In your area: South Central region

Supporting you locally
2018-19
Our mission:
We look after doctors so they can look after you.

Our values:

Expert
We are an indispensable source of credible information, guidance and support throughout doctors’ professional lives.

Committed
We are committed to all doctors and place them at the heart of every decision we make.

Reliable
We are doctors’ first port of call because we are trusted and dependable.

Challenging
We are unafraid to challenge effectively on behalf of all doctors.

Leading
We are an influential leader in supporting the profession and improving the health of our nation.
BMA regional councils operate in England. Regional councils are open to all BMA members and provide a forum for discussing matters of regional interest and issues affecting the profession across all branches of practice. There are ten regional councils in England:

- East Midlands
- Eastern
- London
- North East
- North Western
- South Central
- South East Coast
- South West
- West Midlands
- Yorkshire and Humber

The South Central Regional Council (SCRC) provides a focus for BMA activity at a regional level, delivering BMA policy and providing a communication link between the council and the BMA UK council. The SCRC brings together all BMA members across the South Central area to discuss issues affecting the profession. You can raise issues with the SCRC via email: htownsend@bma.org.uk
Representing members at a local level

Doctors and medical students are also represented through branch of practice committees, divisions, and our network of LNCs and LMCs. Committees meet regularly to consider issues affecting the medical profession and patient healthcare in the South Central Region and are supported by BMA staff from the members’ relations directorate.

Every BMA member in the South Central Region belongs to one of 10 local divisions, which represent members in all disciplines geographically. Each active division has a secretary, a chair and other executive committee members. BMA divisions submit motions to the ARM (annual representative meeting) which, if passed, become national BMA policy. The Regional Council aims to support those regions without active divisions and can allocate places and submit motions to the ARM.

We have also established a network of LNCs (local negotiating committees) in trusts throughout the South Central area. These committees ensure that the voice of the medical profession is heard by management in the workplace. Your representatives make sure that the interests of doctors are protected in negotiations on terms and conditions of service through these LNCs.

Representatives of all local LNCs meet at the regional LNC Forum to discuss all South Central issues and to share best practice.

LMCs represent GPs and practice teams in their negotiations with decision makers and stakeholders from health and local government to get the best services for patients.

LMCs contribute to the wider activities of the BMA in South Central but are not BMA committees, rather they are independent statutory bodies. Members of the LMC are elected by local GPs.
Representing branches of practice

Working across the South Central region, there are branch of practice committees’ that feed in local members’ comments and views to the national branch of practice committees’.

**Regional consultants committees’**
These are the representative bodies for all consultants in the South Central area. Two regional consultants committee members are elected to the UK consultants committee and provide an important link between the national body and the BMA locally.

Oxford regional consultants committee
Chair: Dr Andrew Molodynski

Southern regional consultants committee
Chair: Dr Sarah Jones

**Regional SAS committees**
These are the representative bodies for all SAS doctors in the South Central area. Regional SASC members are elected to the UK SAS committee and provide an important link between the national body and the BMA locally.

Southern regional SAS committee
Co-Chairs: Dr Adrian Simoes & Dr Umesh Rastogi

Oxford regional SAS committee
Chair: Mr S K Farid Ahmed

**Regional LNC Forum**
Regional LNC Fora connect LNCs across the region and also feed in to the regional consultants committee. There are two LNC Forums in the region.

Southern Counties LNC Forum
Chair: Dr Phillip Steadman

Wessex LNC Forum
Chair: Dr Isobel Rice

**Regional junior doctor committees**
These committees are the voice of junior doctors living and working in the South Central area – they represent members locally and send representatives to the main junior doctors committee.

Thames Valley regional junior doctors committee
Chair: TBC

Wessex junior doctors committee
Chair: TBC

All representatives can be contacted care of the South East Centre:
T 020 8655 8839  E inbox.southeastcentre@bma.org.uk
Divisions

All BMA members are allocated to a local division. Divisions provide an opportunity for members to discuss issues that impact on all branches of practice and to debate local matters with other members in the area.

Where divisions are active information on current post holders and forthcoming meetings is available on the Division webpages – www.bma.org.uk/about-us/how-we-work/local-representation

If you are within an inactive/dormant division area and would be keen to help restart your division then please get in touch with your regional co-ordinator: Hugh Townsend htownsend@bma.org.uk

Divisions and their Honorary secretaries

Basingstoke and North Hampshire, Inactive
Buckinghamshire, Dr S K Farid Ahmed
East Berkshire, Dr Ram Moorthy
Isle of Wight, Inactive
Milton Keynes, Inactive
Oxford, Dr Ian McNab
Portsmouth & SE Hampshire, Dormant
Southampton & SW Hampshire, Inactive
West Berkshire, Inactive
Winchester, Inactive

For more information please contact: Susanne Howard
E showard@bma.org.uk
T 0117 945 3128
LMCs (local medical committees)

LMCs (local medical committees) are local representative committees of NHS GPs and represent the interests of all NHS GPs in their localities to the NHS health authorities. They interact and work with — and through — the general practitioners committee, as well as other branch of practice committees and local specialist medical committees in various ways, including conferences.

The LMC conference takes place annually and, locally, LMCs hold various social and educational events throughout the year.

Berkshire, Buckinghamshire and Oxfordshire LMC
Mere House, Mere Park, Dedmere Road, Marlow, Buckinghamshire SL7 1PB
T 01628 475727
F 01628 487142
E michelle.brownlie@bbolmc.co.uk
W www.bbolmc.co.uk

Wessex LMC
Churchill House, 122-124 Hursley Road, Chandlers Ford, Eastleigh, Hampshire SO53 1JB
T 02380 253874
F 02380 276414
E office@wessexlmcs.org.uk
W www.wessexlmcs.com

Covers: Dorset, Hampshire & Isle of Wight, BaNES, Swindon and Wiltshire.
LNCs (local negotiating committees)

LNCs (local negotiating committees) are made up of elected local representatives who negotiate – and have the authority to make collective agreements – with local management on behalf of medical and dental staff of all grades.

**LNC committee chairs:**
**Dr Guy Jackson,**
Royal Berkshire NHS Foundation Trust

**Dr Andrew Molodynski,**
Oxford Health NHS Foundation Trust

**Dr Sally Edmonds,**
Buckinghamshire Healthcare NHS Trust

**Dr Nick Woodthorpe,**
Berkshire Healthcare NHS Trust

**Dr Isobel Rice,**
Isle of Wight NHS Trust

**Dr Simon Chamberlain,**
Oxford University NHS Foundation Trust

**Mr Gareth Harper and Dr James Bain,**
Portsmouth Hospitals NHS Trust

**Dr Richard Russell,**
Southern Health NHS Trust

**Dr Patrick Creagh-Barry,**
Hampshire Hospitals NHS Foundation Trust

**Dr Chris Botha,**
Solent Healthcare NHS Trust

**Dr Prakash Gupta,**
Milton Keynes Hospital NHS Foundation Trust

**Dr William Hellier,**
University of Southampton NHS Trust

For more information please contact:
South East & Eastern Centre
E inbox.southeastcentre@bma.org.uk
T 020 8655 8839
Offices and facilities in your area

Our regional centre for South Central is located in East Croydon, from where we represent over 20,000 members.

Hugh Townsend
Regional coordinator – South Central
T 020 8655 8804
Mobile: 07768 577 948
E htownsend@bma.org.uk

Regional centre office location
BMA South East and Eastern Centre
6th floor
Knollys House
17 Addiscombe Road
Croydon CR0 6SR
T 020 8655 8839

Centre coordinator
Lorraine Smith
T 020 8655 8839
E lsmith@bma.org.uk

BMA headquarters
BMA House
Tavistock Square
London WC1H 9JP
T 020 7387 4499

Members are welcome to use the members’ lounge, library and a range of facilities at BMA House. For more information call 020 7387 4499.

Video conference facilities
You can use Scopia® video conferencing to connect remotely to meetings held at the regional centre or other BMA offices from a desktop or mobile device. Download the Scopia app to connect to a meeting on a mobile device; or click on http://webvc.bma.org.uk if you’re joining from a desktop and then enter the meeting reference numbers that will be provided to you for each meeting.

More information
If you have any questions, or would like more information about being a BMA representative, get in touch with Hugh Townsend 020 8655 8804/htownsend@bma.org.uk
Industrial relations support

We employ a team of experienced and specialist staff to support members in all branches of practice. We provide advice on terms and conditions of service and take up issues on our members’ behalf with employers, and represent members at grievance disputes and disciplinary hearings.

We also undertake detailed negotiations and consultations with government and NHS employers, making sure that the voice of the medical profession is heard, and that doctors’ views are effectively communicated at every level.

Cathy Taylor
T 0117 945 3109
E ctaylor@bma.org.uk

Hampshire Hospitals NHS Foundation Trust
Solent NHS Trust

Sadia Farooq
T 0208 655 8857
E sfarooq@bma.org.uk

Berkshire Healthcare NHS Foundation Trust
Buckinghamshire Healthcare NHS Trust
Oxford Health NHS Foundation Trust
Oxford University NHS Foundation Trust
Milton Keynes University NHS Foundation Trust
Royal Berkshire Hospital NHS Foundation Trust

Trish Dutfield
T 0208 655 8807
E tdutfield@bma.org.uk

Isle of Wight NHS Trust

Caran Chamberlain
T 0117 945 3137
E cchamberlain@bma.org.uk

Southern Health NHS Foundation Trust
Portsmouth Hospitals NHS Trust
University Hospitals Southampton NHS Foundation Trust
Childcare

We have a family-friendly fund to help our committee members participate fully in current expenses-qualifying activities. We can provide care facilities for children under 14 years and adults and children requiring care. If you require care for a dependent you must request this four weeks before the event or meeting. For more information or for an application form contact your committee secretariat or BMA staff contact. See [bma.org.uk/about-the-bma/equality-and-diversity/care-guidelines](http://bma.org.uk/about-the-bma/equality-and-diversity/care-guidelines) for the full guidelines and conditions.

You can claim for reasonable childcare costs incurred while attending BMA meetings as follows:

The expenses should be those which are necessary, reasonable and additional to the childcare costs you would be paying had you not been attending a BMA meeting on the day in question. For example; an additional amount paid to a casual carer because of an earlier start and/or later finish; paying for childcare on a day when you would otherwise be looking after the child/children yourself.

Free childcare is available at BMA House (in the form of a mobile crèche), provided you give sufficient notice for meetings at BMA House.

If you bring your children with you, please use transport companies that offer free travel for children and babies — children under five years travel free on trains and children under two years travel free on aeroplanes.

Contact the relevant committee secretary in advance of booking travel for more information and to seek approval of additional costs.