also aims to help to better communicate what your Regional Council and the BMA is doing on your behalf. Please help us to make this a successful platform and share your views.

www.bma.org.uk/connecting-doctors/bmalocal/south-east-members-area

Southern BMA has a new Twitter account, so you have more ways to stay in touch. Please visit our new Twitter page and follow us for updates on happenings across the region and information on local events.

@SouthernBMA
Childcare

We have a family-friendly fund to help our committee members participate fully in current expenses-qualifying activities. We can provide care facilities for children under 14 years and adults and children requiring care. If you require care for a dependent you must request this four weeks before the event or meeting. For more information or for an application form contact your committee secretariat or BMA staff contact. See https://www.bma.org.uk/about-us/get-involved/support-schemes for the full guidelines and conditions.

You can claim for reasonable childcare costs incurred while attending BMA meetings as follows:

The expenses should be those which are necessary, reasonable and additional to the childcare costs you would be paying had you not been attending a BMA meeting on the day in question. For example; an additional amount paid to a casual carer because of an earlier start and/or later finish; paying for childcare on a day when you would otherwise be looking after the child/children yourself.

Free childcare is available at BMA House (in the form of a mobile crèche), provided you give sufficient notice for meetings at BMA House.

If you bring your children with you, please use transport companies that offer free travel for children and babies – children under five years travel free on trains and children under two years travel free on aeroplanes.

Contact the relevant committee secretary in advance of booking travel for more information and to seek approval of additional costs.