In your area:
North East region

Supporting you locally
2017-18
Our mission:
We look after doctors so they can look after you.

Our values:

Expert
We are an indispensable source of credible information, guidance and support throughout doctors’ professional lives.

Committed
We are committed to all doctors and place them at the heart of every decision we make.

Reliable
We are doctors’ first port of call because we are trusted and dependable.

Challenging
We are unafraid to challenge effectively on behalf of all doctors.

Leading
We are an influential leader in supporting the profession and improving the health of our nation.
Your regional council

BMA regional councils operate in England. Regional councils are open to all BMA members and provide a forum for discussing matters of regional interest and issues affecting the profession across all branches of practice. There are ten regional councils in England:

- East Midlands
- Eastern
- London
- North East
- North Western
- South Central
- South East Coast
- South West
- West Midlands
- Yorkshire

The North East regional council (NERC) provides a focus for BMA activity at a regional level, delivering BMA policy and providing a communication link between the council and the BMA UK council. The NERC covers Northumberland, Tyne and Wear, Durham and Cleveland and brings together all BMA members to discuss issues affecting the profession. You can raise issues with the NERC via email: inbox.northerncentre@bma.org.uk

Dr George Rae
Chair, North East regional council
T: 0113 261 8325
E: inbox.northerncentre@bma.org.uk
Representing members at a local level

Doctors and medical students are also represented through branch of practice committees, divisions, and our network of LNCs and LMCs.

Committees meet regularly to consider issues affecting the medical profession and patient healthcare in the North East region and are supported by BMA staff from the member relations directorate.

Every BMA member in the North East region is allocated to one of 5 local divisions, which represent members in all disciplines geographically. Active divisions have a secretary, a chair and other executive committee members. BMA divisions submit motions to the ARM (annual representative meeting) which, if passed, become national BMA policy.

We have also established a network of LNCs (local negotiating committees) in trusts throughout the region. These committees ensure that the voice of the medical profession is heard by management in the workplace. Your representatives make sure that the interests of doctors are protected in negotiations on terms and conditions of service through these LNCs.

Representatives of all local LNCs meet as the regional LNC Forum to discuss all issues in the North East region and to share best practice.

LMCs (Local Medical Committees) represent GPs and practice teams in their negotiations with decision makers and stakeholders from health and local government to get the best services for patients.

LMCs contribute to the wider activities of the BMA in the region but are not BMA committees, rather they are independent statutory bodies. Members of the LMC are elected by local GPs.
Representing branches of practice

Working across the North East region, there are branch of practice committees that feed in local members’ comments and views to the national branch of practice committees.

**Northern regional consultants committees (NRCC)**
This is the representative body for all consultants in the North East region. NRCC members are elected to the national consultants committee and provide an important link between the national body and the BMA locally.

**Chair:** Mr Antony Sproston  
**E:** inbox.northerncentre@bma.org.uk

**Adele Heeley, industrial relations officer**  
**T:** 0113 261 8337  
**E:** aheelely@bma.org.uk

**Northern regional SAS committee (NRSASC)**
Northern regional staff, associate specialists and specialty doctors committee.

**Chair:** Dr Mohammed Imam  
**E:** inbox.northerncentre@bma.org.uk

**Paul Atkinson, industrial relations officer**  
**T:** 0113 261 8301  
**E:** patkinson@bma.org.uk

**Northern regional junior doctor committee (NRJDC)**
This is the voice of junior doctors living and working in the North East region – it represents members locally, regionally and nationally and sends representatives to the central junior doctors committee.

**Co-chair:** Dr Matthew Tuck  
**Co-chair:** Dr Zoe Greaves  
**E:** inbox.northerncentre@bma.org.uk

**Michael Gallagher, industrial relations officer**  
**T:** 0113 261 8338  
**E:** mgallaghe@bma.org.uk
Divisions

All BMA members are allocated to a local division. Divisions provide an opportunity for members to discuss issues that impact on all branches of a practice and to debate local matters with other members in the area.

If you are actively involved with your division, don’t miss out on the D circulars which contain important information about upcoming events such as the ARM (Annual Representative Meeting). You can also download our support guide on our website for honorary secretaries describing what divisions can do.

**Honorary secretaries**
Darlington – Mr Ahmed Ali  
Gateshead – Dr Peter Ward  
South Tees – Dr Iftikhar Lone  
South Tyneside – Mr Sanjay Kumar  
Sunderland – Mr Kamal Mahawar

For more information please contact:  
**Lynn Landau**  
T: 0113 261 8307  
E: inbox.northerncentre@bma.org.uk
LMCs (local medical committees)

LMCs (local medical committees) are local representative committees of NHS GPs and represent the interests of all NHS GPs in their localities to the NHS health authorities. They interact and work with – and through – the general practitioners committee, as well as other branch of practice committees and local specialist medical committees in various ways, including conferences.

The LMC conference takes place annually and, locally LMCs hold various social and educational events throughout the year.

**LMC contacts**

**Cleveland**
Chair – Dr Julie-anne Birch  
T: 01642 745811  
E: julie.birch@nhs.net

**County Durham and Darlington**
Chair – Dr Tanya Johnson  
T: 01207 520 165  
E: tanya.johnston@nhs.net

**Gateshead and South Tyneside**
Chair – Dr Bill Westwood  
T: 0191 414 8962  
E: maxine.allan@g-stlmc.co.uk

**Newcastle and North Tyneside**
Chief executive officer – Dr George Rae  
E: contact@nntlmc.co.uk

**Northumberland**
Chair – Dr Richard Glennie  
T: 01670 365344  
E: richard.glennie@nhs.net

**Sunderland**
Secretary – Dr Olagoke Aiyegbayo  
T: 0191 414 8962  
E: maxine.allan@sunderlandlmc.co.uk

For more information please contact:  
**Lynn Landau**  
T: 0113 261 8307  
E: inbox.northerncentre@bma.org.uk
**LNCs (local negotiating committees)**

LNCs (local negotiating committees) are made up of elected local representatives who negotiate – and have the authority to make collective agreements – with local management on behalf of medical and dental staff of all grades.

**LNC committee chairs**

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<thead>
<tr>
<th>Trust Name</th>
<th>Chair Name</th>
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<tr>
<td>City Hospital Sunderland NHS Foundation Trust</td>
<td>Mr David Fletcher</td>
</tr>
<tr>
<td>County Durham and Darlington NHS Foundation Trust</td>
<td>Dr Kenneth Wright</td>
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<tr>
<td>Gateshead Health NHS Foundation Trust</td>
<td>Mr Isaac Evbuomwan</td>
</tr>
<tr>
<td>Newcastle upon Tyne Hospitals NHS Foundation Trust</td>
<td>Dr James Graham</td>
</tr>
<tr>
<td>Northumberland, Tyne &amp; Wear NHS Foundation Trust</td>
<td>Dr Michael Shaw</td>
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Northumbria Healthcare
NHS Foundation Trust
– Mr Liam Horgan

North Tees and Hartlepool
NHS Foundation Trust
– Dr Puthuvalparambu Sivakumar

South Tees Hospitals
NHS Foundation Trust
– Dr Andrew Thornley

South Tyneside
NHS Foundation Trust
– Dr Stephen Orife

Tees, Esk & Wear Valleys
NHS Foundation Trust
– Dr Lisa Templeton

For more information please contact:
Lynn Landau
T: 0113 261 8307
E: inbox.northerncentre@bma.org.uk
Industrial relations support

We employ a team of experienced and specialist staff to support members in all branches of practice. We provide advice on terms and conditions of service and take up issues on our members’ behalf with employers, and represent members at grievance disputes and disciplinary hearings.

We also undertake detailed negotiations and consultations with government and NHS employers, making sure that the voice of the medical profession is heard, and that doctors’ views are effectively communicated at every level.

These are the industrial relations officers (IROs) for the North East region, with the employers they cover:

**Paul Atkinson**  
**T:** 0113 261 8301  
**E:** patkinson@bma.org.uk

- South Tees Hospitals NHS Trust

**Michael Gallagher**  
**T:** 0113 261 8321  
**E:** mgallagher@bma.org.uk

- City Hospital Sunderland NHS Trust
- County Durham and Darlington NHS Foundation Trust
- Newcastle upon Tyne Hospitals NHS Foundation Trust
- North Tees and Hartlepool Trust
- South Tyneside NHS Foundation Trust
- Tees, Esk & Wear Valleys NHS Foundation Trust

**Adele Heeley**  
**T:** 0113 261 8337  
**E:** aheeley@bma.org.uk

- Gateshead Health NHS Foundation Trust
- Northumberland, Tyne & Wear NHS Foundation Trust
- Northumbria Healthcare NHS Foundation Trust
Offices and facilities in your area

Our regional centre for the Northern Centre is located in Leeds, from where we represent approximately 7,000 BMA members.

Adele Heeley
Regional coordinator/industrial relations officer
T: 0113 261 8337
E: aheeley@bma.org.uk

Regional centre office location
BMA Northern Centre
Gladstone House
Redvers Close
Lawnswood Business Park
Leeds, LS16 6SS

Centre coordinator
Lynn Landau
T: 0113 261 8307
E: llandau@bma.org.uk

BMA headquarters
BMA House
Tavistock Square
London WC1H 9JP

Members are welcome to use the members’ lounge, library and a range of facilities at BMA House. For more information call 020 7387 4499.

Video conference facilities
You can use Scopia® video conferencing to connect remotely to meetings held at the regional centre or other BMA offices from a desktop or mobile device. Download the Scopia app to connect to a meeting on a mobile device; or click on webvc.bma.org.uk if you’re joining from a desktop and then enter the meeting reference number(s) that will be provided to you for each meeting.

More information
If you have any questions, or would like more information about being a BMA representative, get in touch with Adele Heeley on 0113 261 8337
Childcare

We have a family-friendly fund to help our committee members participate fully in current expenses-qualifying activities. We can provide care facilities for children under 14 years and adults and children requiring care. If you require care for a dependent you must request this four weeks before the event or meeting.

For more information or for an application form contact your committee secretariat or BMA staff contact. See bma.org.uk/about-the-bma/equality-and-diversity/care-guidelines for the full guidelines and conditions.
You can claim for reasonable childcare costs incurred while attending BMA meetings as follows:

- The expenses should be those which are necessary, reasonable and additional to the childcare costs you would be paying had you not been attending a BMA meeting on the day in question. For example; an additional amount paid to a casual carer because of an earlier start and/or later finish; paying for childcare on a day when you would otherwise be looking after the child/children yourself

- Free childcare is available at BMA House (in the form of a mobile crèche), provided you give sufficient notice for meetings at BMA House

- If you bring your children with you, please use transport companies offer of free travel for children and babies – children under five years travel free on trains and children under two years travel free on aeroplanes

Contact the relevant committee secretary in advance of booking travel for more information and to seek approval of additional costs.